

JOHANNESBURG SERIES
(Final 9 Lectures)

NOTE:

The following 9 Lectures were the last given in Johannesburg, in the Auditorium at Escom House, on Thursday nights at 7.45 pm. (between 15th April and 17th June 1952) and not given in Pretoria due to the Johannesburg Series usually being 9-10 Lectures ahead of the Pretoria Series. No original sound recordings exist of these Lectures.

DIVINE SPIRIT IS ALWAYS FREE

“My son, you and I are always together, all I have is yours”
Luke 15: 31.

Everywhere, individually and collectively, there is a struggle going on, spiritually and materially. There is the struggle for possession, for security which brings conflict and separation, and there is the struggle for the acquisition of virtues which becomes a vice.

With all this struggle the world becomes the arena for spiritual and material dominance which creates opposition, quarrels and conflict between individuals and groups.

Man has separated the material and spiritual yet the one is but the expression of the other, there is only one Source from which all things come. Therefore division only arises in the mind and this is the cause of struggle.

Some people despise the materialist because they think themselves spiritual, but all come from the same Source. Those who think themselves spiritual are not one bit better than the materialist for all are caught up in the struggle of the mind. All are in conflict, one with the other. Therefore there is no understanding either with the material or the so-called spiritual.

Wherever there is craving there cannot be understanding. Some desire truth for material ends, some think that through the repeating of a ritual they become spiritual. All this comes from ignorance of the false that blinds one to the Truth of the One in All and All in One.

Some look to the future while they are bound by the past, thereby failing to realize the Ever-present Reality, “my son, you and I are always together, all I have is yours.” So man lives in opposites and is in conflict within himself and with others.

Is it not so that we struggle with disease while we hope for health, we struggle with want and hope for plenty. It is only when we realize that all this goes on in the mind that our ignorance is revealed. If there is conflict within, that conflict will be externalized, even the denial of the external does not eliminate the conflict.

THE SPRING OF LIVING WATER IS WITHIN

Only by understanding does the conflict cease, then Creativeness comes into being. Only when we come to understand that we are the creators of the conflict can we dissolve the cause. While we are imprisoned in our own conflict we cannot be creative. But when we become aware that we ourselves create our own prison can we break loose from it.

Being prisoners we are perpetually concerned with what is Truth, what is God. In the intensity of our suffering we try to imagine what is Truth, what is God, what is freedom. Still caught-up in the mind with ideas of right and wrong, with all the various opposites, we are lost in the illusion we ourselves create.

The first thing we must do is to understand the mind with all its opposites so that we no longer struggle with opposites. Then we will live in the present without struggle, without limitation, without fear of the past or the future, "my son, you and I are always together, all I have is yours."

If we make this merely an idea we will still remain in our ignorance, because Truth is not an idea, Truth is a Living Reality that is Ever-present. The Spirit is always free. It is when we realize this freedom through understanding our struggle do we free ourselves. This is an experience and not an idea of the experience. If it is an idea of the experience than we will still be in the struggle of opposites.

Our thoughts arise from our fears, from our conditioning, but pure thought is only possible when all illusions have been discerned and understood.

There is no mental effort required when we are free from opposites and in this way only do we realize the resident Cosmic Power with which we are always united. It is when we concentrate on things do we lose this realization.

The Cosmic Presence with which we are always united is the only Reality. "He that cometh to God must know that He is." This is when we look away from the Living Cosmic Presence and look upon appearances as real do we get lost in the illusions of the mind in which we struggle.

The Presence is all there is, there is no division, no separation in the Presence that is the Reality in everyone of us. Now some try to realize the Presence by meditation while the mind is in conflict, but this means only struggle again. Neither can we realize It by living on carrots or turnips, nor can we realize it by going round in rags. Nor can we realize it by sitting on

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the mountain top. Only by true meditation can this realization come, and true meditation is discerning the false. Then the Creativeness comes into being without struggle, without effort. True Creativeness is effortless.

Only in our effortless Creativeness is all fear removed. Craving, fear and limitation are of the mind and you can easily see this when you look into the mind without struggle or fear. There you will see where opposites exist. It is our struggling that prevents the expression of the Indescribable Ever-present Reality.

Our true Creativeness can only be expressed when we do not compare, judge or condemn where there is no birth or death or memory of the past to hide It. In our discerning of the mind we will see that there is no distinction, no separation, no cults, no differing creeds, no right or wrong, except in the mind. When this is seen freely then that which prevents the expression of our effortless Creativeness is dissolved.

Is it not so that our minds are saddled with memories, pregnant with scars of experiences of the past which is ever giving continuity to its own scars and conditioning the present? It is this that is binding us, and there can be no true expression until this is discerned. When we live fully, experiences do not leave traces behind, for the present is Eternal and free from such conditioning.

How can a mind that is conditioned with memory, with division, understand a mind that is unconditioned? The Spirit is always free, beyond all value, beyond all comparisons. How can a mind that is divided realize that which is not divided? How can a mind that is caught-up in beliefs understand that which has no beliefs? How can a mind that is caught-up in separation, in tradition, right and wrong, high or low, understand that in which these things do not exist? We must see how false are all these things before we can realize that which is truly Creative.

In Luke 14 verse 26 (Eastern text) I will repeat the verse again because it contains one of the most profound sayings of the Master, “he who comes to me and does not forsake his father and his mother and his brother and his sister and his wife and his children and even his own life, he cannot be a disciple to me.”

The verse has created a bit of difficulty to many because their minds are caught-up in separation. But when we see the wonderful truth Jesus was revealing, the light dawns upon us, father, mother, sister, brother and the self is limitation and separation, unless we put aside even this limitation which we cling to we cannot be a disciple of the Christ of God that is in everyone of us.

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He also says, “salt is good, but if the salt lose its savour with what can it be salted?” meaning the Spirit is all but if we divide It in our minds It has lost Its value to us, with what then can we restore Its value?

In Luke 15: 1-3, “then the publicans and sinners drew near to him to hear him. And the scribes and Pharisees murmured, saying, ‘he receives even the sinners and eats with them.’”

So Jesus told them this parable, the parable of the shepherd and his sheep in Matthew 18: 12-14,

“What do you think? If a man should have a hundred sheep, and one of them is lost, would he not leave the ninety and nine on the mountain, and go in search of the one which is lost? And if he should find it, truly I say to you, he rejoices over it more than over the ninety and nine which were not lost. Even so, your Father in heaven does not want one of these little ones to be lost.”

Here again the Master was showing that the fold was one fold and not even one can ever be lost, for the Father is the Father of all. Here he shows that there is no separation except in the mind of man which makes up the division. It is this division that is preventing Wholeness from manifesting in us all.

Only in understanding our divisions can we find the great Truth of our unity and it is this that gives rise to the recognition of the interior power which is beyond the mind, beyond our reason. We try to make intellectual statements about this realization without avail. But this Livingness is not a mere statement, no statement about a thing is the thing itself, our statements are merely relative, but our Livingness is not relative, It is a Reality.

We may search all the holy books and there we find statements but what of it, if we do not understand ourselves we will never realize that which is not a statement. Jesus himself says, “ye search the Scriptures for in them ye think ye have Eternal Life, and they are which testify of me. You make a mistake”—meaning in effect, you suppose that reading of the Scriptures can in itself confer Life. What your Scriptures do is to make statements of that which “I am.” Realize what those statements mean and you will see in me the Living example of the Living Truth and this can be found when you have discerned your own falsehoods. “I and the Father are One,” is the Truth of our Being.

Seeing the false in ourselves only will reveal that for which we are seeking. There we will find that the building power of the Universe is the

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same Spiritual faculty which is reproduced in ourselves and by which all Creation exists.

True discernment and Divine reason remove mental obstacles that hinder true expression of the Real, so that the Supreme Innermost will work in accordance with our conscious realization of the Truth of our Being.

It is the same Living Power that is behind all humanity and Its activity can only function fully in us from the conscious Realization and intelligent use of the Law pertaining to It. "Love your neighbour as yourself."

The recognition of the Innermost Creative Power must always be preceded by a purified and enlightened mind which makes you and me the Temple of the Living God.

This can only be done when we see that there is no separation except in man's mind and this ignorance must be destroyed through a purified and enlightened mind. Then the realization of the Divine Presence will be a reality. Jesus saw that he was the reproduction of all the principles which give rise to the manifested Universe. "I am in the Father and the Father is in me." So the Temple of the Living God must include all in which there is no division.

Proverbs 25: 4, "take dross from silver, and the silver shines out pure; . . ."

BENEDICTION

O Divine Spirit, Thou art ever free.

While I struggled in my mind I did not know Thee.

In my ignorance I divided Thee into so many parts and lost sight of myself in others.

In the self-created prison of my mind I was perpetually concerned with an idea of Thee.

I read all the holy books, the statements there confused me because I was myself confused.

Then I saw. "He that cometh to God must know that He is." Then I knew that Thou wert beyond my mind.

As I looked into my mind and saw all therein I knew that Thou wert not there, I had merely an idea of Thee.

Only when I gave up all ideas of Thee didst Thou reveal Thyself to me. Thou wert my Life, my substance, my All. Then I knew we were one, O Divine Spirit.

Lecture 2 (22nd April 1954)

THE TEMPLE OF THE LIVING GOD REPRESENTS THE MACROCOSM AND THE MICROCOSM

“My Word was in the beginning, and that very Word was with God, and God was that Word.” John 1: 1 (Eastern Text)

When we begin to realize our oneness which this verse denotes, “the Word was with God and God was that Word,” we realize that the Consciousness of God and the Consciousness in man means the same thing. We also see that the Universal Mind can inspire the individual mind when the individual mind has discerned and emptied itself of all its false ideas and beliefs. Only then does the individual mind become the avenue of expression of Reality.

Although Creativeness is not in mind, the mind can lead one to It through Divine reason. It was in this way that Moses was inspired to reproduce the Tabernacle, the symbolic representation of the Universal Truths. The same truth received a more permanent symbolization in Solomon’s Temple.

1 Kings, Chapter 7, verse 21 indicates there are two pillars set up by Solomon at the entrance of the Temple, one on the right hand called Jakin and one on the left called Boaz. What do these signify? The English ‘J’ stands for the Oriental ‘Y’ and Jakin is therefore Yakin which is a vigorous expression of the word Yak which means “One,” thus signifying the principle of unity as the foundation of all things.

The Universal mathematical elements throughout the Universe are evolved from ‘1’ and resolve themselves into ‘1’ again the mathematical element is not the Living Life but only the recognition of what Life gives rise to.

To balance the mathematical element we need the vital element of the voice and here we have the pillar Boaz which means Voice. Voice is symbolic of the living expression of the Creative Power, “the word was in the beginning and that very word was with God and God was that word.”

The meaning is significant for to enter the Temple we must enter through these two pillars whether it be the Temple symbolic of the Cosmos or of the individual—the Temple of the Living God.

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It was this that Jesus referred to when he said, destroy this temple and I will raise it up in three days. The Pharisees thought he meant the synagogue, but Jesus was referring to the Temple of the Living God, not a heap of stones which was called the temple God by those who did not know the Truth.

Dogma and creed is the narrow bigoted way that leads us into the building made with hands. But Jesus was showing the way into the inner of the Building not made with hands, and wherein all the mysteries will be unfolded to us in a regular, order of succession as we begin to discern that which is not true.

The meaning is clear, the way cannot be through churches and priests but through unity and Life which is the Living Christ within. "He that climbs in some other way is a thief and a robber."

The opening of these inner mysteries is not for mere gratification or curiosity nor for material gain as most people desire. It is for the increasing of our Life-giving in Love and Compassion and this can only be done when we have found the secret locked up in our own hearts.

Jesus must have been versed in the knowledge revealed in Solomon's Temple for he was the great prophet of his time and in fact of all time. In John 10, verses 1 to 4, he says, "truly, truly I tell you, he who does not enter the sheepfold by the gate but climbs up somewhere else, he is a thief and a robber; he who enters by the gate is the shepherd of the sheep. The gate-keeper opens the gate for him, and the sheep listen to his voice! he calls his sheep by name. . . . he goes in front of them, and the sheep follow him because they know his voice."

This means that the Living Christ or God is the shepherd, the only begotten son of the Father who gives Life to all who live, the gatekeeper is the Father and the name of everyone is known to God and not a single one of these little ones can be lost. They know His Voice, they know the Christ within and they will not follow a stranger. They will turn from him who preaches separation. So those who follow the stranger are the goats.

Anyone who lives in separation is a stranger is he not?

Jesus was speaking to the Pharisees, they being strangers to the Christ of God within because they taught tradition and rote. Jesus says, "I am the gate. Whoever enters by me he will go in and out and find pasture," meaning when the Christhood is reached all is possible and one can go into the Father and into the relative world and there also will he find pasture, all the good things that God has prepared for him.

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He says, “the thief only comes to steal, to slay and to destroy. I have come that they may have Life and have it to the full,” meaning that the one who binds another through dogma and creed leads one away from the unity of the One in All and All in One. But the Christ of God is the fullness of the Spirit of God in man.

“The hired man who is not the shepherd and does not own the sheep deserts them when he sees the wolf coming, he runs away leaving the wolf to scatter them, just because he is a hired man and has no interest in the sheep.”

The hired man is one who does not know, so he preaches separation and this separation scatters the sheep because separation is tradition and rote and knows nothing of the Living Christ of God within that is the only salvation, so he quotes Isaiah. He says, “yes, it is about you hypocrites indeed that Isaiah spoke as it is written, ‘this people honour me with their lips but their heart is far away from me, vain is their worship of me for the doctrine they teach is but human precepts.’”

In Isaiah 29: 13, “since this people draw near me with their mouth,” says the Eternal, “honouring me with their lips, while their hearts are far remote; since their religion is a mockery, a mere tradition learned by rote; . . .”

Jesus also says, “I have other sheep too which do not belong to the fold, I must bring them also and they will listen to my voice so it will be one flock, one shepherd,” meaning all nations, all peoples of the world will eventually listen to the voice of the Christ within, so that there will be one flock and one shepherd, the Christ of God, the Spirit of God in each and everyone when all realize the Truth.

Then he said, “this is why the Father loves me because I lay down my life to take it up again,” meaning giving up the life of the self to retain the Eternal Life that is the Reality, showing that there is no death to those who have realized the Christ of God, the Spirit of the Eternal God within.

He also says, “no one can take it from me. I have power to lay it down and also power to take it up again,” showing that the Life of the Father is in the Son and that Life being Eternal is the only Reality in the Son and not the self which is but a facade, therefore the Father and the Son are one, united in Eternal Life.

The Universal Life and the Life in the Individual are one and the same for there can be no separation except in the mind of man. And in the fulfilment of his words he says, “I and the Father are One.”

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They took up stones and stoned him. Then he said, "I have let you see many a good deed of the Father, for which one of them do you stone me," and the crowd retorted, "we mean to stone you not for a good deed but for blasphemy, because you, a mere man, make yourself God," and Jesus answered thus, "is it not written in your law 'I said you are gods?' Do you mean to tell me, whom the Father consecrated and sent into the world, you are blaspheming because I said I am God's son."

How clear is this statement to those who understand and you understand now.

The majority of people have lost all feeling for humanity, they have only an outside authority, they are responsible only to a group or class or dogma to which they belong.

Is it not so at this very day and hour that most people have lost all compassion for humanity because of their ignorance of the indwelling Christ? This has made them inwardly poor, they look to priests, to politicians, to some economic planning that will give happiness and prosperity. In these there is no hope.

Only within the realization of the Christ of God is there creative understanding, compassion and Love. Without this there can be no goodwill between man and man. Only by right means can this be brought about, wrong means only bring emptiness and death. Love, Peace and Joy come from within and not from without.

Do we not deliberately organise murder which only brings catastrophe upon ourselves? Are we not the creators of our own misery, degradation, corruption and destruction? Once we are engaged in the organised murder of others we bring into our own lives a host of other disasters.

We give preference to false values and disregard Eternal values so we try to excuse ourselves by saying it is an act of God. God's purpose is Living not killing.

There seems to be no end to this ever-expanding desire for conquest, for possession, for power, to protect our ideologies. This destructive action on our part will only lead to further misery and strife.

John 3: 11, "truly, truly I tell you, we are speaking of what we do understand, we testify to what we have actually seen."

BENEDICTION

O Divine Spirit, it has been revealed to me all that hinders Thy expression.

With Love I have discerned the false, now fear, hatred and struggle have disappeared.

Now that I have seen man's inhumanity to man I will remember Thee always then my action will be Thy Will, O Beloved.

Thy Presence is now my happiness and my inward poverty has disappeared.

I can only Love with Thy heart in mine, O Divine Heart.

Then I will be Thine as Thou art mine, O Divine Love.

Lecture 3 (29th April 1954)

FREEDOM IS NOT CREATED

“For I give you good doctrine, forsake ye not my law” Prov. 4: 2.

There is no difference between the giver and the receiver. It is when there is a difference, there is separation. When there is separation there is dependence, when there is dependence there is distrust and enmity.

In our dealings with one another there must not be a gulf of separation that causes dependence on another. It is only when you realize the other is yourself that you see beyond the self into the oneness of everything, then only is there Freedom.

When we are conditioned by want, by having, by not-having there is no freedom. Freedom from want, freedom from separation, freedom from sickness is obtained when all conditioning is understood.

Some try to meditate to gain freedom, but instead get the reverse. Some follow a system, but to follow a system merely shapes the mind into a particular pattern which binds you. When the mind is free from conflicts from the false only then does freedom come.

If you drive your mind into a particular groove you get into a rut and then into the ditch. If you pursue a particular system you may and may not get what the system guarantees but this is not freedom.

The mind is conditioned by following a system and this leads to illusion, not to freedom, only a mind that is free can discover the Truth. Only when you understand the process of the mind can you be free and meditation that leads to freedom is one of discernment.

If you try to discipline the mind through a system you thereby hypnotise yourself. Is it not so that the mind clings to systems, beliefs, to formulas which you endeavour to follow, thus you perpetuate the illusion with the result that you are more bound than before.

Real meditation leads to freedom and real meditation is to discover what is beyond the mind and not following a particular pattern which prevents understanding. To understand the mind with all its believing, its disbelieving, its accepting and rejecting, requires awareness of what these are.

If you are caught up in any of these you must see how and why you have been caught up. When you observe this then there is true meditation

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and true meditation leads to freedom. True meditation is the means we use to free the mind from the conditioning of any system, belief or formula.

If you feel you want a formula, a system, a belief to follow, you can never be free.

True meditation leads to Creativeness and to be creative the mind must not be conditioned with all the conglomeration of mental conflicts.

You will see that one must be free from all beliefs, disbeliefs conflicts and conditioning of any kind before you can think clearly. You must not be caught-up in your thought or in the manifestation of your thought for this again will be a prison of your own making.

