

Life More Abundant

(LECTURE NOTES 1951)

**As Given in Series By
DR. MURDO MACDONALD-BAYNE**

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Originally given out as lecture notes in advance
to students in South Africa in series in 1951

First Paperback Edition.
2009 MYSTICA PUBLICATIONS LTD

ISBN 978-0-9582774-7-1

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NEW ZEALAND

ACKNOWLEDGMENTS

This volume could not have been put together without the assistance of: Clothide Scheffer, Corrie & Margaret Straub, Paul Straub, Harry E. Knowles, Louise Wade and David & Daisy White all of South Africa and Debbie Bowden of Christchurch. Also thanks go to Bruce Hogarth of Christchurch, New Zealand for his assistance with the sound recordings.

PUBLISHERS PREFACE

A great portion of these lectures have not been made public in printed form since they were originally given out in South Africa by Dr. Murdo MacDonald-Bayne between late 1945 to mid 1954.

Murdo was very specific about how his material was to be released. His lectures, given in serial form, followed the ancient method of teaching or transmission of knowledge from master to disciple, a method used by both Western and Eastern Mystical traditions. The format was one of a spiral system, always returning to a subject or point, but each time revealing a bit more and advancing to another level in awareness. Murdo stressed repetition of re-reading his books or lectures to his students. He stated, “the style adopted in these Lectures is intentional and the repetitions are deliberate. The double object is to convey the Truth to the mind. It is through this unique form of wording and of repetition that the student is able to grasp the reality that is invisible and which is the basis of the visible. When we understand the invisible we are more able to understand the visible.... I trust that you will progress through these Lectures diligently, quietly and slowly. Repeat the process as often as you can. The more often one reads, the more one begins to understand.”

It is therefore to be noted that these Lecture Notes only formed the basis for Dr. Murdo MacDonald-Bayne’s talks from which he gave further explanation on the actual night. The Lectures Notes even on their own are still very inspirational and full of wisdom. With the advent of the sound recordings it is then possible that we are able to present the full lectures as given by this great teacher.

MURDO’S BIBLICAL REFERENCES

Besides the standard King James Version, Murdo often quoted from two other sources, Moffatt and Eastern Texts:

- (1) “A New Translation of the Bible containing the Old and New Testaments.” James Moffat (translator), revised, 1935. Harper & Brothers, New York, 1935.
- (2) “Holy Bible: From the Ancient Eastern Text.” George M. Lamsa’s Translations from the Aramaic of the Peshitta. A.J. Holman Company, Philadelphia, 1933.

PUBLISHERS NOTES ON

“LIFE MORE ABUNDANT” *(LECTURE NOTES 1951)*

The following lectures were given in Pretoria, South Africa, between 6th February and 4th December 1951. (The same also being given earlier in Johannesburg between 12th October 1950 and 14th June 1951). The Lecture Notes could be purchased in blocks of ten prior to the series being given. A full account of these lectures combining the Lecture Notes and a transcription into text of the 28 known sound recordings have never been made public until now. This edition is now the definitive version of the full inner course as given by Murdo to his South Africa students.

This extraordinary and wonderful series of Lectures are devoted to the life and teachings of the great Master Jesus. Murdo’s explanations of the Master’s sayings and parables reveal the man to the genuine seeker as well as the Christ Principle in us all.

NOTES ON THE RECORDED LECTURES

Included in this book are verbatim transcriptions into text taken from the known 26 original ‘wire’ sound recordings from the Pretoria lecture series plus 2 recordings from the Johannesburg series. Except for 3 below par recordings, they are of good quality. Each recording has been edited to remove the residual noise to a level that does not interfere with the vocal. Extraneous noise such as coughing, hall, traffic noise, and Murdo’s long pauses have been removed (with the exception of a severe thunderstorm in one of the lectures and a passing brass band playing “Colonel Bogey” in another.) Wire breaks and undecipherable speech, announcements and talk errors have also been removed to avoid confusion.

These definitive recordings retain the core inner teaching as given in his closed sessions and therefore are not made for purists but for the sincere students of Murdo’s teachings today and the future (MMB 5033-60).

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* No original wire recordings currently exist of these Lectures.

Lecture 1 (6th February 1951)

**IT MUST HAVE BEEN DONE BY SOME LAW OR
SCIENCE FOR THERE CAN BE NO SUCH THING
AS ACCIDENT WITH GOD***

“But the news of him spread abroad more and more; large crowds gathered to hear him and to be healed of their complaints, while he kept in lonely places and prayed” Luke 5: 15-16.

I had a person come to me not very long ago, he had rheumatoid arthritis of the knee. He said, “as you know I can’t kneel down to pray now.”

I said, “why do you have to kneel to pray?”

You do not have to kneel to pray. So I say this, “prayer is the recognition, a realisation of one’s oneness with the Creator, with that which is Real, that which is Whole. It was this awareness that Jesus had all the time to become strengthened through his awareness of this Truth. It is only prayer as a means of strengthening you and if your prayer is Real then you are strengthened through your awareness of your oneness with Reality, where the Creativeness is in you. It is in the great Silence and the immensity of Being, can this Creativeness and awareness be understood. It is not in the noise that comes from outside, it is not from the relative world but from a feeling that the Creativeness of the Universe and yourself are one, and that was the Master’s prayer.

We are so often bound by paralysing suggestions that come from our crude thinking, suggestions that are accepted and acted upon without question. We are subject every moment of our lives to these paralysing suggestions, the product of our race thought, while we ourselves are often caught up in the process because we accept without question and act upon these suggestions, the result of which we are well aware of.

* See page 20

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I see this everyday. A person comes to me and she says, "you know somebody said this and somebody said that. That this is why we are suffering from is this and that."

I said, "why are you listening to those suggestions. You come here in fear, full of fear because you believe what these people said what was wrong with you, that it is a truth. Now you see it is in your mind. You believe it to be true, but it is entirely an error." After I prove to her that the error is in her mind and then the condition begins to disappear and a quietness comes over the mind where fear disappears.

Now, why? I will tell you.

Mind is a substance that can be changed by the thoughts that are sown in it and matter is mind substance in form. Therefore mind is a Spiritual substance that can be changed by the power of thought.

It is what we think. Therefore fear and faith are the same thing. What we think in fear and what we think in faith so we produce.

So it is being as the Master said, "unless your eye is single." It is not the double-minded creature, fear and faith, one battling against the other, but an awareness of the Truth that is not double but single, in Itself complete. In the mind there is this duplicity but not in Spirit.

Impressions of fear, worry, sickness are given to us daily, while emotion is often the main cause of those spontaneous suggestions that enter *into* the mind. Like seeds they fall while the individual is unaware that they are being sown.

In a state of emotion, an emotion of fear, the seeds fall and they begin to grow in the soil of the mind (that) has been prepared for its growth through fear. Also the mind can be prepared for the growth of a seed through faith. But I am trying to show you this, that it is not the idea that is going to cure you but the Living Presence of God, the Wisdom of God, that is established in you now, that is the only cure.

Our opinions have a strong suggestive influence upon us. Our race feeling and antagonisms leave a deep impression *in* our minds. Our minds, like the earth, are fertilized by fear to receive the seed.

This substance, mind, accepts truth and error and is governed by truth and error, the fruit shows which of the two governs. *Fear or faith, truth or error.*

IT MUST HAVE BEEN DONE BY SOME LAW OR SCIENCE

If the error then is established in your mind and you believe it, then you will know what governs the mind. But if you understand the teaching's of the Master, you will see how clearly he makes it plain, that his healing was a science. Not healing done through ignorance but healing through the Truth. You can have healing through ignorance and you do not know how the healing took place. What can you gather from that? Nothing. But when healing is done through the Science of Truth, through the Wisdom of God, then you know how it is done, then you are the wiser.

If mind is directed by the Wisdom of God no bad results can follow, but if it is directed by error and ignorance it shows forth the error.

*The Wisdom of God is Perfect and is **now**, existing at this moment.*

Wisdom works by law like the law of mathematics, but error has no law. Therefore the destruction of the error comes by the introduction of truth. Matter is not destroyed but the error is dissolved because it has no life or intelligence in it. It is man's own creation.

The only existing Intelligence is the Wisdom of God, but (it) has Intelligence and Life. The error has none, therefore it dissolves away, as the error in a sum passes into nothingness where it belongs.

Now let us see the action ideas have upon us. An idea accepted by the mind causes certain cells in the brain to become active. Acceptance is the first process, and transformation is the second, we see *then* what is produced.

How clearly this whole thing is. For the simple reason is, that the brain matter is a mind substance of a negative nature while the mind which is interpenetrating it is a substance of a positive nature to it. Therefore whatever the consciousness is aware of, the mind creates the idea. The idea-ing stimulates the cells of the brain into activity, and brings action there according to the intensity of the idea.

If you think of your hand or your leg or your foot, whatever the case may be. In a minute or two you will feel the energy flowing there. Or if you believe that certain thing is happening to your foot or arm, you will find also that the sensation is there because of the fact that the idea stimulated the brain, the cells connected with the

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hand or the leg, therefore you have an effect in a particular part of the body according to the idea you hold in the mind.

The mind controls the brain, the brain is mind in a negative form which responds. It is the instrument through which physical expression takes place.

The cells of the brain have a *certain* action upon their corresponding parts of the body. For instance, when we think of an arm or a leg or an eye there is a definite reflex action takes place between the two, causing action according to the intensity of the idea or thought in the mind.

Very simple is it not. It is very clear to one who understands. But the Wisdom of God is always in operation and I have told you so often, when you take off the brakes, God does the work.

The mind interpenetrates the brain and by the process of ideas, impulses are created in the brain cells, energy is released in a particular area of the body revealing a change in the tissue structure through chemicalization.

From a chemical activity every thought is expressing itself through a chemical action in the body. The body in fact, is electrical in nature, just two poles working positive and negative, working in harmony with one another, creating activity, just as a battery does.

Every cell in your body is a mechanism of its own, having independent action to move or do according to what the mind directs. If you then are single-minded aware of the Truth, the Wisdom of God will manifest. But if you fear a certain thing, the idea in your mind created by fear and the emotion of that fear will stimulate the idea so that you feel the sensation through a chemicalization on the body.

When Wisdom and Truth are in the mind, *natural* healthy impulses are created. When error is dominant so is the same process in action. Wisdom dissolves error because wisdom is eternal and true. *It is God's Action* while error is just an idea, a belief that has no Wisdom or Law in it.

So you create an idea in your mind, a relative thing, it is not a Reality. You have a belief in your mind, it is a temporary thing because your belief can change, your ideas will change but the Wisdom of God never changes, it is Eternal and Ever^{} (-present.)*

* A small break in the wire recording occurs here.

IT MUST HAVE BEEN DONE BY SOME LAW OR SCIENCE

Life is the Active Principle, not the brain or body for they have no power of their own, they only transmit what you feel and think. Therefore I say that “the Truth” is your salvation.

The prophet spoke of the two Trees in the Garden of Eden—the Garden of the Soul—the Tree of Life and the Tree of Knowledge of Good and evil. You are told to forsake the one and cling to the other so that* (you would be saved.) Forsake one in which good and evil grow together and cling to the Wisdom that is Life. *Best your eye be single.*

In the mind you always have two opposing forces. In the mind there are always the opposites; health, ill-health, success, failure and so forth and you are continually creating opposites. Unless you discern the fact that you are creating opposites you will always be troubled by the opposites. So therefore, if you think of health, the ill-health is also there. You must become aware of your Creative Force, the Creativeness in the Silence of your being and there you will find the immensity of Being, of the Whole. The Creativeness exists as an Eternal expression of the one in all, you, me.

The word “fire” does not mean the substance to be consumed but the process of consuming it, the fire is subject to our direction.

The power that governs mind is Spirit, Consciousness. Spirit is Wisdom that knows the Truth and applies it.

A thought may be sown in the mind while we are in ignorance of the Truth and it comes forth. A peculiar sensation is produced in the chest, the consciousness enquires and the answer is “bronchitis,” so the Spirit in man is disturbed and tries to get rid of the enemy. This disturbance is the effect called disease. Now if no name had been given to it or fear existed the idea or tree would have died of itself. But immediately you recognise it, you give it power in your ignorance. Thought has no power but the power you give it.

So you see, that you struggle with these things. Yes, the Spirit in you, the Consciousness in you is the Spirit. But the Consciousness is not aware of Itself. It is not consciously aware of Itself of what it means, therefore it tries to get rid of the idea, it struggles with the idea, and it only creates the opposite to what it wants, and the effect of this struggle is called the trouble. Therefore we see the effect of our

* A small break in the wire recording occurs here.

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struggle. If you could only see what I am driving at, that the Wisdom of God is Now, Eternal and Ever-present. You do not have to create it, what you create is a relative thing, temporary. But the Wisdom of God is permanent, is Whole, complete, Eternal and Ever-present.

When we recognise a thing that exists, even if it be an error and we try to fight it so we battle with it. Now why not use Wisdom and Truth and see what happens. The error would die of itself, because it was not watered by ignorance and recognition.

We take an opinion for the Truth, an opinion is often made up of mind directed by error. Truth is the destruction of this error, *an opinion*.

You have all got different opinions about certain things. All of your opinions are different and most of them are conflicting with one another. Therefore your opinions are not the Truth. Even if you live in the Tree of Knowledge of Good and Evil it is not the Truth.

Whenever you think of virtue and you try to be virtuous, you feel the power of evil, this power that has no power of its own. When the Wisdom of God is present then there is no error because you know the Truth.

Most people assume that mind is one thing and disease is another. The theory that mind is one thing and disease another has left the people in darkness and has caused more misery than all other evils put together.

Mind and disease are the same thing. There is no difference between the two. When you create an idea, you create a disturbance in your mind. That disturbance in your mind is disease, no matter what kind it is, if you fear it and struggle with it then you will die in your ignorance. How true was the Master's words and yet people cannot see the Truth of them.

To put a person in full possession of his faculties is to remove the burden that binds him, these burdens are the effects of error having control of the mind. The error is made up of mind, and matter is mind modified, therefore belief in the error produces its kind.

Surely then, you can see clearly what I am driving at.

This is probably one of the most scientific lectures you have heard, but nevertheless if you find the Truth behind it, it will do you more good than any else. I am not going to say that you can grasp this in

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one reading, it requires several readings. Even my words to you are relative in regard to it, and that is why you have to study it to such time that you be able to see behind and there find the Truth for yourselves.

The Intelligence Itself contains no opinion. It has no opinion of Itself, It does not create any opinion within Itself. It is Intelligence; It is Eternal, It is Wisdom, It is Perfect Action, It is Present Now.

The Intelligence Itself contains no opinion of Itself, is eternal and ever-present, when we discern the error and recognise the cause, the error will disappear. (*When we discern the error for what it is. Then when you discern the error, you will know that it has no power of its own, because you will see you can look at it, as it were external to the self, being relative to the self. But if the self is recognised and realised that it itself is not the cure. To recognise the self does not cure you, it is to recognise that which is behind the self, the Wisdom of God. That thing that you cannot define, only know that it Is, to become aware of It.*) The Intelligence is the perfect idea. It is the beginning and the end of all things. Disease is but the offspring of man's mind in ignorance of the Truth. Disease has no Intelligence in it.

When disease comes to us it is the result of a chemical change, the understanding of this should lead us towards the scientific law that will put us in possession of a knowledge of ourselves and will eventually put an end to the evil which man through his ignorance, thought he was subject to.

And man today, is continually thinking that he is subject to some evil, and is giving this evil a power it does not possess, and begins to fear all the evil, and he sees this thing clutching upon him, taking hold of him by the throat. He begins to fear it because he sees that it is a power in itself, at least he believes that it is a power in itself, and through his ignorance he succumbs to the conditions which he fears.

Immediately you create separation, in any form whatsoever, you create an opposition. Immediately you create separation in your own mind you create an opposition. Immediately you feel a separation between one race and another, you create an opposition. Immediately you create separation between one idea and another, you create an opposition. Opposition then turns to antagonism, antagonism turns to strife and

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strife then becomes what—the evil that is clutching at mans throat. And who created it—man himself, no other. The Tree of Knowledge of Good and Evil is the thing that grows in man’s mind, the Tree of Life is the Wisdom of God.

You may ask who was founder of this Science? The founder of this science was Jesus, the man of Galilee.

Now because Jesus healed the sick, this of itself is no proof that it is a Science. But because it was done, there must have been a scientific law behind it, for there is no such thing as an accident with God, and as the Christ was God the knowledge and Science was also there.

“When you have seen me, you have seen the Father. No you not I am in the Father and the Father is in me. I of myself can do nothing, it is the Spirit of the Father within me that doeth these things.”

Here is the awareness of Reality. Here is the Science which Jesus knew and that it is by his Science he performed these things clearly and distinctly.

When he was accused of curing disease by Beelzebub or ignorance, he replied, “If I cast out ignorance and disease, through ignorance, my Kingdom or Law will not stand. But if I cast out ignorance and disease through the Science of the Law of the Christ of God, then my kingdom will stand for it is not of this world.” *It is not of this world of ignorance. It not of this world of duplicity. It is not of this world of opposites.*

Now your world is a world of opposites. In your mind is the opposites, always the opposites. Every time I talk to any of you, I see nothing else but opposites in your minds. Yet I try to correct it. The next time I see you, you are just the same. Why? Because you have not discerned the fact that you are living in opposites. My God! I can hardly believe my ears sometimes and yet I have been talking to you all this while and you just do not know what I say to you.

No wonder Jesus talked to his disciples when they would not believe him. When he talked to them, and some of them said, “well, we can’t listen to talk like this.” So, many of them left him because they could not understand him. So he turned to the twelve and he said to them, “do you want to go too?”

IT MUST HAVE BEEN DONE BY SOME LAW OR SCIENCE

Peter replied, "No! Master, where can we go to. You have the words of Eternal Life, where can we find it elsewhere."

Therefore you see, I am not of this world. This world has no power over of me, it got nothing in me. I have power and dominion over it, and, yes, in heaven too. And where in Heaven? He has told you clearly, "the Kingdom of Heaven is within you."

"I am in the Father, the Father is in me." The Eternal Ever-present. There can be no outside Him, being Infinite in nature. Everything must be within Him, being Infinite in nature. He must be within Everything, being Infinite in nature, there can be nowhere where He is not. I am in Him, and He is in me. "No you not I am in the Father and the Father is in me."

The Science of the Christ is complete. The Christ is the Wisdom of God in you and in me.

When others cast out disease cured by ignorance there is no Science in these cures and although the cure existed, yet not knowing the cause, the world was none the wiser for their cures.

The Christ is known to be the Son of God. Jesus who knew himself to be the Christ he must have known the science, and his science was "The Kingdom of God," therefore it was not of the world of ignorance but of the Truth of Eternal Life **Now**.

All his words lead to that Eternal Life. "He who believes in me and Him who sent me has already crossed from death to Life."

It was a hard thing for people, who were steeped in dogmas, and creeds and systems; all conformity, all tradition, and all rituals, to throw them completely away and accept this Truth that Jesus showed them. Yet, it was the Wisdom of God, and the only thing that could save them. Tradition could not save them, ritual could not save them, beliefs could not save them, ideas could not save them, dogmas could not save them, creeds could not save them. Because these things were only in the mind. It was living in the opposites.

The only thing that could save them then, was to see clearly, "to believe in me and Him who sent me." How could he speak except in parables. We will see all his parables shortly.

In this series of lectures we will explain his parables according to the Science of the Truth, according to the Science of the Christ. We will see then, how beautiful they are, how true they are.

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To enter into the Christ Kingdom was to enter into the Knowledge of the Law of Life. This is the Light that shines in the darkness and the darkness comprehendeth it not.

How could the darkness comprehend the Light? Wherever Light is, darkness disappears. Wherever the Wisdom of God is, error disappears.

I am not telling you something new. I am only repeating what Jesus knew and taught. I am putting it in different words, nevertheless it is the same Truth that he knew.

The new era is about to dawn when man will begin to see something of the true meaning of Life which is the “Christ” and is in you and me. Within Life Itself lies the secret of all things great and small. In Life is the Science, the Wisdom of God, that is perfect now. *(This is the Tree which you must take hold of. It will be a Spring of Living Water rising up to Eternal Life.)* When this is understood the thought created in ignorance or error will destroy itself.

Our growth cannot be measured by the present standards of man’s thoughts. If we could but see a glimpse of the tremendous power of Life that is inherent in us all, the world would change overnight. *Man would immediately discern what he was doing, and by discerning what he was doing he would free himself. But man is caught up in his error; in his fears, in his faiths, in his beliefs, his various religions, and all the various paraphernalia, he is caught up in it all and he has smothered that which alone, is Reality.*

One day the Consciousness of God will express Itself through the consciousness of man, revealing Itself to him. Here Am I. I Am that I Am. There shall no longer be any separation or divisions, for they create opposites. Divisions create strife, disharmony. We call ourselves by different names; Christians, Mohammadans, Hindus, Scots, Dutch, English, German, Russian, Chinese. We all call ourselves by different names. We create divisions in our own minds and set up divisions in our own souls, therefore which leads to strife. We can never escape war and destruction until such time as man has seen the error created in his own mind through separation. Yet man clings to his ignorance even though he reads the Master’s words, and the words of the prophets. His ignorance blinds him to the great inherent glory waiting to blossom forth of its own free will when man understands the unlimited state of the Christ Consciousness inherent within himself.

IT MUST HAVE BEEN DONE BY SOME LAW OR SCIENCE

That unlimited state, not where there is divisions and separations and limitations. If you have divisions in your minds, you have limitations and you are according to your divisions, so is your limitations.

If you are antagonistic to one another, because you are of a different race, or creed or government or whatever the case may be, then according to your divisions so is your limitations. Only through Wholeness and Completeness can come the Power of God, and the Wisdom of God into your hearts and minds. If your mind-heart then is filled with these antagonisms, it will surely create thought-feeling which will out-picture itself in your lives, and in the lives of many in the world because you are the world.

You expect the world to change, through blueprints of conferences, political meetings which are built-up in separation. Do you believe now that the UNO or any other organisation is going to save you from war and destruction, I tell you, "no!" Why? Because these things that create war, create divisions, create destruction is still in the mind-heart. Therefore I say your thought-feeling is creating those conditions in the world. Therefore you suffer because you do not discern what you are doing.

Its no use mincing matters about this, you are students of the highest teachings, the teachings of the Christ; the oneness, the only begotten Son, the one of the Father.

Thought is a wonderful thing but thought does not originate by itself. Consciousness is the moving factor in every thought, and the consciousness in man is the means through which every thought, every action is produced.

When the Consciousness begins to realize Itself and understand the Science of thought in action, It sees the Science of the Law of the Christ the only begotten Son of God that does what He sees the Father do.¹ "I do what I see the Father do," he becomes aware of the Law of the Christ of God, the Wisdom of God. Therefore he sees and therefore he performs and he says clearly, "it is the Spirit of the Father within me that doeth these things. It is the Wisdom of God in operation through me that is performing those deeds, I of myself can doing nothing." Neither can you, neither can I. Therefore if you limit yourself to the self in which you are, and you think that you have power because you limit yourself to your own self, then I say, you are living in ignorance and in illusion.

1. See page 20

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Only through the oneness of Life, through the oneness of the only begotten Son of God, the Christ, the Wisdom of God in you and me, this corrects all error and dissolves all these things away, then the world will become clear, no more wars. The lion and lamb will lie down together. The Lamb of God, is that inner peace. The lamb overcomes the lion. The Lamb is the peaceful Spirit of God in man—the lion. The lion is the outer self that man has created through his own ignorance, has no power of its own. The Lamb overcomes the lion, they both lie down together. The Inner becomes the outer and the outer becomes the Inner.

The natural Laws are but the expression of God's Will in man. These natural laws are perfect in themselves. Harmony is the foundation of our being and perfect *peace* of mind and body enables *these* conditions to manifest.

The Divine image held in the Consciousness of God is out-pictured through the consciousness of man, by the Intelligence of God. This is the Science of Life in action and a protection and a guide for us through Life, if we will but know the truth as the Master showed us.

“He that has ears to hear let him hear.”

BENEDICTION

O Perfect One, Thou art the Essence of my Being, made in the image of Thy Perfection.

The errors I have dissolved away, for it was in my ignorance I allowed the seed of weakness to grow.

But now Thou art just behind my eyes with which I see.

Thou art just behind my ears with which I hear.

Thou art just behind my touch with which I heal.

Thy Eternal Sweetness is just behind my prayer.

Thou art behind my love revealing Thy Self in my caresses

Thou art just behind my kiss, O Beloved Perfect One.

* The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Pretoria Lecture given in the Pretoria Women's Club, 4th floor of the Sanlam Building on Tuesday night of 6th February 1951, at 7.45 pm. No recording exists of the Johannesburg lecture.

1. The next sentence contained in the Lecture Notes is missing from the sound recording. [*It is the Spirit of my Father in Heaven that does the work.*]

**AWAKEN OUT OF YOUR DREAM OF ILLUSION
AND HEAR THE DIVINE BROADCASTER
CALLING ALL SOULS***

“No sword avails against him, no spear, no dart, no shaft; he treats a harpoon like straw, a bronze lance is like rotten wood.” Job 41: 26-27 (Moffatt Translation)

Well, Job knew what he was talking about. In fact this is a Truth, that nothing can affect the Spirit of God in man. When man has realised this Truth then his outer garments become invulnerable too. That is to say, nothing can harm him—even his body.

It is known, and I have seen these things myself, by the masters in the Himalayas where the body is subject to the Spiritual control of the individual and heat and cold makes no effect upon it. White heat, cold as ice—yes 50 degrees below zero in fact, has no effect upon them, while other people will be frozen to death. While at the same time white hot iron has no effect upon the flesh, so you see it is this Power of the Spirit when it is recognised. But this realisation does not come to the individual who lives in separation. If you live in separation it is impossible for the mind to free itself from the limitations that it has accepted and not until the mind is free from limitations can the Spirit manifest through that mind and produce its own power. And Job knew this.

God is Creative spirit ever present and present everywhere and eternal now. This must first be comprehended before the mind can become a channel for the unlimited Creative Power to manifest through the individual.

If I say to you or you say to yourself, “God is Love”—which you know is true; but if you are antagonistic, if you have separations between one and another, if you have certain beliefs that create separation from one mind and one individual and another—then you cannot say that God is Love, because you do not know it is only an

* See page 32

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idea in your mind. Therefore you go and then what do you do—you worship in church and you kneel down and while all the time you are antagonistic to your brother. Now is your worship not utterly hypocrisy!

