

1948

*“COSMIC CONSCIOUSNESS:  
YOUR SILENT PARTNER”  
(Pretoria Series)*

Lecture 1 (3rd February 1948)

## **THE SILENT HEALING POWER**

In this communication I will direct you in the development of the Silent Healing Power.

By understanding the action of thought you become aware of the action of your own thoughts. So you put upon them a greater value in regard to the kind of thoughts you think. If you are ignorant of the law of thought you place no value upon them and when you are affected by the result of their action you naturally rebel against the condition and in all probability place the cause at every other source except the right one.

Now by rebelling against these effects you only increase their intensity without gaining any understanding or relief. The greatest battle in the world today is the battle between individuals. In every nation, in every group there is a conception of reality which they call God yet all their efforts and prayers and energies directed towards this Reality is dissipated. Instead of individuals helping each other they become barriers to each other, because most people do not approach Reality with affection for Reality but only as a means of getting something from Reality for themselves.

In approaching Reality we must not merely discuss Reality without any value to our practical Life.

If you will look into your minds you will see that you have been discussing Reality as an idea, something outside yourselves. In all literature of this nature there is this same mistake made—the mind is directed to create an idea of Reality. Now Reality is not an idea nor a conception of something that the mind can grasp. Reality is Life itself, the foundation of your own Being. The question must not only be on Reality or what is ultimate Reality, but must be the translation of that Reality into conduct in the individual Life.

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You must not lose yourselves in philosophies, in questioning something that can only be realized by oneself. If I begin to philosophise to you on the wonders of this Reality you only build up an idea of It. But if through your own awareness you realize this Life, this Pure Being, then all conduct will ultimately lead towards that Pure Being. So the question must not only be on that ultimate Reality, but on the practical way of translating that Reality into conduct.

The Silent Healing Power is not obtained by your reaction to things or forms or conditions, but through your understanding of them. The Silent Healing Power is not obtained through a time or space factor but through the understanding that Life is one Whole, is omnipresent in its entirety. Therefore at any moment of time all Life or Spirit is concentrated at any point in space that you may choose to fix your consciousness upon.

Pure Being, Life or Spirit, whatever name you may call it to give the appropriate meaning, must of necessity continually subsist whether in a corporeal body or not and from It all phenomena of Being must flow whether in an Angelic, mental or physical plane. The knowledge of this fact is the basis upon which you can more easily develop the Silent Healing Power.

You must not approach this question with the idea of how good a healer you may become for this is seeking something for yourself which is frustration. If you seek to corner the Infinite Being for your own welfare you will become antagonistic to others and this leads to frustration. But if there is affection towards Reality there is friendship for all those who are approaching Reality.

It is an opening up inwardly towards that Life which is ever present Love. It is not a looking at something that is external to the self but to find the self in that "Being" which is behind every other self.

You will notice if you examine your minds deeply that you are all seeking Reality separately, individually, as separate entities, each elbowing the other out. This is the cause of the contradictory spirit in the world today. It sets up antagonism between religious groups and individuals who are all approaching the same Reality,

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all trying to realize and understand It and instead of affection for all who are approaching it there is rivalry. But to understand, to approach and to realize, you must come with affection, not in the sense of possession or competition as to who is to understand more or who is to understand less. Reality must become the dominant factor and not individuals.

Reality must become a living perceptible enthusiastic realization of Itself in activity, in conduct. In this way you will not lose yourselves in theories, beliefs or philosophies, but you are all the time highly concentrated on translating your understanding into daily action, into conduct. So your conduct in affection does not need the backing of a highly complicated philosophy or a ritual to which you have to conform. True conduct is self-realized conduct through affection and understanding not based on any philosophy or religious belief but based on one's own experience. Hence your conduct becomes the translation of your realization into activity. You are not judged by your philosophy or by your beliefs, but by what you are, by the manner of your treatment of others, the manner of your friendship, the manner of your speech. If you are loving and kind to all and antagonistic to none then you are translating Reality into action.

The Presence is never antagonistic to Itself in any individual. Then what makes you antagonistic, competitive? It is the idea of your approach in which all your energies are dissipated without result. If you think that by your philosophy you may be thought intellectual then you have lost the real and see only the shadow.

As soon as you try to realize the Central Living Reality in everyone and to which everyone however awkwardly is moving, then your affection, your thought, your whole enthusiasm is turned towards It. You cease to be antagonistic towards other individuals who are also approaching It.

It is difficult for those who are approaching this mighty Reality for the first time because of the terms used, which are words meant to convey a meaning. Many terms are used such as Absolute, Infinite, Universal Mind, Divine Mind, Life, Reality, Ether of Space, Essence of Substance, Matter, etc., etc.

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If the students will keep in mind the wholeness, the oneness of all there is, seen or unseen, they will realize that the term used is the most suitable to convey the meaning or kind of manifestation which is referred to.