You must be aware of the whole process of thinking and from where it arises. Thought arises from the self, from its memories, its experiences etc. This is self-knowledge and this alone leads to freedom. So therefore true meditation is a means to freedom. True meditation is the beginning of self-knowledge—the knowledge of the self with all its conditioning.

To merely focus your mind on an idea, an image, a phrase, and excluding all other thoughts will not reveal what is in your mind. You may learn to concentrate on an idea but this is not freedom. Exclusion is not freedom.

Without knowing the process of your own mind, without knowing what your thoughts are you are bound by them. Without being aware of your conditioning there can be no freedom. Creativeness-freedom needs clarity of mind and not a mind that is in conflict through not understanding what the mind is made up of, otherwise your meditation will merely be an expression of your conditioning.

You may try to focus your mind on an idea or image to the exclusion of all else but you will find that other thoughts arise to create conflict. There can never be quiet in the midst of conflict. This is what you get when you try to focus your mind on an image or an idea. You may say that you are practising a system but this only leads to failure.

You spend much energy in the wasteful battle of conflict and gain nothing in the end. You may produce a mental image, a picture of some kind but this is not meditation that leads to freedom and the discovery of that which is beyond the mind. That which is beyond the mind is alone Creative.

If in your meditation you open up to each thought as it arises and understand it, then the mind will not revert to any particular thought. It only reverts to a thought that is not understood. That which is not understood is

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repeated over and over again and the mere exclusion will not prevent it. So concentration which is exclusive is not meditation that leads to freedom and Creativeness.

One can isolate oneself through the practice of a system, but the mind can never be free through isolation however wide the idea may be. Therefore this kind of meditation is only a process of self-isolation, self-enclosure, in which you carry your private memories, experiences that cause conflict, because they are not understood. The mind can never be free with this conditioning.

Yes, you may force yourself into a state of self-hypnosis by the constant repetition of words but this only dulls the mind and when this state ends the conditioning is made more apparent. The mind must be free before true understanding comes.

Concentration through discipline is not meditation, nor are the various forms of prayer. The mind that is forced to be still through will or desire can never be free, for that mind will not understand because it will be caught-up in the illusion.

But if we can understand all these things, all the various tricks that we learn to quieten, to hypnotize the mind we will discover that they are the ways of the self, then this discovery is the beginning of meditation that leads to freedom, for we shall no longer be caught-up in the things that bind us.

We must be impersonally aware of the self in relation to others and things as we would be aware of somebody else. Then in that awareness is the echoing of our conditioning observed without condemnation, without judgement, without fear, free from such conditioning. In this there is the discovery of the self and the more we are aware of the self with all its own creations the more freedom is reached. In this freedom there is neither conflict nor illusion.

We cannot cultivate freedom anymore than we can cultivate Love. Freedom comes into being not through the search for it, but when we understand the whole structure of the self with all its desires, its prejudices, its cherished illusions, when these are discerned and understood and how they have come to be made up in the mind, they dissolve away and what remains is Reality-Freedom-Love.

Therefore meditation is the discovery of the Real that is Whole and where no separation exists. No system can reveal It, no discipline can reveal It, for It is without conditioning of any kind and only when our conditioning is dissolved is It discovered. This is true meditation.

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When you see that your conditioned thought has a beginning and an ending in the self, being the product of the mind in bondage there is Silence, not a silence that is willed or the result of hypnotization, but a Silence that is not of time.

In this Silence there is Creativeness. The Timeless which is Reality which is the Uncreated, cannot be created, but is wholly Creative in Itself and is not conditioned by memories or experiences and where conflict does not exist.

So without understanding the ways of your conditioned thought, merely to force your mind to meditate is a mere waste of time and effort which only creates more illusion.

To know the ways of the self in bondage is the beginning of freedom. Freedom reveals Itself when there is an understanding of the self and the thought of the self.

To the thinker who does not understand him/herself, meditation has no meaning because whatever you think is in accordance with your own conditioning and that obviously is not Reality. Only when the self understands the whole process of its conditioned thought is there the capacity of being free and then only does the Timeless come into Being.

Meditation therefore is the means and the means and the result must be the same. The means—the beginning must be the freeing of the self from all conditioning so that the result will be freedom, not further binding. Therefore Wisdom, Love and Understanding come through true meditation.

“The realm of heaven is like a trader in search of fine pearls; when he finds a single pearl of high price, he is off to sell all he possesses and buy it.” Matthew 13: 45.

BENEDICTION

O Eternal One, in Thee alone I am free.

When my mind was full of conflict I was bound in my illusions.

When I observed these were my own creations and not Thine, O Eternal One, they fell from me. Then I felt Thy freedom that is Eternal and Ever-present.

I no longer fear my own creations, neither do I condemn nor criticize myself for in my joy I saw how unreal they were, they then died in me never to appear anymore.

O Eternal One, my joy is in my freedom, one with Thee.

This is my meditation, O Eternal Beloved.

Lecture 4 (6th May 1954)

THROUGH FREEDOM IS THE LIVING ABSOLUTE EXPRESSED

“Neither shall they say lo here! Or lo there! For the Kingdom of God is within you” Luke 17: 21

Only by firstly understanding the Science of Life can all sciences be truly understood. Life created the brain, the nervous system, through which all the relative can be understood.

The majority of people have begun at the wrong end. They merely have an intellectual smattering of the Science of Life, which is mostly misleading. They accept what others say, so they look outside for Life-expression instead of within.

There are many inquisitive curious scholars and uninitiated philosophers, who make statements which seem wise, but are merely ideas, beliefs, that confuse the mind. When we reach that state of understanding through action and not by mere beliefs and ideas, we are able to explore the glorious Realm of Creativeness which reveals the Living Essence behind all Creation.

The hindrance today is orthodoxy, tradition, beliefs without understanding, and being dogmatic lead to separation, strife and misery.

Although all religions have a common goal their ways and means are different. This has led to strife and bloodshed in the name of God. Some ignorantly believe that God is pleased to witness these cruel deeds done in His name.

We must also look beyond the occult, for even this is a hindrance and distraction from the Real. We must march beyond the occult without interruption, transformed and transmuted through understanding all that is less than the “One” brilliant Light of the Spirit.

It is not what one knows that counts but what one does.

The Science of Life is an intelligent process where health of mind and body can be maintained, as well as discerning all that is hindering the expression of the Kingdom of God within.

The discovery of Truth is gained not only by the manipulation of the invisible energies that pervade the Universe, but by understanding all that is in the mind. Without this true practical knowledge the scientist, the philosopher is greatly handicapped.

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No dogmatic, theological or scientific discovery or philosophical deduction can give that joy and bliss of the Absolute indissoluble Essence of Existence that satisfies the soul through experience and action. When we feel and Know this existence beyond the senses, beyond the mind, above the gross debating room of reason or intellect we gain the wisdom and illuminating limitless power of the Kingdom of God within. The way is not easy yet it is simple.

When the self is understood with all its desires, hopes and fears, it fades away leaving the Absolute Essence of Life, the Kingdom of God within unconditioned.

The experiencing of 'I and the Father are one' is so great that no words can describe this Reality. We gain access to the entire Universe and the secret is concealed within. "Neither shall they say 'lo here' or 'lo there' for the Kingdom of God is within you."

In this way we gain a conscious experience of Love, Wisdom and Power beyond mind, revealing an omnipresent, omniscient, omnipotence of Spirit and Life that is ours now.

We prove that Immortality is not a myth or a mere figment of the mind, for we experience that Reality **IS** and that all the relative is harmless. In our conscious experience of Reality we become harmless to everything and everything becomes harmless to us.

We live in peace with the whole Universe for the Universe is but an expression of the Kingdom of God which is within ourselves. Even the wild beasts become our friends and approach us without fear, because they sense no intention to harm. For Love, Wisdom and Power radiate from the Kingdom of God within.

We will not discriminate between various living beings, but will see beyond the form for we will experience that we are not separate from any living thing.

Our Consciousness becomes aware of Itself as the directing power in all things, great and small, for that same Life animating the Universe is within ourselves, not as an idea in the mind, but a Consciousness that is aware through experience and action.

We will realize that injury of any kind disturbs the balance of Creation and reverts back to us. We learn that the great Law of 'Love your neighbour as yourself' is not merely a law in itself but is our Divine protection now.

THROUGH FREEDOM IS THE LIVING ABSOLUTE EXPRESSED

Our minds become illumined and free from illusion through our discernment of all that is false, so that the omnipresence of the Kingdom of God will be revealed in every word and deed.

When this transformation takes place through understanding we are consciously and firmly anchored in the Absolute Essence of Being. Our minds freed become the great searchlight reflecting the Rays of the Divine Spirit from the Kingdom of God within.

Just as a powerful lens can focus the rays of the sun to melt the heart of a diamond so will our consciousness dissolve that which is false, melting away the ignorance and suffering of all those who seek our service.

Our pure thought becomes a Creative Force and our words create immediate results. Our thought and word carry the healing power that gives instant relief. Our thought and words, charged with the Almighty Power of the Kingdom of God, dissolves away ill-health and weakness and allows the natural health and strength that already is to all those who seek in earnest, for it removes sadness from the heart and allows the joy of living to express Itself.

Our speech and voice will give expression to the Radiant Light of Truth and the magnetic Essence of Love and Wisdom. Our lips will never utter a careless or injurious word. Our tongues will have lost the power to wound. Our word will not return unto us void, but will accomplish that which it is sent forth to do.

With self-knowledge, confusion and conflict will cease. The duality of mine and not-mine, the me and the not-me will disappear. Thus the conflict of opposites will no longer be.

When we free ourselves from conflict and error the Divine Consciousness expresses Itself through us, for we will have found the Source of our Being and the Universal supply which is always at our disposal.

We will realize the One Boundless storehouse of the Almighty and can requisition according to our capacity to receive. What we receive we will enjoy with others so that our capacity to receive will never be blocked by the craving of the self. Lack in the minds of most people is the tragedy of the human race.

We will realize that the body is the expression of the Intelligence that built it. Our batteries will be filled with Divine Energy. Therefore we will not create evil thoughts to accompany our sex instincts but will feel that Divine Expression of Love which is beyond the physical, yet it is also given expression

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through the physical. Then our nervous system will no longer be in conflict with Nature, neither will the human mind be caught up in the conflict of good and evil, but will cling to Life which is our salvation.

We will discover that most people's troubles arise from being caught-up in duality. This also causes nervous tension, emotional habit patterns which show themselves in a neurosis affecting the mind and body of the individual in so many different ways.

Our glands will secrete the proper fluids that Nature intended. We will no longer allow fear, worry, anxiety to affect our glands, bringing about disruptive emotions which have a ruinous effect upon our circulatory system. To seek the Elixir of Life we must drink from the Fountain of Immortality.

Our Voice will give expression to the Creative Word that was in the beginning and is now the same as it was in the beginning, for it is beyond time. What is in time is relative—beginning and ending—and passes away, but that which is Eternal is Ever-present. Love, Wisdom and Power, the Trinity of Life, is manifesting here and now.

“Instead of bronze, I will bring gold to you, silver instead of iron. I will appoint peace as your governor and justice as your ruler.” Isaiah. 60: 17 (Moffatt)

BENEDICTION

O Mighty One, Thy Ever-presence in me is the secret of Truth.

As a child takes from its mother's breast so do I take my Life and Substance from Thee.

From my infancy I was fed from the Tree of Knowledge of Good and Evil which blinded me to Thy Ever-presence in me.

It was when I saw that the Tree grew up in my own mind did I cast it aside. Then Thy Essence of Life filled me and I ate of nothing else but that which I took from Thee alone.

O Mighty One, Thy Love and Wisdom have raised me beyond time and space to abide with Thee for evermore.

Thy Kingdom is within me, O Mighty One.

Lecture 5 (13th May 1954)

GOD, MAN AND THE UNIVERSE ARE ONE*

“I tell you truly, in so far as you did it to one of these my brothers even to the least of them you did it to me” Matt. 35: 4

The latent hidden desire in the soul is to give expression to the Infinite Creative Power. Yet this desire is clouded with ignorance because the Truth that God, man and the Universe are one, is not realized. But the mere idea of this is not the Truth either.

The cause of this ignorance is that nearly everyone looks to some power separate from themselves, not realizing that the Livingness within is the Life Force of the Infinite which is behind all Creation.

Life alone has Consciousness and must be the consciousness in man. The Active Principle of Life is Intelligence, a knowing how. This activity is released in its free perfect state when man is conscious of God, man and the Universe being one.

The Law of Life is, that full recognition must be given to It through freedom. In this way alone are we creative.

The self is the hindrance to Life’s full expression, therefore it is necessary to understand the self and the ways of the self which prevent Life’s full expression.

Right thinking only comes when we know ourselves, and to know ourselves we must be aware of all that is in the mind which makes up the self. Our ideas, beliefs, desires, fears, antagonisms, our complete thought-feeling-reaction must be discerned as it affects us in the present, otherwise we will be giving expression to our fears, our antagonisms, our beliefs, etc., which is our conditioning.

If your thought is moulded into a pattern, your thought-feeling-reaction will be within that pattern. Your thought shapes itself according to your background. But to give expression to Life’s Creative Forces there must be infinite pliability of mind—a deep basic stillness where all in the mind has been understood.

Now this pliability and tranquillity is not the outcome of conflict, belief or disbelief. It only comes into being with true understanding and with understanding comes self-knowledge. So you see, without self-knowledge we merely live in a state of contradiction and uncertainty.

* See Notes page 279

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Jesus said, "it is the Father who ever remaineth within me, He does the work." The mystery of the power of Jesus is understood when the Laws pertaining to the Life Jesus called the 'Father' is realized. Jesus knew that the Life Consciousness within himself was the Father. This could not be an idea, for he said, "I am the Life," 'the Father and I are one.' This could not be the product of the mind but an actual consciousness in Life Itself, free from reaction.

When Jesus saw the imperfection in man he knew that man himself was the cause, so without self-knowledge, what we think-feel has no basis. For without self-knowledge enlightenment is impossible.

The Truth is distorted by ideas, theories, concepts, beliefs etc., that limit and confuse the mind. Therefore to understand the complex, the mind-heart must be extremely simple so that the mind can be freed from all these distortions, otherwise there can be no expression of the Real which is beyond the mind and which is unlimited and free.

There existed in the East over two thousand years ago great sages who founded a great school of wisdom known now as the wisdom of the ancients. The great sages of Persia, the Magi, were a branch of this great school, also there was a branch in ancient Egypt, known as the great therapeuta¹ of ancient Egypt. St. Anthony of Alexandria² of the 2nd century was one of its adherents. The history of these great sages and their great work is still in existence.

The methods with which these sages worked are similar to those which the Masters of the East use today. They were able to make direct Spiritual contact with great sages who had passed from the earth world and also made contact with those of the inner spheres, who revealed to them the means of the practical expression of God's Creative Power in man. The pyramids of Egypt were built by their instruction.

Now these schools existed before and after Jesus was born, he was the eldest son of Joseph and Mary. Records of these schools and much of the writings of the ancient law are still intact beyond the Himalayas in Tibet, although much valuable material was burnt by the order of King Constantine, so as to preserve the myth of Religion. Nevertheless the Truth is kept alive far away from the ignorant minds who would try to destroy it.

Unless the mind is freed from illusion, from images and ideas about what God is, what Truth is, there can be no understanding. Through understanding only will we give expression to the Creative Spirit of Love in man.

1-2. See Notes page 279

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The continuous striving to be something one imagines one should be, to ensure Eternal Life and all the illusion that goes with it, creates a constant struggle, this struggle ceases only when we realize that it is hindering our true expression. This true expression can only be a Reality to us when we free our minds from the past, the future, from preconceived ideas that blunt the mind-heart.

The Real comes from within when all illusion is dissolved, therefore transformation comes through understanding. Transformation is action which we do not create, it is the expression of the Real when all hindrances are dissolved away.

I may talk about Reality, you may talk about Reality, but what we say and think about Reality is not Reality.

Jesus said, "he who believes in me believes not in me but in Him who sent me and he who beholds me beholds Him who sent me." John 12: 44-45.

He who beholds the Living Example of Him who sent me will find the same Livingness in himself. This is the Truth that Jesus was giving to the world. He also said, "for I have not spoken of my own accord—the Father who sent me, He it was who ordered me what to say and what to speak, and I know that His orders mean Eternal Life. Therefore when I speak, I speak as my Father has told me." John 12: 49-50.

Here was the Spirit of God in man freed, speaking. It was the Christ of God speaking, for Spirit alone has voice, God being all there is, created us out of Himself, His Spirit-Consciousness, Intelligence and Substance moulded into form revealing Himself in His own Creation.

Here is the great Truth, the pearl of great price that all are seeking but cannot find because the blind lead the blind.

What is keeping people ignorant of this great Truth is because an idea of God is presented by the blind to the blind, so they all fall into the ditch.

In many books for children and adults, God is represented as a bald-headed old man with a long white beard and flowing robes to hide his body. All this stupid ignorance is the froth from a deluded mind, which should have been discarded long ago, but still we have it in an enlightened age. Is there any wonder that we have sceptics and scoffers in our midst today when we are asked to accept such rubbish or be damned to a place called hell, a place which does not exist except in man's own mind.

A man came to me the other day for healing. His first words to me were, "I am an atheist." So I said, "so you have another belief, too." You

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should have seen the surprised look on his face. Naturally I soon showed him that believing or disbelieving were the same thing.

He said, "I have no faith," I said, "Neither have I." Then I explained that when he understood all that was in his mind was self-created ideas he would drop them, and only then could the Real be experienced.

Faith is limited by the mind full of confusion and opposites, such as health, ill-health, fear and faith, good and bad. That is why self-knowledge is essential to Freedom and Faith.

Heaven is a state of consciousness acquired through the realization of the Oneness of all things—God, man and the Universe being One. The Universe gives rise to the individual and the individual, who understands, gives expression to the Universe. The unity of God and man cannot be denied, God being Infinite in Nature, we do not create this unity because it already **is**.

It was the wisdom of the ancients that Jesus gave expression to. The Bible tells us that there is nothing can compare with it.

But if you try to comprehend the Truth with a background of Christianity with its changing interpretations, when one idea is worn out a new one is created, you will live in ignorance of the Truth.

If your mind is confused with the differing concepts such as Buddhism, Mohammedanism, Theosophy etc., the reaction will be confusion, because you try to conform to these ideas and judge everything on what you have accepted, whether it be true or not and it does not matter whether it is true or not, it is all mental. It is not spiritual. Therefore right thinking leads us towards freedom and Truth.

Truth, Reality, God, the Father are but names we give to Life, but Life is not a name. All those words and ideas are relative and are not Truth. All the talking in the world about Truth does not make Truth-Life a Reality to you. We must find Reality in ourselves, as the Living Expression of Life Itself—our Livingness that cannot be named. This is what Jesus was showing to man, but man rejected the Divine gift and will still suffer until he finds it within himself.