Do you think then that God hears your prayers? The Master said, “when you have anything against your brother, go make it up with him, make it well with him and then come to God and pray.” God only knows Love and Sincerity. God is not moved by any form of will of man. God is not moved by bribes. God is not moved by any belief. God is only moved and easily moved with Love and Sincerity.

In Him Who is Infinite, must exist all Life, Consciousness and Intelligence. Truth is a name given to the Science of the expression of Life, Consciousness and Intelligence.

Therefore God knows no want neither is He subject to time, space or circumstances. When this is understood by the individual mind, the individual mind conceives the unlimited state of man. God being Infinite, man must be the expression of the Infinite God, in man the Divine Spirit manifests. Therefore man must share the resources of the Divine Spirit. Man must also live and move and have his being in the Infinite and must therefore share the Creative Power and potentialities of the Infinite who created him *in his image and likeness. What is the hindrances to the expression of this Spirit?*

If one could do it—all can do it.

It was this complete freedom—the unlimited state of the Master’s mind (of Jesus’ mind) that enabled him to perform all those feats we read about. But we know that it can be done, for the simple reason, when we also clear away the hindrances in our mind—we find the Spirit of God manifest.

But it is difficult for the individual who is caught up in limitation, in self—which is limitation and the greatest limitation is the self. Then if everything moves round the self, and the self alone, then the self is limited completely.

“Of mine own self I can do nothing, it is the Spirit of the Father within me that doeth these things.”

Thus there can be only “one” Father of All, who is in all and through all and is All. “Call no man your father on earth for one is your Father who is in Heaven.” These words now have a true significance for us all.

AWAKEN OUT OF YOUR DREAM OF ILLUSION

I can see the mind of the Master; how he was trying to show his disciples the great and mighty Truth that underlay his own power and he showed definitely that if anyone would believe in him, and Him who sent him. "If anyone believes in me and Him who sent me—they have Eternal Life now."

Therefore, our true position in the Universe is that of a son or daughter of God, made in His image and likeness. To this each and everyone of us must cling, to make that complete harmony so that individually God can express His Creative Power through us. Separation is the great illusion that hinders this true expression.

Separation then covers a multitude of sins because anything that separates man from man and man from God, in the mind of man, is a sin. It is that which prevents man from giving true expression to the Father who is in him, is a sin. And ignorance is the greatest sin because ignorance enables the mind to become caught up in separation and limited in its own beliefs.

You have already reached this stage now, everyone of you, where you have cast these beliefs aside. You have seen that they are limitation. You have also seen that they are the beliefs of others and if you accept the beliefs of others then you are limited. No inspiration can come from any other person. No inspiration can come from any human being. Inspiration can only come from the Spirit within man. The Christ is the Inspiration in all of us, any other inspiration is a limitation. If inspiration comes from a belief then you are limited. Inspiration can only come from Wholeness, Completeness—that is true Inspiration.

As His children therefore we are in Reality pure Spirit, not subject to ills which the mind of man thinks he is subject to. If the soul of man or woman is disturbed it is because fear has entered the mind and the real truth is for the moment not realized. When you are caught up in fear, caught up in the self, caught up in possessiveness, caught up in any of these emotions, is the truth in you? No! Look into the mind of an individual that is caught up in these things and you will see that there is no truth in it because it is for the time being caught up until such time as they are able to discern what they are doing, what they are thinking, and when this true discernment comes—there is freedom. Discerning just on the surface is of no value. That discernment

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must go deep down into the individual and therefore discern these things that are a hindrance to the true expression of the Spirit or Truth in man. Yet in pure Spirit we live and move and have our being. “Be ye perfect as your Father in heaven is perfect,” is the saying of the Master who knew the Life of God in mankind.

Here is the great Truth. Don't you see now, the hindrance to this is in your own mind.

If we could sweep away all separation; the belief in separations, the beliefs that cause separation, all limitations in the mind. These limitations that you are born with, limitations you gather as you grow. The fears that become dominant in your mind, the this and the that. Your mind is crammed full with limitations and there is no possibility of the Truth manifesting in an individual that is so bound.

Now let us ask ourselves this Question: What is breath? Breath is Life, the soul continues to breathe whether in the physical or out of it. The soul never ceases to breathe because the Spirit is the Life that animates it. *It is not the body that breathes—it is the soul that breathes. When the soul leaves the body, the body does not breathe at all. Life organises the soul as the instrument for its expression and the soul then organises the body as its means of expression. But if you deny the Infinite Life in the body, you deny the Infinite Life in totality because of the fact, being Infinite, this Infinite Life must be Eternal and Ever-present and present everywhere. To deny that Infinite Life in the body is to deny Infinite Life itself. If you then deny this Infinite Life in the body, you have limited yourselves and there is no limitation. The mind creates the limitation. Spirit has no limitation.*

*God is Creative Spirit, Ever-present and present everywhere and Eternally **now**.*

And when we realise this Truth, I am not saying that it is easy by any means, because you are caught up in limitation. If you are in a prison you have got to break down the bars, the doors and these things that make you prisoners—and you make yourselves the prisoner. So we see then that, the food we eat is also Spirit substance because there can be nothing else, God being Infinite in nature, of this the consciousness must become aware, and aware of Itself. Aware of Its oneness with Infinity. That is why Jesus pronounced all food clean and nothing that they would eat at any time could in any way harm them.

AWAKEN OUT OF YOUR DREAM OF ILLUSION

My consciousness is the Consciousness of the Infinite Spirit expressing Itself through me, the Consciousness or Creativeness of God must express Itself through the consciousness—the creativeness in man. When we are aware of this, that this is so, our whole Being is subject unto this Law of thought and action.

That the Infinite Creative Power is expressing Itself through me. The Consciousness or Creativeness of God must express Itself through the consciousness or creativeness of man, therefore your whole mind, your circumstances, your body, is subject unto the Law of Thought in action. The Creative Thought of God in Man.

Man has been given free will to think, to create for himself. He learns dearly because he has allowed other people to do his thinking for him and not think for himself. Thinking for yourselves frees you. To accept another's thinking, I tell you, limits you and binds you.

A teacher can only be a teacher when he directs you towards that which is within yourselves.

A teacher can only be a teacher when he directs you how to free yourselves.

A teacher can only be a teacher when he directs you to look into your own self and find there what is hindering the true expression of the Spirit of God.

A true teacher is only a true teacher when he realises this Truth that God and he are one. "The Father and I are one. But I of myself am nothing. It is the Spirit of the Father within me that doeth these things."

But a teacher that tells you how to think, is a thief and a robber and is no teacher at all.

Jesus never taught you how to think. He told you how to find that which is Perfect in Itself—within you and all his words were directed to the Spirit of God in man. His parables, as we will see later on in this course, how beautiful they were placed showing that as man began to think for himself he could find the Kingdom of Heaven.

The prophet says, "The Spirit of the Lord is upon me," meaning that he was aware that the Spirit of God was actually working through him. His words may have been tinged by his own beliefs, thus inspiration is always according to his capability to receive, free from Limited ideas or beliefs, free from opposites, free from prejudices, antagonisms and separation.

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*If you put God outside yourself, and you make Him relative, do you think you can get inspiration through a mind like that? Do you think that on your knees and you pray to some God you think is outside? Why, Jesus made it plain—you pray to something you do not know—but we pray to that which we **do** know.*

Therefore our differing beliefs are a hindrance to the Spirit's true expression and you have found out that by now, I hope to God. If it is our belief in the evils we think we are subject to—that is the cause of sickness, worry and fear. Understanding the truth is the key to freedom. Ideas creates their opposites. We must be free from opposites. When I say health, the opposite ill-health rises to combat it because the mind is full of opposites. When the consciousness is not aware of its source even hope, peace, love create opposites in the mind that lives in separation. *Therefore, if you say that God is Love and you have separation in your mind, a belief in evil, then you know and you have a devil. That is the opposite to God. But God being Infinite in nature and is all there Is. And if God Is then the devil is not. It is a product of the mind of man. No matter whether a prophet invented it or any other person invented it. It is for you to think these things out for yourselves and find the truth about them.* Now this Science that eliminates opposites from the mind—is Understanding of the Divine Truth as Jesus taught it.

When I claim all that God has, I make my claim, knowing that by doing so I am expressing His Will in me. His Creative Mind is in action through me. But this is not so easy as it looks, because the mortal sense-mind is concerned with the things of this world and not *with* the things of the Spirit.

And when we begin to see the meaning of the Master's words was not to be caught up through the mortal sense but to understand this Spiritual Power and the Power behind all things. And it is the things of the Spirit that we must understand—the Power to think, the Creative Power within us—“The Father and I are one”.

Discern the thoughts and everything else that hinders the true expression of the Almighty in man. All these things are of the Spirit but to be caught up through the sense mind, in the conditions and circumstances around you, then you are living in separation and you are creating misery for yourselves and for others. It is the cause of all sorrow and conflict.

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We must discern the things of the outer with the deeper sense of our Spiritual relation to Him, our Father in Heaven, otherwise we can never be free. The question is how can one be free from a problem that is disturbing.

To understand and solve a problem we must give our undivided attention to it. Both the outer and the inner *mind* must take part in the solving of it. But most of us try to solve it superficially with no knowledge of the inner Reality that is capable of *Creative* action in regard to it.

If you then see the Power of the Spirit you see the Creative action in regard to any problem that you have—you will dissolve it. It will pass from you because Spirit is capable of dissolving all things. “I of myself can do nothing, it is the Spirit of the Father within me that doeth these things.”

Most of us are educated to the *patriotic or national* spirit, we are brought up to love our country in opposition to another. Therefore we regard ourselves *superior* to others and so on. This is implanted in our minds from infancy. We are proud of our inheritance or we may develop a feeling of inferiority in regard to it. This is the outer layer of the mind and we will see how stupid it is when we begin to realize the great significance of the inner Reality, the Real world in which we all live and have our being.

But don't you see that the masses are caught up in this limitation because they have been grounded from infancy. Children have been educated according to certain beliefs. There is no other belief but that belief and when they grow up their mind is confused. When the truth is shown to them or when they begin to think out the truth for themselves there is a great difficulty at first, they are afraid, fear overcomes them. Is fear not a product of the self?

God has no fear therefore man should have no fear because he is made in His image and likeness. But that prison that he is in is barred and locked. All his life he has not been allowed to think for himself, in fact, he cannot think for himself. And a great many do not want to think for themselves—they are too damned lazy. What is necessary is to see the Truth that is Real then the bars and windows will break down. But if you are too lazy to think for yourselves then you still remain in your prison which rules you by beliefs in tradition.

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Now the naturalistic spirit feeds on vanity, the assertion that we are of this or that race feeds on our puffed-up egos. Then we are ready to kill to defend what we think is our race or tradition.

Now, don't you see how stupid it is when there is but one Life, one God manifesting in all and is All. Don't you see this stupid separation in the mind of man is causing all this trouble in the world? Not until such time as we begin to think and see those things can we discard them.

By identifying ourselves with our self-importance we hope to become greater, but we only become poorer.

Remember, the nationalistic Spirit is used for economic purposes, for fear and hatred, to unite one section of people against another. When we become aware of this problem and its implications we perceive its effects—war, misery, starvation, destruction, confusion, controls and limitations.

Here is sound reasoning my students, and the only sound reasoning. It is because you have not discerned these things that you are caught up in them.

The denial of human unity breeds endless wars and brutalities; economic and social division and tyranny, sickness and misery. If we understand this with the thin layer of our outer consciousness only, we will still be caught up in tradition, opinion, fear or conquest.

If you only discern these things with your fleeting mind and you pass on not recognising them for what they are; you will still be caught up in them, with the result that you are adding to the misery of the world. No matter whether you say you are a Christian, no matter whether you say you are a Hindu or a Mohammedan, or you follow any particular religion, or you go on your bended knees morning and night—it makes no difference, if these things are still in you then you are not a follower of Jesus the Christ. If there is separation in any way whatsoever you are not a follower of Jesus the Christ, and never can be, so you can get up from your knees and stop praying altogether because it does not do you one bit of good. It is all hypocrisy.

Not until the deeper layer of *our* consciousness is brought into action, can we free ourselves from this unwanted destruction.

Neither can we free ourselves from disease and want until we begin to realise the inner reality that is Universal, all-powerful, free, unlimited and eternal.

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Therefore what we have to do is to watch every response, every stimulation *to* nationalism or *to* any other hindrances. Each response must be thought out widely and deeply with our inner knowledge dissolving away that which, is a hindrance to our health, happiness and perfect abundance in unity with all peoples upon earth.

You are a nation unto all nations. You are a people unto all peoples. These are the followers of Jesus Christ—the Truth.

When all these hindrances, conflicts and sorrow are deeply and wholly understood they are dissolved away because they are not of the perfect Life that the Master spoke of and which we are trying to understand. This is the hidden law awaiting true expression in mankind.

What I have in mind to do is to reveal the teachings of the Master as a true guidance for us in this twentieth century. The new testament contains all the teachings of the Master which consists of twenty-seven separate books which include the four gospels Matthew, Mark, Luke and John.

The first three gospels cover much of the same ground but the fourth; with quite a different feeling, stands out by itself.

It is said that Matthew wrote his gospel for the Jews in the Hebrew language. St. Mark was the companion and secretary to St. Peter and had composed his gospel from the oral teachings of St. Peter.

It is said that St. Mark's work is moulded upon the teachings of St. Peter which shows the salvation of all nations through the teachings of the Master Jesus. *The uniting of all peoples throughout the world through the teachings of the Master Jesus.*

But what has happened to the teachings of the Master Jesus? They have created cults and divisions. They have put Jesus up as an idol to worship, and they have not taken into consideration even one word that he expressed which is the greatest thing in the world. As he was asked by the Pharisees, "What is the greatest commandment?" He said, "Love the Lord Thy God with all thy strength, with all thy might, with all thy heart, with all thy mind." And then the second like unto it, "Love your neighbour as yourself."

The Laws of the prophets, all stand on that.

The gospel of St. John, was the fourth gospel *and* was written in Ephesus and is universally accepted as the work of the disciple whom

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Jesus loved. Therefore the gospel of St. John gives a *deeper* picture of the Master's words and works while on earth.

Much criticism has been hurled at the actual text of the work in these four gospels, but even so, those who have a knowledge of the mind of the Master can readily see what he meant.

There is also a heated controversy over the original authorship, composition, date and the historical character of these several writings, this we are not concerned with. What we are concerned with is the Truth as it applies to ourselves *in* the world today.

I could labour through all these textual criticisms but it would avail nothing. What I want to show is the inspiration in these gospels.

What use would it do for me to take all these various criticisms; the controversy that is raging over the authorship and composition and date and historical character of these writings. What use at all is that to anybody? Those intellectuals that think they know something are like the individual who looks for a needle in a haystack and cannot get it.

We are after the Truth. The Truth is more important to us, to you and to me, and to everyone in the world, much more important than whether the authorship and the date and historical character is correct.

In every inspired work there are two elements, the human and the Divine. The difference in the inspiration depends upon the prominence of one or the other of these elements.

The words of the Master when understood reveal a higher state of inspiration than any of the other prophets.

Jesus took up the work where Moses left off and expanded Moses' initial conception of a people founded upon the recognition of the unity of God into a conception of a people founded upon the recognition of the unity of man *as* an expression of the unity of God. This is the nucleus of the Fatherhood of God and the Brotherhood of Man.

Moses no doubt had it in his mind the true conception of *the* unity of man as the true expression of the Father-God. So he spoke about the prophet to come that would be like unto himself. For he knew that as the human race unfolded, it should be led along the path towards its goal.

As all great seers of all ages Moses foresaw what would happen as he looked down the ages, for God had made all things plain to him. Therefore he knew that a great prophet like unto himself would come forth to lead the people of the world into the Truth that would set them

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free. Jesus must have known Moses and Elijah for he would not have recognised them on the Mount when he took three of his disciples with him to converse with them. He must have also been told before about his mission, for Moses and Elijah were his Spiritual guides. This is nothing new to us who know about Spiritual communication. I myself have had such guidance although many may not believe me, neither would they have believed Jesus if he had told the people of his time. In fact they were much less informed than we are today about Spirit communication.

It was only the most advanced seers that knew the great Spiritual communication between man and the inner world where God also dwells as well in the same Life—in the inner as in the outer.

It is not very long ago in our Spanish Inquisition when people were burnt at the stake for revealing spiritual gifts. And who burnt them at the stake? The church of course burnt the people at the stake, that is who burnt them. The church who was supposed to be the ideal as a means of expression of the Masters teachings, burnt people at the stake and destroyed them. Is this not diabolical that a person can be caught up in such a belief in separation that he can destroy his brother for a belief?

This is why I am sure that Jesus knew that he was the prophet Moses spoke of and when we begin to understand Moses we begin to really understand the words of Jesus.

And Jesus knew that he was the prophet because he must have spoken to Elijah and Moses long before he went up to the Mount to speak to them again, to bring his disciples up, so that they could also see with their own eyes that inner world of Reality. The world in which the soul dwells. “I am not of this world, I am of a greater world.”

In Luke 4: 24 Jesus said, “verily, I say unto you, no prophet is accepted in his own country,” meaning, “I am like the other prophets for I am rejected in my own country and am obliged to give my blessings to strangers.”

What Jesus conveyed in his own words is just what scientists have explained *to us* today. The physical scientists’ explanation of ether corresponds to the substance which the Master called water.

Physicists recently have given to the world the explanation of that substance which pervades throughout the whole Universe, known as ether, which is the basis of matter and the framework in which matter is built. This explanation of this substance corresponds with what the Master said

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in regard to it when he called it water, that moveable substance in which everything can move because the word ether was not invented then.

“Unless you are born this time of Spirit and water you shall never enter the Kingdom of Heaven.” Unless you understand that you are born of Spirit and there is a substance more subtle than material things then you will die in your ignorance.

The movement of the Divine Will within will enable man to reach a height not yet even contemplated today.

John 13: 34-36, “I give you a new command, to love one another—as I have loved you, you are to love one another; by this everyone will recognise that you are my disciples, if you have love for one another.”

You can only love one another really when there is no division; where there is no high, no low, no king, no tramp, no high society, middle society, low society. Don’t you see how stupid these things are? And I have read this so often. I have studied it so often and I know that it is true. “I give you a new command to love one another as I have loved you, you are to love one another; by this everyone will recognise that you are my disciples, if you have love for one another.”

BENEDICTION

O Divine Broadcaster, Thy wisdom is searching the ether for hearts attuned to Thee.

The Kingdom of man’s mind has been clogged with illusion and has not yet heard Thy call.

Yet the downpour of Thy Love will wash away the embitterment of race, colour and class prejudices.

And in Thy Everlasting Pool of Wisdom and Understanding we will bathe and there wash our ignorance and cruelty away.

And over the dark paths *that* we have trod, carpet them with Thy Love’s roses so that those who follow will inhale Thy fragrance as they tread, pointing the way to Thy Palace of Peace and Freedom, O Divine One.

* The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Pretoria Lecture given in the Pretoria Women’s Club, 4th floor of the Sanlam Building on Tuesday night of 13th February 1951, at 7.45 pm. No recording exists of the Johannesburg lecture.

**BECOME CONSCIOUS OF YOUR MENTAL
CONSTRUCTION DISCERNING WHAT IS IN
THE MIND***

“I am the Voice of one who cries in the desert, ‘level the way for the Lord’ —” John 1: 23.

The prophets. We have to read them in two ways, one from the inner and one from the outer. And in everything you read in the Bible, you will see there are two different aspects and when you begin to understand the Truth, then you can read the Bible from that point of view as well as knowing the historical part as well.

Sow an act and reap a habit, sow a habit and reap a character, sow a character and reap a destiny. We all know how true this is but few have discerned the fact deeply enough to make it a reality *in themselves*.

By sowing an act we reap a habit and it is the difficulty to know what is the cause of our character. Well we see that it is often the habit which is produced in the mind in which the person thinks habitually.

Habit is the most important thing in moulding a character, for once an act becomes a habit it has passed into the inner realm of the mind and becomes second nature, which is often more powerful than man’s personal effort. This must be remembered when one wants to change a mental condition and remove the effects we see on the surface.

The more you struggle then, this means when these things become as it were more powerful than our personal effort, then we begin to struggle with them and we do not overcome them through struggle. It is only by understanding that we do overcome them, because immediately you begin to struggle, you create a resistance. Immediately you create in your mind, or you live in your mind, you create opposites.

If you concentrate on health, you concentrate on health because you have ill-health. You concentrate on success because you are a

* See page 48

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failure, and all this is at the opposite in the mind which causes all the difficulties, therefore you are struggling all the time. It is the same with this in mind, you overcome something with your personal effort, it cannot be done, it can only be done with understanding. And when understanding comes you discern the cause and it dissolves away because you become more aware of that inner Reality that is true Power, that it is Real, continuously Real, and not in any way affected by any reaction from the outside.

The more you are aware of Reality, the less changeable you are. The less you know of Reality the more changeable you are, so therefore it is necessary to understand so that you become less changeable in your reactions to things.

[The first stage required in]* changing a mental condition is understanding. This changes the mental make-up, the second stage is to get the habit of understanding and acting out this understanding. When the habit has been established the mind is changed and the truth becomes embedded in the mind.

The more you discern these things you will see how false they are, you will see the hindrances to the expression of your inner Reality. So that it says clearly, "I am the voice of one who cries in the desert, 'level the way for the Lord.'"

Therefore, we see how clearly the mind is a desert of man, because it is filled with all these things. I always look upon them as stumps, trees and bushes that we trip over. And I say also, when we discern them and we do not trip over them, we see them for what they are, we get round them and they no longer affect us.

We come across many inferiority complexes which are caused in childhood by unwise parents and stupid teachers. While the child may be in an emotional state these ignorant people create negative impressions in the child's plastic mind. These impressions may remain a lifetime, unless the Truth becomes known to the individual sufferer, through such work as we are doing now, or reading works of some efficient writer on these matters which will explain the cause of these symptoms and open the way to the realization of the Reality of the self, which banishes all fears and conflicts. *But if you do not know what you are fearing, then you are caught up in your fears. But if you discern clearly in your mind all that which is in the mind and see what the mind is made up of, you*

* A wire break occurs here in the recording.

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will discern your mental construction. Then by doing so you will find that you are able to dissolve that; not by looking at it and fearing it, not by comparing it, nor thinking it right and wrong, but to look at everything completely impersonally as you would look at a picture upon the screen, so that all these things rise to the surface and therefore you are discerning the construction of your mind. Yet some people have remained in misery all their lives due entirely to these early impressions because they have not sought their freedom through understanding.

This inferiority generally finds expression in lack of confidence, being unable to maintain poise in the presence of others or a receding away from Life in general. In this way one ceases to be creative and becomes merely an imitative machine. When one copies and accepts authority one becomes drugged.

So it is with the majority of people in their early life. They have copied, they have accepted without thinking and that is our whole educational system today. Children are not taught how to think, they are taught what to think. They grow up continuously in this way and become imitative and less creative. Unless they realise the Truth that this inferiority which causes them lack of confidence is a lack of understanding.

And also how many people today are receding away from life. They do not want to face up to things. They would rather not face up to them at all, but escape from them but there is no escape. There is no escape from anything. Everything must be faced clearly and distinctly and seen in its true perspective and then you find that you can dissolve it and you naturally grow out of these fears, these imitations, and you become free. Freedom is the whole thing. It is that freedom that you are seeking.

Our general education narrows us, society being competitive wastes our efforts. Newspapers, radios and cinemas are continually telling us what to think and we are caught up in an incessant noise that clouds the mind. *If we do not discern then, the construction of our mind we will still be caught up in these things and the majority of people today are just what we call, "sponges," absorbing what radio, what propaganda, what newspapers say, they do not think for themselves. They do not think at all regarding what they have heard, they just accept it, they become 'sponges,' and the more they accept, the less creative they are and*

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eventually they succumb to this inferiority. The mere suppression of our negative thinking does not solve the problem but only adds another factor to the disturbance, and *to merely conquer it is to be conquered again.* Awareness through Understanding brings creative feeling and frees thought-feeling from inferiority. To find a substitute is not the answer, there is no escape save through right thinking and without self-knowledge there *can be no right thinking.*

There must be the knowledge of the self, what is the construction of the mind, and therefore by discerning more of the relative, more of the Reality makes Itself known.

You do not create Reality. You do not bring Reality by your own efforts. Reality comes in without effort. It is Itself expressing Itself all the time. The only hindrances it has is what I am telling you, is the cry of the desert of the mind. "I am the Voice of one who cries in the desert, level the way for the Lord, clear the path."

Through awareness of the self lost in the greater Self, the ways of the self are discovered and it is this discovering that liberates, that is creative.

When the self is liberated from all these things that hinder it. When the self is liberated from all the imaginary impositions that you impose upon yourselves. When the self is freed from all inferiority, when the self is free from all these things that are in the mind that prevent the self from expressing the self freely. When all these things are eliminated, the self becomes free.

But the self cannot stand by itself, that itself is of no value, for the simple reason it is not creative. The self that feels itself separate and distinct has lost Creativeness. Creativeness comes when the self finds itself in the other Self, in the greater Self that is behind every other self and this was the teachings of the Master Jesus.

How clearly he has portrayed it. He said these words; "He who believes in me, believes not in me but believes in Him who sent me. He who beholds me, beholds me not but beholds Him who sent me." That is the Masters statement and if you can understand that statement, try and fathom it, you will see his great meaning. The meaning that I am giving to you at this moment. Showing the whole story. In other words, quite curtly put, "I and the Father are one."

BECOME CONSCIOUS OF YOUR MENTAL CONSTRUCTION

But unless you see it in this other form you cannot understand it. "I and the Father are one," has become a platitude. You take it into your mind, you accept it, it becomes only imitative as far as you are concerned. Because you have not discerned the true value of the meaning of it, therefore it is lost in that desert in the mind. You take the idea into your own prison and it is no longer of any effect to you.

First of all, you must break down these windows and bars and walls of the prison you set up yourselves. Once you have done that, then you can take in, you can realise the Light.

You cannot understand that through belief which has no belief. You cannot understand that through dogma or creed which has no creed or dogma. You cannot understand that which has no separation, through separation. You cannot discern the Light if you are surrounded by a wall that closes out the Light.

You can only see the Light when you go out into the Light and that is what you can do now without effort.

The truth is that we are all equal in the eyes of our Creator, the lack of this understanding is the cause of our weakness. God is no respecter of persons and we have within each one of us the source of all creative power, *and* the only barrier to the expression of the creative power is ourselves, with our fears through lack of understanding. Therefore all inferior attitudes, all superior attitudes are errors and lies and have no existence in Truth whatsoever. So when we are facing others we should know the same Life flows through all. With this understanding we will realize that it is the Life Principle in us that is speaking to the Life Principle in others.