If you try to pattern your Life after what you have read or heard from others this will only lead to conflict, sorrow and confusion because your Truth will be merely an idea, a theory, which covers-up the Real, and your conception of Truth will be a continual movement from one illusion to another illusion, from one teacher to another, which leads to further conflict.

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You cannot define Reality for there is nothing with which you can compare It. It is beyond mind, only when the “I myself” loses itself in the Whole and the nature is transformed will there be an expression of Reality.

“I have not come to judge the world, but to save the world.” John 12: 47.

BENEDICTION

O Infinite Creation, the Rhythm of Thy Eternal Voice is heard everywhere.

The Infinitude of form which is born in Thy Mind-Heart beats with everlasting joy. It is this Love-Joy that throbs in my Soul.

I have listened to Thy Voice—the Christ within—saying “I am in you and you in me and me in them.”

Now I know that He who beholds me beholds Him who sent me, O Infinite One.

* This particular Lecture Notes titled “God, Man and the Universe are One” is similar to one given previously in Johannesburg and Pretoria (31st July and 14th October 1952 respectively) as recorded in the posthumous book “The Secrets of the Science of Life: Lecture Notes 1952, Part2” (2011). Murdo has re-edited the previous to give the appearance of a new Lecture as presented here.

1. *Therapeuta* [Therapeutae]. Early Jewish aesthetic hermits and communities described by Philo of Alexandria in the 1st century AD who lived in Egypt. They practiced solitude, ritual cleansing, prayer, fasting, etc. Philo saw them as examples of the contemplative existence. Apparently, their community was deeply involved in Jewish allegorical and mystical readings of the Old Testament and Apocryphal works, such as *Enoch*.
2. *St. Anthony of Alexandria (251-356)* [a.k.a. Anthony of the Desert, Anthony of Egypt, Anthony the Great, Anthony the Anchorite]. Was born into a wealthy Egyptian family. He was leader among the Desert Fathers, who were Christian monks in the Egyptian desert in the 3rd and 4th centuries AD. Anthony is notable for being one of the first ascetics to attempt living in the desert proper, completely cut off from civilization. His lifestyle was remarkably harsher than that of his predecessors. Here he remained for some 13 years where he is credited with assisting in a number of miraculous healings. The term given to him as “Father of Monasticism” is misleading as Christian monasticism was already being practiced before him in the deserts of Egypt. However he is regarded as the “first master of the desert and the pinnacle of holy monks.”

Lecture 6 (20th May 1954)

IN FREEDOM IS THE REAL

“Before destruction the heart of man is haughty, and before honour is humility” Prov. 18: 12

When we try to become virtuous so that we may ensure a place in heaven, we are led away from the Ever-present Reality which is within us.

In our seeking we pause when we think we have found the Truth but this only lasts a short time, and the hunt begins again with renewed effort along the path of illusion, because we fail to understand ourselves.

Book after book we explore and digest in the hunt for the Truth, so the mind becomes more and more confused. Only by understanding that which is not Truth will a book be of value. If we are merely looking for confirmation of our own conditioning, we will be caught-up in ideas and beliefs which is not the Truth of the Ever-present Living Presence.

Most people are slaves to tradition in thought and religion with the result that they are still perpetuating the past which is preventing the realization of the Living Presence.

Most people say they believe in God, but the world has not benefited by this belief, for are we not still fighting because of our ignorance of the Living Presence being the only Reality which is now?

Division in man is the result of this ignorance, we have the rich and the poor, the high and the low, the educated and the uneducated. Our social structure is built upon master and servant, the high class, the middle class, the low class and so on. These divisions are the result of this ignorance, they are based upon material values which set man against man.

Our social system breeds endless opposition and antagonism and there can be no end to the conflict until our thought-feeling frees itself from this conditioning by understanding the cause of this separation. Only then will we realize our fundamental unity.

We try to grasp Reality, at the same time we build up in our minds a competitive aggressive attitude for achievement. We are hypocritically righteous, and by our prayers we strive for reward in heaven while we live in separation. We think by constant abiding by the rules of some organised religion it is

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possible to reach this heaven we have built up in our minds as being the finality of a virtuous life; while all the time we maintain this constant division between man and man. How ignorant still is the mind of man!

The old are those who want to settle back, they want security in their souls, in their work. They want certainty in ideas, in relationship, in things. The young are those who have the spirit of enquiry which makes them want to know the truth of anything, of any political action, Left or Right, of any religion, East or West. But if we are bound by tradition or by what another says we will never be generators of the new world or creators of a new civilization expressing the Truth of the Living Presence.

What is essential for old and young alike is to live fully and completely, and to live fully and completely there must be freedom which is not the acceptance of any authority.

There can be freedom only when there is virtue. But virtue is not imitation, virtue is not ethics. Virtue is creative Living which comes through freedom which is in itself virtue. Virtue cannot be cultivated for that which is cultivated is not virtue, nor does it come through practice or praying. Virtue comes through freedom and freedom comes through understanding.

Maturity does not come with age, maturity comes with understanding, there can only be understanding when we seek our ideal. There can only be understanding when we ardently enquire. When we fail to enquire ardently we are old even if we are young in years.

The wise do not think in terms of division, but the immature, the foolish, are caught-up in social, political and religious divisions of man. Those who become conscious of this division and know it to be false and stupid discard it from the mind-heart.

We must perceive the misery and humiliation that is caused through this division in our material world, caused by greed and ignorance that creates a world torn with strife and separation. This perception should make us aware that neither through time, prayers or good deeds can we free the world, which is ourselves, from the misery we create.

Our good deeds and prayers are but a form of aggrandisement for self-satisfaction to cover up our inner poverty, which can never be satisfied with prayer and good deeds while we maintain in our mind-heart the cause of world misery.

We look to books to free us, but from them we merely get ideas, because many who write books on truth have themselves merely ideas about

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truth, but an idea of truth is not Truth. The Truth is the Everlasting Reality of our Livingness, and can only be understood in the fullness of the present, discerning everything that is false. Then we will know that we are now, not merely that something we are trying to become in the distant future which is but a passing fantasy. When we separate the saint from the sinner we become hypocrites because our division remains.

If inspiration is drawn from another it breeds dependence and fear, and prevents understanding, and puts an end to communion with Reality.

In Matthew 23: 8-10, Jesus tells his disciples, “but you are not to be called ‘rabbi,’ for One is your teacher, and you are all brothers; you are not to call anyone ‘father’ on earth, for One is your heavenly Father; nor must you be called ‘leaders’ for One is your leader, even the Christ.”

Jesus said this to his disciples after he had taken the Scribes and Pharisees to task for posing as teachers of men.

The mind that is forced to conform becomes impliable and thus the whole of our society is based upon compulsion. Through compulsion there can be no understanding however subtle that compulsion may be.

Wisdom creates confidence and extraordinary pliability of mind and this is not for the exclusive few. All can acquire it through understanding what conformity is, through understanding what tradition is, and through deep enquiry, which leads to love and affection. What is necessary is to keep the mind-heart free so that Love and Wisdom manifest without hindrance.

When you love someone there is neither high nor low, there is no difference, there is just love and affection. This extraordinary flame is free from opinion, free from tradition, free from conformity. It Itself is the extraordinary Flame and in Itself is Its own Ever-present Eternity. Love is not a memory or an idea, It is not a concept, but a living expression of Itself—the Real.

If in your mind-heart there are inherited theories of high and low, right and wrong, if your mind-heart is filled with religious theories to which you must conform, then there is no room for Love and Wisdom.

The world today is suffering from chills, fevers, pains, panics and booms, wars and rumours of wars. The world has a temperature, it is up and down like the waves of the sea. What is wrong with the world is that which is wrong with man himself, for he is the world.

We must go to the mountain top and view things from above. By our insight, our Divine Reason, we will see our mistakes. We will see that man

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himself is the cause of world chills, panics, booms and wars etc. All our conferences end in nought because we have not discovered the cause within ourselves. Then the way will no longer be clouded in mist, for the Creative Power will manifest Its own Divine Nature when man understands himself and realizes that God, man and the Universe are one. Here lies the Spirit of Power, the Creative Power in man. "He who has ears to hear let him hear."

The prophet Isaiah says, "is not wisdom calling, knowledge raising her voice? On the high ground and by the roadside on the streets she takes her stand, by the gateways opening to the city, at the entries, she is crying out: O men, I am calling to you, my appeal is to all men! O heedless souls, learn insight, O foolish folk, learn sense. Listen, I have a mighty message, my lips open with right words. I utter what is true, false lips I loathe, all I say is honest, and nothing is false and wrong. It is all plain to a man of sense and true for those who are intelligent. Choose instruction rather than silver and knowledge rather than rare gold, for wisdom is better than riches, no treasure is equal to her."

BENEDICTION

O Divine Mother, we are all Thy children and each one is my brother and sister.

Teach me to Love my brothers and sisters as Thou lovest all.

Teach me to serve others as Thou dost serve all.

Then I will find my happiness in the joy that Thou hast in Thy Love,
O Divine Mother of Mine.

A WISE MAN IS A FRIEND TO HIMSELF

“Body and soul may fail, but God my strength is mine, my own for evermore” Psalms. 73: 26.

Creative Being alone is Real, and is the true living expression that lies within all and is All. But when we look to others for hope and guidance we become empty and poor. We turn to books, to teachers, to inspire and strengthen us and we are ever hungry, ever-seeking, ever finding, while our inward poverty remains. We look to the future for salvation remembering the past, while the Ever-present Reality is never realized.

A teacher is only a teacher when he instructs you to look within to find that which you are seeking, when he makes you realize the nothingness of the self then only can Creative Being be expressed. In Creative Being alone is there the silencing of conflict and sorrow.

Separation and inequality will always be maintained as long as there is high and low, the pupil and the master, the sinner and the saint, the king and the tramp. As long as there is craving to become there will be ignorance of the Ever-present Eternal.

In Oneness there is completeness. In Creative Being there is but One. Through the understanding of what is false there is Creative Being. There is “One” only and there is no separation except in the mind of man. Then we realize what is hiding His Creative Being in us then there is Creative Being. In this alone there is freedom from sorrow and conflict.

When we seek the authority of another we are bound by that authority. Only in utter freedom from all authority, freedom from separation, freedom from opposites, is the Supreme found. Then we will live in the Timeless. We will view events as they pass before us but will not be caught up in them. When we are caught-up in events we are no longer free, for time can never reveal the Timeless.

There are those who go to church, those who worship, but in their mind-heart they are antagonistic to others, who do the same thing. They live in separation, but in separation there can be no Creative Being. They live in their ideas, their beliefs, which they think are real while all the time they are false. Creative Being alone is Real. Being is now, Becoming is always in the distance.

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In trying to become there is always antagonism against others, trying to become.

The parable of the marriage feast in Matthew chapter 22 is symbolic of the Divine Marriage where the individual becomes conscious of the oneness of the Universal Consciousness. This is the Divine Marriage and the feast is ready for all to partake.

Wherever there is distinction the Divine Marriage can never be realized. It states that the King sent his servants into the byways and gathered good and bad alike. Thus the marriage feast was supped with guests showing that sinner and saint alike were entitled to the feast when clothed in proper robes. This robe was the Robe of Love, showing that Love was the supreme factor, not merely a robe of office or one who belonged to any organised religion.

The Robe of Love is the only robe one could wear to this banquet. In other words there can be no union between the individual and the Universal except through Love, loving your neighbour as yourself.

This is also made very plain in the parable of the Prodigal Son, there is nothing remembered against him by the Father and he partook of the feast where all were merry and happy with one another.

The older son did not enter because of his antagonism against his brother. He remembered his brother's wrongs while the Father did not. Therefore the Robe of Love in which memory dies must be worn by all who attend the feast.

If the Ever-present is overshadowed by the past there can be no realization of Creative Being, there could be no living in the Timeless. To live in the Eternal Present there must be death to the past, to memory. In this death there is a Timeless renewal free from memory of the past, free from fear of the future. In the Timeless which is Ever-present there is no separation, only Creative Being, which is Love.

God created us in Love and unless we wear the Robe with which He created us we cannot partake of the feast prepared for those who love their neighbour as themselves.

Jesus said, in other words, only in the death of the self there is Life. Give up your life and you will retain It. Life has no dogma or creed. In seeking Life you must be free from beliefs, for beliefs prevent understanding that which is preventing Love from manifesting.

Jesus also showed that it was the dead that feared death, the Living did not fear death. The dead are those who are burdened by the past, by memory,

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by time. But for the Living, the Ever-present is the Eternal; the self must die to the Eternal Life, the self, the maker of time, must yield itself to the Timeless. This understanding can only come when the whole being is deeply and silently aware. In this serene unmoved state, the Eternal remains forever the Creative Being in the individual.

Clear thinking can only come when there is freedom from attachment, freedom from authority or beliefs, for no one can do your thinking for you. If you accept what others say, you conform to their thinking and you can no longer think freely. Thus you imitate and you think in terms of what you have accepted from others. In this way there can be no understanding of what is false, therefore no realization of that which is true.

With right thought-feeling there is no reaction to beliefs, ideas, prejudices and the like. Most people try to escape by succumbing to conformity and tradition but this becomes a prison in which they live.

Surely it is not difficult to see that this is all in the mind of man caught-up in limitation. When the mind is limited in this way it is impossible to realize Creative Being. Only right thinking leads to freedom and with freedom comes Creativeness, therefore all limitation is born of ignorance.

It is to discern what is in the heart that counts. One must look into the heart and see if antagonism, separation and the like is there. If so, you must understand how it comes about. The Eternal is Real to you only when you have love in the heart without respect of persons. To love one and hate another is not love, it is division and division is limitation. To understand this you must first throw off all limitation, all division.

When we see that the world condition is but the outward expression of our inward thought-feeling, we will realize that conferences will not bring about order and goodwill. What is required is transformation through understanding what is false, what is limitation, what is division etc. We do not transform ourselves, transformation comes as the result of understanding what is preventing the Real from manifesting.

If we look to time as a means of freedom or transformation it will never come, it will merely be a useless conflict leading to illusion in which there is no freedom.

In death we seek immortality, so in conflict we seek freedom. If we are caught-up in death, in time, how can we realize the Timeless which alone is freedom from all illusion and conflict. In life without death there is immortality.

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Believing in death we cling to Life, we struggle creating opposites, while living in conflict we seek peace creating confusion. Our beliefs and hopes must cease before we can discern the cause of our ignorance and misery.

We preach about the devil and hell but who is the devil and where is hell? The devil is the self who lives in separation, in division and hell is the misery the self creates.

If we look outside ourselves for the cause we will never be free, for the cause is within us and unless we discern the cause we will perpetuate the past with all its hideous effects.

In Reality there can be no separation. Reality is Eternal unity and peace. We do not create unity and peace, only when separation and discord cease does the Real come into being, this is Creative Being.

Jesus made the Universal Living Intelligence the living expression of himself, by this means he revealed the Father of Love, the Father of Life and not death.

The denial of this Living Intelligence was the root of death, the nothing of the self was the revealing of that Living Intelligence that is Ever-present.

If we can see all that hinders, all the subtle varieties that prevent the Ever-present Livingness manifesting in us we will begin to realize the Eternal.

“He who has sent me is true, so I tell the world what I have heard from Him.” John 8: 26.

BENEDICTION

When I lived in my ignorance I was blinded to Thy Presence.

Thou wert not deceived by the mockery of prayer yet Thou art easy to move with Love and Sincerity, for Thou art the Fountain of Love and Sweetness.

When my dream of separation passed I awakened in Thee to find all clothed in the Robe of Thy Love.

Ever since, O Beloved, I have discerned all that hinders Thy expression in me, now I hear Thy Silent Voice only, O Eternal One.

Lecture 8 (10th June 1954)

**WITHOUT A SENSE OF COMPLETENESS
MAN IS UNEASY**

“A reproof entereth more into a wise man than an hundred stripes into a fool” Prov. 17: 10.

When there is a search for outward security there is inward insecurity and when there is inward insecurity there is outward insecurity.

The man who clings to hope is dying, because to him what is important is the future—not what **is** but what **will be**, a man that is living in hope is not living at all! He is living somewhere else in the future and living in the future is not living now.

We always think in terms of opposites, we seek a state in which there is no disturbance because we are disturbed. If we find out why the mind is disturbed we will understand why we hope.

The moment we are uncertain we fall into a state of hopelessness then we develop a philosophy of hope, but when we see the Truth about hope, there comes freedom from both hopelessness and hope.

We are afraid of not being something, we must discern that the thought and the thinker are not separated, but what do we do? We look at our thought distinct from the thinker and we fear the thought. Hence we become a bundle of collective responses with a particular group of memories, both inherited and acquired.

The self must strip itself of all conditioned thought and the self alone can do this. The self must discern its own ways, for the self and the thought are one and the same. When this is understood there is tranquillity.

The self is a bundle of memories and experiences which are continually being projected because these are not discerned and understood. There can be no expression of the Real that is Ever-present in the now while this conditioning remains because the present will not be realized.

We have inherited ideas of right and wrong, what is spiritual and what is not spiritual. We have built around us conclusions which we call understanding. You will see that these conclusions are a hindrance to understanding their conditioning—our conditioning. So through fear we adhere to a ritual through which we try to escape. So we are further conditioned.

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Our conclusions become a wall which we build around ourselves, so we are imprisoned and while in our prison we build and destroy, contrasting and modifying, suppressing and renewing. This is merely an expansion of the self with its thoughts, its fears, its contradictions. Only through the awareness by the self, what the self is doing and undergoing, can this conditioning be dissolved, only thus can the self free itself from all illusion.

When the self is seen as merely a bundle of memories, experiences, limitations, beliefs, conformities etc., only then can there be freedom from this self-enclosure—the prison the self makes for itself. Only with the understanding what these are is there freedom.

When the self is imprisoned it prays to a God outside itself, that is why the believer can never know God—the Unknown—and since most people believe in a God outside themselves they will never know God. But the non-believer in God, which is another form of belief also hinders the discovery of the Unknown, because all belief and non-belief is but a process of the mind. Belief is the result of the known, it is part of the known which is a memory. Memory says I do not know God, it is something unknown, so memory creates the Unknown and then believes in it as a means of experiencing the Unknown. It is only when the mind frees itself from its own fabrication can the Unknown be discovered and this discovery comes from within and not without.

Therefore conclusions are a hindrance to understanding because they bind the self. The conclusions and the self are one and not separate. When this is understood there is transformation, there is a dropping of all conclusions so, the mind becomes infinitely pliable and only with an infinitely pliable mind is the Real discovered.

Conclusions are fixtures which the self creates to bind itself with, so the self is the cause of these conclusions. Therefore the self must discern what these conclusions are before freedom comes.

With conclusions we form resolutions. A resolution not to do or not to be this or that is stupid, we merely build a wall around ourselves which prevents understanding. But if we are aware we will discover the ways of this and that or of any other hindrance that binds the self. When we are ever watchful in the present we will find the ramifications of the self at the different layers of consciousness. To be jealous in any layer of consciousness, high or low, is to be still bound by jealousy.