The personality is of no value. The personality only becomes a vehicle through which the greatness of that Spirit within expresses Itself. The more the personality is free from dominance, free from possessiveness, free from all these things that hinder the expression of Reality—the more powerful that personality becomes. It becomes as it were, the vehicle through which the Spirit manifests and it is this thing that you must see first and foremost—to clear the mind. First of all become conscious of your mental construction, discerning what is in the mind.

We must forget the superficial self and look beyond the personality of the person to whom we are speaking. He or she is hiding the Life

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behind the personality that is created by the superficial self. The crust has no power because it is false, and we must discern this, with our deeper self.

When we merge the self with greater Self we have touched the source of all power, wisdom and love and there is nothing to fear. *You have lost nothing. You have gained more and you will free yourselves then from these things that possess you; that surround you, that hold you by the throat, that make you miserable, that do all these things to you, that prevent the Reality Itself from manifesting through you. But immediately you discern your mind, then you find yourselves nearer and nearer to this power of Love and Wisdom that gives expression to Itself and you feel the desire to give expression to that which is Love, Wisdom Itself.* When this is established through constant awareness we will have a confidence that nothing can shake. As soon as we have realized our true nature we will lose all sense of inferiority or superiority *because the one is the same as the other.*

When you want to overcome an inferiority in your mind and you do not understand what you do, you create a superiority and you think by creating this superiority in your mind, you overcome the inferiority. But I tell you that the more you increase this superiority the more you increase the inferiority, because the one is built upon the other. This is the mind that is what we call "double," the opposites in the mind and these opposites will always oppose each other and the more you struggle to appear superior, the deeper within you you will feel inferior. Surely it is quite clear to see this.

But the stupid people who teach you today, is people who say do this and do that, they are not teachers at all. I told you a teacher is not a teacher if he tells you to do this and do that. A teacher is only a teacher when he directs you to that power within yourselves, when he directs you to discern what is in your mind so that you can free yourselves from your own burdens—that is a teacher.

But a teacher that tells you to do a certain thing is first of all a fool and also a liar because he does not know.

Now I say to you clearly, as soon as you begin to see what I am driving at all the time, to eliminate from your minds these opposites that you are continually struggling with—you will find freedom.

BECOME CONSCIOUS OF YOUR MENTAL CONSTRUCTION

After we have established this awareness, we can create images by means of words.

Once you have found this awareness and this awareness becomes the source of your thinking and the source of your creativeness, then you can express a word and the meaning of the word has not the opposite at all because you know you have created it. There is no struggle now, there is a feeling of freedom and you know that your word goes forth and it does not return unto you void but accomplishes that which it is sent forth to do. But if you live in your mind in these opposites, your words are only creating the very opposite of what you want. Now, don't you see what I mean?

First of all then, you have got to discern the construction of your mind, then you have to clear a path for the Lord, then you have awareness of the Lord being yourself (one with the Lord), then you know that you are Creative and you will find this freedom through this simple process that Jesus taught.

But very few could understand his teachings as we will very soon see as we go through these lessons how few people understood him.

After we have established this awareness we can create images by means of words. We will begin to understand that words express ideas and ideas create images. A word can become the centre of an idea, an idea the centre of an image and the image the centre of a growing mental realization or habit, and this becomes an impregnated power in *the mind*.

Therefore we can now use words with understanding, to help us out of our difficulties. Our words do not just become affirmations which create their opposites, but accomplish what they are sent forth to do.

If you without understanding repeat an affirmation, that affirmation brings up the opposite. But if you, through understanding express a word, that word will bring about what you have sent it forth to do. Now it is Understanding that is behind all things.

We can now hold the following words in our minds thinking of their meaning: courage, confidence, poise, firmness, equality, fixing the mind on their meaning until they become alive in us, in acting them we establish the habit of acting that way.

We are now Creative. We have left behind these things that hinder us. But remember this, and I have told you first and foremost, what is

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necessary for you to do is to become aware of the construction of your mind by discerning what is in it. Then by doing so you will find that your fears, your inferiorities, superiorities and all these things in the mind that you have been struggling with in the past, will leave you because you will no longer be affected by them.

The process is simple. The Truth is simple. It is only difficult because we do not understand.

If we picture ourselves in the most trying circumstances, manifesting these qualities and, if necessary, rehearsing our part, then we establish in our mind the truth of what we are in Reality. *Overcoming all things.* “All power will be given unto me in heaven and on earth.” And when the time comes we will find that we have these qualities and the old worries fears, inferiorities and infirmities will have dissolved away because they only had the power we gave them.

To keep the awareness of our Reality always, to think it, we will grow into it more and more every day. We will find we will be able to say no *when we mean no*, yes when we mean yes. We must forget the personality and become aware of the Universal Life of which **we** are and **all** are one by Its expression in us all. *There is no other way.*

If you find yourselves in difficulties you then will discern why. You will look into your minds and you will see the cause of these difficulties. Why struggle then in ignorance, it is not necessary for you to struggle in ignorance, you have only got to discern there and you will see the cause. Remove the cause and with it goes the effect.

For instance if you become conscious of your mental construction by thinking upon your thoughts, by discerning them, you can clarify and simplify the details as they appear in your mind, calling to mind the circumstances of another person and putting yourself in the other person's place. Notice your reactions to the *stimulation* and compare his actions with what you would have done under the same circumstances, then you will understand yourself better.

Now turn your mind away from the material world and let your mind soar into the realms of pure thought and the Creative Power within. *Thought is only pure and constructive when your mind is clear. When you have cleared a path for the Lord.* Above all feel the awareness of Reality and the qualities you attribute to Him Who created you and see to what extent is your awareness.

BECOME CONSCIOUS OF YOUR MENTAL CONSTRUCTION

This must have been the state of the Master's consciousness when he became supreme Master after forty days and *forty* nights in solitude.

It is only by conscious effort and practice that we can realize and make use of the great *possibilities* that are ours. By this practice day by day we increase our power and understanding.

When we read about the Master going into the desert for forty days and forty nights, without food or drink, there looking into his mind, discerning everything that is relative, discerning anything that is a hindrance to the expression of the Christ within him. And after he had completely discerned everything that hindered that which is an expression to the true Christ that was ruling in him and in every other soul, he came into the world.

Then he was tempted.

Why was he tempted? First of all, he was tempted with food. Why was he tempted with food? Because it was the outer self. The body then desired something to keep it alive—food. So therefore he had the craving for food and there was no food in view. But there was something within him said, “why, here is the stones, you can turn them into bread and eat them.” And that is a truth that the Master could have done that straight off the reel, if he wanted to. But he said, “get thee behind me Satan, you shalt not tempt the Lord thy God.”

Here was the outer self craving. Then again after he had found himself the Lord complete; that could do everything, that was the Creator behind all things; that was Creator of the stone, Creator of the trees, Creator of everything around him and about him and within him and that Creative Power was in himself. He discerned everything relative until such time as that Creativeness became an awareness of Itself—that was the freedom of the Master.

I can see it. I remember myself in the Himalayas going for seven days, and ten days in this discernment. Discerning everything that is relative until such a time as I found more and more of Reality. Becoming stronger and stronger in Reality and I found these things that used to overpower me and hold me back. I gave them power because they had no power. I was the Creativeness, I created them and gave them power and so do you. But when that discernment was over, the pangs of hunger were so great that you could eat anything.

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And I could see the Master forty days and forty nights, how the pangs of hunger must have affected him too. But yet, even that, these pangs of hunger did not cause him to lose that awareness of the Creativeness within himself. Therefore there was something else that sustained him. "I have food of which you know not," he told his disciples, and when they said to him, "do you think that someone would have given him something to eat?" His own disciples did not know and understand this Creativeness because they did not discern deep enough.

If you then will follow this example of the Master, you will find you will clear a path in your mind. "The Lord then shall be the Lord." "The Lord said to my Lord, 'sit on my right hand.'"

In my own early life I remember reading books on philosophy that my parents did not understand and when these books were taken from me I was forbidden to read them, because they were considered far beyond my understanding. *Yet, I could understand them and I could not make my parents believe I could understand them. Yet, I knew something deeply within myself, something more glorious than words could express.*

These books only confirmed what I already knew. They only gave me a clue to which I knew within myself.

This brings to my mind the truth of the boy Jesus. We are told that he grew up, waxed strong in spirit, filled with wisdom and the grace of God was upon him.

In Luke 2: 41, "Every year his parents used to travel to Jerusalem to the Passover festival; and when he was twelve years old, they went up as usual to the festival. After spending the full number of days they came back, but the boy Jesus stayed behind in Jerusalem. His parents did not know of this; they supposed he was in the caravan and travelled on for a day, searching for him among their kinsfolk and acquaintances. Then, as they failed to find him, they went back to Jerusalem in search of him. Three days later, they found him in the temple, seated among the teachers, listening to them and asking them questions, till all his hearers were amazed at the intelligence of his own answers. When his parents saw him, they were astounded, and his mother said to him, 'My son, why have you behaved like this to us? **Here have your father and I been looking for you anxiously!**' "Why did you look for me?" he said. 'Did you not know I had to be at my Father's house?' "

BECOME CONSCIOUS OF YOUR MENTAL CONSTRUCTION

The difficulty in the orthodox religion is this, that they have made Jesus something beyond human nature. They have displayed him as something not born of woman and man, but something entirely different.

Now every child that is born, is born of God. You do not know how you came into the world, and you do not know how I came into the world. Only the Father knoweth how you and I came into the world and it is by the Father only you came into the world and as the Father knoweth, He alone knoweth. Then you come into the world to witness unto the power of the Truth of God. You come into the world to witness unto the Truth of God. "Call no man your father who is on earth, for one is your Father who is in heaven."

The mention of his age indicated that he had not attended the feast before and had now become responsible for his religious duties.

His parents found him sitting on the floor as a scholar while the doctors or teachers sat on seats in a half circle, hearing and asking questions which was the usual Jewish method of teaching by question and answer. And perhaps among them was Nicodemus and others.

If you go into the temple in Jerusalem you will see the same thing. You will see young people, old people, sitting on the floor and the teachers sitting in a semi-circle around them and they begin to ask questions and answers. And this is what we see Jesus doing, sitting there among the teachers. Mystifying them by his questions because he had in himself a clearness that very few people have, born for the purpose of bringing into operation, showing men the way of salvation through Life. "Take hold of this the Tree of Life. This is the way of salvation. Let go of this Tree of Knowledge of Good and Evil. If you eat of the fruit, you die in your sin. Here is your salvation—the one Life that grows in God, that is your salvation."

The intelligence of Jesus mystified them. Is it not so that a child often mystifies his parents and teachers by the intelligence of the questions he asks?

His parents were amazed to find Jesus so occupied that he had forgotten them. This is the last mention of Joseph in the Gospel and it is generally accepted that before Jesus commenced his work among the people Joseph must have passed onto the Higher Life.

The next we hear of Jesus is when he was baptised by John the Baptist. There is a time of nearly seventeen years from the time we read of him in Jerusalem to the time that he was baptised by John.

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Those seventeen years are, as it were, a whole blackout on the life of Jesus. But those who know about him, know perfectly well that he did not remain in Palestine. He did not remain in Judea. He travelled throughout the whole of the world because; first of all he went to Egypt, from Egypt he went to India, from India he went to Tibet. And through the ages he gathered up a tremendous amount of information and by doing so he was taught by the greatest teachers of the world. Teachers that were almost like himself. Like we will say Prince 'Haakaid' the great Magi of Persia, Hermes the great teacher of Egypt, and one of the ancient teachers which is known as Geshe¹ Rimpoche.² Geshe Rimpoche of course is a name given to a great teacher which is called "the precious jewel."

It is known in the ordinary sense of the word in India as Om Mani Padme Hum,³ (the jewel in the lotus flower.) So is Geshe Rimpoche "the precious jewel" which reaches that particular state of a teacher who is given the name of Geshe Rimpoche.

Now these are ancient records of this great teacher that went through the world. And you can see when he goes back to his home, he is then arrayed with a tremendous amount of knowledge. Yet he was not complete until he had completed that forty days and forty nights in the wilderness, till such time as he was able to discern everything that was relative, even all that he was taught by even the greatest of all teachers. He found that all that was relative and he became aware of the Creativeness in himself, that nothing could withstand. That Creativeness that created the stones, created the trees and the flowers, and the animals and every human being.

Therefore with this tremendous power of the Lord, he performed miracles. But he said, in these words, "these things I do, even greater things shall you do, if you will but understand."

And I know that to be true too. When I was in the Himalayas, I know how tremendously powerful one can get, when there is a way from anything that distracts the mind while one is discerning what is in the mind. We become a power of levitation, a power of healing.

Pranayama⁴ becomes easy to the individual who has passed through those stages and you become aware of a Creativeness that you have never known before. Even the flowers will bend towards you, even the trees, the rain and the winds and the nature and the animals,

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and the birds and all these things respond. The Creativeness that has created them is within yourself. But first of all you must find that Love, that Love and Wisdom whereby you feel in harmony with them, not with fear, or feel superior, or inferior, but a harmony with them as the Creator would have for the sparrow that falls to the ground. "Not even a sparrow shall fall to the ground, but your heavenly Father knoweth." And this is what the Master knew, "I and the Father are one." "He who believes me, believes me not, but Him who sent me. He who beholds me, beholds me not but Him who sent me."

The next we hear of Jesus is when he was baptized by John the Baptist. This was in the 15th year of the reign of Tiberius Caesar,⁵ while Pontius Pilate was Governor of Judea.

John the Baptist preached in the uninhabited area called the wilderness and multitudes went out to hear him so he takes his text from Isaiah, "I am the Voice of one who cries in the desert." In Isaiah 40: 3-5 it states, "hark, there is one calling, clear the way for the Eternal through the waste, level *the* highroad for our God *cross* the desert: every valley must be filled up, every mountain and hill lowered, rough places smoothed, ridges turned into a plains and the External's glory shall be revealed before the eyes of all: such are the orders of the Eternal."

The hills and the valleys and all these ridges that exist in mans mind, in the soul of man, must be cleared away.

Isaiah the prophet knew the inner, but the language of the prophets was always veiled. The secrets behind were veiled and only those who could read the secrets, could understand them.

That is why I do not allow any public people to come in here. In fact, I often refuse people who ask me to bring a friend in. You students have been students for some time, you are beginning to understand, therefore these veiled words and secrets of the prophets have been illuminated, cleared, so that you shall understand clearly the meaning, because these things have tremendous power; more power than you shall ever know. That is why they were always kept a secret, except to those who could understand them.

John puts his own interpretation upon it which reads: "...it is written in the book of the sayings of the prophet Isaiah, 'The Voice of one who cries in the desert, "make the way ready for the Lord,

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level the paths for him. Every valley shall be filled up, every hill and mound laid low, the crooked made straight, the rough roads smooth; so shall all flesh see the saving power of God.’ ”

In Matthew 3: 4 we are told that, “this John had his clothes made of camel’s hair, with a leather girdle round his loins; his food was locusts and wild honey” (the food of the desert.) John was a hermit such as these we know of in the Himalayas.

So John said to the crowd that came out to get baptized by him? “You brood of vipers, who told you to flee from the coming Wrath?” *(Of course, you see, I can understand John the Baptist. He was one of the wild men of the desert. And so they have them right away in the Himalayas, so you have then hermits in these places. But in my own view, although they know something, they are of very little value to humanity unless they can give forth the Truth. So Jesus was seen as the greatest exponent of all Truth. The greatest Master of all masters, coming down to the level of a little child and saying, “yes, unless you become like one of these, you shall not enter the Kingdom of Heaven.”)* So he (John) said, “you brood of vipers, who told you to flee from the coming wrath?” In the ordinary text it says, “O generation of vipers, who hath warned you to flee from the wrath to come” and when they asked him what they should do he answered, “He that hath two coats impart one to them that hath none and he that hath meat let him do likewise.” (Luke 3: 11.)

In Matthew 3: 7 it states that “O generation of vipers” was addressed to the Pharisees⁶ and the Sadducees⁷ who together represented the Jewish religious world. The Pharisees had been originally the religious party, the Sadducees *was* more *the* worldly party. But about that time Pharisaism had degenerated into formalism. *That is to say at one time, they used to teach more of the truth, but as it generated into formalism just as we have today. You go into a church and you do all this form business and everything else and you do not know what you are doing it for. You kiss the stone and you do this and you do that and you bend your knees and you pray, but still in your mind-heart you have separation, and thus your prayers are hypocrisy. Formalism has taken the place of the teaching of the Truth.* John called the people the offspring of vipers instead of children of Abraham.

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The publicans were the tax-gatherers, they were hated everywhere because of the fraud and oppression that *had been* practised by them and they were the Symbol of the Roman conquest. The Jew who collected the Roman taxes was excommunicated and his whole family were regarded as disgraced.

John says, "I baptize you with water but after me one who is mightier will come. He will baptize you with the Holy Spirit and fire." Luke 3: 16.

There is no doubt that John knew Jesus as one mightier than himself who could do more wondrous things, for they both belonged to the same sect. Also they were related, being cousins, but they might not have met personally as stated in St. John.

Because Jesus would probably have been taken away to Egypt or some of these places for to have further teachings. And I know how it is because there are many young fellows in India and throughout the world who have gone to the Himalayas. They have gone to find a teacher and they have been sent into the Himalayas so they can be taught to become teachers.

The religious Jews were all expecting the coming of the Messiah and several works current at that time were full of prophecies and revelations about his coming, in books not in the Bible, such as the book of Enoch.

Jesus baptized with the Holy Spirit which is the Life-giving power of the Truth and with fire which means that which cannot be extinguished. Thus we begin to understand some of the wonderful Truth which is set out in the Bible when we become aware of that Spirit, *that* Life-giving power in man and the fire of the Spirit which cannot be extinguished. *We read of this fire in the burning bush which was not consumed.*

As we progress we will see how we also can become like him who showed us the way, for he said, "he that doeth the will of my Father is my mother, my brother, my sister."

BENEDICTION

“O Heavenly One, who dwelleth in each one of us, we call Thee Father in Heaven for we are Thy children.

In the summer of our life may it be that we gather the nectar of equality which grows in the garden of human souls.

And in our hearts we shall store the honey of forgiveness so that when winter’s blast comes we shall feed on Thy Love and Mercy.

Sweet is the honeycomb filled with Thy forgiveness which we have found in Thy loving son Jesus.

Our devotion is filled with gratefulness and we shall broadcast our joy with a chorus of Thy blessings, O Heavenly One.”

* The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Pretoria Lecture given in the Pretoria Women’s Club, 4th floor of the Sanlam Building on Tuesday night of 20th February 1951, at 7.45 pm. No recording exists of the Johannesburg lecture.

1. *Geshe* (Tibetan = Virtuous knowledge/Wisdom).
2. *Rimpoche or Rinpoche* (Tibetan = Precious one). The title is generally reserved for tulkus (incarnate Lamas) and those recognised by lineage as “choje Lamas” (Superior dharma Masters).
3. *Om Mani Padme Hum*. The most famous mantra in Buddhism, the six syllable mantra of the bodhisattva of compassion, Avalokiteshvara. The mantra is particularly associated with the four-armed Shadakshari form of Avalokiteshvara. Transliterations depend on the schools of Buddhism as well as individual teachers. A simple translation is “Behold! The jewel in the Lotus!”
4. *Prana*. A sanskrit wording meaning = Life Energy. *Yama* = Control of. *Pranayama* = controlling the breath of Life.
5. Tiberius Caesar. (Tiberius Claudius Nero. 42 BC-AD 37). The son of Tiberius Nero, Julius Caesar’s naval commander and hero of the Alexandrian War. Tiberius was later adopted by Augustus Caesar before his death in 14 BC. Tiberius was then Roman emperor 14 BC-37 AD. Followed by Caligula.
6. *Pharisees*. Member of Jewish sect of 1st cent. BC to 1st cent. AD. Distinguished by their strict observance of the traditional and written law, represented in N.T. as having pretensions to superior sanctity; hence, self-righteous person; formalist; hypocrite.
7. *Sadducees*. Member of a Jewish sect of 1st cent. BC—1st cent. AD., opposed to the Pharisees, who repudiated oral tradition and accepted the written law only, rejecting belief in the resurrection of the body and the existence of angels and spirits.

**TO SOLVE THE GREATEST PROBLEM TODAY
IS TO KNOW ONESELF***

“For all their seeing they may not see and for all their hearing they may not understand.” Luke 8: 10.

How very true. Because everyone is looking out to the relative and therefore they do not understand the Real. What you see is not a Reality. The Real is always hidden within and unless you find it within yourselves, then you could never understand it. That is why the Master said, “for all their seeing, they may not see, for all their hearing they may not understand.”

During the last year or more we have read in our newspapers so much about peace-loving nations and aggressive nations. All this brings much confusion to the mind of man, he wonders how much is true of what he reads.

Now the solving of this problem is found in the life of the Master and we must seek deeper than the surface for the answer. So in asking ourselves the question what nations are peace-loving and what nations are aggressive we must first find what the term “nation” really means. It means separation, exclusiveness, which leads to strife, discord and dispute.

This is a most important point that I want you as students to recognise, because it is necessary that you must find within yourselves, the answer to these problems.

If you are caught up in propaganda, caught up in what other people say, then you are only imitating and versing and expressing what these people say and do. The only freedom you have is when you understand and find the answer within yourselves.

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So we come to the conclusion through deep discernment that there is no peace-loving nation, all are aggressive, domineering and autocratic. As long as there are separate units as nations apart from one another, taking pride in patriotism, pride in segregation, pride in race, you can really see that breeds untold misery for all.

In Jesus we find him saying these words, “and there are other sheep, of another fold, that I must go and bring, and there shall be one shepherd and one flock.” That means that all people throughout the whole world will eventually become aware of the indwelling Christ. There will be no longer any separation, the outside will not matter. Different nationalities will pass away and there will be but one; that is the Children of God, the Fatherhood of God and the brotherhood of man.

Do not think that when I am talking this way, that I am talking about any particular political organisation or party. All political parties are the same. There is no difference between any of them. Their outlook is the same; separation, distinctions, antagonisms. So I say to you now, when I mention the word nationalism, I do not mean any party that takes the name of nationalists or any other name whatsoever, because all parties are the same.

If you examine then, in your own minds, the fundamentals, you will see that separation underlies all these different particular groups; both in religion, politics and nations. I am talking now from that Christ Principle. I am not talking from any point of psychology or any particular part of the human frame or the human mind. I am talking from that Christ Principle that is the only saving for the whole of humanity.

We cannot have peace while we remain exclusive. If we have racial *and* national, economic and social frontiers we invite disagreement, fear, jealousy, enmity and suspicion. If we have plenty while others starve we invite dissension and violence.

We are not separate, we are all human beings with a common relationship of Reality as the fundamental factor uniting all peoples. Our sorrow is the sorrow of others, by killing others we destroy ourselves. By hating others we suffer, for we and others are in no way separated and what we do unto others we do unto ourselves.

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So the Master's words come straight forward in front of you. "Love your neighbour as yourself. Love your God with all your strength, with all your mind, with all your heart and love your neighbour as yourself."

In the Realisation and the Wisdom of God, we find that there is no separation at all.

Goodwill and brotherliness cannot be achieved through separate frontiers, exclusive nationalism. These must be set aside if we want permanent peace and happiness for mankind.

We all label ourselves with different names and then we separate ourselves because we think we are exclusive and distinct. We either call ourselves Christians, Jews, Mohammedans, Hindus, and we separate ourselves in our own minds through our beliefs and then we fight over those beliefs and kill each other. You can see clearly then, that this organised murder is the most diabolical thing that could ever come upon mankind. It brings up in its train, masses of difficulties and disasters.

Goodwill and brotherliness cannot be achieved through separate frontiers, exclusive nationalism. Once we see this, you will realise the most important point is, where do we find Reality. That which is deepest within ourselves. That which is Real. That which Christ himself revealed in his parables, in his work.

So we see then that these separate frontiers, exclusive nationalism, must be set aside if we want permanent peace and happiness for mankind.

People all over the world are now eager to know the Truth that will set them free. They are no longer content with half truths, while the world is quarrelling over how it shall live. Nor can we separate ourselves from it, or close our eyes to this sorrow, conflict and, confusion in our midst because we are part of it. What we have to discern is how are we contributing towards it. This is the remedy and the Master points the way.

And if we look into our own mind, we will see how we have been contributing to wars and differences, destruction and misery. There is not anyone who is not responsible.

Is it not necessary then, in these great teachings of the Master to find what the Master meant in his talks. We hope to see that

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tremendous and mighty power the Master had when he refused to be caught up in the relative.

We cannot solve the peace problem by dividing the nations into two armed camps. The cause of this is deeply rooted in nationalism, in *segregation*, which is within ourselves.

So we call ourselves different names again and we label ourselves in regard to nationalities and we think ourselves distinctive. We think ourselves better than the other individual because we have a sort of background, tradition.

The foundation of war is not the foundation of peace. It is only when we can love and assist each other instead of fearing and hating that we can hope to banish the misery in the world.

This not only applies to us collectively, but individually. Therefore discern what is in your heart-mind, and you will know what your thought-feeling is. Your thought-feeling is the manifestation of what is in your heart-mind and produces its kind. Therefore you have to search your heart and your mind to find these things that are hindering the expression of that mighty thing, in Itself, is beyond intellect and beyond reason.

I can make a statement about this great and mighty power, I can make a statement regarding the Christ, but any statement is not the thing itself. The statement is a statement about a thing, but is not the thing. A statement is relative and I have always told you that my words are relative, to bring in to your own mind the realisation of that which is beyond the relative, beyond the intellect and beyond reason.

But with an enlightened intellect, through discernment of that which is hindering the expression of this that is beyond our intellect, beyond our reason, we are able to give expression to this mighty thing as Jesus did. And the Universal Mind then gives to the individual mind, through intuition, what it wants to say and mean.

The colossal sacrifices we see cannot be justified on the mere pretext of differing ideologies. The Sermon on the Mount is the only true foundation for a lasting peace and the words spoken could only be said by one who had found *the* true self which is in every other self. This the Master did when he went into the wilderness for forty days and forty nights.

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We can visualize the wonderful scene when John baptized Jesus. The multitude that came to be baptized must have been great. John stood in the River Jordan *symbolising* the River of Life. The throngs lined the banks, many watching the proceedings and those who felt the influence of the words of John moved into the Jordan there to be baptized by immersion, *symbolising* being cleansed by the River of Life.

And you can see the crowds on the banks of the river. John with his large broad face, his eyes staring strong and forceful. Man of the desert, the wilderness, who had lived on locusts, milk and honey, who is a hermit who had studied deeply, the great Secrets of Life.

He was an evangelist, of his time, and he was strong in his words. He did not mince them. He called those who came out to hear, "who told you, you vipers, to flee from the wrath to come?"

It states in Luke 3: 21-22 (Eastern text), "it came to pass when all the people were baptized. Jesus also was baptized and while he prayed, the heaven was opened and the Holy Spirit descended on him like a dove, and a Voice from heaven saying, You are my beloved Son, with you I am pleased."

There are many who have heard direct voice. Some have not. But those who have never experienced those things, very often do not believe them or understand them. But that is their ignorance and therefore they should not deny anything they do not understand, because that is worse ignorance and prevents further understanding.

You know when Jesus was speaking, and they did not understand his words, even his disciples said, "we cannot listen to talk like this," so they went away and left him. So Jesus turned round to the twelve who was nearest him and he said, "do you want to go too?"

Peter said, "no Lord, where can we go to? You have the words of Eternal Life."

Is it not the same today?

Yes, I remember well, I could tell you lots of things and make you feel happy and make you feel nice. I could tell you a lot of things how you should try and get success and happiness. But it does not lead you there at all, it only leads you into misery. But you have been taught that way and you are in prison somewhat. So if I ever

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want to give you freedom; you will not take your freedom at all, because you want a prison, a comfortable one.

So many turn away. Thousands of people, sometimes who came to listen to me and I told them of those Truths that I am telling you, but in their hearts they were so caught up with the relative, caught up with dogmas, creeds and irreligious religions. But they could not stand it. They could not bear it. It is true what the Master said, "yes, you cannot bear it now. I have more to tell you but you cannot bear it now."

The Truth is very deep, very simple, very great, and only those who become like a little child, free from all separation, organizations, can understand. "Unless you put aside your mother, your father, your sister, your brother, and even your own life, you can be no disciple of mine." But Jesus was showing a deeper faith. These things were the separation; mother, father, sister, brother, and your own life; yourself. "Unless you can put away these," he said, these separations, "you can be no disciple of mine."

I wonder how many understand his words? People come to me often and say, "I can't believe that Jesus said such a thing."

I said, "he did. But you don't understand. You are living in separation."

Wherever there are even a few gathered together with a true desire for Truth there in the midst the Spirit will be. This is not an uncommon event where two or three are gathered together in "His Name." But the event on the banks of Jordan meant a great deal to the world, otherwise it would not have lasted for two thousand years and still be as fresh in *the* minds today.

Henceforth Jesus was overshadowed by the Holy Spirit.

Luke 4: 1 (Eastern text), "now Jesus, full of the Holy Spirit, returned from the Jordan, and the Spirit carried him away into the wilderness." In Moffatt's translation it says, "... was led by the Spirit" that is, was inspired by the Spirit. St. Matthew says he was conducted into the wilderness meaning into solitude.

He felt the urge to go into the solitude after such a wonderful demonstration. So we are told that he fasted forty days and forty nights. Jesus went into solitude to find the Paradise of which he

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speaks to the thief on the cross. *“This very day, you shall be with me in Paradise.”*

He shows, so definitely that the Father treats all sons alike, good, bad or indifferent. The proof of this is in the story of the Prodigal Son. So he treats the thief on the cross with that wonderful saying, “this day you will be with me in Paradise.”

This Paradise that we all find within ourselves, not outside ourselves—in us, this Paradise dwells. The Kingdom of Heaven is within you.

During the forty days he would have discerned everything in his mind. All the relative was put aside until he gained complete freedom of the self *and the realisation of the Greater Self, the Father with which he was one.*

And I tell you that after this tremendous discernment and freedom, from all that is relative, he reaches that source of Power, Love and Wisdom, and the mind becomes crystal clear. No longer anything hindering the expression of this tremendous and mighty Power, that is beyond our reason, beyond our intellect, beyond the mind. But the mind of man becomes a vehicle through which It will be expressed in words.

Then this Reality is expressed in the relative and is seen in the relative, in me, in you. “You who has seen me, has seen the Father.” The consciousness then becomes aware.

There is something that is beyond the ordinary human mind. This realisation that Jesus had, comes to you only when you have discerned these things. There have been times in my life also, when this tremendous Power seemed to overwhelm everything. It becomes too much for the body, too much for the mind. Because when the mind is clear, it begins to fall. But immediately you begin to think about it, to fear the manifestation of It, then you close the irony of it.

In St. Mark and St. Luke it says that the temptation lasted forty days. In St. John it does not mention his solitude of forty days at all. To St. John this did not matter so much as the truth of his Divine Nature from the beginning, which is revealed in his exposition of the Word that was in the beginning, and that Word was with God and that Word was God, *and the Word was made flesh.*

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In Matthew and Luke it states that Jesus was tempted by the Devil, the Greek word for Devil is “Diabolus” meaning “the false one.” This is meant to reveal the false self and it is this self that causes all our trouble. This self is the tempter which tries to make us independent of God. But Jesus in his true self answers as one wholly dependent upon God *and not dependent on anything else. Creed, dogma, nationality or separation, organisation, or group or father or mother or sister or brother, but wholly dependent upon God.*

In the period of Devotion of which I know of myself there are no pangs of hunger and it is apparent that during the forty days of Devotion Jesus felt no pangs of hunger. Only when his Devotion was complete did he feel the need of food.

He knew *that* he could turn stones into bread by the power of transmutation which is well-known to the Masters.

He knew the Law behind it. He knew the Law behind the changing of water to wine. He knew the Law where he could feed a thousand, or four thousand or five thousand people with a few loaves and a few fishes. He knew the Law that was behind all healing—as I told you the other night. Because he healed a person, it did not prove anything.

But because there was a Law behind it, and he knew the Law, that proves everything to you and me. This Law was the Understanding that he and God were one, in which there could be no separation whatsoever. That God was the Creator of everything that flowered, the water, the stones, and being one with the Creator, he knew the Law behind all Creation. But this cannot be discerned, understood, until you have discerned everything that prevents the realisation of this Truth.

If you are dependent now on anything, or any person, no matter whether it is your father, or your mother, or your sister or your brother, I tell you, or that life in yourself, then you will never know this Creative Power that Jesus understood and manifested.

But in Luke 4: 4, “Jesus answered him saying, it is written, that man shall not live by bread alone, but by every word of God. The meaning of this was the Life that was of God—the Word—that

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was in the beginning. This was the real bread that came down from heaven. *By this alone, man lives Eternally.*

“I have food of which you know not.”

The disciples said, “could someone have given him something to eat.” Even his disciples did not know, because they did not discern completely. They only could understand the great secrets of the Master when he came back and showed himself to them and spoke to them. Then they understood that there was a Life beyond the physical, that Life which was in the beginning, the Word that was with God, the Word that was God and that Word was made flesh.

So the story goes, that the devil taking him up the mountain showed him all the kingdom of the earth. This was the kingdom of the world, the world of wealth, the jungle in which man lives. Jesus knew by his power all could be his in the kingdom of the world. But he said, “get thee behind me, Satan, thou shalt worship the Lord thy God and Him only shalt thou serve.”

He turned to Satan and he said to him as you will say to yourself, that self, which is the separate self, which thinks itself separate; which is dependent upon separation, dependent upon things of the earth, dependent on conquest, dependent on success, dependent upon your individual effort, dependent upon the self. That self then, he turned to, and quickly said, “thou shalt worship the Lord Thy God and Him only shalt thou serve.” You say that to that self too, with realisation, and see what happens.

When I was explaining this to a lady once. She asked me the question, she said, “but don’t you believe in Satan?”

I said, “no, I don’t believe in Satan. Satan has no power over anybody.”

“Oh, yes he has,” she said. “He has power over everybody.”

I says, “Oh no, he hasn’t.” I says, “who is Satan?”

She said, “the angel that fell from heaven.”

And, I said, “and where is heaven?”

And she looked, she said, “up there.”

I said, “no! The Master said the Kingdom of Heaven is within you. You are the angel that fell. That Satan is within yourself. God

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being Infinite in nature Himself, can have no other power opposing Him. He could not be Infinite otherwise. But He has given you free will. He has given you the power to think and what have you done? You have allowed other people to think for you. You have accepted their explanations. People who do not understand and you are but mouthing their beliefs. What are you, an automaton? Imitating things. Think deeply for yourself and you will find a great Truth and that Truth will set you free.”

If Jesus succumbed through the false self to its craving he not only could escape from the Cross which he knew he must bear, but would be accepted by all as the greatest man in the kingdom of the world, but he knew he was not of this world, he knew a greater world, an *Internal* in which he lived. This is our real world too and it was this he came to show us.

When he took disciples up the mountain, he showed them the inner world, there were Moses and Elijah. Moses had passed on 2000 years. Do you think that your very dear ones that have passed, are not alive? I have told you before surely, there can be no death in Life. Jesus shows that completely, “My Father is the Father of the Living, not of dead people.”

Luke 4: 9-14, “And he brought him to Jerusalem, and made him to stand on the pinnacle of the temple, and said to him, If *thou art* the Son of God, throw yourself down from here; for it is written, that he will command his angels concerning you, to watch you; and they will take you up in their arms, so that *not* even your *feet* may strike a stone.

“Jesus answered and said to him, it is said, (you) shall not tempt the Lord *Thy* God. When the adversary was through with all his temptations, he left him for some time.” *It did not say he left him forever because that self was always with him, and it is with you and me, that self is always there.*

We see clearly then that if Jesus had succumbed to the belief that he could throw himself down from the pinnacle of the temple and this would be a miracle and every person would believe in him. But has a miracle ever turned the people? Jesus knew that very well. It is five minutes and it is forgotten. And he knew perfectly

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well that that could not direct them to that which is within and no miracle has ever done that and no miracle ever will. "So Jesus returned in the power of the Spirit to Galilee; and the fame about him went out through all the country around." (Eastern text)

It is well known that those who have acquired mastership can control nature's forces. Heat or cold or the force of gravity does not affect them. It was this that *the* Master knew he could do, but to do it just for a sign would be of no value. A belief is not removed from the mind by a miracle but only through understanding.

Yes, there are some of you here that do not understand my words, far less understanding the words of the Master. But if you discern deeply, you will see the hindrances in your own mind that prevent you from understanding. And what are these hindrances? Your beliefs. Because you are tied to some particular religion or creed or dogma of society or social system or nation. Tied to yourself. Don't you see that all these things have to be discerned and put away before you will understand the Creative Principle that is within you. Before you can arrive at that, Jesus said clearly, "yes, unless you put away your mother, your father, your sister or your brother, even yourself, you can be no disciple of mine."

Because Jesus was able to discern the false self and all its cravings and desires, he retained his Spiritual power and the fame about him went out through all the country around.

The Sermon on the Mount given in Matthew 5 and the Sermon on the Level Place given in Luke 6 are said *to be* by *the* same authorities to be one and the same. The versions given by Matthew and Luke are somewhat different but the meaning is not different.

In Luke 6: 17-23 (Moffatt) it states, "...he came down the hill and stood on a level spot. There was a great company of his disciples with him, and a large multitude of people from all Judea. *He gathered a great number of people who believed in him. He had to sift them out, he had to talk to them to such a way that those who did not understand, who could not accept what he said to them, moved away and he was left with a handful.*

So there was a great company of his disciples with him. A large multitude of people from all Judea, from Jerusalem and from the

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coast of Tyre and Sidon, who had come to hear him and to get cured of their diseases. Those who were annoyed with unclean spirits *were* also healed. Indeed the whole of the crowd made efforts to touch him, for power issued from him and cured everybody. Then, raising his eyes, he looked at his disciples and said: ‘Blessed are *the* poor! The Realm of God is yours!’ (being poor meaning that it preserved dependence upon God, and the compensation is Spiritual, while the rich dependent upon the world, they have their fill.) *Poor in Spirit, not arrogant like the Pharisees.*

It is this wonderful Truth that we have to be dependent upon God only and not dependent on anything that is relative. You cannot depend on any individual, you cannot depend upon any particular form of society or government. You cannot depend upon riches. These things are of no avail. You can only depend on God. “Seek ye first the Kingdom of God and all things shall be added unto you with the right use of that Kingdom.”

In Isaiah (66) it says, “Heaven is my throne, says the Eternal, my footstool is the earth. Where would you build a house for me, where would you rear me a home? Such buildings I have made myself already they are my own, says the Eternal.”

That is you and me. This is the Temple of the Living God.

“Blessed are you who hunger! You shall be satisfied.” (meaning those who hunger for the Truth more than anything else will be completely satisfied when they find it. Each must find it *in* himself and when found all is found, there is nothing missing.) *But if then you are inwardly poor because you have not found the Truth, there is this inward poverty that nothing can satisfy, all the riches in the world cannot satisfy.*

“Blessed are you who weep! You shall laugh.” (significant of the conditions of that time, those who have sorrow will receive joy. Those who have no sorrow know no joy.) *Sorrow leads to seek the Father within and when He is found, there is great joy.*

The joy that comes from any relative thing is but a fleeting thing, but the joy that comes from the realisation of the Creative Spirit that has power in heaven and on earth, is a great and mighty joy, therefore you are filled, you are satisfied, completely satisfied.

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“Blessed are you when men will hate you, when they will excommunicate you and denounce you and defame you as wicked, on account of the Son of man; (*and who did that? Those who lived in separation, who are in prison, a prison of their own making*) rejoice on that day and leap for joy! rich is your reward in heaven for their fathers did the very same to the prophets.” (This was disregard of formalism, for Jesus laid special stress on guarding against the error of supposing that the intervention of any intermediary was required between us and the Father.)

The Father Loves you and if He Loves you now, you can approach Him without any intermediary whatsoever.

In John 16: 26-27 (Eastern text) “On that day you will ask in my name, and I do not say to you that I will ask the Father on your behalf; for the Father loves you himself, because you have loved me and believed that I came forth from God.”

This is the answer then to those who believe that there is necessary some medium between yourself and God, then that puts God relative and you outside Him. But God is Infinite in nature. There can be no outside Him. All is within Him. He cannot destroy Himself, nor separate Himself.

Therefore to realize the manifestation of the Divine for which Jesus stands and to love It is the indispensable condition of attaining access to “the Father” which means the full development in ourselves of all *the* power of the Spirit.

The point that I want to make clear is in this utterance of the Master, he makes it plain that we do not need any intervention of any third party to beseech the Father for us because the Father Himself loves us. Thus setting us free from the cramping influences of a limited theology *which is binding. Anything that is limited, anything that has separation whatsoever, anything that has any distinction whatsoever, cannot be the Christ of God.*

I will continue this course in next lecture.

BENEDICTION

O Eternal my home is with Thee, the flame of inspiration is hidden in Thy Spirit within me.

The vast ocean of Truth can only be measured according to my capacity of understanding.

So will my prayers be felt according to my intuition and feeling of Thy Presence.

As I try to feel Thy inspiration behind and within me so do I give expression to Thy Love and Wisdom.

I learn to know Thee, Beloved, by learning to know myself.

I am one with the Love of Christ in Thee, O Eternal One.

* The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Pretoria Lecture given in the Pretoria Women's Club, 4th floor of the Sanlam Building on Tuesday night of 27th February 1951, at 7.45 pm. No recording exists of the Johannesburg lecture.

Lecture 5 (6th March 1951)

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“So take care how you listen; for he who has, to him shall more be given.” Luke 8: 18. (Moffatt Translation)

The meaning of that is very plain. The more you know of the Truth, the more you are aware, so as you listen, more will be given unto you.

The sayings of the Master are so deep in themselves that many of them could not hear, they were both blind and deaf. The same is today, and these words are meant for those people who could hear and understand. “Take care how you listen, for he who has, to him shall more be given.” Luke 8:18.

Jesus understood and felt the crying need of the world, saw the suffering and unhappiness and the lack of understanding which caused all the misery in it, and he knew that God had sent him into the world to heal the mind of man.

It was for to heal the mind of man that was so essential, because if he healed the mind he would have healed the body. And it is the same today. We must heal the mind before we can heal the body.

I told you some nights ago that if you did not know how the healing took place, then you were not the wiser, but if you knew the science behind the healing, then you were the wiser. But if the healing takes place in ignorance, no one is the wiser for that healing, but if the healing takes place through the Science of the Christ, then you know and you are the wiser for it.

He did not see himself separate from others but knew that he and all others were the manifestation of the Creator that created him and created all existing things.

It is this that we must also realise. We must get behind the self that is separate and begin to see clearly that we are not separate from anything; even the rocks, the flowers, the plants, the trees, the skies, the planets and anything that exists at all in the Universe, even if it may be a million

* See page 76

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light years from us, there is no separation between us. It is the same Father in which we Live, the same Substance, the same Creative Power existing in you. And when we realise that the creative power in us is not separate from the Creative Power in the Universe, then we have found the Science of the Christ.

He understood his relationship to his Creator so clearly that he compared it to that of a father and his son. *“I am the Son of God, the Father and I are one. I am in the Father and the Father in me and me in you.”*

Here then was a distinct statement made by the Master for us to comprehend the great significance of that which lies behind the self. And unless we discern the self and all that hinders that realisation of this that is behind the self, we will always be caught up in those things that are separate and mean separation. Separation then means conflict and conflict means misery and sorrow.

In all his words and acts he showed that all were of the same Eternal Father as himself, that all were one with the Eternal Creative Power, *and* “all things were made by Him; and without Him was not anything made that was made.” John 1: 3.

In Matthew 3: 13-14, “then Jesus came on the scene from Galilee, to be baptized by John at the Jordan. John tried to prevent him *saying*; ‘I need to be baptized by you,’ he said, ‘and you come to me!’ But Jesus answered him, “come now, this is how we should fulfil all our duty to God.”

Jesus knew that he could not separate himself from the masses because he was one with them. His sorrow was their sorrow, his Joy their Joy, born of the same Father, *one with the same family. He came also to take on the sorrow of the world. Each and every one of us cannot escape the sorrow of the world because we are part of it. If we try to escape it, then we are trying to escape away from our own causes, the effects of our causes which we have created ourselves. And we know then that the secret lies in this.* “Call no one your father on earth for one is your Father Who is in heaven.”

That is the secret behind it all. If you can comprehend this Truth, then you can discern everything that is relative to it. Everything that is preventing this Truth manifesting in you. You can see the relative side of life. You can see all the causes of all the misery and you can never escape

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*from it even if you try. You are part of it and it is this that we must see clearly. The only way that we can come and do anything into the world is to discern the causes of all the misery in the world and then cease to contribute to it. Immediately we begin to contribute to these things, through selfishness, through our worship to God, while at the same time we worship God and we say that God is Love and we pray to this God of Love, at the same time we condone mass murder. It is entirely wrong and you students know it by this time. It was Jesus who came to show the great truth and I am going to show you his words tonight that is going to open your eyes to this, so that you can see clearly for yourselves, the meaning of the Masters words. When he prayed he said, "Our Father who art in heaven," not "My Father" "but **Our** Father" meaning there was only one Father, Who was his Father, yours and mine, this was the great truth he came to reveal to us all.*

So by his baptism he showed that he was one with all and it was with this truth that he went among the people, teaching and healing.

That he had found the Christ that was in every other human being. He had found the Power that existed in every human being. And wherever he went, he brought into existence, that Power within the individual themselves. And it was this, that he showed in every sense, in everything that he did he claimed nothing for himself. He only claimed that the Father worked within him and also claimed that same Power for each and every one. "Thy faith hath made thee whole." It is the Power within you, in other words, that hath made you whole.

Their diseases were the result of their belief. Truth never binds or separates, it is only belief that separates and this is the error that makes sickness and misery, because error separates us mentally from one another and from the Eternal Living God.

It is through the mind of man that this Power is given expression and it is the mind that must be healed, and Jesus came to heal the mind of man. And I will show you why in his own words.

A change fundamentally must necessarily take place in the individual before freedom comes, and the words the Master gave were for this purpose.

When we look into ourselves we will see that it is we ourselves that have created this separation, struggle and suffering. Our inward conflicts express themselves in outward disasters.

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These inward conflicts which are going on in the minds of people today; their hates, their desires for acquisition, their desires for victory, all these are in conflict with the Christ within yourselves and only when your thoughts come to be in unison with that Christ within you, can you have peace in the world and happiness and prosperity for all.

We have allowed our mind-heart to be dulled with beliefs, erroneous philosophies, *dogmas* and ideas, by these we create this struggle and suffering. Therefore conferences, blue prints, and systems will not bring about goodwill and brotherly love and it was this that the Master saw so clearly when he said, “unless ye be born again, this time of Spirit and water ye shall not enter the Kingdom of Heaven.”

Meaning clearly that water was the Perfect Substance out of which everything was created, in which there is no flaw. The Spirit is the Truth of God, the Love of God manifesting in the world. Unless you are born of the Love of God and of the Perfect Substance of God, you cannot enter the Kingdom of Heaven.

So we read about Nicodemus asking Jesus the question, “why have I got to enter my mothers womb again to be born again?” Of course, even Nicodemus who was a great teacher of his time, did not understand the Masters words. But we who have progressed along the path of understanding, now see the meaning of his words.

The world problem is our problem and we alone can solve it, we cannot leave it to others. The politician, the economist, the reformer is like ourselves, all opportunists, a cunning deviser of plans without a purpose. *If we look into it we will see that there is no purpose.*

If in your mind-heart you are antagonistic to another nation, another group, if you have beliefs in your mind-heart that separate you from another because of your belief, then don't you see that your thought-feeling will be the cause of much suffering. Yes, and increase it in intensity, it will bring struggle, misery and war.

We have religious wars because of peoples beliefs. We have wars between nations because of the antagonism between different ideals and ideas. We have groups in our own society that are antagonistic to one another. In your own personal lives you have antagonisms to this person and that person for some reason or another. Your mind-heart is filled with antagonisms, with the very root, the cause of the world misery today.

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Our problem is human conflict and misery, and it is our empty existence that produces those agonizing disasters we read of daily in our newspapers

The solving of this problem needs more than cunning devices, more than superficial reformers, politicians and prayers. It needs a radical change in the human mind through understanding and no one can bring this transformation about but ourselves.

If we are thinking and as we believe; that our conferences, that our leaders are going to bring about that very state in the world that we would like while we maintain in our mind-heart the very thing that causes this struggle, we are barking up the wrong tree.

If I can show you then, the Master's words, then you will understand him by what I am saying to you now.

We see clearly that misery and strife come about when material and temporal values dominate Spiritual and Eternal values. The Eternal value is not brought about by just a belief in God. Most of us have a belief in God but are antagonistic to one another. Do we not profess our love of God and at the same time condone mass murder of our fellowmen, *our neighbours*, in the name of peace and freedom?

You cannot deny these words. Think in your own heart and you will see what I am saying is an absolute Truth. If you are going to have the Power of the Christ, then you must see these things clearly so that your mind-heart will be freed, then your thought-feeling will give expression and form to things that are desirable in the sight of God.

As long as religious organisations condone organised force as a policy of state, as long as oppression, ignorance and intolerance are encouraged, mankind will be blinded to the Reality of Eternal values.

He will be blinded to these eternal values that are the only salvation for mankind.

I can see the Master keen to give this salvation, but we have not thought anything about it. We have made an idol of him. We have placed him so far away, we could never reach him. We have not even studied his sayings. Now we become worshippers at the feet of the Master, but does the Master know us? He will say, "no, I know you not."

When a sense of Reality is lost and not sought after, man will continue to be against man resulting in confusion, cruelty and misery.

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When we read the Sermon on the Mount we see clearly what the Master means, “so take heed how you listen for he who has to him shall more be given.”

He spoke in words which are relative, but behind them was the awareness of Reality. Even the words of mine are relative to you, they only convey to your mind. But I cannot give you the Truth, you have to find that for yourselves. But what I can do, is to lead you towards this mighty thing that dwells within you.

So Jesus says, “I tell you, my hearers, love your enemies, do good to those who hate you; bless those who curse you, pray for those who abuse you.” This is the Law of Love, to invoke a blessing upon your enemies you release yourself of hatred and all that follows it.

If then you can love your enemy, if at least you can not hate him, you will not create in your own mind-heart the cause of misery, you will begin to understand the Masters words. If the Christ is then dwelling in your soul, which He is, but hidden and covered up by your mind-heart; filled with antagonisms, filled with separation, filled with beliefs, filled with all these things that hinder the true expression. “Yes I stand at the door and knock.” How simple is those words, but how true.

In God rests all Power. To be like Him, this Power then must be shown in us—God’s Power.

“If a man strikes you on the one cheek, offer him the other as well: if anyone takes your coat, do not deny him your shirt as well;”

These two verses are meant to urge and encourage enduring love and patience, for without this we will surely create more misery for ourselves and others.

All the time, he was speaking from his understanding that there was no separation. Your enemy was your friend. Your enemy was your neighbour. Your enemy had the same Spirit of God, the Christ in him.

Jesus was speaking from the very source that enables us to create peace in the world and there is no other way except the Christ way.

“Give to anyone who asks you, and never ask your goods back from anyone who has taken them. As you would like men to do unto you, so do unto them.”

But I advise you, do not wait for the other person to do unto you before you do something unto them, which is generally the case.

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It is when another person does you a kindness it wakens something up in you that you also return that kindness.

But in the first verse of his saying it says, "I tell you my hearers, love your enemies, do good unto those who hate you, bless them who curse you and pray for those who abuse you, so that you may be children of your Father who is in Heaven."

These verses indicate the times in which they were spoken for a harsh law of possession was then in vogue. There was a higher law which the Master was showing his disciples that God was the great provider of all good things and giving was an opening up for the Father to pour His gifts upon us. (*I have lived in the East, have lived among the Arabs, and the Jews, all these various types of nationalities, Armenians, and all these particular people in the East. If you knew then the type that Jesus was talking to, you would realise the importance of his words, but are we any better than them? More refined in our actions, more subtle in our ways, but nevertheless just the same characteristics.*) Material things are nothing compared to understanding of the Law of Love which bestows upon the giver riches a hundredfold, while the desire to retain possessions stirs up antagonistic feelings which injure us in many ways.

So we are now in the process of a war. Do not think that this is not a major war;¹ It is the major war in operation. I am convinced of this fact, that it is the strategic position of the country in which the war is taking place now, that is behind the whole scheme, hidden behind those who are themselves jockeying for position, and the major war is on. And anyone who tells you it is just a minor war, you take it from me that it is not. It is part of the whole scheme, the strategic key scheme for possessions, one lot of nations against another.

You read the Lecture at the end of 'I Am the Life' that I gave some years ago and you will see how clearly the whole thing is portrayed there, what is happening at this very moment.