WITHOUT A SENSE OF COMPLETENESS MAN IS UNEASY

From the more superficial envy to the more subtle form in the mental or spiritual is a hindrance to the true expression of the Creativeness within. **Creativeness is a state of being that is not the outcome of thinking.**

We may speculate about the Creative-the Unknown but we cannot think about It. When we are thinking about something we are probing into it. But such thinking does not bring Creativeness, what is knowable is not Reality. What is known is ever receding into the past, into memory and what is past and what is memory is not Reality.

The Eternal is the Ever-present in which there is no memory, no past or future, there is the Eternal **Now**, this is the only Real, and this can only be discovered when the self has dissolved away with its hopes, its fears, the past and the future, its separation and all the other contradictions which are but illusion of the self, caught up in its own conditioning.

When we look into our minds we can be aware that our thinking is the result of the past, of memory, the influence of this conditioning and limitation. Our thoughts are the result of our conditioning, influenced by the thoughts of others, by leaders in religious, political and economic fields of exploitation. All these are not instruments of Truth, they are the reverse, they merely condition and limit us when we succumb to them. If we would discover Reality which alone is Creative we must become more aware of subtleties of influence and our response to it.

When the past ceases to influence the present there is Creativeness which can be experienced in the stillness of the mind. The self will then understand the self with all its contradictions and limitations. When this is understood, that which is beyond the self will be realized. Although you cannot know what It is, you will know that It is. You will know that you can never make the Ever-present Reality an idea, you can create an idea in the mind but that is not Reality, which is the only Real, but you will know that you can never be separated from It, because you are Eternally in It and It is in you, freed from the past or future. The 'I' has lost itself in the Infinite One.

As long as there is desire to become, desire to achieve a result there must be contradiction and wherever there is contradiction there cannot be a quiet mind that is essential to understanding the whole significance of Life.

Thought which is the product of time can never find that which is Timeless, can never know that which is beyond time. The very nature of our

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thinking is in terms of the past or of the future, and therefore can never be fully aware of the present, therefore cannot be completely aware of a fact in the present as long as thought, which is the product of time, tries to eliminate contradiction and all the problems that it creates, it is merely pursuing a result, creating further contradictions, trying to achieve an end. Such thinking only creates more contradiction and hence more conflict, misery and confusion in us, and therefore around us.

The self is seeking happiness, through material, mental and spiritual means. This is the cause of exploitation of the self. When the self seeks happiness external to itself it becomes the creator of the exploiter. The exploiter does not come into being suddenly, it is not the freak of nature, but is the result of our demands for material, mental and spiritual satisfaction in which there is no freedom and that which you seek you never attain.

What we rebel against is the result of our own actions. Some think by killing they will destroy the evil. They think by killing or imprisoning a few whom they think are responsible for the evil they will destroy the evil, but they only add to it.

Wrong means will never establish right action, there can be no peace by merely murdering those who are murderers. As long as we divide ourselves into groups, nationalities, different religions and ideologies there will be the aggressors and the defenders, then the defenders become the aggressors.

Evil cannot be overcome by evil, or by other opposing desires that lead to further aggression. Only by understanding the fundamentals of human existence can peace come to men and the world.

In organised religious institutions there is desire for position and acquisition, but Spirituality is all-inclusive in which there is no distinction, no division, no desire for position or acquisition. To remain free from this net of ignorance you must maintain the freedom of your own thoughts. Understand your thoughts and feelings and refuse to become a slave to imitation and tradition or to the authority of the less informed than yourself.

The world's conception of Life is based upon selfishness with all its subtle ramifications, and its illusion, its fears and contradictions. Man unconsciously acts through fear and becomes irresponsible. This leads to chaos and disaster, this is not the result of clear understanding.

Conscious action through understanding and adjustment leads to pure thinking which leads to pure action in which there is no longer selfishness,

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aggression and murder. There will be an understanding that the Presence is not in opposition to Itself at any time in any individual, nation or group.

We will discern that good and evil are not entities in themselves, they are simply words with which we indicate the result of our own actions. Those actions are predetermined by the character of our thinking and the cause of the thinking is the ignorance of the self in bondage, therefore an understanding of the self is paramount in the elimination of the sorrow and conflict in the world in which we live.

To become aware of that which hinders the true expression of Reality is of importance to us all.

In John 16: 2-3, the Master says to his disciples, “they will excommunicate you; indeed the time is coming when anyone who kills you will imagine that he is doing God a service. This they will do to you, because they have not known the Father nor me.”

BENEDICTION

O Father of Love, when I pray to Thee thinking that Thou art one and I another I do not understand.

O Father of Mine, if I look for Thee elsewhere than within myself I am lost in the illusion of separation.

O Father of All, Thou art the one Life that makes all brothers and sisters.

O Divine One, there is nothing else for me to be for I cannot be a portion of Thy Infinity. I am forced to be the Truth because there is nothing else but Thee, all else is illusion, O Holy One.

OVERCOMING IS NOT FREEDOM

John 15: 12 “This is my command: you are to love one another as I have loved you.”

The Christ Consciousness is Freedom and Freedom comes when all the false, all the me, the ‘I,’ is understood. When the ‘me’ (the ‘I’) is not understood there is always the overcoming, but anything that has to be overcome has to be overcome again.

When we conquer our enemy we have to conquer him again and again, that is why wars continue. The moment you vanquish one desire there is another desire to be vanquished, so that which is overcome can never be understood.

Overcoming is merely a form of suppression and we can never be free from that which is suppressed; so the overcoming of fear is merely the postponement of fear.

The greatest fear is the fear of death and our problem is not how to overcome fear of death, but to understand the whole process of death and it is not a matter of young or old. Many are outwardly alive, but inwardly dead. It is not merely in adhering to a belief whether one continues or does not continue that solves the problem.

After all what is it that continues? If we can really understand that, if we can understand what it is to die from moment to moment and knowing death we shall know life because the two are not very different. But if we know how to live, there is no death. Most people do not know what living is, and so regard death as a negation of Life and therefore are afraid of death.

But if we can understand what living is, then we shall know of death in the very process of living. To find this out we must understand what is meant by continuity. We have a craving to continue but what is it that continues? It is the name, form, experience knowledge, memories, that is what the self is, is it not? That is what the ‘me’ is, is it not?

To divide ourselves into the higher self and the lower self, is merely a belief and does not matter much. You may say you are a spiritual being, but that very assertion is part of the process of thinking-believing, which is

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the conditioning response of memory. There are others that say that we are not spiritual beings, we are just the product of environment, which is also merely thinking-believing.

You **are** your memories, your experiences, your thoughts and at whatever level you place your thought process you are still that and you are afraid that when death comes that process that is you, will come to an end or you may believe that you will continue in some form after death and come back in the next life. This you will see is merely an expression or your belief, it is part of your mental process.

Now a spiritual entity obviously cannot continue because it is beyond time. Continuity implies time—yesterday-today-tomorrow. Therefore that which is timeless can have no continuity, only that which is of time has continuity.

To say that I am a spiritual entity is a comforting thought, but in the very process of thinking about it, it is caught-up in the net of time. Therefore it cannot be timeless and therefore it is not Spiritual. So what we have is merely our thinking which is also feeling, with all the appendages, that is what we want to continue because we know nothing else. You do not know the Unknown, so it is the known you want to continue, so we are afraid that it will come to an end.

Now that which continues cannot renew itself, that which continues cannot be reborn-renewed, it can merely have a continuity and obviously this is not Reality. There is Reality-Creativeness only when that which continues comes to an end. But we are afraid to end, so we are afraid to die. We want to carry on from yesterday to today-tomorrow. We build up Utopias and sacrifice the Living Present to the future, liquidating people because of the desire to continue.

If we will examine very closely we will see that what continues is merely memory in various forms and because the mind clings to memory it is afraid of death. But surely in not accumulating, and only in dying is there that which is beyond time.

The mind cannot formulate or conceive that which is not of time. It can know only that which is of time, because the mind is the result of time, of the past. As long as the mind is afraid of coming to an end it clings to its own continuity and that which continues must obviously decay. Our difficulty is to die to all things that we have accumulated, to all experiences of yesterday,

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to our beliefs, to our ideas. After all that is death, is it not? The man of knowledge can never know the Unknown which is beyond time because knowledge is of time and can never reveal the Timeless, the Unknown.

It is only when we die from moment to moment to the things of yesterday and understand the whole significance of continuity that there is the Unknown, the Real. That which continues can never know the Truth—the Unknown—the New, it can only know its own projections.

Most of us live in time, therefore yesterday and tomorrow become far more important than the Living Present—the Eternal. There obviously must be chronological time otherwise you would miss your train, but as long as we are caught-up in the projection of the mind which is psychological time there is no ending, only when this comes to an end is there immortality. We must die to the moment that is past and live in the now always, than in death there is Life.

Creativeness is not a matter of time, nor does man create Creativeness, neither can time create Creativeness. Creativeness is not the mastery of a technique. One can master a technique by constant practice through accumulating, through knowledge and experience, but the perfection of a technique does not make Creativeness. You may practice the violin, the piano, and be able to play expertly but that will not make you a Creative musician.

Technique will not bring about that freedom in which the 'me' is absent. It is only when the self—the 'me'—the 'I' is absent that there is Creativeness.

Technique merely emphasizes or distracts the self, modifying or enlarging it, and surely that does not bring about Creativeness.

As long as the mind is in conflict with what it has produced or is producing there cannot be a Creative state. There cannot be Creativeness where there is conflict. As long as the mind is caught-up in opposites there can be no Creative Being. As long as there is desire to achieve a result there must be a state of conflict and such a state denies Creativeness.

How is it possible to achieve Creativeness? It is not possible to achieve Creativeness! What we must do is to understand conflict, which denies Creativeness. The understanding of conflict is the understanding of oneself. Then we shall see that the mind becomes very quiet without striving and when the mind is silent, free from the anxieties and demands of the self, only then is there a possibility for Creative Being.

Creativeness can never be cumulative, Creativeness is only from moment to moment. It is not within the field of time, that which is within

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the field of time is not Creative. Creativeness is timeless, but we would like to hold it within the field of time in order to express it. Only when the mind is entirely still, silent, with a Silence that is not induced, is there the Timeless, the Creative.

So what is important is not to try to create Creativeness, but to understand the whole process of conflict in the mind. When the self dies there is Life, so is there Creativeness. Just as the lake is quiet when the wind ceases so there is Creativeness-Life when the problems the mind creates come to an end.

“I of mine own self am nothing, it is the Spirit of the Father within me that doeth these things.”

BENEDICTION

O Mighty One, I myself am nothing, with Thee I am all there is for Thou art not divided.

When I reasoned divinely and observed the false I cleared the way to Thy Presence.

In Thy Presence I saw no evil because Thou art the only One, evil I saw was of my own mind.

I saw there could be no reality in personality because Thou alone art Real and Indivisible.

I saw there could be no Reality in sin because Thou art all there is and there is no sin in Thee, only in the mind of man does sin dwell, and the mind of man is false.

Truth is all there is, Truth is Indivisible because there is nothing else to divide it.

Truth is unchangeable because there is nothing else that can change it.

When I discerned what blinded me to the Truth I died with the false.

Now the Truth has set me free. Knowing that the self is the error, believing the false to be true, now the self has died, Thy Life is mine for Evermore, O Blessed Eternal Living Presence.

ADDITIONAL MATERIAL
(Johannesburg Series)

Lecture 1 (16th June 1953)
(Johannesburg: 2nd recorded version of Lecture)

HAPPINESS

“Then said he, ‘unto what is the Kingdom of God like? *And whereunto shall I resemble it?’” Luke 13: 18

Jesus couldn't tell what the Kingdom of God was like to others. He only experienced It himself. And it is true that everyone must find the same thing within themselves and not outside them. Because of the fact, that the Kingdom of the Truth, the Kingdom of God, is within man. “The Kingdom of God is within me.”

Now, the great truth is that we breathe now not in the past nor in the future, when we realize this we know that our living is from moment to moment.

Now I would like to ask you a question just to see how you would react to it. Where is yesterday and where is tomorrow? Have you got the answer yet? Its nowhere, its in your mind. Does not exist except in your mind. Can't!

The past is but a memory, the past is in your mind, tomorrow has not come. So when you think about it you will see that yesterday and tomorrow is just in your mind. The only time is now at this very moment. The only time there is, is this moment when you are living. That moment then that is past is but a memory, an experience. The moment that has not come is just a hope. But a Living Expression is NOW which is Reality, which is greater than anything else in all the world because It is created. And you can only create in the NOW, not in yesterday or tomorrow. But people are always thinking about tomorrow and always remembering yesterday.

Therefore if you Live NOW, at this very moment, you Live NOW, you can have no hate, you can have no jealousies, you can have no rights or no wrongs, you are actually Living in the Living Presence.

Therefore where is these other things then that is not in the Living Presence, where are they? Are they not the formulations of your own mind and they are not Truth? Truth is a Living Expression at this very moment. And without understanding this you will always be living in the past or living in the future.

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But if the formulations of your mind can be dissolved away, then at this very moment you are alive and Creative. But if your mind is full of formulations you will never be conscious of this actual Creative moment because It is Eternity.

I will ask you another question now. Where is the Creator and His Creation? The next question I will ask you to answer with this question. Is the Creation outside the Creator? Where is the Creator and His Creation? Is His Creation outside Himself?

Can't you see clearly then, that God being Infinite in nature, there can be nothing outside Him. Its an utter impossibility. And therefore Infinity must be fill boundless space. There is nowhere where It is not.

Science have proved to us through their postulating of a name of a substance, which they call ether, that fills space. Ether that carries sound and light. It carries vibrations. And without ether we would have no vibrations at all, we would not be conscious of them. We would not conscious of the light of a star nor would you be conscious of the sound of my voice. Nor would you be conscious of a broadcast, that is broadcast from a central broadcasting station and circulates the world in less than the quarter of a second. How is it then that it reaches the highest point in the stratosphere? It will go down into the bowels of the earth, it will cross completely around the world all at the same time, why? Because of the ether. Because the ether is magnetized. And the magnetization of the ether carries the vibrations in all directions at one and the same time. It is just the same as a broadcasting station.

If you are conscious of your Creativeness then your thoughts will be pure if you Live in the Ever-present. If you live in your conditioning and you are conditioned by your formulations, you are conditioned by your reactions to the external or to people and to things, and you are always reacting, you will be conditioned. If you have certain beliefs you hold onto, certain ideas that you hold onto, you think that are true, they become a fixture in your mind. You are conditioned by them. Your mind is no longer flexible. Therefore you will be expressing your conditioning and you will not be Creative.

If you have hates and jealousies you are living in the past are you not? It is a memory of a reaction but you still hold onto it. Therefore you see that every moment that you live you still are living here at the moment being aware, aware mind you, aware at this very moment you are Living in Reality because Reality can only express Itself through your awareness that is from moment to

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moment. But if you hold in your mind enmities, jealousies and hatreds then you are conditioned and you will be expressing those things, and also you will be creating in the ether a vibration according to your own thoughts and feelings.

You will know now that if you are conditioned by the past or if you are conditioned with your hopes for the future, you will know that you cannot create at this very moment because this moment is the only time you can create from moment to moment. And if your mind is cleared of all the things that are hindering the expression of this Ever-presence, then I say you are free. Freedom comes only when you are free.

The enraptured feeling attained from the fact (not an idea of the fact) but the fact that we draw our every breath from God, in this knowledge we have no past memories *no* rights or wrongs, only filled with the great Love-Life which is expressing Itself in the Ever-present.

Some may say that this is impossible in our daily lives, but the fact is *that* you can only live by the breath of God and not by any other means. Jesus said, “you do not live by *breath*² alone but by the very word that flows from the mouth of God.”

When we understand this there is no death; Life and death are one, for there cannot be one dead particle in the whole living Universe. What the ignorant see is death, what the enlightened see is transition.

There is always a change taking place throughout the whole Universe and the only thing that is stable in the external or relative world is change. But that which in Itself is created is unchangeable.

The electricity is not affected or is it limited because it creates light. So neither is the Life in you in any way limited by the expression it has within you. For the Life in you is in no way separated from the totality of all Life in the Universe because It is one. You cannot divide Life. What is there to divide It with? Can you divide Life? You only assume the illusion of that division by seeing your neighbour separate to yourselves.

But It is the one Life that is manifesting everywhere. And It was this that Jesus and the great prophets saw and that was the Power.

When life is then divided in the mind, the individual is conditioned by his own illusions and is limited by that illusion. But if he can cleanse the whole of his mind and see and experience his Living moment to moment, he will be free and he will be as the Christ at this very moment. “At this very moment you will be with me in Paradise.”

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Here is then the great secret of the mighty power of the Masters, is of the fact, that there is no division anywhere. They have so cleansed their minds of all that is separation. So that at that very moment of their Creativeness, they are like the great gigantic radio station that is sending forth this vibration into the atmosphere and into the souls of people all over the world.

A great many people think that everything happens by chance. And it is a chance here and a chance there. Now nothing happens by chance. There is no such thing as happens by chance. And a time will come when you will see why, and the crackpot of the various things that happen to you in your life. The various things that happen to nations and people. Because of the fact, there is a power of unity that is working through the whole of the nations and the people. You may think that there is separation in the minds of the people, but you see, that is only a process of bringing people together; although you think and see that there is division. Eventually there is certain things that happen through the process of evolution. Because evolution is a process that is continuous all the time and nothing can stop the process of evolution. You think you can put your finger on and stop the process of evolution, you cannot do so. When you try to stop it you only increase it. When you try to suppress it, it gives it a greater incentive to go forward.

It is the same thing with the natural elements. If I want to fly from here to London, I get on an aeroplane. If there was no resistance to the aeroplane I would never reach London. But it requires that there is a resistance to the aeroplane. It rises into the atmosphere and with that resistance it is carried on its way to London. Without resistance it could not reach its destiny.

You will see many things that are happening today but behind the scenes when you have wisdom and understanding, you will not look at the immediate but you will look at the thing that is coming forward gradually moving you step by step.

Take this earth as it were 300 million years ago, it was a ball of fire. And out of that ball of fire then came the various vegetation. For a while you will see that this ball of fire became active and created an atmosphere around it. And this atmosphere, of course, which is etheric in its nature was caused to become gas. These gases were two great gases which were forming the atmosphere with oxygen and hydrogen. And after a while these great gases that surrounded the earth became liquid. And it rained for a million years. A million years is but a moment in Its in Eternity. Now after that, then it

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cooled down on the surface, you will see how evolution came into existence, as it cooled down in the surface the water still poured upon the earth. And gradually, the sea came into operation because it took from the earth material and the rocks into the sea, the elements and the sea became a substance, a water, with all the elements in it. And the sea is the best water. It is a water that is natural in itself because it contains the elements of the earth, the fire and the water. And you see then, gradually the vegetation came into existence. And as vegetation comes into existence so life started in the fluid. Just as life always starts in the fluids. Just as the amoebae,³ the small cell of life it first starts in fluid. And it gradually came out of the sea and moved onto the earth and lived in that vegetation. Gradually that vegetation becomes greater and greater before then the earth was swarming and teeming with life.