"If you love only those who love you, what credit is that to you? Why, even sinful men love those who love them. If you help only those who help you, what merit is that to you?"

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These verses mean that to have God's Love, you must Love as He does otherwise there is no credit or merit in your loving or helping. To love your neighbour as yourself will make you a true son and daughter of God and by so doing great is your reward in heaven, the Master explains.

We do not love to obtain a reward, we love because we could not do otherwise when the Truth is known. And when even a modicum of the Truth is known, then you are filled with this desire to love, to help. Even if it is a stray little dog. Even if it is someone you have never seen before.

When I often see a beggar in the street, I think 'the inhumanity to man.' Robert Burns² says, "yes, man's inhumanity to man makes countless thousands more." But if I toss a mere penny in his cap, I go away thinking I have done something for him. What a fool I am! What a hypocrite I am! And anybody else that does the same, they think because they have given something, they have escaped that cause that they see there in misery. No, we do not escape the causes of that misery we see before us by throwing a penny in his cap, or a shilling either. We are hypocrites.

"If you lend to those from whom you hope to get something, what credit is that to you?" This means the pernicious practice of giving to get.

How many people today give only with one idea in mind that they shall get more than they gave, and their dependence is false and has no real value. *Yes, this is what is in their mind, I know it perfectly well.*

If I give to God, and who is God? You have never seen God, you do not know Who He is, how can you give to God? You have never seen Him, you do not know Who He is, you do not know What He is, and you say now, I give to God so that God will give back to me more than I gave. That is the whole attitude of the mind of most of the people who give today.

This pernicious practice of giving to get is leading you away from the Reality because your dependence is upon some false value and not from a Reality. We know that there is a Reality, we do not know what that Reality is, but we know that the Reality Is, not what It is.

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And I know that that Reality is in myself—I am alive, I am Living. No one can speak through me except the Creator who created me. He is the one who does all things.

I of myself am nothing. I could do nothing of myself whatsoever. The only power there is His Power, the only spirit is His Spirit. The mechanism He created was for His own purpose and yes, you and I witness unto the Truth of God—witness unto the Father who created us. Let us then recognise this great and mighty wonderful Truth. And we know that we are dependent upon something that is Real and not something that is false. Dependence upon God only is the secret of successful life. This is the Eternal Truth.

“Even sinful men lend to one another, so as to get a fair return,” meaning sinful men never doubt those they lend to, why should you doubt God, the Giver of all gifts.

No, you must love your enemies and help them, you must lend to them without expecting any return; then you will have a rich reward, you will be the sons of the Most High—for he is kind even to the ungrateful and the evil. *He treats all alike.*

The Prodigal Son proves that. He treated both sons alike. The fact that the son had sinned, did not interfere with the relationship between himself and his father; he was still the son. And although he spent all his inheritance, yet in the fathers house there was more to spare.

There was no limitation there, but there was in this separation.

And Jesus shows this story again where separation comes in and yet he also shows the separation of the elder son who thought that he was in the Fathers house, but he would not go in because he heard the merriment and laughter, no, he was too long-faced. He was one of those fellows you see going about with a long face and their Bible under their oxters³ on a Sunday, but underneath them is a wolf in sheep's clothing. On the Monday they become raving wolves, on Sunday they become sheep.

All days are like to God, Sunday and Monday. And because you pray on Sunday, you think that your prayers on Sunday will help you all the week, while your heart and mind is filled with antagonism, reeking with filth and these things that hinder the expression of the Almighty. How hypocritical people are!

3. See page 76

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Yes again, is the words of old Robert Burns, “with the Power of the gifted years to see ourselves as other see us.”⁴ It would for many and even free us a foolish notion.”

⁵Also, Judge not, and you will not be judged yourselves; condemn not, and you will not be condemned: pardon, and you will be pardoned yourselves:

Give, and you will have ample measure given you—they will pour into your lap measure pressed down, shaken together, and running over; for the measure you deal out to others will be dealt back to yourselves.”

The Law of Cause and Effect he was talking about. He was talking about exactly what I am telling you now what is happening in the world today. Before we judge others we must judge ourselves, then we will learn that that which we see in others is deeply rooted in ourselves.

I said to you the other night that the innocent could not throw a stone and if you think deeply, you will see the meaning of my words. The innocent could not throw a stone because he did not know. Those who knew they themselves were not innocent, would not throw a stone when they knew themselves. “He who has ears to hear, let him hear.”

Before we judge others we must judge ourselves, then we will learn that which we see in others is deeply rooted in ourselves. To condemn another we therefore condemn ourselves *in the Light of Truth.*

“Can one blind man lead another? Will they not both fall into a pit?” meaning that those who do not know the Truth cannot teach the Truth. (*He was talking about the Pharisees at that time and the same thing applies to most of the religions today.*) What he teaches is false therefore both will fall into the pit of ignorance, which destroys man’s happiness.

“A scholar is not above his teacher: but if he is perfectly trained, he will be like his teacher.” This is plain speaking by the Master that only one who is perfectly trained can become like the Master himself.

Most teachers teach the relative world, the world of effects. They have not yet found the Real, that which is behind the relative. They

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are always talking of manifestations this and manifestations that. Most teachers are living in the mind of opposites, in the realm of opposites where you have health, ill-health, success, failure, good, evil, God and the devil and all these things. And they tell you often to turn towards the positive and you will lose the negative, that the negative will not exist, but immediately you turn toward the positive, the negative rises up stronger than ever.

It is discerning the negative by looking at it and knowing it, what it is, then you can dissolve it. By trying to escape from it by covering it up with the positive, I say you are only creating more trouble for yourselves because you are creating further opposition. You live in the world of opposites, you are struggling with them and they are struggling with you and the whole life is a struggle, one long struggle. Discern that which is false, then that which is Real will come forth of its own accord. You do not create Reality, you do not choose Reality. Reality has chosen you just as I have chosen you.

“Why note the splinter in your brother’s eye and fail to see the plank in your own eye? How dare you say to your brother, “let me take out the splinter (that is in) your eye,” and yet you never notice the plank in your own eye? You hypocrite!

I hope these words go deep into you. I hope that you are beginning to realise them, to absorb them so that you can apply them. If you then want the Christ Power you must do what the Master says. He leads you towards that Christ Power in yourselves. This means criticism must be turned towards the self first, then when this is done it will be seen what we criticise in others is much less than what we have, in ourselves. We only criticise others about that which is dominant in ourselves because we try to escape from it. Hypocrites! The word “hypocrite” means an impostor, a deceitful person, a pretender, a humbug, a Pharisee, a sanctimonious humbug full of conceit, blind to his own shortcomings.

Let us apply this to ourselves then and tell ourselves what we are, so that we will know what we are, then we can dissolve these things. But if we try to hide behind a screen which we create in ourselves, in front of us, to pose as some good goody, a virtuous screen which becomes a vice. Let us see and discern these things

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in ourselves clearly and distinctly and then we can cast them aside and we will become more like the Master every day. It was for that that he said these words and for nothing else. It is for us to see clearly what was in our minds, what was hindering the true expression of the Christ in us.

“No sound tree bears rotten fruit, nor again does a rotten tree bear sound fruit: each tree is known by its fruit. Figs are not gathered from thorns, and grapes are not plucked from the bramble bush. A good man produces good from the good stored in his heart and the evil man evil from his evil: for a man’s mouth utters what his heart is full of.”

That is to say, what is in your heart-mind, your thought-feeling will be and what your thought-feeling is, it manifests and that is the manifestation that you see in your lives. Your body is but the sounding board of your thoughts and your emotions.

This means by their fruit ye shall know them, what the heart feels the mouth will express. Man’s words and deeds reveal his nature. One cannot be a kind person if one is unkind to anyone neither can one be a loving person if one hates another. Yet people profess to be kind and loving but their words and deeds show what they are.

Is not Love the secret of all things? Is it not the healing balm for mind and body and soul? Is it not that which gives joy and encouragement to everyone? Is it not then that wonderful Power that is in the Universe, that is Creativeness? Only Love is Creativeness.

Hate has no creativeness. Hate is only destruction to the human frame and mind.

“Why call me, ‘Lord, Lord!’ and obey me not? Everyone who comes to me and listens to my words and acts upon them, I will show you *what* he is like. He is like a man engaged in building a house, who dug deep down and when a flood came, the river dashed against that house but could not shake it, for it had been well built. *But* he who has listened and *does* not obey, is like a man who built a house on the earth with no foundation; *and* the river dashed against it and it collapsed at once, and the ruin of that house was great.”

This is a solemn warning to all those who call themselves Christians. Many teach Christ, many worship Christ, but few are they that understand and follow in his footsteps.

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“Love your neighbour as yourself. Do good unto those who injure you.”

Most people get lost in the outer because they do not discern from the deeper consciousness. When we examine the external values by which our thought-feelings are dominated and become aware of them free from craving we will perceive the inner more clearly. This discerning will lead to freedom.

But this discovery, this experience cannot be made for you by another, your hunger cannot be satisfied by watching another eat. Through your own self-awareness you will awaken to false values and so discover the Eternal values.

The fundamental change can only come when thought-feeling disentangles itself from false values that cause conflict and sorrow.

If we will study the Sermon on the Mount in the true light of our oneness with all, knowing God the Father of Christ is the Father of all, *you and me*, we will see at once what we should do, “Love your neighbour as yourself.”

Here we see the great wonderful teachings of the Master. I have never read anything in the world that compared to it. I have never seen anything written in any book that was even greater than his words. I have searched within myself, in my own soul, to find if there was anything greater than those words of his and I could find none. But when I found these words and understood them, I found them in myself. That is the same that you shall do. You shall discern then the falseness of all these things, the false values, and then you will realise the Eternal Values. That was what he came to show.

And this

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is a summary of what we have read tonight.

O Eternal and Ever-present, Thy beauty and wisdom, love and power were revealed through Thy son who called himself the Son of Man and the Son of God.

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I do not ask freedom from evil because I know I am one with Thee already. I know that the error I create has no foundation except in my stupid self.**

But with Thy Presence in me I am freed because I was never bound except by my ignorant self.

When I see suffering beyond the power of human effort revealing its limitations then I ask of Thee who is unlimited and free and all there is, and I know Thy presence is the cure.

Therefore I do not pray as a beggar at Thy altar but as Thy Son for we are one, O Beloved Father and Eternal One.

** Recording abruptly ends here.

* The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Pretoria Lecture given in the Pretoria Women's Club, 4th floor of the Sanlam Building on Tuesday night of 6th March 1951, at 7.45 pm. No recording exists of the Johannesburg lecture.

1. *Korean War* (1950-3). Country of East Asia consisting principally of a mountainous peninsula running southward from Manchuria; in Japanese possession 1910-45; in 1945 occupied by troops of USA (for the United Nations) and the USSR. Respectively South and North of the 38th parallel. The *Republic of Korea* (capital, Seoul) was proclaimed in S. Korea in July 1948 and the (Communist) *Democratic People's Republic of Korea* (capital, Pyongyang) in N. Korea in Sept. 1948. A war between the two States (and their supporters) lasted for three years.
2. Robert Burns (1759-96). Scotland's most famous poet. Despite his early death at the age of 37, Burns produced a large body of work, including the popular Scots anthem "Scots Wha Hae", the poem "A Red, Red Rose," he is also the author of "Auld Lang Syne." *Burns Night*, evening of 25th Jan. (his birthday), celebrated the world over by many Scots with feasting and drinking.
3. *Oxter*. The armpit. From the Old English *oxta* or *ohsta*. The word *oxter* is used in certain areas of the world (Scotland, Ireland, Northern England).
4. "O wad some Power the giftie gie us to see oursels as ithers see us!" ("O would some Power the gift now gives us, to see ourselves as others see us!")
5. The preceding sentence contained in the lecture notes is missing from the recording: [*"Be merciful, as your Father is merciful."*]

Lecture 6 (13th March 1951)

A PARABLE OF THE KINGDOM

“Listen, a sower went out to sow,....” Mark 4: 4

The ecstasy of an exalted state of mind does not consist in the mere possession of a few things or the possession of many things, but in the freedom from possession and non-possession. It is with indifference to things that comes deep understanding.

To merely renounce things in order to reach greater happiness that is promised by some is to seek rewards through limitation, and prevents right thinking which alone is the way to the ecstasy of Life

To control thought-feeling in order to gain something is to make it petty, ignorant and full of sorrows. The ecstasy of Life comes with inner riches and inner freedom, free from possession and non-possession which distracts the mind from Reality. If you depend on circumstances to make you satisfied with Life you only create misery and chaos, for then you become a plaything of environment.

We must transcend environment through understanding. Only when this is done can the mind be orderly and clear for right thinking. To accomplish this we must also become aware of the causes of environment. To become aware of these distractions that hinder the ecstasy of Life will lead to freedom, which is ecstasy itself.

When we become enraptured with the feeling of drawing our every breath from God with no past memories of right or wrong, filled only with the great Love-Life expressing Itself in the ever-present, dissolving all that hinders Its expression in us, expressing only in the present all that comes to us, this is living in the now always, this is freedom, this is Love, this is Wisdom and Power. This was the way the Master lived his life on earth. He could not do otherwise when he completely realized that the Father and he were one.

I want you to read this paragraph over and over until it becomes part of yourselves, for without this awareness there will always

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be distractions in the mind. These distractions you will see are in the mind-heart and it is the mind-heart that hinders the true expression of the Life that is eternal and ever-present.

When your mind is caught up with the past and the future there is frustration and limitation. But if you become aware of these distractions then comes deep understanding, which enables you to withdraw easily from them. If you try to discipline yourself not to be distracted this also prevents understanding of the nature and cause of distraction, so your discipline itself becomes an escape, a means of distraction.

It is your mind that searches in the past and looks to the future, when the mind is thus distracted, the Presence cannot be realized.

If you would understand Life you must look beyond a mind caught up in narrowness and conformity, you must be free from the dictates of any authority, religious or otherwise, however learned they may be.

The Presence—Life—is more important than beliefs, and to obtain the full fruits of the Presence—Life—you must liberate It from beliefs, authority and tradition, for if you are bound by these things you will have difficulty in understanding the teachings of the Master.

What I am saying to you is not a new doctrine nor am I forcing upon you any new or old authority for this would be limitation and frustration, only when you are free yourselves can you free others by helping them to think for themselves without the hindrance of any belief or authority.

By doubting everything you separate that which is real from the unreal and false, and only by true discernment of the unreal, free from comparisons, free from beliefs, free from prejudices, free from conformity can the Real be realized. Then the Creative Power within goes forth spontaneously and effortlessly by Itself to express Its true nature in you.

Therefore liberation and happiness do not abide in some far away mountain or some far-off kingdom or by the sea, liberation is here now and, in the words of the Master, in Mark 3: 24-25, we read, “if a realm is divided against itself, that realm cannot stand: if a household is divided against itself, that household cannot stand.”

A PARABLE OF THE KINGDOM

In Mark 4: 1-3 (Moffatt) Jesus teaches a parable of the Kingdom. “Once more he proceeded to teach by the seaside; a crowd gathered round him greater than ever, so he entered a boat on the sea and sat down, while all the crowd stayed on shore. He gave them many lessons in parables, and he said to them in the course of his teaching:....”

In Matthew 13 (Old Version) it says, “the same day went Jesus out of the house, and sat by the sea side. And great multitudes were gathered together unto him, so that he went into a ship and sat; and the whole multitude stood on the shore.”

The ship was probably a decked ship high out of the water. Josephus speaks of climbing up into the ship in the Sea of Galilee. Jesus on the high deck, at either end would easily be seen and heard and the great crowd that assembled before him can well be imagined, for those who had heard him before had told many others. It says in Mark that the crowd was greater than ever.

Probably a cornfield was within view and possibly a sower was sowing, so he began his teaching by saying,

“Listen, a sower went out to sow, and as he sowed it chanced that some seed fell on the road, and the birds came and ate it up; some other seed fell on stony soil, where it had not much earth, and it shot up at once because it had no depth of earth, but when the sun rose it was scorched and withered away, because it had no root; some other seed fell among thorns, and the thorns sprang up and choked it, so it bore no crop; some other seed fell on good soil to bear a crop that sprang up and grew, yielding at the rate of thirty, sixty, and a hundredfold.’ He added, ‘anyone who has ears to hear, let him listen to this.’”

“When he was by himself, his adherents and the twelve asked him about the parable, and he said to them: ‘The open secret of the Realm of God is granted to you, but these outsiders get everything by way of parables, so that for all their seeing they may not perceive, and for all their hearing they may not understand, lest they turn and be forgiven.’”

“And he said to them, ‘you do not understand this parable? Then how are you to understand the other parables? The sower

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sows the word. As for those ‘on the road,’ when the seed is sown there—as soon as they hear it, Satan at once comes and carries off the word sown within them. Similarly, those who are sown ‘on stony soil’ are the people who on hearing the word accept it with enthusiasm; but they have no root in themselves, they do not last; the next thing is, when the word brings trouble or persecution, they are at once repelled. Another set are those who are sown ‘among thorn’; they listen to the word, but the worries of the word and the delight of being rich and all the other passions come in to choke the word; so it proves unfruitful. As for those who were sown ‘on good soil,’ these are the people who listen to the word and take it in, bearing fruit at the rate of thirty, sixty and a hundredfold.”

“He also said to them, ‘is a lamp brought to be placed under a bowl or a bed? Is it not to be placed upon the stand? Nothing is hidden except to be disclosed, nothing concealed except to be revealed. If anyone has an ear to hear, let him listen to this.’”

“Also he said to them, ‘take care what you hear; the measure you deal out to others will be dealt out to yourselves, and you will receive extra.’”

“For he who has, to him shall more be given; while as for him who has not, from him shall be taken even what he has.”

“He said, ‘it is with the Realm of God as when a man has sown seed on earth; he sleeps at night and rises by day, and the seed sprouts and shoots up—he knows not how. (For the earth bears crops by itself, the blade first, the ear of corn next, and then the grain full in the ear.) But whenever the crop is ready, he has the sickle put in at once, as harvest has come.’”

He said also, “to what can we compare the Realm of God? How are we to put it in a parable?”

“It is like a grain of mustard-seed—less than any seed on earth, when it is sown on earth; but once sown it springs up to be larger than any plant, throwing out such big branches that wild birds can roost under its shadow...”

“In many a parable like this he spoke the word to them, so far as they could listen to it; he never spoke to them except by way of parable but in private he explained everything to his own disciples.

A PARABLE OF THE KINGDOM

His disciples knew the language of the soul but the multitude only knew the outer, the superficial, so his words were food for them to make them think and the inner thoughts were food for his disciples. He could not teach the multitude because they would not understand, just the same as if I allowed the public in to these lectures they would not understand. The soul must be ready then the soul comes to the Master to confirm what the soul feels about the Truth. Therefore I only confirm what you know deep within yourselves.

We must divide Life into Spirit and matter, Life has no problems, only man has problems and these are his own making, therefore man is in bondage of his own creation and the Master's words were for the purpose of freeing us, that is, those who will take the trouble to understand.

The Master was showing that man could have his happiness and abundance here and now, for Spirit does not dwell only in some far-off locality but dwells in every living soul. Spirit is ever-present and omnipresent. You will understand the Master's word when you understand these words of mine.

Jesus knew that Life manifested and Life unmanifested was one and the same. It is the same Life that is manifest in you and me, so the Word was with God, the Word that was God and was made flesh.

“Make the Almighty Himself your treasure, sound wisdom your wealth, then the Almighty shall be a joy to you.” Job. 22: 25-26.

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O Eternal One, Who dwelleth in all, tune us to hear the Master's Voice calling all mind-hearts. Make our hearts receiving sets for his Love and our minds receiving sets for his thoughts and words. For it is Thy Love and Wisdom that he caught to bless us with. We know that Thy Love and Wisdom is roaming the ether-waves searching for a resting place in the soul of man.

May we be privileged, O Eternal One, to hear Thy magic song of Love's awakening in the hearts of all throughout the world.

Lecture 7 (20th March 1951)

**THY SINS ARE FORGIVEN,
ARISE AND WALK***

“Then the disciples came up and said to him, ‘do you know that the Pharisees have taken offence at what they hear you say?’ He replied, ‘any plant that my heavenly Father has not planted will be rooted up. Let them alone; they are blind guides of the blind, and if one blind man leads another, both of them fall into a pit.’”

Matt.15: 12-14.

He meant to say to them, “why disturb the peace of your mind? What I have told you is the Truth and why disturb your peace of mind because the Pharisees do not believe or have an offence of what I say.”

Naturally, it was quite true. For Jesus was clearing the mind of all that hindered the expression of Life Itself.

Life Itself being Conscious and as the Creator of all things, is free and natural. Life is unlimited and therefore it is expressing Itself now in each and every one of us.

When we hold something in our minds, such as a concept, an idea, a belief, you find then that these beliefs are expressed through our mind and outwardly into our circumstances and in our daily living.

So Jesus was trying to show clearly that if we have any beliefs of any kind, it is the cause and prevents the flow of this Divine Life that is unlimited. For instance, take one who is a Catholic, brought up in Catholicism, another person is brought up in the Dutch Reform Church or in the Presbyterian. When they have been taught as children, they are shown that the other person is wrong, that their beliefs are wrong. They are told so many things about them that they grow up with an antipathy against them.

* See page 98

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But it is the same Life that is flowing through each and everyone. The Life in each one is not antagonistic to the Life in the other. What is it causes antagonisms and strife? It is the belief? And we all know that whatever we are taught when we are children, we express in our adult life. Not until we begin to discern all that is a hindrance to the expression of Life Itself, can we dissolve these things away, can we dispel them. Because if they are in our minds, we will see clearly that we are expressing them in our daily living.

So this is what Jesus was showing to his disciples. He was also showing them clearly that it was not the word, at least what we are talking about, all the talk in the world is not the thing itself. Night after night we can talk about truth but all we talk about is not truth itself. You cannot talk about the Truth for you do not know what Truth is. What you can only talk about is that which is relative, but when you talk about truth, you make the truth relative, but if you discern this what I am trying to show you, all that hinders the expression of Life Itself, is but relative—beliefs, ideas. The Truth is neither an idea, nor a belief, not a sensation. The Truth is none of these.

We reason in our minds. But Truth goes beyond reason. And it is only when the mind becomes peacefully still, is there an awareness of Reality. But that mind cannot be still until such a time it has discerned everything that is a hindrance to that stillness, that peace that is beyond understanding.

In my last lesson I said that the ecstasy of an exalted state of mind does not consist in mere possession of a few things or the possession of many things. The ecstasy of Life comes with inner riches, inner freedom, free from possession and non-possession, which distracts the mind from Reality. Only by indifference to things can true understanding come.

A person who is then indifferent to anything, can live quiet in the mountains in peace, with little or with plenty. But the fact is that which he does not distract himself or herself away from Reality. It does not take up the whole of the mind; where the mind is caught up in these things, because we are able to discern them as relative things.

THY SINS ARE FORGIVEN, ARISE AND WALK

I remember when I was young. I studied deeply philosophy and all that sort of thing and I said to some of my friends, “you know, my friends are only my friends because I have got something I can give them or they can get something from me.” “But, I said, “my real friends are those who will be kind to anyone, no matter who they are, me or anyone else.”

And I said to this friend of mine, “I’m going to become a tramp. I’m going to put old clothes on and I’m going to walk round the country as a tramp. I’m going to chop wood and do anything that is possible for a meal. I’ll carry no money or anything and I will tell you who are my friends?”

I grew a beard, and made myself so uncouth-like and I went round the country. I went into various places; some places they put the dogs on me, other places they got me to chop wood for my food. I went to one place, and into the house, and I sat down and these people invited me in to have dinner—a tramp. They said, “sit down, take a meal with us.” I had known those people before but I never knew that they were really like this. After a while, one person looked at me so strongly and said, “I think we have seen you before,” I said, “I don’t think so. I haven’t been round these parts.” But I got away with it.

After I had done this and won my bet that I would do it, from this other friend of mine. I said, “I bet you ten pounds that I will do it.” When it was all over, I did this for seven days a tramp, and I found more about human nature; how about people putting the dogs on you, and making you chop sticks for wood, for food, and doing all those other things. “Well,” I said, “a tramp can have his life if he wants it.” But it was a jolly good experience.

Well, I went back to those people some time later. They gave me a meal and sat me at the table. They were friends, and we all had a drink or so and one person chipped up, “do you know,” he said, “there was a man here, a tramp, the other day, he was the spit image of the way you laugh, he was the spit image of you.

“Well to tell you the truth,” I said, “it was me.” So the whole thing was out. But I said, “don’t tell anybody else about it, because so and so put the dogs onto me.”

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I find that experiences like that are of great value in understanding human nature and I understood myself more too. And I say this then, that I was quite happy sleeping in a haystack overnight, in the open air, looking up at the sky and so forth. There was a sense of freedom that you never had before, and I found that was true. And I say this again, that the ecstasy of Life comes with inner riches, inner freedom, free from possessions and non-possessions which distract the mind from Reality. Only by indifference to things can true understanding come.

Tonight I will make this more clear to you, to show you what the Master meant by his words to us which I will deal with later in this lesson. Jesus was showing the true nature of the words of the prophets, who had come before him with the added knowledge of *his* Spiritual guidance which he received from these prophets, for we are told that Moses and Elijah spoke with him. This does not detract from the great significance of the Master's own understanding which was direct from the Father, but fortified that understanding, just as an exalted Spirit would speak to you confirming and opening the way to deeper and greater understanding, so was the Master fortified in his Mission.

Jesus must have known Elijah and Moses, otherwise he would not have known them when they appeared in the mountain. And no doubt that they were given to him as Spiritual guides to help him in his mission and told them exactly what he had to do, what his task was.

I know this perfectly well too, because a very exalted person appeared to me one time and told me, "go to South Africa."

And I said, "why should I go to South Africa?"

He said, "you have work to do in South Africa."

So I said, "I'm doing pretty well here. I don't have to go..."

He said, "remember, you are given the task to perform and it would be wise for you to carry out these instructions."

After a while, I talked to him on various things and when I said to him, "why should such an exalted Spirit be put at my disposal?"

"Well," he said, "you would not send one who had no experience to another country, an ambassador must have some experience." He said, "we are as it were the ambassadors that are with you, helping you on your work."

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That is why these greater exalted Spirits who, like Elijah and Moses, were helping Jesus to fulfil his task.

Now, many try to ignore the physical and material but this does not solve the problem of the world in which we live, some may say that they have transcended the world. If this is so then they cannot help the world in which they live, for as long as Life is held in the bondage of ignorance there will be sorrow and conflict.

If you say you meditate, what do you meditate upon? If you can discern what your thoughts are then you may accomplish something. But to merely meditate on nothing or to meditate upon God, what image do you have of this God you meditate upon? You must see that this is futile, for immediately you meditate on God you make Him relative, something apart from yourself.

You are meditating on God. You are saying, "now God, I'm going to wait on You and You will come to me," you are making God relative. Besides it is the stillness of the mind after all that has been discerned in the mind, there becomes an awareness that is alive and Living. The mind is still. There is no such thing as waiting upon God but an awareness, an aliveness, that is the expression of Life Itself, because Life is a Living Awareness.

It is awareness that is required, not mere negative meditation. One has to be alive to be Real.

If you merely sit in some particular place to transcend the world you live in, and live in some so-called heaven you have created in your mind this is but a passing fantasy and you can never help the world in which you live now. *But you can never help the world if you try to transcend the world.*

The great thing of the Christ is this, that the Christ is in the world but not of the world, and if you can always remember that, you will see that you never need to transcend the world, but Live the Christ in the world.

It is by understanding your own weakness that you can understand the weakness of others. It is by understanding your own problems that you can understand the problems of others. Unless you know what is taking place in your own mind-heart how can you help others?

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You would never know sorrow unless you have suffered and it would be useless for me to try and teach you unless you have suffered. Jesus suffered in the world and took upon himself this suffering, but he discerned the cause and it was for *this* purpose of showing man his freedom that he came, “unless ye turn and be forgiven” meaning turn away from the cause and effect of *things* and you *shall* be free.

It is the same story that was told in the Bible in the chapter of Genesis when we find about the two trees that grew in the Garden of Eden, the one was the Tree of Life and the other the Tree of Knowledge of Good and Evil.

In his own words was said, “the Tree of Life is a salvation.”

Turn away from this Tree of Knowledge of good and evil where there is always opposites in the mind. In the mind you will notice if you discern in your mind you will see that you have always opposites. Two of two, always positive and negative. If you think of health, you have ill-health, if you think of ill-health, you have health. If you think of sorrow, you will think of joy, if you think of failure, you will think of success. If you think of success, you will think of failure. These two things are always joined together, each of them battling together in the mind.

It is not until you get behind the mind of opposites, where you see the oneness of the Creative Power in which you are Itself, the thinker, the Creativeness within you that is behind the mind. The mind then becomes the vehicle for the oneness of the Creative Power. But if you live in your mind, then you create images and these images cause conflict and sorrow.

In Isaiah 32: 25, 26 it says, *this is the Internal speaking through the prophet*, “yet it is I who (for my own sake) blot out your ill deeds, I put your sins out of my mind; recall to me, in your defence, a single item proving you innocent!” Here the prophet sees clearly that when we turn to Him Who created us in His image and likeness all is forgotten, we are free, and the next verse means those who try to prove themselves innocent (to God) by thinking how good they are. Even Jesus refused to be called good. He said, “why call me good? There is none good but God.”

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In Isaiah 44: 22, it says, “I have swept aside your ill deeds like a mist, your sins like a cloud, I have redeemed you; O return to me!”

Most people are caught up in the relative, including beliefs. So it was, the prophet meant, withdraw yourselves from these things; your beliefs, your ideas, your images. “Come away from them and return to me and there you will find me as I always was and always will be.” The Perfect one in which there is no guile, in which there is complete innocence.

And that is why I said to you before, if you will understand my words, that one who is innocent could not throw a stone and the one who recognised that he or herself was not innocent, they would not throw a stone.

As we see then, the great prophet, Jesus shows clearly in the Prodigal Son. Showing that under no circumstances was the relationship interfered with between the son and the father. We see also when he begins to ask forgiveness from his father, he does not hear him, he does not listen to him but calls for the robe to be put on him, ring on his fingers and sandals on his feet. Because God Himself being Innocent, being Perfect, could hold no imperfection whatsoever. No imperfect thought could ever pass through His Consciousness. And the fact that your consciousness and God’s Consciousness must be one because there can be no separation between them. God being Infinite in nature, there can be no other Substance, no other Life, no other Consciousness but His. He is Infinite in nature, Complete and it is He who is Living in us.

Now, it says, Jesus comes and he tells you, withdraw from all these things that are hindering the expression of the Father. Then you will find his inspiration clear and clean. He said, “I of myself am nothingness, it is the Spirit of the Father within me that doeth these things. Know ye not that I am in the Father and the Father is in me.”

A clear statement of the Truth. There lies the great secret of Life, the wonderful Truth that Jesus revealed to us. So this is the promise of our forgiveness to return to Him to recognise Him in all our ways. Jesus knew this for he was of the prophets himself he knew what

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they had said and written. “None of the transgressions he has committed shall be remembered against him; he shall live by the goodness of his life.” Ezekiel 18: 22.

We do not need the medium of a third party for Jesus showed that because the Father loved us we could return to Him at once. All we had to do *was to love Him wherever we find Him, even in our enemies. So that we will be Children of our Father in heaven.*

And when you recognise that you are the world, that you are your neighbour, that you are your enemy. That your enemy is you, your neighbour is you, then you will learn to know the great Truth that Christ knew. The Father Himself is no respecter of persons, He Lives in each one of us freely.

It is for us then to eliminate from our minds, these antagonisms, these hates, because the expression of the Father is through Love and Wisdom. These two combined together is seen as the Power in the world. Without Love there can be no Power; without Wisdom there can be no true expression and that is the Master himself, Love and Wisdom.

You must be one-pointed in regard to the Tree of Life, the Tree of Salvation which leads *man to his true state.* “I and the Father are one.”

To know that you are Life, by this you live and think and what you think so it is unto you. Therefore good and evil are relative terms and the fruit *we eat* is the growth of these. If *a man* eats of the effects then he loses himself in the great illusion.

We are bound up with the effects of our own causes, this is the sin in the world which man bears, the ignorance in the world that makes man suffer. Freedom comes when we discern the cause and return to Him that holds us perfect now and there is nothing remembered against us.

Here then, is the great thing. The relief of the mind. But the relief of the mind is not truth. If you come to me and I say this is the way to travel, you may go that way, but it is not truth. Truth you have to find within yourselves. If you then have your mind settled regarding any particular thing that you have done in your life. For instance, people who belong to various religions, they go to the priest

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for forgiveness and they find they have got absolution, they go free. Their mind is free now to go and do exactly what they like, this load is taken off them. But that is not truth, that is a belief and not Knowledge of the Truth. The Knowledge of the Truth is this, my Father in Heaven is Perfect. He Himself is the Living expression in me.

If I know this then, I will remember what Jesus said to Peter, “forgive seven times seventy.” That means forgive always because unless you pardon you cannot be pardoned. By pardoning others and forgiving others, you are forgiven yourselves. That is why he says, “even the son of man can forgive you.”

Now we see what the Son of God is. The Son of God is the Christ, the only begotten Son of the Father that exists in every human soul, that can never die and nothing can injure It, nothing can tarnish It, nothing can ever touch It. After the crucifixion we see the clearness and the understanding of this. Christ still remained intact and it will be the same with you. For Jesus was the example and it was through this example that we find the Livingness within ourselves.

He also said, “search the scriptures, and you think you have Eternal Life, you make a mistake.” The reading of any book does not give you Eternal Life. The reading of any book does not give you the Truth. It may lead you into ways to eliminate from your minds the things that have been holding you back. But you have to do the discerning yourselves and as the discerning is done, the awareness of Life then becomes a Reality.

It would be useless for me to talk about freedom if you did not desire freedom, you could never understand love unless your heart ached. Understanding comes when you are really suffering, really searching, when you are intelligently revolting against limitation, when you feel you are really bound. *Then there is a time that you strike out for Truth.* Yet you are not really bound at all, except in your own mind-heart.

But Jesus came to show us that we were not bound, we were free. If we would only free ourselves.

In Mark 4: 12 (Eastern Text) it says, “for seeing they see, and yet do not perceive, and hearing they hear and yet (do) not understand. If they return, their sins would be forgiven.”

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If you are content to stagnate in conformity and tradition and the like you will never know freedom. But if you will turn to Life, Life will reveal her secrets to you. Yes, how long have you searched for this? You looked at the stars, peered into the sky while your mind-heart was bursting for Truth. Inside you knew, but could not understand.

There was a knowing yet there was no understanding. Why? Because of the fact, that you were stagnating in conformity and tradition, that you were bound in these things. But Jesus said, "cast off this burden and you shall be free."

Oh, could I give you just now, the Ever-present Reality of the Truth. Past is the present, and the future. In your mind, the things that happened to you in your early childhood right up to now is in the present, they are forcing their way up into your consciousness, your adult life is according to what you have accepted and believed.

And they say, if you feel troubled then, search into your mind away back and see what is the cause of this. But this analysis of the past is death. Awareness is the present. If you become aware of your own thoughts, your emotions, and conditions because the past is the present, all that is in the past is in the present now. All that the future can ever be exists at this very moment.

The completeness of the whole scheme in God's mind is completed. There is no separation anywhere. The Presence of God is present now, in you and me. But the only way that we can become aware of it is to drop all these things that are hindering us! Those beliefs that rise to the consciousness. Those things that hold you bound, your tradition, your conformities. All these things that are hindering the expression of the true nature of the Infinite Life Itself, that is free and unconditioned.

This is what the Master came to show us.

Oh what a mind! When I read his words, I can see how clear his consciousness was in regard to it. He held no beliefs. He was aware.

Jesus says in Matthew 8: 17, "that the word spoken by Isaiah might be fulfilled, He took away our sickness and our diseases He removed." Only through the recognition of "the Father and I are one" could this be done. "The Father who ever remains within me does the

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work.” So Jesus tells us that he came that we might have Life and Life more abundant.

Life is one, we cannot divide it, only in our minds do we have separation and this is self-created through ignorance, there is no ordinary or extraordinary in Life, this is but an attempt to divide Life. Immediately you do this you are caught up in limitation.

If you say then that one person is an extraordinary person and another person is an ordinary person, I tell you, you make a mistake. In your own mind you have created separation. And immediately you begin to see this, you will drop all these things that are hindering the expression of that Life.

Out of the formless has come form and form must look to that out of which it has arisen for its Life, substance and creative faculty, *for* that which is formless still remains within the form. In this is the unlimited, the freedom we seek. *The* Life in the self is the formless yet it creates form *and in this formless there is freedom and that exists in you and me.* Therefore the self must merge into that which is whole and complete. Therefore we are essentially Spiritual and were so before we became physical and we are now Spiritual for this is our Eternal Reality *and we have it now, not in some future time.*

If you can then, see the great Infinite Mind, you can feel in yourself that you live and exist in this mind.

Everything you see by your eyes and your senses is relative. But there is something that is not relative, that is the Creativeness that is within you, that is behind all Creation—this is the unlimited. How then do you arrive at this unlimited state in your own consciousness? Only by discarding all these things that are hiding It and preventing Its true expression.

Our Spiritual unfoldment comes when we realise our awareness of our Eternal nature. This must come through the individual before it takes place in the whole race.

The great Truth concerning ourselves is that we are made in the image and likeness of God with mastery over all things.

Now we are born in ignorance for ignorance and sin are one and the same therefore we are at first ignorant of this truth so thus

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we sin, and the worst kind of sin is unkindness to others. What we impose on others we impose on ourselves.

By our own creative power we create conditions for which we suffer. So we fall into the error of seeing evil as a substantial power outside the Infinite, but this is impossible, thus we are bound by ourselves *in our own minds*.

Now Jesus gives us the perfect understanding of the Truth of the oneness of Life, “the Father and I are one.” This understanding of our freedom shows clearly that *I and the Father are one. (If then the Father is all there is, all the Principles of Creation. Jesus recognised the fact that he and the Father were one, all these Principles were within him and there was nothing hindering the true expression of those Principles because he had discerned everything that hindered it.)* We return and are forgiven so we find that in this Truth we are free and are no longer slaves. “Thy sins are forgiven thee arise and walk.”

I can see the Master's mind, now, coming along, realising the completeness of the beggar who was lying there in sickness. Realising the very soul entity, the very Spirit of God that was there hidden behind his mind, was torn with grief and suffering. His mind which covered up the Reality there, that was waiting to burst forth with all its splendour and course through his veins and body, and every cell become new. Jesus saw that at once and he said to him, “thy sins are forgiven, arise and walk. There is nothing remembered against you. Arise and walk,” and he took up his bed and walked.

You are no longer bound. You are free. Get up and walk. The Master was capable of complete awareness of this, which his awareness of the Truth and Life, was the same in the individual and his Consciousness united with the consciousness in man. That individual would then open the way and by his own consciousness, being one Life in both, then the Consciousness of the Christ became adamant and the man became free from all his troubles. But he knew this great Truth, mind you, he said, “thy faith will make thee whole.”

Unless there was this opening-up to the Consciousness of the Christ, there could be nothing done. In many places Jesus went he did no mighty works because of their unbelief.

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Whenever you then begin to recognise this Truth, you open your mind to the Christ and you become free. The Christ is the only begotten Son of the Father that exists in every human soul.

Therefore we see we cannot separate that which is manifesting and that which is not manifesting, (*you cannot separate that which is manifesting in me and you, and that which is not manifesting in the whole Universe,*) for they are one and the same. Nor can we divide the inner from the outer. So Jesus answered the question to Nicodemus, “when the inner becomes the outer and the outer becomes the inner.”

Our separating the invisible from the visible is the cause of our troubles. Life does not conform to anything, Life is free and natural. When we do as Jesus said, “loose him and let him go.” This we must do for ourselves. The inner meaning is to free the inner Life which we have imprisoned.

So with the parable of the Kingdom of Heaven. In Matthew 13: 24-30 the Master related another parable to them and said,

“‘The Realm of Heaven,’ he said ‘is like a man who sowed good seed in his field, but while men slept the enemy came and re-sowed weeds among the wheat and then went away. When the blade sprouted and formed the kernel, then the weeds appeared as well. So the servants of the sower went to him and said, ‘did you not sow good seed in your field, sir? How then does it contain weeds?’ He said to them, ‘an enemy has done this.’ The servants said to him, ‘then would you like us to go out and gather them?’ ‘No,’ he said, ‘for you might root up the wheat when you were gathering the weeds. Let them both grow side by side till harvest; and at harvest time I will tell the reapers to gather the weeds (first) and tie them in bundles to be burnt, but to collect the wheat into the granary.’”

Jesus was showing the Kingdom of Heaven. All the things that man does in this world, both spiritual and through his senses, through the self. The self is caught up in the self and does all the things that the Real Spirit would not do. These are the weeds that you sow in the field and when the reaping time comes, what is done? Jesus shows, that all these things are taken together, bundled up and burnt and they collect the wheat that goes into the granary.

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In this parable Jesus brings it down to the individual man. The field is like the Kingdom of God. The good seed is man in his Spiritual state. So the enemy came, that is the self, the ignorant man sows the tares among the wheat. So the tares and wheat grow together, so the good and the evil that man does grow together till the harvest comes when man leaves the earthly body the evil is dissolved away and only the good that man does remains. As Isaiah *says* (43: 25), “yet it is I who (for my own sake) blot out all your ill deeds, I put your sins out of my mind;..”

In Matthew 13: 31, 32, the Master relates another parable. “The Realm of Heaven,” he said, “is like a grain of mustard-seed, which a man takes and sows in his field. It is less than any seed on earth, but when it grows up it is larger than any plant, it becomes a tree, so large that wild birds come and roost in the branches of it.”

The mustard plant grows to a great size in the Valley of Jordan and assumes the appearance of a tree, the contrast between the seed and the size of the tree was proverbial among the Jews *and always has been and is today.*

The mustard seed is so small, the tiniest seed, yet when planted in the ground it begins to grow to be a great wonderful tree.

The meaning is the Kingdom of God, when man realises it is very small at first, *it is only tiny in his mind.* But *it* grows in great proportion and in spite of its small beginnings assumes a great proportion to cover the whole world and there to shelter all mankind and protect all nations.

*We see then the clearness of the Master's thought. Yes, the Kingdom of Heaven is **within you**, not without.*

Here is the great language showing the mustard seed as the smallest, tiniest thing. It has a small beginning in man's mind but yet grows to a great and wonderful tree, spreads its branches in all directions and all the wild birds come to roost in it. It covers them all and protects everything. The Kingdom of Heaven is the protecting agency for all mankind.

In the Kingdom of Heaven then you take the Heaven with you. You leave all your beliefs, your antagonisms, your ideas, your images,

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and all these things you leave them outside. They are like the weeds that are bundled together and are burnt, but the wheat is taken into the granary.

“Therefore seek first the Kingdom of God and the right use of that Kingdom and all things shall be added unto you.” That Kingdom is within you. And then we say, “where do we start?” That is the great problem.

You will go from here tonight, but the lesson I want you to see clearly is this: Love your neighbour as yourself. Love alone is the Power in Heaven and on earth. God is Love, and when we recognise this Truth, we become free. The meaning of the Kingdom then is clear. In our next lesson we will deal with the remaining parables of the Kingdom.

Heaven is the inner life, the souls that have perceived this light behind all men have been overwhelmed by the knowledge of the possibilities of their own lives. They have come to the understanding of the Omnipresence that fills boundless space, knows nothing of past or future but is eternally present. This the whole human race must come to understand. We must love Life more than anything else and then love our neighbour as ourselves. Unless we do this there will always be sorrow and conflict in the world.

“For everyone who uplifts himself will be humbled, and he who humbles himself will be uplifted.”

BENEDICTION

O Beloved, Thou art my eternal joy. All my faults are dissolved away when I enter Thy house of Love and Harmony.

Yes, I was beaten by the winds of fate and drenched in the rain of misery while I wandered in the groves of ignorance.

But now I am looking towards Thee and although storms beat down and rocks appear in my path I am sailing safely towards the Light of Thy Love and Wisdom to my home in Thee, O Beloved.

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EPILOGUE

This throat of mine sometimes gives me a little trouble. You do not to worry about it. I know how many people worry about my throat because when I was in the First World War, I had a bullet went right through my throat, from this end and out the other. That is when I was lying in the battlefield for four days and brought in then as dead. But I woke up on the edge of the grave on the fourth day.

The most peculiar sensation I ever had in my life was when I felt a weight upon me and there with other soldiers all tied together waiting to be put into the grave-trench which was dug for us. And I happened to give a sort of a squeak and I heard, the voice cried out to these fellows, "there's a live one here somewhere."

I said, "yes," in a sort of a squeaky voice I cried out, "oh..." and they came to me and took me out of this terrible business.

But during that time, I remember when I was hit, the most peculiar thing about it was this, I will tell you the story. I was going with the others and a sniper must have got me from not very far distant. And he got me through the neck. It went through the neck and out the other side. But it must have been, what we call, armour-piercing bullets. There was silver on the front of it, so it had a very sharp point and it was meant to carry long distance of course. And it could not have been very far away because if it was a spent bullet...

(Recording abruptly ends here)

* The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Pretoria Lecture given in the Pretoria Women's Club, 4th floor of the Sanlam Building on Tuesday night of 20th March 1951, at 7.45 pm. No recording exists of the Johannesburg lecture.

**THE LAST OF THE PARABLES
OF THE KINGDOM***

“I will open my mouth in parables, I will speak out what has been hidden since the foundation of the world.”

(Matthew 13: 35)

This is the words of Jesus when he spoke to the people. Yet many could not understand these parables or that which was hidden since the foundation of the world. But if we go to John, we find out exactly what the Master means, when John says, “in the beginning was the Word and the Word was with God and that very Word was God and that Word was made flesh.”

Jesus no doubt took this from psalm 78: 1-2 which says, “listen to my teachings, O my people, give ear to what I say, as I open my lips in a poem on deep lessons in the past, . . .” (Moffatt Translation)

Jesus was no doubt very well learned in the scriptures, because he no doubt studied them for many years, and if you look through his sayings, you will see how many he has taken from Isaiah and from the Psalms and various parts of the old scripture.

That the scripture would be fulfilled, such and such a thing should take place, and in everything he did it was for this purpose so that his disciples would see exactly who he was. That he was the prophet that Moses had spoke of that would come after him.

We who have gained a glimpse of the Truth can now understand the Master’s words, and in understanding them we know that the majority in the world are blind to the radiant Power of *the* ever-present Life which the Master showed by means of parables.

Naturally it was impossible to explain the Truth to the masses because they would not understand him at all. Therefore he spoke in parables to the masses and to his disciples he spoke to them

* See page 114

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privately. So we will see what he says to his disciples privately and we will see also what he said to the masses.

The majority of people look to the external world for power and satisfaction and thereby have lost the true satisfaction that comes only from the Spirit within. Man is seeking “something” which would give him satisfaction, yet by his temporary blindness he has missed the splendour and radiance of the very thing, because It is too near to him thus he could not see. He looks without instead of within.

And in every one of the Master’s parables, he is directing the individual to look within himself to find the very Livingness, the very expression of the Father that was in Jesus himself and to show also, by example, what was possible through the understanding that he was the Son of God. As Paul said, “that he did not seem evil to him to make himself equal with God.”

In fact, he, I say, did not make himself equal with God as Paul said, but he showed definitely that the Power and the Principles of the Father was in him, because of the statement he made, which was true, that the Life that was in the Father, was also in the Son.

In his own words, “as the Father hath Life in Himself, so He grants the Son to have Life in himself.” The same Life, the same Principles of Creation, the same Power, and it is only through the recognition and the realisation of this, discerning all that is a hindrance to its true expression. The Master knew as no one ever has known and it is for us to find out that which he knew and the Power which he obtained and how he obtained it.

The Sanctuary of the Silent Healing Power has proved that when people once get a glimpse of this “Radiant Power of the Presence” the so-called impossible becomes possible. Since I commenced sending out the Sanctuary letters all over the world I have already received thousands of letters from those who have benefited in many ways. It has convinced me more than ever that the mighty power of the Infinite Life is awaiting expression from within us all and proves that the miracle happens within the individual and not from without.

And in all these letters that are sent out, it is directing the individual

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to the power within themselves so that they can become free. It is the freedom of Life that is so essential.

If we then put Life in a cage, which we do by our fears, by our beliefs, we find then that we are not free and instead of expressing Life, we are only expressing the belief or idea we have of Life. Therefore we must see clearly that Life Itself is not bound, is not limited, is not an idea, is not a belief, is in no way is it anything that is in the mind. Life itself is beyond mind and it uses mind for a means of expression. If your mind is clear as regards Life as whole and complete, then Life Itself will express Itself as it did through the Master Jesus because he said these words: "These things I do, even greater things will you do, if you will but follow me, and believe in me."

Many of these letters describe how so-called incurable diseases have vanished, where depressed and dejected people have been restored to health and happiness, where peace now reigns, where at one time there was only chaos, where burdens of Life have been lifted and confidence restored, where homes have been again re-united in happiness, and success has taken the place of failure, where freedom has taken the place of bondage and confused and perplexed minds have attained the light of Truth. *These are the things that are so essential in our lives and they all come from within and not from without.*

It was this that the Master saw, when he said, "I have come that you *shall* have Life and Life more abundant." "O, how I could gather you under my wing as a hen gathers in its chicks," these are the Master's words in modern language and how true they are.

He saw clearly. If I could only bring you into this understanding, if I could only nurse you into it, so that you would understand what I know. And his great desire was to give to his brother man that very knowledge, that very Power that he had and the way it was obtained. But man closed his mind to it, he closed his heart to it. And because he was not of the world itself, remember, the most unique position the Christ holds is that the Christ is in the world but not of the world because the Christ is the Son of God. Yet in every human soul the Christ is born.

I want you then to see this great and mighty truth that Jesus

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saw when he said, "I am not of this world." Yet he was in the world, yet he was not of the world. And it is because of this that they wanted to kill him, and they did kill him. But they could not kill that which they could not see, therefore the Christ was still alive and still lives. And the same Christ that manifested in Jesus is still living in the Master today. And there is no difference in that Christ, never has been and never will be, because it was the Word that was in the beginning, and it was the Word that was with God, and the Word that was God and the Word that was made flesh.

If you can follow these truths that I am showing you, you will see the Masters mind. You will understand his own Power and how he obtained it.

Therefore the most important thing in life is to gain a further understanding of this great and mighty power that makes all things possible. The Radiant Power of the "Presence" makes the impossible possible. But this must come from within the individual self and not from without.

I am not speaking to you about theories nor am I theorising, for I have evidence of the practical application of this Power in my own life and in the lives of thousands of others to assure me that the continual practice of the "Presence" in our lives will result in benefits far beyond our ability to imagine.

And do we practice the Presence?

We practice the Presence because we discern everything that is preventing the Presence from manifesting. I cannot tell you what the Presence is, you have got to find that out for yourselves. If I tried to tell you I would spoil it for you, all that lives within you and you will find It for yourselves.

If then you can see, the Presence will always manifest Itself when you clear the way. As the saying is, "make way for the Lord." Clear the way for the Lord, and it is quite true, we have to clear the way ourselves. We created these beliefs, these ideas, these images, these antagonisms, and all these things in our own minds, through our reactions to things external to ourselves. We created these things absolutely deliberately because of our ignorance of the Presence. But if we can discern this and we can see how we can dissolve all

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things away, then the Presence will manifest Itself of Its own free will.

Jesus made no effort to do anything. It was the Presence that did it, because he said clearly and distinctly these words, “I of mine own self can do nothing, it is the Spirit of the Father within me that doeth these things.”

Therefore I want you to see clearly that the mind must be freed from all antagonisms, from all beliefs, from anything whatsoever in the mind that is hindering the expression of that Presence, and when you find in your own heart, the secret of the Presence is—Love. Love so deep, so great and so wonderful that It says to you and you can say it unto anyone, no matter who they are, “forgive them for they know not what they do.”

In these words then, lie the secret of the Master’s power, and if you can see this clearly with your own mind, you will discard all that is a hindrance to Its expression.

It is dependence on things or people or ideas that brings limitation and frustration. This dependence arises from ignorance of the truth of the ever-present Life that is all creative and free. This dependence arises from lack of self-knowledge, from inward poverty. This inward poverty is the cause of fear which creates uncertainty in the mind-heart, and prevents us from partaking of the great promise of the ever-present “Presence” to fulfil every desire when we look to “It” only, *and to no outside source.*

Even help from any source whatsoever, except that which comes from within. If you are truly aware of this Power, you will see how wonderful it is, how free you are when you know that this all originates within yourselves.

The tremendous magnificence of this wonderful Truth that the Master showed in his parables, mind you, which we will see shortly, was so great that the mind could not even accept the greatness of it. But you being students of the Truth, are able to see now the very great significance of the Master’s words, and I am trying to bring into your minds the freedom of the Truth that the Master had and that is what we have to see also.