But life cannot come from death. Life must come from Life. And there can be nothing existing except that the Life exists first and last. And I tell you then there is no death but there is transition. This transition is as it changes processes of the relative world but the stable thing behind it all is Life and Consciousness Creativeness, and that is what you and I have within us. And that's the only Power that man has and not until such time as he cleanses his own mind of all his formulations and his beliefs, there he will find freedom. In that freedom in his mind he will have Peace. And in that quietness of the mind he will experience that Creativeness that is beyond the mind. It does not exist in the mind, It is beyond the mind.

If we would understand Life we must avoid the narrowness of conformity and free ourselves from the dictates of others, religious or otherwise, however learned they may be. Truth cannot be found in any book or in words. Jesus said, "ye read the Scriptures and ye think ye have Eternal Life. Ye make a mistake." They are thinking that by reading the Scriptures that they could find Eternal Life. And you know perfectly well too, that by reading a book you cannot find Eternal Life, you can only find It in yourself. And you will find It moment to moment. Not in the past. Not in your mind of a memory nor in a hope for the future. Because if Life does not exist now it never will. And if Eternity does not exist now it never will. And because that in Itself Reality exists at this moment then it is immediate when we cleanse our minds of that which hinders It.

I cannot but explain it in words. But it isn't an intellectual argument we would want of our minds. But I want, as I speak, for you to experience in

3. See Notes page 315

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the deeper strata's of your own consciousness, a feeling and experience what I am saying. Not merely keep it as an intellectual thing but in the deeper strata's of your consciousness to feel It and to know It. In that you will experience It. That is why I speak to you, not that you will take away some intellectual idea of what I am saying but experience It in your own deeper realms of your own consciousness. Because in the depths of the consciousness there is Peace, there is Creativeness. And as the superficial layers of consciousness are dissolved away which are caused through your reactions. There in the deeper layers of your consciousness, there is the quietness just as it would be in the very depths of the ocean. Yes there is Peace. In that depth of the consciousness you can experience what I am saying to you. Do not try and make it an intellectual idea that you can carry away with you and think if I said was the Truth. To you Truth is not an answer yet. But if you can experience this in yourself then I say you will know, not before. So then, Truth can only be found when all these things of the mind are dissolved away. Then you will live by the breath of God, moment to moment with no past or future, giving expression to the Love and Wisdom, the Ever-present Now.

Life is more important than words or beliefs or dogmas, they are of the mind. We must liberate ourselves from the belief in authority, from tradition etc., for if we are bound by these things we will never know the Ever-present Life, we will merely be expressing the memory of the past with all its conflicts, its sorrows, its rights, its wrongs. *Oh God, can't you see to Live in the Present is to Live in Love and Wisdom.* How can we express the Love-Life in the now when our minds are burdened with the accumulations of the past?

How can we express the Ever-present if the past is hiding It? Are we not living in the prison of our own conditioning? And no matter what we think about God or what we may say, *you* only create other ideas which help to build our prison walls.

All the time we build an idea on a belief about God it becomes a prison wall. We have to break that prison wall, that belief because it separates you from another. Not until you have found the depth of your own consciousness, the one Life that permeates every individual, then you will know that you must Love your neighbour as yourself first before you can Love God. Before you can understand the Love and Wisdom of God.

What I am saying to you is not a new doctrine, nor am I forcing upon you any new or old authority, for this would just be another limitation, only

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when we free ourselves from all these limitations can we free others by helping them to free themselves by discerning the false.

Now this is not easy for we have to question the things that we hold dear and precious. In the first place, we have to invite doubt so that we can separate the unreal from the Real, then only that which is of Eternal value will remain.

So, it is difficult for most people to do so. How difficult it is, as Jesus said these words, "for a rich man to enter the Kingdom of Heaven," he said, "its easier for a Camel to pass through the eye of a needle."

And it is much more difficult for you to pass with your precious ideas. The things you brought upward from your infancy. But you have to part with them before Reality can be revealed to you because you will only be expressing your precious ideals are for you when you were a child. You were then carried along with your parents and you followed a particular belief or religion. And now in your mind you are so fearfully afraid that if you just do a single thing wrong against that religion, you are damned in hell forever.

You have so many different mortal sins that you become like a rabbit running from one hole to another where the weasel is chasing it. And so it is the same thing, it's the weasel that's chasing you from one hole to another because you cannot discern that these things are formulations of the mind. And the things that are most precious and most dear to you, you must examine freely and discern them and understand them and how they come about. And when you know how your conditioning comes about then you can free yourselves and not before.

The ecstasy of liberation and true happiness does not exist away from us in some faraway Kingdom, neither is it obtained through isolation in some faraway place on the mountains or by the sea.

This liberation, this happiness is freedom from all authority, from all beliefs, no matter what they may be, for only through liberation comes true happiness. In this liberation you give expression to the Love-Life that is Ever-present, with no memory of past, *no memory of rights and wrongs.*

But the expression of the immediate Presence, the Livingness, the God that knows no right, knows no wrong was not divided by Himself or divided in Himself. One Whole and Complete. That is the great wonderful Truth you will find within yourselves.

THE SPRING OF LIVING WATER IS WITHIN

When the mind is freed from all fears there comes a peace beyond our understanding because it is not a peace we gain through [mental gymnastics but peace that comes through discerning all that is false,]* that which is preventing the expression of the Love-Life now. In this alone lies the Love, Wisdom and Power of God.

The great Masters, the prophets are people whose only expression the great Creativeness from moment to moment. But can you do it? You think you can. Can you think you can do it through a mass of formulations in your mind? You are looking through glass dimly. But you must cleanse the glass before you can see clearly, that's the mind. The mind must be cleansed of all these things that are hindering the expression of the Love-Life.

If you said you are a kind person and unkind to another person. Unkind to one and kind to another then you say that you are a kind person. Have you ever examined why you are unkind to one and kind to another? Is it not the self that is the cause of all this trouble?

*If you hate one person and you love another person, can you say that you are a loving person? You may be in love with a person and you may hate another person but that is not a State of Love. A State of Love is existing in the very Presence. And you will know that when you exist at this very moment, there can be no room for anything else but the Love and Wisdom of God Himself. Because It is God Who is Living, not you, **It is God Who is Living.** I and the Father are one, that's the Christian experience, not a platitude or an idea of It but a Livingness of It.*

The question that some will ask is how can one be in love with Life if Life is a burden, or how can one learn to have no fear, for is not fear born in us?

The answer is quite clear. Immediately you begin to understand your burden it will begin to disappear. The moment we accept the fact that you are afraid, not of Reality, but of ourselves, fear will begin to disappear also.

Immediately you begin to see that your self and your Father are one, that is the first step to freedom. But you think that your thoughts are external to yourselves and then you begin to become afraid of it. But if you see that you are your own creator and that the creator and his creation are one, fear begins to disappear because you are no longer afraid of your own creation.

Is the Creator afraid of His own Creation? But you live in an illusion of the past and the future, not in the Present. Therefore the past and the future

* A small break in the wire recording occurs here.

HAPPINESS (J/BURG)

you are afraid of. But where do the past and the future exist? Does it exist anywhere except in your mind? Of course, it doesn't! Only in your mind. And you are the creator of the past, the creator of the future. Man and not God created yesterday and tomorrow.

If I say I have no burden, I have no fear, I am deceiving myself and am caught-up in the net of both, my deception is my conditioning. *Because if I am conditioned, I am afraid but I am conditioned by the past and the future, I am afraid. But if I say, "I am not afraid," while I am afraid, am I not deceiving myself? Am I honest with myself? I must find out why I am afraid, not saying I am not afraid. You are living in opposites. You say, "I have courage," all the time fear is in your heart. You tremble in your boots and you say, "ohoo, I've got courage, I'm very courageous, Oh, terrible, courageous." Some wonderful courage you have got, when you are shaking in your shoes.*

How can you understand if you don't understand why you have fear. It's no use in saying, "I have no fear," I will be deceiving myself. But as soon as I know myself and my burden and my fears, then they begin to disappear. Then only will I realize that which in Itself has no fear, no burden, being Ever-present.

And if I live in the Presence at this very moment always, I will have no fear. Jesus always said, "fear not." Fear not, he lived in the Presence. When Peter walked off the boat onto the water, Peter for a moment saw the Master doing it, so he said, "ask me to come to you." and other words. And Jesus said, "yes, come on, come on the water!" Like an ordinary person would do so. But Peter walked on the water and took two or three steps. He thought to himself, 'why, I'm on the water. What if the waves and the water would break and I would sink.' And immediately he did it, he sank. He was afraid. Fear overtook him. But fear did not overtake the Master because he was Living in the Presence, the Ever-present.

Oh, if you could know, that there is no past or future, its in the mind. The mind that causes these things, the belief of them, the conditioning of them.

If we are not in Love with Life we will be in sorrow and conflict. To be in love with Life is to live every moment of Life. This frees us from the pains of the past, from the fear of the future. If I do not love Life [I will wander into]* *the deep waters so that I will have to struggle, but when I understand myself my struggling will cease.*

Why do I struggle? Don't I struggle against myself? Am I not the cause of the struggle?

* A small break in the wire recording occurs here.

THE SPRING OF LIVING WATER IS WITHIN

When I understand myself the self will disappear, then the self alone is the cause of my fears and my burdens. Jesus said in other words, “cast the burden upon me my yoke is light and easy to bear,” so we must cast the burden of the self before we can continue in the Ever-present Love-Life, giving expression to It every moment, and this can only be done by being constantly aware every moment. Then I will love Life as Life loves me. I must love Life in Its entirety because it is not divided. *So to love Life, I can't live a bit of Life. I must love in its entirety, its Wholeness, its Completeness. Therefore I must love humanity. I must love my brother, my neighbour as myself.*

You have not realized the meaning of the Master's words but if you listen to me and you will experience it in your own consciousness, deep in that realm where feeling is. Jesus said, “love your neighbour as yourself,” I must do this to free myself from the past and the future. I must live in the Present not in the past and the future. To Love God because I can't Love Him in the past or Love Him in the future. I can only Love Him NOW at this very moment. And when that moment is past it is but a memory. But the moment is always renewing Itself, that is Eternity and that is freedom.

The Creator and His Creation are one, and cannot be otherwise, therefore if I love my Creator I must love His creations too, for they are one. “When you have seen me you have seen the Father.”

Life is not divided, but we divide Life into Spirit and matter. Life has no problems, only man is in bondage of his own making. Therefore happiness can be translated into the physical. Any other happiness in some distant place is but a fantasy and is not worth having.

Its always in the distant and it never comes.

If I say we will be happy when we die we will always be postponing that which is ours now. *Even when we die we want to die again. So you will be happy because you think that only when you die you will be happy or in somewhere else. If you can only see that there is no death and experience the fact that there is no death then most of your troubles will disappear. Happiness through freedom can be achieved here and now in the activities of our daily life, through understanding.*

Because we have divided Spirit and matter we imagine that Spirit dwells in some far off unknown locality and in this locality only can there be happiness. But this is truly ignorance of the Ever-present Life-Love now.

For if Infinity exists, never can we know locality. There is no such thing as a place apart from a place. Here and now is your conscious awareness.

HAPPINESS (J/BURG)

The Kingdom of Heaven is within you. The Kingdom of God is within you, not in some far away locality.

When we get beyond these ideas and beliefs that hide the Ever-present Love-Life, we will know It to Be, now, and this Being is our Being now, not in some far distant time or place, for is this not denying the timeless the Ever-present Reality? If this is properly understood *then* happiness can be attained immediately.

It is not by transcending the world that we can help the world, which is at present in bondage of **our own** making. As long as Life is held in the bondage of ignorance so will there be imperfection. Therefore to neglect the material as we try to do, we will never solve the problems of the world which is our own problem, for we are the world.

It would be useless for me to talk to you about happiness if you have no desire for happiness. You could never know affection, if your heart did not respond to Love. Neither would you understand if your heart did not ache, neither can I give you a pill to swallow that can give you understanding.

You would never know sorrow unless you have suffered. It would be useless for me to try and teach you if you have not suffered. Freedom only comes through understanding, and understanding comes when you have a strong desire to discover Life, when you are really suffering, really searching, when you are intelligently in revolt at limitation.

Then at that time when the search is finished and the mind becomes peaceful, and in that moment you will strike, it will come like a flash yet it will pass. You will try to recapture it but it is gone, you try then to recapture it but how stupid is that. That is not the way. It is [to be] continually aware and in that awareness there comes those moments to moments of Eternity. You begin to experience in your deeper realms of the consciousness, you begin to Know and in that Knowing, the past and the future do not exist anymore because their happiness is the expression of your own creativeness. My word shall not return to me void but shall accomplish that which it is sent forth to do.

If you are content to stagnate in conformity, in tradition and the like, you will never know freedom, *it* is living in the Ever-present Love-Life and which is true happiness.

Life is “One” for we cannot divide Life. *Now* there is no ordinary or extraordinary in Life, this is but an attempt to divide Life. Immediately we do this we are caught up in limitation.

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There is the extraordinary individual and the ordinary individual. The only difference between a person and another person is expressing Life, is that one has cleansed the mind so that the Infinite can express Himself clearly while the other is caught-up in his own conditioning.

Life which has no form expresses Itself in form. But that which is created in form returns to that which has no form. Life takes on form in order to function, but Life is not limited by the form it creates. This is the realm of *the Absolute Peace, the Kingdom of Happiness.*

Electricity is not limited because it creates light. My consciousness is not limited because it creates thought. My only limitations are my reactions, not my actions. Reaction is of the mind, action comes from something else. And if you are only reacting to what I am saying to you then it is of no value. But if action comes therefore transformation will come and that is of value. And transformation does not come from intellectual ideas but from a deep feeling that you have within your own consciousness, deeper than the surface fuelled strata's of consciousness but in that deeper state of consciousness, there is the feeling and that feeling there is immediate transformation.

You will see in my method that talking to you is entirely different to anybody else. And I am only teaching you as I have been taught by the great masters that know. And all I say to you is this, that when I was taught, I had to feel not the words but the feeling of the word. To know within myself the Truth and of the Truth and understanding of the word, not the word itself.

The Creator and His Creation are one, yet He is not limited by His Creation. Jesus said, "the flesh has no say in the matter," neither has it when you begin to understand. No truer words could the prophet have said, in other words, Wisdom is greater than silver and gold, and that no treasure was like unto Her.

Science tells us that matter separate from energy does not exist. Energy is Intelligence in action. There is but one Substance underlying all form and all form must be of that Substance. Therefore we are surely intelligent enough to realize we cannot divide that which is manifesting and that which is manifested. *Can you divide the manifesting from the manifested? Can you divide matter from ether? Can you divide matter from energy? It is a scientific fact that you cannot.* Nor can we divide the inner from the outer or the outer from the inner, nor can we separate the visible from the invisible, nor can we separate *the cause from effect.*

HAPPINESS (J/BURG)

You cannot separate light from darkness, can you? Think in your own minds and you will see how impossible it is.

When we understand this we are free and freedom is creative, without limitation. The Bible says God is all there is and there is none other but He and by Him and through Him all is created.

To accept the outer and disregard the inner, or to accept the inner and disregard the outer, we divide ourselves. Yet the flesh has no say in the matter.

Form alone is not Reality, Reality is behind and within the form and no form can come into being except through Reality. *That is the Word that was in the beginning and the Word was God, the Word was with God and that very Word was God, and that Word was made flesh. But the flesh has no say in the matter. Therefore the Word remains Immortal. Form is not Reality. Reality is behind and within the form and no form can come into being except through Reality.* Therefore to attain the power of our Creative faculty we must not seek that which is formed, but realize the Life that is behind and in all form and is the cause of form. This is our Creative Reality.⁵ “Things are not made out of that which is seen but out of that which is not seen,” Paul says.

When this freedom is reached we will rejoice that we are not merely physical but Spiritual. The souls that have perceived something of *the* Light behind and within all men have been over-whelmed by the knowledge of their possibilities. They have come to the understanding of the Omnipresence that fills boundless space, knowing nothing of past or future but Eternal Present in the Everlasting Love-Life now. The whole human race must eventually come to this understanding before the world’s problems can be solved.

“And *as* the scribe said unto him, ‘well, Master, thou hast said the truth: for there is *but* one God; and there is none other but he. And to love him with all the heart, with all the understanding, with all the soul, with all the strength, and to love his neighbour as himself, is more than all whole burnt offerings and sacrifices.’ Jesus saw that he answered discreetly, *and* he said unto him, ‘thou art not far from the kingdom of God. *Because he makes you enter into the Kingdom of God because of the fact, that you see, Jesus knew this. This internal Ever-present Reality of which he was himself. That he couldn’t be separated from Life. That he was Living every moment, in that every moment was his Living and there was no death. Death was the moment*

5. See Notes page 315

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that was past therefore he knew that there was no death. Death and Life are in the same cup and he drank by the cup. And no man after that durst ask him any question.” [St. Mark 12: 32-34.]

Neither of them could. How can you ask a question about the Truth? No one can tell what the Truth is. I can only tell you what is not true and what is not the Truth. And when you have found all that is false then you will find the Truth. I cannot give it to you. I cannot give you a pill that will give understanding. But you will have to understand yourselves and all these things that make up the formulations of your own minds; your greeds, your cravings, your hates, all these things, the past and the future must be discerned clearly. And you must understand and see where they are and how they come about.

And in the cleansing of the mind there is the freedom, the Living Expression of the Living God, the Love and Wisdom and the Intelligence of the whole Universe. It brought the Universal into being. And the same power that is manifesting in me is manifesting throughout the whole Universe and I am in no way separate from It.

When my mind is cleansed of ideas about the thing, an idea of the fact that it is true, then it comes a Living fact in my own experience. You must also do so because my experiences will not give you that experience. It will be of no value to you. It will still be an idea, still be a formulation of your mind. The time will come when you will experience that It is greater than all formulations. Greater than all mind because it is Creation Itself.

BENEDICTION

O Beloved “One,” in Thee there is no division, no separation. When I discovered that Thou didst create me within Thy Self and Thy Self alone is my Love-Life I was freed from all limitation.

In this freedom I found true happiness for I saw Thee everywhere, and was no longer afraid.

In my mind arose the seed of separation through the desire for power of the self which was the great illusion.

In my ignorance of my true being I pursued a state of isolation contrary to Thy will.

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O Beloved One, when Thou sent Thy son into the world to reveal Thy Love-Life within man himself man did not heed him because man was caught up in the ignorance of Thy Ever-present Love-Life. *He was ignorant of that Ever-Love-Life therefore he could not accept Love Itself.*

The words spoken through Thy son have penetrated my mind and now all that hinders the expression of Thy Love-Life has faded away into nothingness.