Through self-awareness we begin to discern and comprehend

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the cause of fear, not only the superficial but even that which is born in us through the flesh. Fear is both inborn and acquired, it is related to the past and the past must be comprehended through the present.

And that is why it is born in the flesh. But it no longer controls the Christ, the Christ is free, but we are born in the ignorance because our forefathers had the ignorance in themselves. They had the ignorance in their own minds. We are gradually out-picturing and escaping from this ignorance through the understanding of the Truth. And therefore we see that if this fear is born in the flesh, you see it in the child, even before the child knows anything, there is a certain amount of fear, then it is acquired through our misunderstanding of the truth. If our schools, our universities, our institutions would begin to learn the fundamentals of humanity and give these as the fundamental Truths to every child before anything at all, then the child would grow up in the understanding of the Truth. The Truth that the Master knew, "I have not come to destroy the world, but to save the world." His motto was service.

On the Good Friday, the evening of the supper, he bathed his disciples feet. He started with Peter. Peter resented, he said, "you shall not bathe my feet."

Then when Jesus told him why he must bathe his feet.

Then he said, "not only bathe my feet, but my hands and my head as well."

And Jesus said, "sufficient if I bathe your feet." The example was to show him as he was lord and master, he bathed their feet. And as example he said, "You must do this unto one another, and the command I give you is, love one another."

There was the great secret and it is the secret in every heart today, it is that true understanding of the Master's words.

Through self-awareness we begin to discern and comprehend the cause of fear, not only the superficial but even that which is born in us through the flesh. Fear is both inborn and acquired. It is related to the past and the past must be comprehended through the present.

The past is ever awaiting to give birth in the present through

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memory. Therefore the self is the root of all fear. Therefore we must first discern the self, then cleanse the self through understanding that which lies beyond the self, then we can become aware of the cause and effect of our problems and note its dual process, and we can only do this through experience.

And if you can discern then, the dual process, you will see that it is in the mind. It is not in the Spirit, it is in the mind. It is the way that you react to conditions and things; the way that you think, the things you have accepted.

If for instance now, a child is brought up in a particular form of religion. He is drawn up in this particular form of religion; whether it is Catholicism, whether it is Presbyterianism, whether it is Dutch Reform or whether it is Hinduism, or Mohammedism, or whatever the case may be. How that child is brought up in its life will show itself in its adult life. What the child is trained in its infancy, it will show itself in its adult life. And these are the ideas and images which are controlling the individual who does not know because he has absorbed these things from the time he was born. Consequently, when he meets some other person with different ideas, then there is conflict and trouble and before you know where you are, you have a war on your hands.

Don't you see how terrible and diabolical this thing is? It is so terrible that the individual who is caught up in it cannot see it and he cannot see that very thing that is free, that is so near to him because he is always looking outside for it when it is all the time within himself.

To merely suppress a fear does not eradicate the cause of fear but only produces further factors of disturbance and suffering. By observing the cause of fear, allowing it to unfold itself without being caught up in it, there comes creative understanding which alone dissolves the cause without developing its opposite, which is but another form of fear. We cannot eliminate fear by merely saying to ourselves we have courage.

If you have fear and you say you have courage, on top of fear, you do not eliminate the fear. What you only do is try to overcome the fear with courage. But here you have a conflict, here is a dual

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condition in the mind. The mind now is battling with these two ideas, fear and courage, and before you know where you are, you are a mental or physical wreck. Your nerves have gone in because of this continual struggle.

If you can discern the cause of your fear; and watch it and see its movements, and see it external to the self, and see what is taking place in the mind, impersonally, then you will find that it will disappear and Reality will take its place.

You cannot under any circumstances whatsoever eliminate a negative condition by putting a positive condition in its place, the negative will always be there. You must discern the cause of this condition, then itself will dissolve away because you will free yourself from it. But if you are caught up in it, you are bound, you are in the prison of your own making.

When I say it is a state of mind that enables us to use this “Radiant Power” it is a truth that cannot be denied. Although the Presence is Eternal and ever-present we seldom create the state of mind that is essential for the manifesting of the Mighty Power through us because we are caught up in the external or cause and effect. Only by giving importance to the things that **are Eternal** can secondary issues be understood and solved.

The majority of people believe that they have to learn philosophy, psychology, etc. before they are able to understand themselves. *This is a great illusion. The philosopher is supposed to know something about himself. The psychologist is supposed to know something about himself or herself, but what we find is they know nothing at all about the self. They know something about the conditions in the mind, but then that is not sufficient.*

If we are chasing rainbows all the time, we will never get to realities. We must discern these things impersonally. We can see these things clearly and distinctly without being caught up in them, then we can free ourselves from them. There is a great difference between self-analysis and discernment of cause and effect. Before we can express the “omnipotent Omnipresence” we must know that we have a right to It, and it is exceedingly simple in Its application when we understand the Master’s words of the parable of the kingdom.

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“I will speak out what has been hidden since the foundation of the world.”

The simplicity of it was enormous, “unless ye become as a little child, ye shall not enter the Kingdom of Heaven.” Unless you empty your minds of all these stupid ideas, those beliefs, those antagonisms, those things that are hindering the expression of me. Me, mind you. He said, “me, the Christ within, ye shall never enter the Christ.”

Immediately you then eliminate those things from the mind, these things that create difficulties between one another. The greatest offence in the world today is these antagonisms that are rising all over the world; between groups, societies, religions, nations, throughout the whole world.

We see it on such a gigantic state that we have got two ideologies, one fighting the other, and they do not know what they are fighting for. Ask them what they are fighting for and one will say democracy. You ask him what democracy is and he knows nothing at all about it. They ask the other side and he says communism is going to rule the world and you ask him what is communism and he cannot tell you what it is because he does not know what it is either. An idea has been planted in his mind, both in one side, and another, and before you know where we are, we have already an instrument to destroy the whole of humanity overnight.

When I switch on the electric light I know that electricity is waiting to express itself. It is the same with the “Presence.” Although we do not know what electricity is we know that it is and the same with the Presence, we must first know that **It Is**, and this comes through self-awareness, through understanding.

I am alive and living. I am the Livingness of the Christ of God. I am the Livingness of God. Without God I could not Live because He is the only Living Being there is. I am the expression of Him. In every way, I am talking in relative words now, but in these relative words I feel within myself the Truth of what I am saying. You have got to find that within yourselves too.

All this seems very simple to you while I am speaking to you, and it **is** simple when the mind is at rest, free from disturbance, there is a calm peace when there is a silencing of the outside noise.

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In this calm peace the Ineffable and Glorious “Presence” makes Itself felt, and all is possible to those who understand fully.

This is what the Master knew. It was the quietness, the calmness, the undisturbed state of mind. Even in his greatest trials; when before Pontius Pilate, when he was scourged, spat on and a crown of thorns placed on his head, he never even murmured and even at the very last moment of his earthly breath he said, “forgive them for they know not what they do.” If that was not a man full of courage, let me see.

He who seeks to save his life will lose it but who gives up his life will save it. If you seek to save your personal self, then you will lose that self. But if you give up the outer self, that Inner Self shall become the Self and you shall retain it. And it was this same Self that makes Jesus today the Living Expression of the Christ as he was upon earth. And it will make you the Living Expression of the Christ too when you understand his words, and, not only listening to them, but acting on them.

Yet man in the image and likeness of God is trying to make a god according to man’s own image with the result that the world is lost in dogmas, creeds and illusion while Reality is smothered with these beliefs which lead to separation and separation leads to economic and social evils, wars, etc. These things cannot be adjusted without understanding *the cause that causes them.*

It never will be adjusted by any outside agency, nor in any form whatsoever by any particular political group, by any nationality, or any society or nations of any kind from the outside, it cannot be done. It can only be done through understanding the cause of them, and they find that the cause is within yourselves. Now, at this very moment, you are adding to the very misery in the world unless you understand the cause of it.

To understand them, to bring about a fundamental change, we have first to comprehend ourselves who are the cause of these evils and the Master’s parables of the Kingdom gives us the key.

In Matt. 13: 33, he told them another parable, “the Realm of Heaven,” he said, “is like dough, which a women took and buried in three pecks of flour, till all of it was leavened.”

Three pecks of flour or meal was the usual quantity for baking

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and Jesus used words appropriate to the times. The leaven always conquers the dough and here he makes it represent the regenerating, transforming and renewing power of the Spirit. Jesus was showing the resistless, the unseen transforming influence of the Kingdom of God—the Spirit within acting on the outer. This is true to everyone who has realised it. The dough represents the outer *and* the Spirit always conquers when understood. When we begin to understand the Truth we see how clear the Master's mind in regard to man and God. But he could not know this unless he became man himself and experienced the outer which is represented as Satan.

Therefore why his example? Now you begin to see what he means by the parable of the dough. It shows you that only from within can the outer be changed and when the outer is leavened, by the Spirit, the whole thing is changed.

Things cannot change from outside, you are dealing with effects. You must deal with the real cause of the effect and that is always within the individual.

In Matthew 13: verse 36, it says, “then he left the crowds and went indoors.” Here he spoke privately to his disciples and gave them other parables.

Matthew 13: 44, “the Realm of heaven is like treasure hidden in a field; the man who finds it hides it, and in his delight goes and sells all he possesses to buy that field.”

It was at that time the custom to hide treasures in some safe burying place. (*You did not have banks at that time, so therefore if they had any treasure they buried it away in a field, or in some particular place. And Jesus was speaking to the people according to his time and I have got to take you back into that time and you have got to listen to him saying just those words and see exactly how the people were responding to it. So he tells his disciples these things.*) This man unexpectedly found a treasure, the treasure legally belonged to the owner of the field. The Treasure is the Kingdom of Heaven and the field is the world. So the man sells all he has, meaning gives up all craving for things of the world and makes most of his opportunity to secure the treasure. The parable teaches us the Infinite value of the Kingdom to man. It is worth all he has to

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secure It, and when secured he finds that he has lost nothing but gained everything without the disturbing element of inward poverty which causes us to want and crave that which creates more inward poverty.

When we then desire these things external to the self, we find our craving becomes more. You get one thing, after you have got it, the attraction disappears, then immediately you go on for something else and the craving goes on and on and on, from one thing to another. Then your craving becomes even mentally, socially, power, even you get that, that disappears also and then the craving becomes more subtle—the Truth. So you read book after book to find the Truth all the time you are searching outside yourselves. The inward poverty causes you to do that. But Jesus shows you how to dispel this inward poverty, in his parable.

What a wonderful mind! What a great and mighty man! He was so wonderful in my eyes. Always I look and think and I can see him. In fact I feel that I have been there with him so often. I feel that he was my friend, always my friend.

In Matthew 13: 45, “again the Realm of heaven is like a trader in search of fine pearls; when he finds a single pearl of high price, he is off to sell all he possesses to buy it.”

Here we see the opposite of the other parable. Here Jesus says, “the Kingdom of Heaven is like a trader seeking pearls.” The Pearl is man. In John 3: 16, we read, “for God loved the world so dearly that he gave up his only Son, so that everyone who believes in him may have eternal Life...” Therefore the parable teaches us of Infinite value of man in God’s sight, made in His own image and likeness with dominion over all things in heaven and on earth. Instead of being the repetition of the previous parable it becomes the reverse, the pearl was the most valued of all gems at that time and man represents the most valued gem in the realm of heaven.

How wonderful to think that Jesus told his disciples these things. And we can see how wonderful they are to us too, that we are the pearls of great price. In the sight of God, there is nothing greater, nothing richer. Is it not then truly significant that we should discern everything in the mind that is hindering the expression of that

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wonderful true pearl?

If you could only think with me in the time when Jesus walked the earth we could go along through the cornfields, at the side of the field, plucking a few ears of corn as you go along, chewing them in your mouth, talking about the great things that he knew.

His disciples knew that he had the word of Eternal Life. When he was teaching, at first he taught through parables, and he said many things that his disciples could not accept, because they did not understand, and it is the same thing today. These lectures, that I am giving you could not be accepted by the mob, by the masses, they would do the same as they did to Jesus, exactly the same. Perhaps the laws prevented them from doing the things they did at that time, but it would be in their heart to do so and it would just be as bad as doing it.

And some of the disciples said, we cannot listen to this and they left him, and I can see Jesus turning round to the twelve who were there, and he said, "do you want to go too?"

He was sufficient. He was the son of God. He knew it. The same Principle of Creation. The same mode of action was in him because he was the image and likeness of his Father.

Many have interpreted this parable as man seeking after God, but we have only to read it carefully to find what the Master meant.

In Matthew 13: 47-50, "again, the Realm of heaven is like a net, which was thrown into the sea and collected fish of every sort. When it was full, they dragged onto the beach and sitting down they gathered the good fish into *one* vessels and flung away the bad. So shall it be at the end of the world; the angels will go out and separate the evil from among the just and fling them into the furnace of fire; there men will wail and gnash their teeth."

Jesus was speaking at this time on the cause of this to his disciples. He had taught them of the inner realms, of what we call, the astral groves where the ignorant individual passes into his astral grove because he will not accept the Christ of God. And therefore he passes into a form of darkness where he has got to remain until he does accept the Christ of God before he can enter into the Heaven of God.

He was talking mostly about the Pharisees, those who were

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teaching the people “rot” as he called it. And is it not the same today? You go into church and what do you do, you swing some incense and then you are praying and half your mind is over there and the other half of your mind over here and you are singing a psalm or you are reading something and consequently you come out and you think you have been to the church, that you are quite all right now for the remainder of the week, you have been to church. But is your mind any better? Is the mind clarified at all?

Let me tell you this. It is your mind that is preventing you from entering into that glorious state that the Master was in and is in now. Look into your mind and then see what is hindering it all.

So here again Jesus uses the simile of the net used at that time which was a net drawn on the bottom of the sea which permitted nothing to escape. The net gathered fish of all kinds, which means all peoples of all nations on earth. This shows the universality of the Kingdom of Heaven where all abide side by side. Those who turn to God are forgiven and are free, no longer bound in a hell of their own making. But those who will not turn are called the bad fish and because they *would* not turn and *be* forgiven they find that they are in the throes of illusion, which makes them regret that they did not turn before.

The wailing and gnashing of teeth represents the mental torture or remorse in denying the Christ of God which is the Spirit of God within themselves. *There is one thing as Jesus says, “that God will not forgive you, that is denying the Spirit of God, denying the Christ.”*

Then if you deny the Christ, what happens to you? You deny yourselves, the very essence of your own living and your life. Jesus knew this and he was showing his disciples the wonderful Truth that was there, the Spirit of God within them. The Christ of God which is the Spirit of God within themselves, The outer darkness is the astral world where these people remain until their ignorance falls away from them.

During the last war and the war before this, it was dangerous for people to sit in circles¹ because of the ignorance of those particular people who were fighting at that time. Different people who had,

1. See page 114

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these particular brutish natures, and they would come into a circle. I have known of them coming into these circles and upsetting the whole circle altogether through the medium and very often making the medium so ill that for weeks and months that medium could not do anything at all. And it was a dangerous thing for people themselves to sit in those circles because of the influence of these people who had passed out of their bodies, not knowing exactly where they were and still maintained their brutish feelings and their antagonisms and their hellish nature which they generally have under those conditions.

Therefore I say to you, there has been a cleansing of the astral grove just recently. But there is many of them are still in darkness because they do not understand. Many people passing from this earth are engaged in their own antagonistic religions. Fighting one another still in their own religions. These exist only in the first and second planes of the astral world but in the third plane is the paradise where Jesus took that thief on the cross. "This very day you will be with me in Paradise." He was no longer a thief, the outer had passed away, he accepted the Christ and he was free.

In Matthew 13: 51, 52, Jesus asks his disciples, "have you understood all this?" They said to him, "yes." "Well then," he said to them, "every scribe who has become a disciple of the Realm of heaven is like a householder who produces what is new and what is old from his stores."

This means that those who have become disciples of the Kingdom produce from within themselves by the power of the Spirit, what is old and what is new, meaning that the old and the new are one in the "Presence" now which is always present and according to his stores—his realisation of the Presence—the Christ – so does he produce.

When Jesus had finished these parables he went forth to his native place and he taught in the synagogue. The people were amazed and wondered how he got these miraculous powers, for they all knew his parents and his brothers and sisters. So he said to them that a prophet never goes without honour except in his native place and in his home and we are told that he could not do many

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miracles owing to their lack of faith, which again proves that the miracle must take place *from* within the individual, *and not from without*.

“Thy faith hath made thee whole.”

Yes, that same Jesus is alive today, through his ascension of the cross. Truly it is a Truth and he is alive and existing today and is amongst us. He has never left us, he cannot leave us. He is one with us. He is the flower in the Garden that blooms first and we are all blooming in that Garden, side by side. The Garden of Humanity, that is now waiting to give birth to the great and mighty Truth the Master showed. This time we feel so invigorated because of his Presence and we know that his Presence is Life, abundant Life.

BENEDICTION

O Divine “Presence,” I was once blind to Thy omnipresence. Although I knew that all roads led to Thee I could not find the way.

At last, O Beautiful One, I found myself, then the door opened into Thy Eternal Garden of Eternal Flowers.

I knew that Thou alone had planted the seed because they grew up in Thy likeness.

Now I find doors open in the hearts of many who love Thee.

Yet there are those also who have not turned towards Thee and the door is closed fast.

O Divine Presence, knock on these doors and arouse those who still sleepeth in ignorance of Thy “Presence,” O Divine “One.”

* The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Pretoria Lecture given in the Pretoria Women’s Club, 4th floor of the Sanlam Building on Tuesday night of 27th March 1951, at 7.45 pm. No recording exists of the Johannesburg lecture.

1. *Circles*. In this case Murdo is referring to *séances*: meeting for exhibition or investigation of spiritualistic phenomena.

**THE WORLD MADE BY THE WORD OF GOD AND
THE WORLD MADE BY MAN—JESUS SHOWS US
HOW THESE TWO CAN BECOME ONE***

It is very difficult sometimes for beginners to understand the teachings of the Master. Even his disciples did not understand him because they were caught up in their own theological ideas. They were brought up in a church, they were brought up to pray and all those sort of things. But when Jesus showed them that their whole life must be a prayer; not a particular prayer for a particular moment, but their life was a whole prayer, and it was the expression of that which was behind the self. It is difficult for people to discern the self because the self is the cause of all your misery, the cause of your joy, the cause of your pleasures. The self is that.

But behind the self there is something that gives the self Life and Power to think and act. Therefore, you see that this Life that is behind the self is impersonal. It does not care what the self does because the self is that Prodigal Son that is out in the wilderness, seeking here and seeking there for enjoyment, seeking for comfort, consolation, seeking for the truth outside himself. It is only when that particular self becomes the Prodigal Son and realises what he is doing, or she is doing, and turns, then they find that the Father there is waiting for them.

And there is always the completeness which Jesus showed with the Prodigal Son, was the fact that although he had entered into the wilderness and strayed in all these things, he had sought outside himself. He probably prayed but did not know what he was praying to because the fact is most people who pray, think they are praying to a man in the sky. As one person said, "well, what is God? God must be a man in the sky because that's the only thing you can pray to is

* See page 130

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a man in the sky.” But you see, that is the old theological idea which brings people under the burden of conformity.

But when you realise this Truth that when the Prodigal Son entered into the Father’s house, all the honours were placed upon him immediately. He became the Son just as he always was the Son, even if he was searching in the wilderness for the Truth.

Now the majority of people have been searching in the wilderness for the truth and what they find is but an illusion and eventually they come and find the true Reality. And it is this way and only the few that can find it. Many are chosen. Many come to the Fountain of Truth, but only few can drink thereof. If you can think deeply in your mind, you will see that everything you have created in your mind is an idea, an image of that particular thing, it is not the thing itself.

You do not know that which is behind the self. You cannot think about anything that is beyond the mind. You can only think about something you know. But this is beyond the mind. It is beyond the self. If you are going to pray to that which is beyond the self, you must know what you are praying to. You know that your life must be a prayer through the discernment of everything that is in the self that is hindering the expression of that which is beyond the mind. I am talking now in words. Even in my mind I am only creating an image of what I am trying to convey to you. But that is not the Truth.

All the expressions and the concepts of a thing is not the thing itself. All the words that I speak to you about that particular thing, is not the thing itself. Therefore you cannot think about that thing which is beyond the self because you do not know what it is. But, when you discern the self and understand the self, you know that there is the Life that gives life to the self and that is what you become aware of. Then you are on the path, to Truth and in no other way.

It is very difficult for the mind that has been caught up for years in conformity, in churches, in ritual. A person came to me the other day, in Johannesburg, and she says, “I go to church every Sunday, I pray and I do all those things, and I do not do anything to any person, I hate no person, I’ve got no envy against any person, and I don’t know why I have got this trouble.”

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So I knew that she belonged to the Dutch Reform Church. But I didn't say anything to that but I knew that I was going to catch her out and I said, "you're a Catholic aren't you?"

She said, "No, I'm not a Catholic!"

And I said to her, "you see, your face went red with indignation, almost a dagger in your hand," I said, "and there you are, you're living in separation and hate your brother man because of your own theology, your own belief and you hate the other person because of his belief. But the same God is in you and in the other individual." I says, "can you see now why you're suffering from all these troubles?" All of a sudden, she began to weep.

And I said, "tears mean nothing. It is a realisation of the Truth that is so essential to discern your own thoughts; discern your own feelings, discern the self and understand the self. Why are you caught up in this conformity? Why are you caught up in this form of religion, which is antagonistic to this other religion? Don't you see that these things are not truth but only ideas in your mind and all the time you have truth was only but an idea of the truth. And what were you praying to? Jesus said these words, 'You know not what you pray to but we do know what we pray to.' And only until you have discerned what I have told you this very moment, can your prayers be of any value. That is where you find the Truth."

And it is like Solomon too, when the two mothers wanted the one child. He wanted to find out which was the real mother and he says, "bring me a sword and I'll split the child in two and we'll halve it." And the child's mother came and said, "give it to her. Do not hurt the child. Give it to her." And he says. "this is the real mother."

Hebrew 11: 3 (Moffatt's translation) "It is by faith we understand that the world was fashioned by the word of God, and thus the visible was made out of the invisible."

Today the world problem looms precariously over our heads. We all wonder how present conditions can come about. Yet it is not difficult to understand when we begin to discern our own thoughts and feelings about people, things etc., and how we are caught up in them.

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In following up the Master's teachings we will continue this work by getting a clear understanding of his mind, we will study his words and the miracles he performed. Although his deeds appear as miracles to most people, to him they were the natural outcome of the application of his Divine understanding and faith.

Paul gives us the key when he says, "for it is by faith we understand the world was fashioned by the Word of God." By the parables of the Kingdom we have seen how the Master was showing to us this great significance of the Kingdom of God—the Kingdom of Heaven that he said was within us.

And everything is within us. The very seed is within us. God the very Life which was in us, that Life that gives expression to the Self, is within me.

If I do not understand myself, I will be caught up in all these things that most people are caught up in. But when you free yourselves you will see that Life is like electricity, It is free. No conditions attached to It whatsoever. Life is free and natural. Life has no conditions. The self imposes the condition upon the Self in which Life exists.

And in Life is the Consciousness and it is what you are conscious of that is the ruling factor in your mind. Your mind has no power of its own. Your mind is a vehicle in which you create ideas and images of what you have learned, seen or heard. But if these images, become as it were, influencing the consciousness of the self, the self is then irritated by it and it is this irritation of the self that causes all the trouble. The self tries to get rid of this thing, not knowing what it is. But if the self knows that the self was the cause of this thing, then the irritation begins to dissolve away. Don't you see that?

The majority of people have not the Knowledge of Truth, only very few. What is taught today is not the truth but is what we call the expression of the individuality in the form of acquisition. You are told that the Master's teaching is that you can get every thing that you want. The Master's teachings is nothing of the kind. The Master's teaching is this: that you never lacked anything and you do not lack anything now.

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But if you have a sense of lack, you will always be wanting that which you lack. It is this sense of lack that causes all of the trouble in your whole self, because the self reacts to that belief and feeling of lack. Therefore they go for these things they want, it leads them into an illusion, where there is no end.

But craving goes on and that craving becomes more subtle. First of all it begins in material things, then it goes to mental things, then it goes to spiritual things. It goes into these particular planes where it is finer and more subtle, and there is no end to it. But the end and the beginning is in me now, in you as well, that is, your Love of God, which in itself is free and natural.

In our modern age we try to grasp how we can put the Master's words into operation so as to bring about a better order of things, how we could put an end to conflict and misery *when* we are confronted with *it* everywhere.

We look around in almost helplessness. Where and how are we to begin? Are we to try and rearrange the world while still maintaining our own false values? If we are caught up in nationalities, in hatreds, in differing creeds, *and* religions, dogma, superstitions, acquisitiveness, how can we deal with a world that is the very duplicate copy of our own minds and actions.

That is the question I want to put to you. It is very subtle, but it is true.

We must begin with ourselves to eliminate drastically those causes that produce separation, antagonism, conflict and sorrow. We must discern the basis on which our present culture is built. Is it not built upon worldliness and the seeking of worldly things? These are the values upon which the world is built and upon which the lives of most are built. If we are able to put aside our passion for worldliness upon which the present world culture is built we will be able to discover the Eternal value that is never held within any framework, whether it be a League of Nations or any form of government.

Are we not all self-seeking more or less, that is, trying to combine the Eternal with a whole series of values *which* lead *us* to antagonisms, conflict and misery?

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We try to combine this Eternal, Everlasting, Loving Presence with all the series of values that we ourselves desire most, which are false.

We see then how stupid it is that if any particular person who is a dignitary of any church will come along with holy water, that is made holy (there is no difference to this water mind you, no difference at all, it is just the same). But with the idea in the mind that it is holy water, and the ideas of the other people who are looking at him, and he sprinkles it upon the guns and the aeroplanes that are going out to destroy our brother man, and we bless those guns and ammunition, for that purpose.

Do you actually think that that dignitary knows what he is doing? Has he got any truth at all in him?

Surely you, as disciples of the Master, know perfectly well that he was a man of peace. That he never encouraged, or advised, force to overcome force. He brought into operation the great Truth that we must overcome everything by Love. If you overcome a force by force, force will remain. If you overcome force by Love, Love remains and you have peace.

I see that the Pope has just made a saint of Gabriel now, in heaven. Of course, nobody knows who Gabriel is anyway, nobody has seen Gabriel, nobody knows him so, but we have made a saint of him. Gabriel is a myth in the mind of the individuals and is an idea in the mind of people. An idea is not the truth. You students will know that shortly because I am driving it into your minds so very strongly these last few lessons.