Now Thy Creative Consciousness beams through me for I know it is Thee alone who worketh in me, O Blessed Creator of Mine.

* The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Johannesburg Lecture given in the Auditorium at Escom House on Thursday night 16th April 1953, at 7.45 pm.

1. In the Lecture Notes the paragraph reads: [*The enraptured feeling attained from the fact (not an idea of the fact) but the fact that we draw our every breath from God, in this knowledge we have no past memories of rights or wrongs, only filled with the great Love-Life which is expressing Itself in the Ever-present.*]
2. In the Lecture Notes the word is: 'bread.'
3. *Amoebae.* (Amoeba, amoebic). A tiny one-celled organism able to change shape because of the movements of cell processes. They live in fresh water or soil or as parasites in man and animals.
4. The next sentence in the Lecture Notes is missing from the recording. The full paragraph would then read: [*When I understand myself the self will disappear, then the self alone is the cause of my fears and my burdens. Jesus said in other words, "cast the burden upon me my yoke is light and easy to bear," so we must cast the burden of the self before we can continue in the Ever-present Love-Life, giving expression to It every moment, and this can only be done by being constantly aware every moment. Then I will love Life as Life loves me. I must love Life in Its entirety because it is not divided. Jesus said, "love your neighbour as yourself," I must do this to free myself from the past and the future. To Love God I must love my neighbour first.*]
5. The word in the Lecture Notes is 'Faculty.' The full paragraph reads: [*Form alone is not Reality, Reality is behind and within the form and no form can come into being except through Reality. Therefore to attain the power of our Creative faculty we must not seek that which is formed, but realize the Life that is behind and in all form and is the cause of form. This is our Creative Faculty. "Things are not made out of that which is seen but out of that which is not seen," Paul says.*]

Lecture 3 (30th April 1953)
(Johannesburg: 2nd recorded version of Lecture)

**THERE CAN BE NO PERFECT ACTION WHERE
THERE IS A SENSE OF SEPARATION**

*“My teaching is not my own but his who sent me.” John 5: 16.
(Moffatt)

The present is the only time there is, I have often spoken to you about this, but I know that the great significance of this truth has not fully dawned upon you.

Starting from the beginning, all know that there is but “One” God and there is none other beside Him, there is no other “Being” no other force. There is but one “Being” and this “Being” is our “Being.”

There cannot be anything else—its an utter impossibility. What you invent and what you create in your mind is your own formulation in regard to it. It has no existence outside your mind, only in your mind is these formulations you create in regards to the Life, Infinite Life, that is One and not separate. There is only One and therefore when there is one Being there can't be two Beings. There can't be your Being and the Infinite Being—there can only be one Being. And that is why Jesus said, “It is the Father whoever remaineth within me is performing His Own deeds.” He saw clearly, that there was no separation between him and the Life. And he said clearly, “I am the Life.”

Now when you begin to see clearly also, that your own formulations that you create in your mind are but your own creations and they do not exist outside your mind. Other people will have formulations of their own and they will be very often in distinct opposite to yours. Therefore you have conflict and you have ideas. Ideas about this, ideas about that, consequently you create strife.

Now if there is confusion there cannot be truth because there is no confusion in Truth. But when you rid your mind of the confusion you have created in it, then there is Truth. Truth Is, it does not have to be. You do not have to formulate It. It is an actual Living Presence and It only exists in the

* See Notes on page 331

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Present. It is always Present, that is why It is Eternal and Ever-present. Realize the importance of what I am saying. The significance of the Truth that there is only the Present. There isn't the past or the future because there is no such thing as past or future except in your mind.

Your memories is the past. Where is the past and where is the future, can you put your finger on it? Of course you can't. But you can in the present, the Living Present, is NOW. That's the only Living Presence there is. The past is dead, the future has not arrived. You will see that both the past and the future are in your mind, they're experience and memory, and then there is hope and despair one or the other. Therefore you are always living in the past, your experiences, your memories, your hopes and your despairs. But you can only create now. You can only create at this moment. You can't create in the past, you can't create in the future. It is only NOW that you can create and that is your own Creativeness and that is the one Being.

The one Being. The Master knows this. The Master experiences the Ever-present and the moment its past it's a memory. The Living Presence that counts. If you could only realize this, the great significance of it, then you would dissolve the past, you no longer worry about the future, but you would be Creative now, and you would be giving expression to that Being, that is One.

But how can you do this, that is the question? Can you do it with your minds filled with antagonisms, your minds filled with beliefs, your mind filled with hatreds and jealousies and all these things? But your mind is that and then you will say, "that you are a child of God." Why do you say you are a child of God? It becomes only an idea to you. You can't experience yourself being a child of God when you have all these things in your mind. So don't you see, what is happening to you is this, you create an idea of yourself as a child of God and bring it into your own prison in which you live.

Now the next question is, how am I to get rid of this prison that I am in? By seeing what this prison is. Watching carefully, discerning my own thoughts, my feelings and actions. And I become aware every moment. And in that awareness then, the Absolute, the Infinite functions and in no other time. Only in the Present does the Absolute express Himself in you, only in the Present, no other time. Time must give way to the Timeless.

It must be so, for it cannot be anything else. If there is but one "Being" then we are that "Being," therefore that Being must be you and me for there is only "One." No separation.

THERE CAN BE NO PERFECT ACTION WHERE THERE IS.....

If you are troubled with the past or have fears for the future you are not “Being” now.¹ You can think only in the present, you *can't* think in the past or the future. You can think about the past and think about the future, but is this not conditioned thinking? *That is not Creative.* For the past and the future can only be in the mind. Pure thinking is creating in the present, not thinking about the past or the future.

But Living now. That Creativeness exists. What a tremendous force it is but how many people pass it by.

Some people are always harping upon the, “if it had been this or that, things would be different now.” It is this “if” of the past that is preventing the present from being what it should be in your life.

I don't think there are any mistakes at all in Life, that's your experiences. Nothing can destroy Life. Life is, no matter what you do. You may think to take your life, you may cut your throat but you do not destroy Life. You may push yourself out of the physical but you are still you, you will still be alive. There is no possibility of exterminating the Life that is in you, it will still be you. Because you did not create it! And you did not create that 'Being.' And what you did not create you cannot destroy. It is only what you can and do create that you can dissolve away and that is the self, the outer self, the self where all is separation and these things exist, the past and future exist in the self, it does not exist in that which is Being.

You cannot call the Infinite good in the sense that there is evil. Good and evil cannot exist as opposing each other, they exist as opposites only in the mind.

You have the idea of good and you are struggling all the time with evil, you are creating opposites. As I told you the other night, you have the idea of success and you are struggling all the time with failure. You have the idea of health and all the time you are struggling with ill-health.

*Well I say to you, “what the devils wrong with you?” Can you understand then, the most important thing is this, is Being. Being NOW at this very moment—**Being**. I find myself when this great wonderful Truth of the Infinite Being is completely held in my consciousness. And my consciousness becomes the expression of that Being, I feel the whole of my Being thrilling with that Eternal Ever-present Life. Age then disappears from the scene altogether because it does not exist in Infinity.*

1. See Notes page 331

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I saw a lady today, came into see me today, and she said, "why doctor, you are no older than I saw you eighteen years ago, you are just the same as you were eighteen years ago."

I said, "I hope I am, perhaps I'm a little bit better." But I am the same person, I am the same you, the same me. And I will always be that same Being because I never created that Being. But what is it that holds that Being in check? What holds that Being in check is my ideas of a Being, ideas of a God, a belief in some religion, a belief in some outside God somewhere in the sky, a belief in tradition, a belief in a country or a nationality, that's what hinders that which IS Eternal and Ever-present, one Wholeness expressing Itself.

There is no such thing as a negative power which is not of the All-One Originating Power. The negative power does not oppose the All-Originating Power, but is a complement of it just as the North Pole and the South Pole are inter-related to one another to create attraction, the one force creates them both. *The one force is operating in them both.* It is the same in the atom, the electron is the product of the proton.

The electron is not a separate force from the proton. It's a complimentary force. It is the proton itself in activity. It is the one force that is creating both forces. The force that is ever-expanding and the force that is ever-contracting is one force, that which creates the balance in Nature.

Similarly, Life is a higher form of action. All energy is the same mode of manifestation of the "One." *That's why the prophet said, "the Creator and His Creation are One."* So all energy is the same mode of manifestation of the "One." It is always making something and in so doing it may unmake something else. What is known as negative force is the operation of the Cosmic Law of transition from one form to *another*. When we understand this we see within ourselves the same Law in operation.

There is no such thing as the destruction of anything in the Universe. There isn't one dead particle anywhere. What you see or assume as dead is a form of transition from one form to another.

The whole Universe is the expression of an Intelligence. And at one time I could say that matter is a conglomeration of atoms and all matter is atomic. But I will go further and say that all form is an Intelligence in activity. That Intelligence expressing Itself in which there is no separation and there is no dead particle in the whole Universe. Therefore the forces in operation

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are the twin forces of the One force of the one Being. Which we see and we call change. Then the ignorant say it is death but the intelligent and those who Know, know It is Life.

In the ordinary sense in the mind of man, good is that which gives pleasure *and* bad is that which gives pain, whether outwardly or inwardly, whether inside or outside the skin. *This* is a fact, is it not?

Pleasure is what you want, so obviously you call it good. What you do not want you call bad. Don't let us fool ourselves and spin a lot of words about good *or* evil or God and the Devil. *But* if God is, the Devil cannot be, therefore it is the non-existence of the Devil that makes up the Devil. God being Infinite *in nature* there can be none other than He.

Talking to a person today and we were talking about "hell." And I said, "where is hell?"

Says, "way down there."

I said, "well, I think a way down there, right through the other side, is the other side of the world, is it not? And where is God then, where is heaven?"

He said, "well its up there I think."

So I said, "now, really truly, is God Infinite in nature?"

"Oh yes," he said, "Absolute Infinite in nature."

I said, "there can be nothing outside Him then."

"Oh no, there is nothing outside Him."

Then I said, "being Infinite in nature, He must be everywhere, there is nowhere where He is not?"

He said, "no, God is everywhere."

I said, "well, God must be the devil. And the hell must be in God too because there is no outside Him at all. So how does it exist at all. How do you arrange that heaven is up there and hell is down there and you are somewhere in the middle?" I said, "now, if God is always Absolute, He must exist all the time and there is no time when He is not?"

"Yes."

"Well He must exist in you as well as in me and He must exist in every other being. And if there is a devil He must exist in the devil too, and He must exist in hell. Therefore where is your hell and the devil now?"

He said, "but the angel was cast down from heaven. It was the angel that became the devil."

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I said, "where did he become the devil? He couldn't become the devil inside God because God was everywhere. Therefore he couldn't become the devil inside God because God must be within him."

"But that was the angel that fell..."

I said, "now, where is heaven?"

He said, "heaven is up there..."

I told you, "that heaven was within you. Now did the Master not say, 'the Kingdom of Heaven is within you.'"

He said, "yes."

"Now," I said, "who is the angel?"

He said, "they are as the angels now."

"Don't you see that you were born angelic because of the Spirit of God within you. You are the angel that fell! And when you recognize this fact, but how did you fall? Because you saw two powers, one God and one the devil, and you were confused. And you couldn't judge which was the right one or the wrong one. And you don't know where the devil is now, you don't know where God is now, therefore you are completely confused."
And I said, "what religion do you belong to?"

And he said, "I was brought up a catholic."

"Alright," I said, "you were brought up a catholic. Now, do you know any person who is a protestant?"

"Yes," he said, "plenty."

"And do you believe in their religion?"

"Oh, no!" he said, "I wouldn't believe in their religion. Their religion is terrible."

So I said, "now, but they think your religion is to, the same thing, they think your religion is terrible too. What about the Hindu's, what about the Mohammedanism?"

"Oh," he said, "they're heathens."

So eventually I said, "well now, you have got to try and rearrange your thoughts because Jesus said to you this word, 'you must love your neighbour as yourself.' And every person is your neighbour. And if you can't do that you cannot Love God because to love your neighbour is to Love God. Now to despise one because his religion is different to yours, therefore it is all in your mind. You have created in your own mind, the whole thing is a fabrication of the mind. A fabrication of the mind which you believe is

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true.” “Now,” I said, “cleanse the mind of all this formulation and fabrications and God Who is Living in the Present, the very moment, He will express Himself through you, and you will become alive, Living, you be the Son of God, NOW.”

Change took over his face. I don't know that it is possible for him to lose all he has learnt since his infancy. But it is necessary that we should resolve all the things that we have formulated in our minds. So that we can give expression to that which is not formulated, that which has no form, that which is Uncreated is the only Creativeness there is. That which is created is not Creative. And that which we create in our own minds about the Infinite—is not the Infinite. The word God is not God. The word thunder is not thunder. The word water is not water. The word of a thing is not the thing itself. Therefore we must discern clearly what we have formulated in our minds.

And when we discern clearly what we have created in our minds and we will see how false it is, then when we see the falseness of it, it falls away completely because it has no foundation whatsoever in Truth. It has no foundation that will stand because it is a formulation or falseness created in man's own mind. Its like the Tree of Knowledge of Good and Evil that grows out of the mind of man. And the prophet says, “take hold of the Tree of Life and this will be your salvation but do not eat the fruit of this Tree of Knowledge of Good and Evil lest you die in your ignorance.”

Experience is essential to your freedom. Through experience you begin to realize what is behind the individual. Without experience you would be dormant, asleep in your limitation; yet experience without discernment and continual adjustment in the present is but a repetition of error, which brings frustration and misery. But through continual adjustment, through experience and understanding, there is freedom.

We say we do not want war, but we encourage all that breeds war. Being conditioned we create a society after our own likeness and having created such a society it turns and exploits us, so it is again the vicious circle. There can only be a sane society when we ourselves are sane, and this goes for all governments, councils, national and international.

You may laugh, but we are insane! For we are not clear thinking human beings,² and if we are not clear thinking human beings we are insane. And that is what insanity is, is it not? But I have known people who have been quite sane and expressed some different expression or ideas of Infinity and

2. See Notes on page 331

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they were counted to be insane. Why, Galileo said, "that the earth was round," and they said that he was insane. And they put him behind bars in case he would do some damage to the world. And then of course, a little later on, the thing has changed and we all know that the world is round. But who put him there? Was it not the fathers of the church that put him there? They said the earth was flat and it couldn't be anything else but flat because they said it was flat. So if you said it was round, you were insane. So it is the same all the time we see that going on. The man who took his iron boat down to the river to push it onto the water to make it sail. The people said he was insane and they looked upon him as a lunatic. But he still went on and they laughed and so-forth taking his iron ship down to the sea and putting it on it but when they saw it floating on the water, they couldn't believe it.

We are not clear thinking people. Now examine in your own mind and see if you are really sane. If you act in such a way to have enmity and anger, hate and jealousy, antagonism and you then accept this society, you go out, you create guns and munitions and you start firing at some people you never saw in your life. You didn't know them from a bar of soap but you were glad when you put a bullet through his head. Is that not insanity? What is insanity if that is not insanity?

You say you have got to protect your country. Protect your property, protect your lives. But what are you protecting? Is there anything to protect? Of course there is not, there is nothing to protect. Life is one Whole expressing Itself. It is the only Power existing. And when man knows it and understands it, there is nothing to protect, as all that protection is an illusion. The Present is the only Living time there is no other power. It's the greatest of all powers because It is God Himself. The whole world is caught up in this appalling catastrophe of antagonism and conflict that leads to war and destruction and we are the cause.

A sane person does not want to break it up, he sees the cause of the antagonism and conflict, and begins to dissolve it, first in himself. Not until he dissolves it in himself can he help others to do so.

To say it is my country and I must protect it is not finding the cause but adding to the conflict.

Therefore it is not a new plan or a new council we require to make us sane, but to know what we are in ourselves. What the matter with us is, that we are caught up in imitation. We wave flags, we listen to speeches that

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have no real understanding in them. We just become stimulated through imitation which has all the indications of insanity.

So the world is a gigantic lunatic asylum. And a great many of the people who are in lunatic asylums are much more sane than many of them who are outside. And when we begin to see clearly in our own minds and hearts, and search them diligently what is false, then we will dissolve the falseness. And that which is clear and distinct, that which in Itself is Being, that which is Creative and Living will express Itself now. Not in the past or in the future but a Living Presence that is NOW and there is no other.

How can we expect a sane society when we are not fully awake, when we are half-alert and unbalanced? If we are in confusion do we not create a society that is confused?

Many people rebel against *their* past experiences; they fight, they struggle and *they* become emotionally upset, this is the way to frustrate the present, so they become confused. If you are not confused you are tranquil, *you are peaceful*, you will not wait for another to tell you what to do, you will immediately dissolve the cause within yourself.

You require no direction as far as that is concerned.

When we are confused in mind, we are confused in body. Most of our illnesses come from confusion of the mind one way or another, *because* the body is but mind materialized.

It's the materialization of the mind. It has no power of its own but it takes on the form of our thoughts.

When we succumb to conditioning we call the result bad or evil, so we create further conditioning and we resist, *what we call*, good. We create opposites within ourselves through misunderstanding the Oneness of the Spirit in Its complete expression, *in which there is no good or evil. It is that Itself that is beyond. If there is good you must say there is evil because everything must have its opposite in the mind. If you say then that the Infinite is good then you must say there is an evil. But how can there be an evil force and an evil power opposing good? It is an utter impossibility. There can be no negative force opposing the All-Originating Power.*

We must see clearly then, as Jesus said, "let your eye be single." In that Singleness, in that Oneness there is everything. Everything. What is Mine is thine what is thine is Mine. When we understand the cause of our conditioning it dissolves away and immediately we are free of opposites.

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When all our experiences are dissolved in the present by living in the Presence now, all the forces of our true nature, made in His likeness, come into being. When we live in the past or the future we live in the illusion of separation, and this means struggle and disappointment.

If you live in the present, this very present now, can you have hate? Can you have jealousy? Can you have anger? Can you have antagonisms? Can you have death? Can you have any of these things? It is an utter impossibility. If you Live this very moment in the Present and continue to Live each moment in the Present, renewing Itself always because It is the Presence of the Almighty then there is no death. There is no antagonisms, there is no hate, there is no jealousies, there is nothing of these things, they arise out of your mind from your memories that condition you which you identify yourself with.

Jesus Lived in the Present every moment of his life then there was no death. There was no hate, there was no jealousies, there was no anger, there was just the expression of that One Living Life. And the more I read and study his words I see how unconditioned he was in every thing he did. And that is the Power that is within you too. And within all of us when we can dissolve the false. But we cannot dissolve the false until we discern the false and understand it, how it comes about.