That you will see then that it is all humbug. Yet millions of people are caught up in it. In fact, poor Virgin Mary was just allowed to enter into heaven, not very long ago. Where was she all that time? Poor Mary, struggling to get into heaven. and then the Pope opens the door and lets her in. If Mary existed, she was in heaven long ago, she did not need the Pope to allow her to enter into heaven.

*Don't you see how terrible these things are, how the people are blinded about those things! This is the Life. Christ the Son of God lives **now**.*

THE WORLD MADE BY THE WORD OF GOD

Yesterday in Johannesburg, a man came to see me. And he said, "I know a great deal, You know, in this book here," (it was a biography by Yogananda¹).

Of course I know Yogananda very, very well, he was a friend of mine when he was in India, he was a yogi. But Yogananda is the biggest bluffer you have ever come across in your life and I know him so well, in India and I could see all his tricks, everything that he did, perfectly well and I knew what he was doing.

So he came in to see me with this book in his hand. I says, "oh, yes, Yogananda, yes, quite so."

"And would you believe in this?"

I says, "what do I believe in? I don't believe in anything." I says, "I've lost all those beliefs long ago."

He said, "but this and that and so..."

I said, "now, what are you trying to find?"

"Oh," he said, "I'm, you know, I'm searching for the truth."

I said, "you'll never find it there. Nor anywhere else. You can only find it in yourself." And, I said, "you'll find the ways and means to it only by yourself and not what I would tell you. Only when you are ready for it can you find it."

He says, "but I'm ready for it."

I said, "no." I said, "you know, when I was in the Himalayas, I was going around with Geshi Thudro, one of the masters, and a boy, a young fellow kept following him all the time, pulling on him and asking him in his own language, he wanted to become his student (a chela). So he got tired of all this thing and so he took him down to the river and he says, "go down and put your face under the water." So he put his hand on his head and kept him down under the water. The boy was struggling and he could not get his breath and then he let him up afterwards. And he said, "what did you want most when you were under the water?"

He said, "my breath."

He says, "when you want Truth just as much as you wanted your breath, you come back to me."

And that is what I told this man, "when you want the Truth, for Truth's sake, just as much as that boy wanted his breath,"

1. See page 130

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I said, "you come back and see me. It is no use talking to you. Read your books, do your books, do all sorts of things. Not until then can you know the Truth. Till such time as you have come to that stage, where you find that you cannot find It outside yourself."

We are, are we not, all self-seeking more or less? Trying to combined the Eternal with a whole series of values that lead to antagonism, conflict and misery. "You cannot put new wine into old skins."

If the world would seek peace then we who are the world must abandon those values that are based upon sensation, gratification, passion, ill-will, on possessiveness and greed. *They create antagonisms and hatreds which leads to war and strife.*

We must refuse to be led by politicians, economists, priests, with their endless plans for peace which lead us to destruction. We have made them our leaders in our ignorance of the Eternal Value which alone can free us from bondage. Now we must become deeply aware of the cause of the sorrow and conflict *that* is within ourselves. We created it and we alone can save ourselves.

We must become deeply aware of the cause of these things and we will find them all in ourselves.

We must search out the Real, the Eternal Value, which will alone bring peace and joy. For in it exists the enduring unity of mankind and in this unity alone can conflict and sorrow cease, for in this unity there is creativeness and creative Being.

Without this inward Eternal value which is the great Treasure—the pearl beyond price—can the outward organisation of law and economic planning have any significance? With the awareness of the Real—the Eternal Value—the outer and the inner cease to be separate. As Jesus said, "the outer will become the inner and the inner the outer."

Thus we see how the world created by God and the world created by man, can become one. Think what the outer and the inner means here. If we want peace, then we must understand the ways of peace.

If we are caught up in the toils of our (own) creation we can never be real creators. To be real creators we must have the view of the Omnipresence while we are creating, then our work will

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have an Eternal value that will bring peace and unity to all mankind. *But if we are caught up in our own creations, we have lost that omnipresent view of the Wholeness and which the Christ showed to us.* The Master and the prophets fulfilled their lives by awakening in others the Eternal Value—the Life that is without form but through which all form is created. “I and the Father are one” is the awareness of Eternal Life, and the same life that is in every other person.

I and the Father are one, is the awareness of Eternal Life.

The Master’s words to most people, are platitudes, they are mere words. Most people scratch their heads and they say, what did he mean by that? They will never know because they do not know within themselves. Only when you come to that which is Real within the Self, can you know the Master’s words.

If you are caught up in the outer, no matter what it is, you will not know the true meaning of the words of the Master, because you will try to formulate them according to your ideas, your beliefs.

It was through this awareness that the Master spoke. Through this awareness he obtains his power and freedom. This was the Father of all, the “Life” that was performing Its own deeds. This was the Eternal value that was manifesting Itself through those who realised It. This was and is the great secret of all saviours and prophets. It is the secret hidden in our mind *and* heart and comes forth when we find It.

The Life that is Eternal is not subject to laws, regulations, creeds, dogmas and the like. *And if you will discern that now, you can free yourselves from these things.* But if we subject ourselves to these we put Life in a cage of our own making and thus we are bound.

To the weary heart I say, Live in the “Present” which is Reality and not spasmodically in the past and the future which is limitation, confusion, sorrow and conflict, *memory and hope. These things belong to your mind. These things are the self-creative things and ideas and images which you yourselves are influenced by. The self then becomes caught up by these influences and you are no longer free. Don’t you see that the self is the cause of these things, therefore it is the self that must be understood.*

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As I said the other night, that psycho-analysis is death, awareness is Life. To try and analyse your mind and all the things that are in it, you are only looking at effects, not understanding the cause. You say that such and such was the cause of this effect. Let me tell you that you are on the wrong track. You are the cause of it and when you recognise the fact that you yourself is the cause through your reaction, not the thing outside yourself, nor words spoken by anybody else can affect you. You are the one that must react to it and you are the cause. Therefore to discern and understand the Self is the most important thing in your lives. If you are weary in heart you are living in the past and thus you are anxious for the future. If you are living in the worries and the regrets, rights and wrongs of anything then you must be hurt. You cannot help it, you will be hurt. Thus you are weary in heart. I cannot give you a pill that will make you understand but if you will try to see the cause of your own suffering, then Life—the Eternal value—will reveal Itself to you.

Most people are suffering today from what we call a persecution complex. They are caught up in it. They imagine they are persecuted, that everyone's against them. Some people then have what we call the guilt complex. They are continually striving to get rid of this guilt complex, all the time they have only got to read the Prodigal Son and see the answer to it.

Jesus spoke from the unlimited state of his own consciousness. But you speak from the limited state of your consciousness because your consciousness is influenced by your thoughts and emotions and conditions external to yourselves. Jesus' consciousness was not influenced by these things at all.

Jesus spoke from the unlimited state of his own consciousness realising the Eternal Life now. "I am the Lord." "I change not." "I am the Life." Open your eyes and see this wondrous Truth and you will know that it is the outer that makes good and evil realities when in themselves they have no Reality. We make them so we suffer, we eat of the fruit thereof and die in our ignorance.

Christ was the man who would free people. He created no dogma or creed. It was those who came after him that created the creed and the dogma from the teachings of Christ. But they do not follow in his footsteps.

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We have great buildings, magnificent things inside, gold and silver, gowns with great long flowing robes cost hundreds of pounds, big things on their head and they represent then the Christ. The Christ was a man who walked in the sandals on the sands of Galilee.

We are all endowed with the ability to realise our unity with our Creator and with mankind. This is God's free gift to man which the Master called "faith." Paul says, "faith is the substance of things hoped for the evidence of things not seen." Therefore we must learn to use this gift wisely so that we can intelligently co-operate in making the world in which we live fit for God's children. This can only be done when we eliminate the cause of strife from our own mind-heart.

Don't you say, when the world does it, "I will do it. There is no use for me to do it before the world does it."

It is only when this confusion is eradicated from the mind-heart, we can have the faith the Master had. This faith was demonstrated on the same day he gave the parable of the Kingdom in Mark 4: 35-41, it says, "that same day when evening came he said to them (his disciples), 'let us cross to the other side;' so leaving the crowd, they took him (just as he was) in the boat, accompanied by some other boats. But a heavy squall of wind came on, and the waves splashed into the boat, so that the boat filled. He was *asleep* on a cushion in the stern; so they woke him up, saying 'Teacher, are we to drown, for all you care?' And he woke up, checked the wind, and told the sea 'Peace, be quiet.' The wind fell and there was a great calm. Then he said to them, 'why are you afraid like this? Have you no faith yet?' But they were overawed and said to each other, 'whatever can he be, when the very wind and sea obey him?' "

In the old version it says "ship" and not boat, and it was no doubt one of the large-decked ships similar to the one he spoke from.

The Sea of Galilee is liable to sudden and violent storms owing to its position and these storms have been known to last three days. Jesus spoke as if to the Spirit behind the storm, "Peace, be quiet," meaning, "silence, be muzzled."

I can just imagine him, knowing the great Truth that the very winds must obey him. "The Word that was with God and that very Word that

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was God and the Word was made flesh. And all things were made by Him and nothing was made except that that was made by the Word of God.” And he knew this Word of God was in himself. “I Am.” Therefore he checked the winds, he muzzled the storm and the sea was calmed.

It is sometimes easier to stop the wind, to stop a storm, but it is very difficult when that storm is faithfully blowing, to calm the waves. It was this the Master did.

The wind fell and there was great calm. The sudden calming of the waves was the miracle. He turned then to his disciples and said “why are you afraid like this? Have you no faith yet?” In the old version it says, “why are you so fearful? How is it that you have no faith?”

He had been teaching them considerably through the parables. And he had anticipated that they had already learned of him. When Jesus said to Peter, “Do you love me?”

Peter says, “I will die for you!”

He said, “Peter, Peter, before the cock crows twice, you will have denied me thrice.” How true it was. Do we not do the same thing? Listen to that wonderful Truth, you will find it in your own hearts. I am not going to explain that to you. You will find it there yourselves. You are Peter. The very things that were in Peter, James and John are in you and me.

It is this fear that is a sin because it is a fear that results from lack of faith.

They *were* overawed, *but* this is a different fear. It is a fear caused by awe and not by fear of evil for they suddenly recognised that he had power over the elements, “all power is given unto me in heaven and on earth.”

Jesus was teaching his disciples the great Truth about faith. The same faith by which the world was formed by the Word of God, the same Word was in man and Jesus realised it and by this power over the elements he was sovereign Lord over the material and spiritual world.

Then discern in yourselves that which is hindering this faith.

Although our faith may be tried this knowledge of the Truth which the Master had can be ours also for he said, “even greater things shall you do.” His mind was clear in regard to It, so can ours be when we can realise It.

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“Thy faith hath made thee whole.” Another astounding fact which proves that faith is all-power when understood. We read in Mark 5: 21-43, also in Luke 8: 40-56 the same report about the women who touched the Master’s garment and the daughter of Jairus who was risen from the so-called dead.

I am going to tell the story in my own words.

The story goes as follows:

Jesus came back again to the other side of the Sea of Galilee and a great crowd gathered around him and he spoke thus, you cannot put new wine in ancient skins for when it purifies itself, lo, it expands, and the ancient bottles cannot bear the strain and all the wine is lost.

Jesus meant that the old worn out dogmas and creeds could not contain the Truth he was revealing, the Truth was free from limitation and to try *to* teach it through limitation *and* form of ceremony it would be entirely *and completely* lost. *Therefore he did not take any priests along to teach with him. Why didn't he make a priest, his disciple? Why didn't he make the rabbi, his disciple? No, because the intellect hindered the expression of the Truth, it was all in their mind.*

You can have the Truth in your mind but it is of no use to you, it is of no value to you. You can talk about it, think about it, but if you have not become aware of It, it is of no value to you. Other words he also spoke, men do not mend a worn-out garment with a piece of cloth unworn which cannot yield to suit the fabric weak with age and torn, then a great rent appears.

Meaning that what was taught in the synagogue was threadbare and worn out and you could not apply his teaching to this worn-out and threadbare dogma, for his teaching was universal and not limited to one section only. *Those who thought they were the chosen people. No other people but them. This was limitation.*

The truth I bring to this generation is new. If I put it into ancient forms, lo, it will be lost. It must expand beyond your forms, thus the ancient skins would burst. You cannot limit the truth *that* I teach.

That is the Master's sayings in words that come to me, it is the truth.

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Behold the Kingdom of Christ is as old as God Himself and yet as new as the morning sun, the Truth of God cannot be contained in your creeds and dogmas. As he spoke thus a ruler of the synagogue, Jairus by name, came *up* and fell at his feet with earnest entreaties. “My little girl is sick,” he said, “do come and lay your hands upon her (that) she may recover.” So Jesus went with him. The crowd followed him pressing around him. Among them was a woman who had a haemorrhage for 12 years. She had suffered much under a number of doctors and had spent all her means and was none the better, in fact was rather worse we are told in Mark 5: 26.

Hearing about Jesus she pressed forward from behind till she got near enough to touch his robe. “If I can touch his robe,” she said to herself, “I will recover.” So she got near enough she bent down and touched the hem of his robe and at once the haemorrhage stopped. She felt in her body that she was cured of her complaint.

Here is this woman, continuously struggling with her complaint all these years, then struggling through the crowd, pushing here and there, determined to get to his garment. Knowing perfectly well that if she touched his garment, so she would be healed, and she was healed.

Note what Jesus said.

Jesus at once was conscious that some healing virtue had passed from him so he turned to the crowd and asked, “who touched my robe?” His disciples replied, “you see the crowd are pressing round you and yet you ask ‘who touched me?’ ” But he kept on looking round to see who had done it and said, “someone in faith did touch my robe for I felt the healing power go forth.” And the woman knowing what had happened to her came forward in fear and trembling and fell down before him telling him all the truth. “Daughter,” he said to her, “your faith has made you well. Go in peace and be free from your complaint.” It was her faith and not the grasp of her hand that healed her.

Every miracle, no matter what it is, comes from within oneself and not from without. The stimulation may come from without but the miracle is within. Faith opens the soul to the in rush of the Divine healing power from within.

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Jesus was still speaking when a message came from the home of Jairus telling Jairus that his daughter was dead. Jesus replied, “Have no fear, only believe and she will *be* well.” *She is not dead, but sleeping.* When he entered the house he turned out all the wailing people and permitted only his disciples Peter, James and John and the child’s father and mother. He took the little girl’s white hand in his and as he did so life began to return to this little child just turned 12 years old. Her breast began to rise and fall as the breath of life poured into her. Jesus called to her in Aramaic, “Talitha cumi,”² which translated means “Arise, little girl,” and as she opened her beautiful brown eyes she met the magic gaze of his magnificent blue eyes and she smiled and got up instantly. He then ordered them to give her something to eat. He also commanded them to silence, not to tell anyone what had happened, this was to check gossip and allow the miracle to work its Spiritual effect upon the parents. *How often is it that when a miracle appears, everybody spreads the news in their mind. The miracle is forgotten, except the talking about it. Jesus knew perfectly well that the same thing would happen so he commanded the parents not to tell anything about it, so he knew that the miracle, which happened could work spiritually upon the parents.* But the news spread about the city and many would have worshipped Jesus as a God so Jesus departed.

In Matthew 9: 27-29, “As Jesus passed along from there, he was followed by two blind men who shrieked, ‘son of David, have pity on us!’ When he went indoors, the blind men came up to him, and Jesus *said*, ‘do you believe I can do this?’ They said, ‘yes, sir.’ Then he touched their eyes, saying, ‘as you believe, your prayer is granted,’ and their eyes were opened.”

The presence of the Christ—the Word of God that was in the beginning was in Jesus and this was the secret of his *great* power, and anyone who believed could be healed, and as this same Word is present with us now, our faith will make us whole.

The same Word is with us now and our faith in this Word, will make us whole. “The Word that was in the beginning, the Word that was with God, and that very Word that was God, and the Word that was made flesh. And all things were made by Him. And nothing was made except that which was made by the Word of God....”

(Recording ends here)

BENEDICTION

O Divine One, I have through my experiences learned to realise Thy Presence.

Thy Presence alone now inspires my faith and wherever I gaze I see what “faith” has done. Jesus, thou blessed one, thou hast shown me how not to wander into the wilderness of doubt and fear.

I have seen the miracle as I turned my eyes to gaze upon the Christ enthroned upon the Kingdom of Heaven within.

O Divine One, Thy invisible nature enchants me, and now I listen to Thy unseen Voice which creates peace and harmony in my soul and body.

I have now caught a glimpse of Thy faith that’s makes me whole, O Divine One.

* The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Pretoria Lecture given in the Pretoria Women’s Club, 4th floor of the Sanlam Building on Tuesday night of 3rd April 1951, at 7.45 pm. No recording exists of the Johannesburg lecture.

1. Paramahansa Yogananda (1893-1952), Indian mystic and founder of the Self-Realization Fellowship. Introduced many westerners to the teachings of meditation and Kriya Yoga through his famous book, *Autobiography of a Yogi* (1946).
2. *Talitha Cumi*. (ta-lé-tha koó-me). A Syriac or Aramaic expression, meaning, “Little maid, arise.” Peter, who was present when the miracle was wrought, recalled the actual words used by the Master Jesus, and told them to Mark (Mark 5:41).

Lecture 10 (10th April 1951)

**“FOR LACK OF STATESMANSHIP,
A NATION SINKS: THE SAVING OF IT IS
A WEALTH OF COUNSELLORS” (Proverbs 11: 14.)**

“One gives away, and still he grows richer: another keeps what he should give and is the poorer.” Proverbs 11: 24 (Moffatt Translation)

Do not think that I am trying to reveal to you some mystical precept in which you may escape from the world. You cannot escape from the world nor can you close your eyes to that which is going on in the world around you because you are part of it.

I said in my last lecture that you cannot rearrange the world when the world is the exact copy of your own mind-heart, which you have not truly discerned. Economic and social evils, antagonisms and wars etc. cannot be adjusted without understanding what causes them. Individually and collectively we have created these conditions therefore individually and collectively we can bring clarity and freedom to our thought-feeling, thereby bringing about a change in ourselves by understanding the cause within ourselves that produces outer conflict and misery.

We may legislate, but this will not bring about a change. Legislation cannot cause a change in the inner. It may alter the outer but if the inner is not changed antagonisms will rise in a greater form than ever. These outer reforms will need other reforms and this will lead to further oppression and violence.

Lasting and outer peace and harmony which is creative peace will only come when we have peace and order within ourselves. It was this that the Master demonstrated to us in his words and actions.

LIFE MORE ABUNDANT

Then let us look into our mind-heart and see if we are not seeking power, position, things, seeking to dominate. We must observe that society is becoming more and more complex, more effectively organised in order to survive, to exploit, to oppress, to kill. We have progressed but we have paid a terrific price and are liable to pay a more bitter price unless we begin to “live” in harmony with each other.

We have movies, we have radios, we have faster moving transportation and all the equipment of modern civilisation. We can kill thousands upon thousands in a few minutes, we can wipe out whole cities and their people in one flash of one atomic bomb.

We are all aware of this and we call it progress. Can we really call it progress? Can the urge to dominate be called progress? This as you will see only creates an opposition which is out to destroy the progress we have made, so we invite our own destruction. In this progress there will never be an end to conflict and sorrow, because there is no end to struggle and pain in the expansion of the self.

The self is but a bundle of memories, the product of time, the self cannot become greater and nobler through time, neither can it experience the Real through time.

You cannot gain freedom by the accumulation of memories. Can the self know enlightenment through the cause of ignorance and conflict? As long as we think of ourselves as gaining or losing, becoming or not becoming, our thought-feeling will be bound up in the time element. If our thought-feeling is held bound in the time element of yesterday or tomorrow we will never experience the Timeless which alone leads to freedom.

There is an incessant noise outside that distracts, that hinders the Real. In Reality there is a deep deep silence, therefore if we will deeply understand we must be silent. To be silent there must be an awareness of the Immensity of “Being.”

If we look into our mind-heart and there discern our motives thoughts and actions caught up in the sequence of time we will discover that we are seeking power, we are greedy, there is violence in the mind-heart through envy, jealousy, acquisitiveness, through craving etc. The Timeless is ever hidden, covered up by those elements that spring from time, from memory, from yesterday and tomorrow.

“FOR LACK OF STATESMANSHIP A NATION SINKS”

If we are to bring about the necessary and fundamental change in the outer with its wars and tyrannies, we must first deeply transform ourselves. Some may think that this will take a long time to reform the world. But as long as man is caught up in time there will be no reformation. Right ends never come through wrong means.

It is ignorance that prevents right thinking and gives emphasis to the things that are secondary, so Life becomes an intolerable factor from which we are all seeking an escape. But there can be no escape, except through understanding. Only when the storm and the conflict of craving ceases can the Timeless be understood. You do not bring It into operation It becomes active of Itself when the storm is abated. The Sea of Galilee was calmed by the Word that was in the beginning, so is the mind calmed in the wisdom of the Truth of the Timeless.

If we would then try to comprehend the outer we must come to the inner and when the inner is rightly understood we are led to the Supreme, the Timeless, and this realisation will bring peace to the world.

The world is in chaos because we have pursued wrong values and secondary issues. We have given importance to the things that produce conflict and misery.

True value is found in right thinking and there can be no right thinking without self-knowledge which will lead us out of the time element into that which is Timeless, that which is Timeless must be the Eternal—the ever-present Reality. There alone is Love and compassion and freedom.

This is the Living Water that Jesus said was the free gift of God, and anyone who would drink it would never thirst anymore. This water would turn into a Spring of Living Water welling up to Eternal Life.

In John 4: 21-24, he says, “Believe me the time is coming when you will be worshipping the Father neither on this mountain nor at Jerusalem. You are worshipping something you do not know. But the time is coming, it has come already, when the real worshippers will worship the Father in Spirit and in Reality; for these are the worshippers that the Father desires. God is Spirit and his worshippers must worship him in Spirit and in Reality.”

LIFE MORE ABUNDANT

This was the Eternal Reality that Jesus was showing and was the free gift from God to all who would realise It. It shows definitely that to worship God we must know what we are worshipping, not an image or an idol nor secondary issues but to look to the Eternal which is Timeless Reality.

Character can be modified, changed, made harmonious but character is not Reality, we must go beyond mind, beyond thought and there comprehend the Timeless.

When we think of progress we are thinking and feeling within the pattern of time. It is only when our thought and feeling frees itself from time can we hope to become aware of the Timeless—the Word that is with God and this Word made flesh. Therefore we must not depend on time but through self-knowledge we will become aware of the Timeless which is harmony, which is peace, which is Love and Compassion.

In John 4: 32 Jesus tells his disciples when they wanted him to eat, saying “Rabbi eat something.” He replied, “I have food of which you know nothing.” His disciples were amazed and said, “Can anyone have brought him something to eat?” His disciples did not yet know the full import of his teaching.

“My food is to do the will of Him who sent me and to accomplish His work.”

In John 4: 46-53 it states that Jesus “Once more came to Cana in Galilee, where he had turned the water into wine. There was a royal official, whose son was lying ill at Capharnahum; when he heard that Jesus had arrived in Galilee from Judaea, he went to him and begged him to come down and cure his son, who was at the point of death. Jesus said to him, “Unless you see signs and wonders, you never will believe.” The official said, “Come down, sir, before my boy is dead.” Jesus told him, “Go yourself, your son is alive.” The man believed what Jesus told him, and started on his journey. On the road his servants met him with the news that his boy was alive. So he asked them at what hour he had begun to improve; they told him, ‘Yesterday at one o’clock the fever left him.’ Then the father realised that it had left him at the very time when Jesus had said to him, ‘Your son is alive;’ and he became a believer with all his household.”

“FOR LACK OF STATESMANSHIP A NATION SINKS”

How few of us can understand the great significance of the Eternal that is within us—the Eternal, the Timeless which Jesus knew. He said it was the Father who did the work and there was nothing impossible to the one who believed this implicitly.

In John 5: 19-26 (Eastern text), “Jesus answered and said to them, truly, truly, I say to you, that the Son can do nothing of his own accord, except what he sees the Father doing; for the things which the Father does, the same the Son does like him also.

“For the Father loves his Son, and he shows him everything that he does; and he will show him greater works than these, so that you may marvel.

“For just as the Father raises the dead and gives them life, even so the Son gives life to those whom he wills.

“For the Father does not judge any man, but has entrusted all judgment to the Son;

“So that every man should honour the Son, just as he honours the Father. He who does not honour the Son, does not honour the Father who sent him.

“Truly, truly, I say to you, The time is coming, and it is now already here, when the dead will hear the voice of the Son of God; and those who hear it will live.

“For as the Father has life in himself, even so he has given to the Son also to have life himself.”

Again we see the great truth of the one Life in the Father is in the Son. This is the Timeless of the everlasting Life that is promised to those who will hear His Voice—that silent Voice that remains ever waiting to come forth to perform miracles.

Man himself is the great miracle for no one knows how he came, only the Father knoweth. As the Father only knoweth, so must He knoweth in the Son, for the Father and the Son are “One.”

It is the Father who sent me, who sent you also, into the world to witness unto the Truth of the only One, the Eternal, the Timeless, in which all perfection remains.

Man is capable of recognising the Spiritual Principle of Life. To die in our ignorance of this is the great sin in the world.

LIFE MORE ABUNDANT

We have the ability to draw on this Life directly and individually, but in order to do this we must realise that It Is, the Universal Living Intelligence with all power to create in us when we become aware of this Truth. The Father is always seeking those who will worship Him in Spirit and in Truth, the Trader seeking pearls. We then enter into the Timeless where all is possible because it is the Father who doeth the work.

Both the Bible and commonsense tells us that there can be only “One” power in the Universe which therefore must be the building power, the healing of all nations.

There is no power negative in itself. The power which is shown as negative in the individual is the want of recognition of the true facts of Life. Man mistakes effects for causes and is caught up in them with the result that he creates misery for himself and others because he fails intelligently to recognise **that he is the individualisation** of the “One.”

We seek knowledge from past experiences which have been of a negative order. Yet we fail through lack of understanding and faith to look to the Infinite for the unfoldment of our limitless possibilities. So we employ our intelligence in denying that which would be a Spring of Living Water rising up to Eternal Life and freedom.

John 6: 27 (Eastern Text), “Do not work for the food which perishes, but for the food which endures unto Life everlasting...”

BENEDICTION

This is my Beloved Son, hear him.

In the hall of Creation everywhere I hear Thy footsteps. In the booming thunder and in the silent Atom that throbs in my soul, they are one. Thy steps are echoed in the farthest horizon.

May Thy steps ever tread to the magic music of Infinity in the Sacred Sanctuary of my Soul.

Yes, my Beloved, I hear Thee always, Thy invisible harmony charms me. Amen.