It is the Infinite Life that is always present and is the only power there is, It is Ever-present in the individual and is not separated in another. When this is known through experience and is not merely an intellectual idea, all fear, all sense of right and wrong, all hates, all that frustrates you in the present is dissolved away. **This is freedom.**

To attain freedom you must see clearly and very definitely what is false, so that it drops away. To discern what is false you must examine deeply and observe everything that you are doing, thinking and feeling. Out of that will you not only discover what is false, but out of that will come a new vitality, a new *Living* energy that will make all things anew in mind, body and circumstances.

In fact everything will change from that very moment. I have proved it. I have experienced it.

I have been in some of the tightest corners in all the world. I've roamed the East. I have roamed in some of the great dens of the East. When I was in the Secret Service in the East, I was associated with all the cut-throats.

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I've been through, what you call, really 'hell on earth' and these places. Yet I was convinced and knew and with this power that I really had, I had it since I was child. And when I was a child I knew I had it and that's why I was fearless. I tell you I could give my parents a few headaches but that were the things I used to do. I could climb the highest tree in the place. I jumped in front of the Flying Scotsman, the express train, took the heel off my boot. I dived off the back of the ship into the deep Loch³ and did all those sort of things. I did everything you could think of as a boy. I jumped into the 'Ministers Pool,' it was great big whirlpool in the river, when you got into the whirlpool you could never get out of it. I jumped into it and proved it was possible to get out of it and all these things. And of course, in my early life in the East, I took risks that no other person would take risks. I was dressed as an Arab, I would go with the Arabs, I knew all their haunts and so-forth, and yet I had no fear. I had no fear at all. I could tell you many stories but still it shows you this, that I know, that there is through experience and experiences, that's there is nothing can harm you, there is a power that is tremendous.

When you conform to a pattern you will live in limitation, and if your pattern is not unfolding there is frustration. The Infinite Mind is complete Being now, in which there is no limitation, no pattern to fill; this Being must be our Being, there is none other.⁴

There is no pattern to fill. There is nothing to follow. That which IS, is NOW. Its an Expression of Itself. You do not create It. It is a Living Expression of Itself NOW at this very moment. And in you it is moment to moment renewing Itself Eternally. The moment is past is a memory. That moment now is an experience, it's past, but here is the Living Expression of the Almighty God, there is no other God. All this Truth is tremendous.

But I know you have not grasped the great significance of it. Too many of you, you feel it is intellectual. You grasp it in your mind but it must reach the deepest rear of your own consciousness and there feel it. In that you shall experience it. You do not experience it while it is an intellectual thing in your mind, it is only an intellectual thing. 'Its reasonable, its good, it can be true,' that's what you say in your intellect.

But I do not want to speak to you and only retain that what I say in your intellect. I want you while I am speaking to you to feel deeply in your inner consciousness the Truth of it and then you have action. What is in

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your mind is reaction. What is deeply in your deeper consciousness is action, activity. And it is action that brings transformation and not reaction.

In Reality there is no finite being as most people think. There is but “One” Being. We wear down our individual existence in the consciousness through discernment of the false and that which in the mind separates us from Infinity. In this understanding only, lies the purpose of our individual existence. The small “I” loses Itself in the great “I am” and I become “I am that I am,” the drop becomes the ocean where there is no separation, no division, no distinction.

In your present personal state this may seem afar off, but in Reality it is an actual fact now, *at this very moment. In your mind because of your conditioning it may be afar off. But the Living Present is NOW, it doesn't have to be.* That is why the present is so important not the past or the future. All great things that have ever been done by man were done when only the present existed, with nothing to interrupt the Infinite having full expression through the individual that is in no way *separated* from the whole.

Your whole being is Life's expression. You do not identify yourself with Infinite Life for you are Infinite Life. *When you begin you say, I indentify myself with Infinite Life, you are putting Infinite Life outside you. You are putting away, you are making It relative. And even when we are talking about it, it becomes a relative thing because we are thinking about it outside ourselves as something separate and distinct from it. But my words are only as a means to bring the realization of your Oneness with It, not to create an idea that makes a separate thing of it but a Living Present that is that which is alive. Good God, I am alive. I am the Livingness of that Eternal Being, cannot be anything else. I am the Livingness of the Eternal Being. Then this when all else has faded away, dissolved into nothingness.*

The story I told you about the saint. The saint on earth he was all the time searching for God. When he left this body he was still searching for God. And he learned all things that could be known. He learned everything was possible to cram his mind with everything he could know. And he reached the great shining light, it said, “what is it thou shall knowest now?” And he said, “I want to know God.” Then said the shining light, “know nothing and you shall know God.” Then when all that was dissolved away, the knowledge and everything that he had acquired in his whole mind. There the Intelligence that built the Universe, that was behind all Creation, expressed Itself through

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him. And all was him. He became the Wholeness of everything, not separated in any way but the mighty Intelligence Itself. I am that I am.

I have experienced that. In the Himalayas I remember, in this deep state of discernment when there was nothing left in the mind but a tranquil peace, a peace that couldn't be moved by anything, then I experienced the Oneness of the Universe. So tremendous was that experience that I could not recapture it even if I tried to, it's impossible. Therefore it's often we try to recapture these moments but that is hindering the expression of the Ever-present. Because you can never recapture a moment of the Ever-present. That which is moment past is memory. You try to recapture that which is Living. But you are alive and Living. And if you Live for moment to moment you will experience this.

I am not going to say you will experience it all at once but you will experience it if you really obtain that gold state of mind, where there is no confusion, no opposites and no formulations of your own to hinder the expression of that which IS. I am the Living God, when you have seen me you have seen the Father. What a Truth. My life is not, my teaching is not mine but Him who sent me. This is what Jesus said. I know what they mean to me, I know they are the same. Your whole being is Life's expression. You do not identify yourself with Infinite Life for you are Infinite Life. To identify yourself with Infinite Life you put Life apart from you. It only becomes an idea which is not Reality. The Creator and His creation are "One."

You cannot separate a part from the whole. Separation exists in the individual consciousness that is not aware...** [This is the illusion that causes frustration. This is "becoming" and not "Being."

While seeking to "become," there can never be a cessation of this continuous struggle to "become," living apart from Infinity which is an impossibility, for there is no separation in Reality.

When the "I" loses itself in Infinity there is no sorrow, no pain, no past, no future, no good, no evil, no birth, no death,] ** ...there is only the presence of the Omnipresence in spontaneous activity. *It is that spontaneous activity that was the expression of the Almighty.* The wall of separation has worn away through the discernment of your own formulations. When this is complete there is no longer any craving for the Spiritual or the material, for the scar of individuality in the Consciousness has ceased to be.

It is the scar of individuality in the Consciousness that is the cause of all struggle, the cause of all craving, the cause of *all* this separate existence,

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the cause of fear, the cause of hate, the cause of past memories and future hopes and despair.

There can be no perfect action where there is a sense of separation. It is the same mind working through the individual, the same mind that shaped the Universe before it came into Being. There is no difference in kind or quality, for it is the same and there can be no other *because there is One only*. With this understanding, our thoughts will become the product of that which was in the beginning and will take form and shape as did the Universe, for It is the Father who ever remains within me is performing His own deeds.

“Truly, truly I tell you, he who listens to my word and believes him who sent me, has Eternal Life; he will incur no sentence of judgment, he has already passed from death across to Life.” [John 5: 24 (Moffatt)] *That is the words of a true Master:*

There is not a dead person like people may think but a Living activity, a Living expression of the Almighty at this very moment NOW.

BENEDICTION

O Infinite Being, I was lost in my finite self seeking Thee, afar off.

While I was seeking to “become,” a never ceasing struggle blinded me to Thy Presence.

I gave up the struggle, and, O Infinite Father of Mine, Thou revealed to me that we were One.

Then Thy Peace came in me and in that Peace Thou didst work in and through me.

And as Thou didst fashion the Universe within Thy Being so *do* Thou express Thy Self as my Being.

O Mighty One, I am no longer afraid for I see myself as my brother and my sister, for there is but “One,” and now my joy is complete, O Wondrous One.

NOTES

- * The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Johannesburg Lecture given in the Auditorium at Escom House on Thursday night of 30th April 1953, at 7.45 pm.
1. In the Lecture Notes the next sentence is missing from the recording. The full paragraph reads: [*If you are troubled with the past or have fears for the future you are not "Being" now. "Being" exists only in the present, which is the only time there is. You can think only in the present, you cannot think in the past or in the future. You can think about the past and think about the future, but is this not conditioned thinking? For the past and the future can only be in the mind. Pure thinking is creating in the present, not thinking about the past or the future.*]
 2. In the Lecture Notes part of this sentence is missing from the recording. The full paragraph reads: [*You may laugh, but we are insane! For all are not clear thinking human beings, we are unbalanced therefore our society is unbalanced. The whole world is caught up in the appalling catastrophe of antagonism and conflict that leads to war and destruction and we are the same.*]
 3. *Loch*. Scottish lake or narrow or landlocked arm of the sea.
 4. In the Lecture Notes the paragraph reads: [*If you conform to a pattern you will be in limitation, and if your pattern is not unfolding there is frustration and failure. The Infinite Mind is complete Being now, in which there is no limitation, no pattern to fill; this Being must be our Being, there is none other.*]

Lecture 5 (21st May 1953)
(Johannesburg: 2nd recorded version of Lecture)

WHY DO WE STRUGGLE?

“Peace I leave to you, my peace I give to you; I give it not as the world gives its ‘Peace!’ Let *not your hearts be disquieted or timid.” John 14: 27.

Why do we struggle?

Is it not a fact that we are always struggling because we have faith or we have fear? See clearly don't you that faith and fear are on the same yardstick. You are fearing, you are trying to have faith, and if you are faith you are having fear of something. Well that is not the faith that was really meant when Jesus spoke about the faith, the faith that makes you Whole. His faith was a different faith altogether. And you will see that we always struggle with opposites. So when we have faith we are struggling with fear are we not? And so it goes on continuously.

When we begin to discern the activities of the mind, we find that there is a continuous struggle with opposites which means only one thing—frustration.

With most there is a continuous struggle through reactions to conditions and circumstances that surround them. *It is common in all shades of life, the rich, the poor, the educated, the uneducated, the great and the small.*

Everyone is struggling because they are struggling with opposites. Now it is easy to see what you are doing if you look into your mind. But if you just keep on struggling of course you cannot see what you are doing. But immediately you discern your thoughts, your emotions and your actions and reactions, you see clearly what is taking place.

Most people are reacting only, there is no action at all. You know when you have action, when you are acting, you find that reaction disappears. Your reaction is only on, what we call, the intellectual level, it is in the mind. But in action there is something different, there is something more concrete, there is activity.

* See Notes page 341

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Some struggle with ill-health, *some struggle* with circumstances, others struggle with good and evil, and this struggle goes on incessantly.¹

We have the idea of health *and we* struggle with ill-health, we have the idea of plenty *and we* struggle with lack. We *have* the idea of success *and we* struggle with failure. We hold the idea of freedom *and we* struggle with our conditioning, we hold the idea of good while we struggle with evil.

So you see, here is a continuous struggle all the time and why? Because it is the self that does it. Very few people understand this because they are caught-up. It is easy for me to give you an idea or an idea of something but an idea is of no value at all. Because of the fact, that an idea is not the thing itself. And what most people are doing is giving you ideas.

Now what I am trying to do is take all your ideas away from you, all your images and beliefs so that you will not be struggling. And when all this struggling ceases there is something that is Eternal and Ever-present, that is Livingness. That Livingness which is within you is the Reality. That Livingness when It is realized, then you are Living. You are not only merely reacting, creating ideas in response to another idea or an idea in counter-acting to another idea, there is a Livingness that is alive, and that is action. You see clearly then that the self is always in the way. And what is the self anyhow?

There cannot be a separate self because there is only one Whole. God is not divided. Life is not divided. Livingness is not divided. But there is a division in mans mind with the self and that self must be an illusion because it is separate and distinct. But the Livingness is not separate. The Life in you and the Life in me and the Life in the whole Universe is One, there is no separation. And that is the cause of most peoples trouble is they are struggling all the time.

While this conflict goes on, we create a greater burden. When one struggle is over another begins, our minds are filled with the effects of our struggle and therefore are incapable of true direction. How can this turmoil come to an end? *This* is the question. But the answer does not come because we are caught up in the struggle.

Now let us reason this out and see how this struggle *comes about and how this struggle* comes to an end.

When we rebel against anything we struggle, do we not? *That is so.* So we react to our conditioning because we are conditioned. *Is that not so?*

1-2. See Notes page 341

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When we are conditioned we react to our conditioning but how do we become conditioned? Life does not condition you. God does not condition you. You condition yourselves. But how do you condition yourselves? Because you struggle. You rebel, you struggle, you create opposites. You are continually creating opposites in your mind and because you are doing so you are holding onto an ideal and yet you are struggling with the opposite. Nothing external to us has any power of its own. So the trouble lies within ourselves. We have lost our God-given power of dominion.

On the other hand, if we *understand* the cause we would not rebel but work from within to remove the cause. The cause can only be removed when we understand ourselves, our cravings, our desires, our antagonisms, our greed, our jealousies, *our hates* etc., and how they come about.

It is easy to see how they come about. The great thing is to see how they can end. If you see then what they are, how false they are, they will dissolve away and drop from you and then you are free. But if you start rebelling against the conditioning, you are creating an ideal of something that is in opposition to your conditioning, therefore you hold onto your ideal while you struggle with your conditioning and consequently you create a greater burden.

The Presence is always present and there is no such thing as lack, no evil or ill-health, hate and the like in the Presence; and the Presence is the only Reality, and all there is. *If the Presence is all there is because there can't be anything else. God is not divided. Is there anything else beside God, ask you that question? There cannot be because He is Infinite in nature. Can there be any other Substance but His? There cannot be because He is Infinite in nature. Can there be any other Life but His? There cannot because He is Infinite in nature. Can there be any other Living? There cannot because He is Infinite in nature. Therefore don't you see, the whole thing lies in the Presence being the only thing there is, the Presence. And because It is the Living Presence, Life alone created everything out of Itself.*

First of all we begin to see the substance of matter. We begin to dissolve matter into its atomic form. And we find then we begin to break these things up there is nothing at all, as it were, that you could touch or feel or see, it disappears into nothingness. And what does it disappear in to? When matter is not separated from energy because matter separated from energy does not exist. Therefore we see that energy itself cannot exist by itself, its an Intelligence

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in action. And this Intelligence is the fundamental activity of the whole Universe upon which everything is built. And Life is Intelligence, that is an active Principle of Life. But then you see there is the dual nature of Life which is not separated from Itself, that is the Consciousness. Consciousness then becomes the core or the directing Power of Life. Whatever you are conscious of so it is unto you.

Consciousness directs the Intelligence to out-picture according to what the Consciousness holds and therefore that is why you have your troubles. You do not see that the law is this, there cannot be anything else, that the Consciousness directing an Intelligence, that is infallible in Its nature, and according to your conscious awareness of that particular thought or image so is it produced. That is the Universe.

Therefore don't you see, Life Itself is the cause of everything because Consciousness and Intelligence is Life. You cannot see Intelligence, you don't know what It is. You have never seen Consciousness, you don't what It is but you know that IT IS—I'm conscious.

Supposing now that you dissolved away all your thoughts, your images, your beliefs, your antagonisms and your struggling that you have in your mind. What would happen when you dissolved all these things away in your mind? Your mind would become quiet, would it not? There would be no resistance and no struggle. And because there had been no resistance and no struggle the mind would become quiet, not a forced quietness. But some people think that they could sit down in a corner and hold their mind in subjection. That's like putting a little child in a corner. Putting his face to the corner because the mind is continually agitated. Therefore there is no quietness in there because there is continuous struggle. But if you then saw all this in your mind and knew and understood it, what would happen to this? It would pass away would it not? Because whenever you understand something it just disappears, is that not so? Alright then, your mind becomes peaceful and quiet, not a forced quietness, not a quietness brought about by your willing it to be quiet. But a quietness that is in itself part of its own structure. A part of its own peacefulness and that Peace being Eternal and Ever-present is in the mind. In the deeper strata's of the consciousness, there Peace lies.

When the consciousness then on the outer surface is not irritated, is not affected by your struggle because you begin to understand what it is, it

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passes away and the deeper strata's rise to the surface. Then that quietness is there and in that Peace and in that quietness Reality is experienced. You begin to experience Reality. And you find that there is no separation between yourself and your brother. You find there that you are the Whole. That the One becomes the Whole because the One is the Whole and the Whole is the One.

When we rebel against anything we struggle, do we not? So we react to our conditioning because we are conditioned. Nothing external to us has any power of its own. So we see how these things have no power of its own therefore everything is created within ourselves. Then how do these things come into being? When this is known struggle ceases.

The problem then is ourselves. But how can we dispense with this self that is the cause of all this misery? We can only do this by seeing how false the self is, with all its make-up which is illusionary. It is the illusion of the self that must be dissolved through deep discernment of what it is.

Therefore there cannot be a separate self, its an utter impossibility. What is that separate self then? I told you before, if you look into your mind you will see what that separate self is; it's your cravings, your desires, your hopes, your pleasures, your pains, all these things belong to the self. All your struggling belongs to the self. All the opposites belong to the self.

*When that which is Real in Itself takes its place through the quietness of the mind, you will see that there is no struggle. There is only a Consciousness that is the controlling factor in all Universe. And the Intelligence, the active Principle, out-pictures what the Consciousness directs—**that's the Law!** And as you see that's the Law then there is no struggle because you Know what is behind all Creation. And you Know your own Creativeness is not separate, Infinite, but One. So the Consciousness of God is the consciousness of man.*

The Son of man becomes the Son of God when he realizes who he IS.

*...Mary switch that off will you... ***

[Recording ends here]

When this is accomplished the self dissolves away and we learn the art of pure action from within, which sets in action ways and means without struggle, knowing that there is no opposing force, no other power, therefore the Law fulfils itself according to our understanding.

Pure action alone brings results without struggle, while reaction to things external is always a degree of misunderstanding. When we discover that we

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are always fighting reactions without understanding what they are, we will begin to wake up to what we are doing, otherwise we hold on to them. This happens whether they are pleasurable or painful.

We generally accept the pleasant and deny the unpleasant. There is very little difference between the one who is seeking pleasure through God (?) and the one who is seeking pleasure through sensate desires. Are they not both seeking pleasure through different planes of consciousness? The One seeks gratification through God (?) and the other seeks gratification through sensate things.

The so-called Spiritual person says, I do not like theatres, cinemas, physical adornment etc., and follows his ideal. He denies the worldly pleasures and follows his ideal that gives him pleasure. But the so-called Spiritual man is also seeking pleasure, as does the man who seeks pleasure through the sensate things.

Both are stupid because they are the cause of struggle and misery, not only within but without. While the one pursues the materialistic struggle, the other follows his belief, a struggle between good and evil and other beliefs. To him terms become very important. "Your God" and "my God," "your ceremonies" and "my ceremonies." "I am a Christian," "you are a Jew," "I am a Mohammedan" and "you are an infidel." Just as one creates havoc in the world so does the other. In fact the so-called Spiritual man does more harm.

It is easier to deal with the sensate desires in which one is pursuing pleasure, than one who is pursuing pleasure through ideation. The latter is much more dangerous, because he is pursuing his pleasure through his ideas that divide men more than things divide men.

The Left and the Right are pursuing ideas, not things. If they were pursuing things it would be much easier to come to terms. It is because his ideas are more important than things, and his belief is superior to yours and so on, that he lives in separation. The system becomes more important than the distribution of things. It is not things that are dividing men but ideas.

There is sufficient scientific skill in the world to produce food and things for everybody. But the ideas of nationalities such as the English, the American, the Chinese, the Russians and the many different racial antagonisms are preventing man from making plans for world distribution. Therefore the struggle and misery in the world is increased.

WHY DO YOU STRUGGLE? (J/BURG)

When I begin to understand the material I can proceed step by step to the deeper things. There I can find out what is Real and what is false. But when I assume I am different because of my nationality, because of my belief, I will dwell in the illusion of separation which brings struggle and misery into the world.

It is only when I come to that point where I can find out the significance of Life, what it really means to love my neighbour as myself and not a dictionary meaning, not a theological or a philosophical meaning for me to follow, when we come to that point we can discuss the dreams of our ideals with goodwill. Therefore the understanding of what is true and what is false gives freedom and therefore happiness.

It is only when we reach the source of our Creativeness that we can sleep at night undisturbed by our success or failure, our pleasures or pains, by our differences etc. We will sleep peacefully understanding the Law of Creation, and while we sleep the "Lord" is preparing the way. The Higher Intelligence will be active in our affairs.

At first you will perhaps not find immediate results, but to be assured that the Presence is always immediately present is sufficient. One must be careful not to make the mind unstable by the conflict of opposites. "Thy faith hath made thee whole," the Master said. It is this understanding faith that you must have, then the Infinite Life will be given free expression.

When you understand that it is the Father who is ever working in you, you will know that results are assured. "Whatsoever I see my Father doing so I do in like manner." If you can understand this then there is pure action, which is creative.

It is difficult for the one who is conditioned to discern the difference between pure action and reaction. We must understand that all things external are relative, and what is relative has no power of its own except the power we give to it. Remember that struggling brings frustration and fear.

When we fear, our faith is on the same yardstick. We measure them both by our success and failures so we fail to see the faith that the Master meant, which was the Father within us.

We create ignorantly in fear and faith. What we think in fear and think in faith equally produce because we live in opposites. So there is continual struggle with opposites.

When we are ignorant of the Truth of our Being we hang on the pendulum of both fear and faith, we swing backwards and forwards according

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to our reactions. But when we know our oneness, our “Being,” we see that these impostors are but reactions to our feelings—our state of mind. Therefore we understand the cause of our struggle and our struggle ceases.

As long as we are ignorant of our Being, unaware of the Presence as ourselves, we will never realize that the Creator and His Creation are one. This is the cause of the reverse action that causes struggle.

Within the Presence (the Life) there is everything, therefore the “Presence” (the Life) creates by becoming the things It makes. “I am the Life.” “When you have seen me you have seen the Father.” This is not merely an idea, but an experience we have when we are “Being” and not becoming.

“The greatest amongst you is the Servant of all.” When the Master said this to his disciples, he had been explaining the law. The Servant was the Presence that knows all things, and is the Creativeness in man. You will see that this Creativeness can only come into being when you love your neighbour as yourself, for the Creativeness of the Presence is in your neighbour too.

If we condition ourselves by hate, by jealousy, by fear, etc., we will express our conditioning.

The great Truth should be our experience, as it was with the Master, “I and the Father are one.” It made him the greatest figure of all time and it can do the same for us, he told us that the things he did, greater things would we do if we would but believe (understand).

The transforming power is within all of us. It transforms our thinking. Our thoughts are turned into projectiles of Love, our faith moving mountains. As we discern all that hinders the “Presence” in us we will give up the struggle. Then the Creative Power of Love will create that which is acceptable to Him who created us in His own image and likeness, then you will be the Son of God,—son of man.

John 18: 37, “so you are king?” said Pilate. “You!” “Certainly,” said Jesus, “I am a king. This is why I was born, this is why I came into the world, to bear testimony to the truth. Everyone who belongs to the truth listens to my voice.”

BENEDICTION

O Son of Man, awaken to the Presence that is Eternal and Ever-present within you.

Then, O Son of Man, there will be no more struggle, for Love shall fill your heart.

The Son of Man becomes the Son of God when he loves his neighbour as himself.

The Divine Design within is waiting to express Itself when you see the false you alone have created.

Then you will be the Son of God, O Son of Man.

* The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Johannesburg Lecture given in the Auditorium at Escom House on Thursday night of 21st May 1953, at 7.45 pm.

1. In the Lecture Notes the paragraph reads: [*Some struggle with health and some with ill-health, others with circumstances, others struggle with good and evil, and this struggle goes on incessantly.*]
2. In the Lecture Notes the paragraph reads: [*We have the idea of health but struggle with ill-health, we have the idea of plenty but struggle with lack. We hold the idea of success while we struggle with failure. We hold the idea of freedom while we struggle with our conditioning, we hold the idea of good while we struggle with evil.*]

*ADDITIONAL MATERIAL
FROM PRETORIA SERIES
(Fragment of a Recording)*

NOTE

The following recorded fragment was recently found attached to the end of another recorded lecture. Apparently some of the original wire recordings were reused by recording over the top of a previous recording.

The Full Lecture Note is printed along with the transcription into text taken from the small fragment of this recording.

Lecture 8 (2nd December 1952)
(Pretoria)

WHAT IS AWARENESS?

“Set your heart on the higher talents. And yet I will go on to show you a still higher path.” 1 Cor. 12: 31.

**...is very important indeed because it is what is awareness? And it is difficult for the majority of people to understand what some people think, that the world is thought itself, but it is not. The “awareness” is a Consciousness but it is not a consciousness that is, as it were, thinking but a Consciousness that is passive. In that passive Consciousness then, there is “awareness,” Creativeness.*

Creativeness is in the Uncreated and not in the created. So “awareness” is the beginning of Creation or the Source of Creation. And it is difficult for the majority of people to understand this because you are always thinking of a thought or an idea or an image. An image in the mind which you create then you are caught-up in the image. You no longer have awareness because of the image in which you are caught-up in. But you can be aware of the image and aware of the image and yourself as one then you will be aware. But if you create an image in your mind, as the Christ is aware, of the relative world as it is because it is Creation and understanding that the relative world and the Infinite world are linked together as One. The one is the Uncreated and the other is the created. The same with “awareness.” Awareness is the Uncreated Consciousness within man himself and that which is created is the manifestation.

Now if you are caught-up in the manifestation such as an idea or an image, then you are no longer aware, there is no “awareness.” Because you are caught-up in the created therefore you fear the thing you created yourselves. Naturally you are caught-up in your fear then it starts the vicious circle.

It is so essential then that we understand what “awareness” is. I cannot give It to you. You have to know It yourselves. But if I guide you towards It through words which are relative you will find it as every real student does.

* See Note page 350

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Now Awareness is not analysis. To analyze something you can never have Awareness because you are always analyzing something external and the awareness is caught-up in the analysis therefore there is no Awareness. Therefore analysis is dead, Awareness is Life.

The majority of people talk so ignorantly of that which is within. Do we not talk of that which is within as something that is separate from ourselves? So we create an image of that which is within. But that which is within is not an image, it is not an idea nor a belief.

It is a Livingness, I am the Life. But now don't try and make an idea in your mind about 'I am the Life.' Even my words tend to make you create an idea in your minds regards what Life is. But you do not know what It is. You cannot reason what Life is because It is beyond your reason. You cannot reason what "awareness" is because It is beyond your reason. You cannot reason what consciousness is because It is beyond your reason. Why can't you reason what consciousness is? Consciousness is all the time reasoning something external to itself. Consciousness can never be analyzed because consciousness is always analysing something external to itself. Therefore if you tried to analyze consciousness, consciousness begins to analyze something external to itself therefore consciousness is impossible of analysis. And if you recognise at once that your consciousness and your thought are one and they are not separate because one is the other then you will gain Awareness. Because you will not separate one from the other and be caught-up in the created but you will know that you are the creator of that which is created.

Now, Awareness is most peculiar and it is one of the greatest stories the world has ever known and the Masters take great pains in telling their chelas or giving their chelas a guidance towards it. And that's what I am trying to do this evening, is try to give you a guidance towards it.

Now, an image, an idea, a belief is self-created, so we create an image, or an idea, or a belief in a God according to our own standards, each having a God of his own, separate and distinct from the other and certainly separate and distinct from ourselves.

Look into your minds and you will see that this is so. Then this thing within is worthless to you, it has no more power than an image, an idea, a belief which has no power of its own *because it is a created thing. A created thing has no power of its own only that which is Creative has power. And the Creative is the Uncreated, the Awareness.*

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You have seen me when I say 'Awareness' when I become Aware. Now I can create. I can move. I can create. You understand now what I mean? Then I know that I am not separate from that which I am creating. Then I am aware of what I have created and aware of myself as the creator, not an idea of myself but Awareness that is not an idea. Therefore a belief which has no power of its own only the power you give to it, therefore your God is a relative God and what is relative has no power at all, therefore your God is a false God.

Self-made God dies with the self. The self dies but Life goes on. Life is Eternal and Ever-present. And when you look into the mind of Jesus the man you will see everything I am telling you is true. He knew it. He understood it.

The prophet, seeing the truth, says, "thou shalt not have an image before me." Therefore an image in the mind is just as false as an image of stone or wood or any other kind of image which the majority worship at a shrine, a shrine that is outside themselves.

What I want to do in this lesson is to show you the falseness of "an image, a belief or an idea" of Reality. Without this understanding there can be no love, no freedom, no relationship with one another, only an isolation which we build up through our ignorance of the truth of our "Being."

We build images out of things external.....

(Recording ends here)

Those who are always talking about the truth and have no awareness of "Being" are in the same position as those who know nothing at all about "truth."

It is only when we begin to know the process of thought, images and ideas do we find that which is "beyond," then you will know yourself to "Be" now. This "Being" is a continuous conscious renewal of Life Itself. When you know yourself to "Be" which is not an image of that which is within, there is "awareness."

This "awareness" is not a thought, nor an image, nor an idea, it is not something apart from yourself. I cannot put it into words, to put it into words would make it relative, that is why I cannot tell you what it is, even when I am talking, you are trying to make an image of it. But if you can stop your thought-process you will find that which is beyond your thought-process, you will begin to "understand."

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Your thinking or thought-process arises from memory and experience, you can only think about what you know, your experiences, your hopes, your ideas, your memories etc., but you cannot think about that which you do not know, therefore when you stop thinking and speculating about that which is, beyond, “awareness” comes in the silence of the mind.

This then is the real you, that is Eternal and Ever-present, but immediately you begin to think about it, don't you see you make it relative again? It becomes an image, an idea in the mind.

Life is serious, life is very earnest. It is only the empty-headed and the dull at heart who are trivial and if you are bored with the serious things of Life it indicates your immaturity.

Life and death is a question with which everyone is concerned, no matter who they are, from Kings and Queens down to the most humble in the land.

One may be a high official of the church or of the nation or of the world with titles, wealth, position and red carpet etc., but there is the inevitable end on it all—physical death. So most people are desirous of a continuity, not of Life Itself but of the relative world—but physical death puts, an end to it. Do you understand what I mean now by the “relative”?

Unless we can have true values we are lost in the relative, all our thought-processes will not discover the Real. So the problem is how to have continuity in spite of death.

Now you want an assurance from me! If I do not assure you, you go to someone else or to your books or to the various other forms of distraction for an escape.

This is the eternal problem that eludes the mind and because the minds of the majority are clogged with images and ideas and beliefs the awareness of Reality is submerged, so the task is to free Reality from images, ideas and beliefs that clog the mind.

These images are the prison walls that we create for ourselves. The only escape is to discern them, and all that is in the mind before we can understand what it is, but few have the capacity to do so. Yet it must be done by yourself and yourself alone before freedom comes, and when you are free from all that hinders the expression of Reality, there is “awareness,” the Real Self is **revealed through awareness**. Your Real Self is also within every other Self for there is no separation in Reality. “I am in you, you are in me and we are in the Father,” “the Father and I are one.”

WHAT IS AWARENESS?

This wisdom can only come when the outer self has dissolved away with all its appendages of hate, envy, greed and superstition. This self is the foundation of separation which is false, having no existence in Reality.

Now, when you try to free some people they only create more images, images of themselves as this and that. It is that which creates the image that is Real. Consciousness is creative, Consciousness is cause! And Consciousness alone has awareness, but you cannot discern or analyze consciousness, it always recedes and what you are analyzing or discerning is relative.

An image has no awareness, has it? Images change, do they not? And the point is lost again! It is not by thought-process that Reality is reached but through deep discernment of that which is not Reality. Then the realization of your awareness, your Real Self, takes place. Now, do not try and make an image of it, because it is not an image. It is "Yourself," the Real you. "I am the Life," "the Father and I are one." This is not an image in my mind but a complete realization of my oneness with the Father.

When we analyze anything we create images about it, but what we analyze or create images about is relative and not Reality. Images are of the mind, but Reality is beyond mind. What is in the mind has a beginning and an ending, but Reality is Eternal and Ever-present.

Yet images do not bind you if you are ready to change them at any moment, when new knowledge comes along. But images have no power of their own but will bind you when you believe in them. Images, ideas and beliefs will die and fade away, but that which creates remains Eternally and Ever-present. You can go on analyzing till doomsday but that will not lead to the Real, because you will be caught up in your analysis. In discerning the false we must not be caught up in that discernment but be able to stand aside and watch the process taking place.

I felt at this stage of the course a complete lesson on awareness was necessary, so that you can become really creative, and only through that which is creative can true creativeness be established.

Therefore to be aware is not to have an image of yourself but a realization of our true self and not a separate self. This comes only when you have eliminated all images, ideas and beliefs in a God outside yourselves.

Creativeness, which is myself, is never separated from the mighty Intelligence which is behind all creation. It is my active partner with a knowing how, out-picturing what I am aware of—this is creation. Creator and creation are not separate, the cause and effect are one.

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When we see the effect we know the cause and when we are aware of the cause we know what the effect is going to be.

This is the self-revealing process of Reality, it fulfils the direction of the consciousness, and the consciousness of man can be none other than the Consciousness of God, God being Omnipresent and Omnipotent and Omniscient. Therefore the Universe is ready to fulfil what you are aware of, “whatsoever I ask of the Father He will do so unto me.”

No one knows what electricity is, but we know that it is, for we see the manifestation of electricity in the form of power, also in the form of lights, millions of them in the city, but only one electricity behind them all. This electricity responds to our direction when we follow out its law of operation.

Here we see an Intelligence in action which is automatic in nature when we act on the law upon which it operates. This is the Universal Intelligence in which we exist, and we consciously or unconsciously direct this mighty power into operation, for and against us according to our understanding.

Is it not necessary then to know that which is false so that our consciousness will not be caught up in reaction to effects external to ourselves? We know that we cannot destroy matter, we also know that we cannot destroy energy, but we can direct it so that it can transform matter.

We learn that the mighty Intelligence is automatic and responds to the direction of the consciousness.

When you are consciously creative the Intelligence automatically out-pictures the creation. Yet the form can be transformed through a change in consciousness in regard to it.

Now, do not make an image of yourself in your mind, you will lose yourself again.

My Creative Consciousness remains the same always, yet I can transform the form or the image I create. Can you grasp that now? Disintegration is but the transformation from one form to another. Consciousness is cause.

Do not try to image it now. The mind must be still, then you become aware of your awareness. You will not know what it is but you will know that it is, that is why you cannot make an image of it, any image is an illusion and is not It. You can only see the outer self with all its thoughts, emotions and reactions, but you cannot see your Real self. But by understanding your outer self, which is the illusion, you will come to know the Real, not that you will know what It is, but you will know that It is, that it is “you.”

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The simplicity of this great truth escapes those who have developed the intellect at the expense of the Real, so they worship the mentality as a God, a God of good and evil. This is the tree from which you must not eat the fruit, lest you die in your sin, that is without knowing the Tree of Life, which is Eternal, which is your salvation, the Ever-present Reality.

In Life alone lies the power to heal, the power to save man from himself. Divine Faith is Life expressing Itself. I am the Life, the same Life in the Father is in me, the same Consciousness in me.

Consciousness is in Its creation, but is not limited by its Creation. If you are limited by your body or your mind then you are not aware of your Real Self. "I am" not bound or limited by my belief or image I create. I direct and control my mind and brain and use them as a means of creation. "I am" my real self not separate from you or from God, my Father and your Father, "call no one your father on earth for one is your Father who is in heaven."

If you do not yet grasp or understand you must not worry about the Truth for that is worse than creating images about the Truth. Just see the "not-I" things, the things that are not you, then you will begin to understand. You cannot discern the Real, only the "not-I" things.

When awareness of the Self is realized, things no longer matter very much. Conflicts which were once a reality to you no longer exist now. For the Real Self expresses itself in Love, Wisdom and Power and is capable of solving all problems.

"Love never disappears. As for prophesying, it will be superseded; as for 'tongues' they will cease; as for knowledge, it will be superseded. For we only know bit by bit, and we only prophesy bit by bit; but when the perfect comes, the imperfect will be superseded." 1 Cor. 13: 8-10.

BENEDICTION

The door opened before me because of Thy coming in the likeness of our Father. Everything shone with Life as I understood Thee, O Blessed One.

The ground on which I stood thrilled me because of Thee, and everywhere dumb Nature revealed Thy Presence. Thy touch everywhere revealed Thy Nature and I sank into Thy Perfume of Bliss, O Blessed One.

THE SPRING OF LIVING WATER IS WITHIN

I beheld Thy Sanctuary hidden within the Silence of my Soul, and upon Thy Alter of Sacredness plays Thy Fountain of Joy, O Blessed One.

With my heart full of Love, I catch and drink Thy Living Water, then I know I need thirst no more, O Blessed One.

* The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Pretoria Lecture given in the Pretoria Women's Club, 4th floor of the Sanlam Building on Tuesday night of 2nd June 1952, at 7.45 pm. No recordings exists of the Johannesburg lecture.

So ends the South Africa Lecture Series. Murdo's last appearance before his students was on 22nd and 25th of June 1954 (at Pretoria and Johannesburg respectively) where he gave a talk about, and a presentation of slides of his trip to Tibet.

This coincided with the release of his book "*Beyond the Himalayas.*"

Murdo then left South Africa on a trip before undertaking his final tour in England where he gave a series of lectures before passing through transition in London on 26th February 1955.



**DR. MURDO MACDONALD-BAYNE M.C., PH.D., D.D.
(1887 –1955)**