When we use Universal Mind or Divine Mind we mean that which comprehends, that which embodies, and includes all that we call consciousness, individualized or otherwise. We mean all that is visible or invisible, all that which is known or unknown, all that can be seen, touched, handled or sensed, all that can be apprehended, and all that which is beyond apprehension. **All is God** and there is no separation, no division.

If I may put it this way to you the Universal Mind consists of the manifested and the unmanifested. The manifested portion can be apprehended by the human mind but that which is unmanifested cannot be apprehended, yet the manifest is in the unmanifested and of it, there is no separation.

There is a plus element which is always above and beyond that which is manifested thus manifestation takes place within the unmanifested and that something—that plus within—brings forth the manifested and it is this ineffable, this indescribable this pure Being that remains within its creation, yet always transcending it, and it is this Reality which we approach with affection and Love. And as we realize it more and more we translate it into action for it is “this” that is behind our own thinking. In this realization God alone lives, God lives in you, He guides all your actions, He leads you where He would have you go, to work in you, to will and to do whatsoever He would have you do. Then let the external manifestation be what it will, believing that it is just what Divine Mind would have it for the present, even if it is exactly opposite to what you have planned. This cessation of struggling brings true expression and freedom.

Now let us consider the human mind. Much conflict exists in your world today whether or not the mind is dual in nature, that is, two separate minds. The difference of opinion is so great that it prevents the establishing of a true picture of what really exists.

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Some say there are two minds, one is conscious and the other is subconscious, but in reality there is but one mind. There is an outer and an inner function and the Silent Healing Power can only be developed by a true understanding of the relation of each function.

Now the outer is associated with the relative world and reacts to the condition of the personal environment which is very much limited. It takes into cognition time and space, events etc and is influenced by them. Therefore you will understand that this outer consciousness is limited and reasons from the individual point of view. That is to say, it draws conclusions from supposed facts and effects which are seen on the surface, (yet the real cause is hidden in the inner,) or where a part only is seen while the whole is not recognised. A good simile here would be the discernible part of an iceberg, the sparkling pinnacles which are seen above the water are but a fraction of what is underneath the surface, but the iceberg is one whole, that which is seen and that which is unseen is one and the same iceberg. So that which is seen on the surface is but a limitation by one's opinion of what one sees and with a lack of understanding of the seen and being unaware of the unseen, fear, doubt and apprehension is caused by assuming that the limited opinions of what is seen on the surface are actually true while they may be entirely false.

Now I want to place before you the one who is wholly affected by what he sees, and the other who has actually realized the Reality and at the same time discerned that which is false and incomplete or limited.

You will see clearly that it is a state of consciousness or awareness. When the consciousness becomes aware of Reality there is a sense of perception that reveals that which is false, or that which is only partially revealed on the surface and with this understanding there is at once a doubt, a questioning of what is seen on the surface, and this leads to reflection and discernment. On the other hand with the unawakened consciousness there is an acceptance of what is seen. Therefore what is seen on the outer is believed in the inner and there is a reproduction of what is seen

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faithfully and logically with all the details accurately produced whether the facts are true or not. Thus it is most important that you must discern that which is unreal and false before you can know that which is true. You are what you believe you are.

When the Truth of your true Being is realized and understood—that the eternal Life is ever rejuvenating the mind and body—that the Presence of the Eternal Presence is your Silent Partner you begin to understand the power of the Silent Healing Power. But if your mind is full of falsehood and beliefs which make you antagonistic to others then you will only create inharmony. When this inharmony is dealt with by yourself alone you will then have revealed to your consciousness something of the real which is “Harmony” (Love, Wisdom, and Healing). To establish this Truth in your outer consciousness is the solid foundation upon which to develop the Silent Healing Power.

When we begin to see that the outer is but a state of consciousness unaware of Reality and that which it is aware of is but effects of what is created from within, and not knowing the true facts, we react to what we believe to be true. But immediately you identify yourselves with the ever-present Intelligent Spirit which prevails throughout the whole Universe you see clearly that the inner consciousness is that which is one with the Universal Consciousness, the Creative Power, throughout all nature. It is this understanding transferred to the outer that gives you dominion over all things.

This creative power gives rise to all forms which also give rise to the outer consciousness as the external manifestation of that which is within. The Reality is that creative power, that Love, Wisdom and Healing that is always at work—active, regardless of time and space, for time and space do not exist in the Eternal Ever-Present. But if you are lost in the outer and cannot discern what you see, then you will only create sorrow and conflict because with your feeling of limitation, your feeling of insecurity, your feeling of inward poverty, you will crave and this craving leads to frustration, sorrow and conflict.

To attain to that which is true you must think in the Absolute and not in the relative which is but a restrictive state of consciousness.

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Now a final word to you in the developing of the Silent Healing Power. Take your realization out of the relative where it is restricted and surrounded by beliefs and opinions which are false and transfer it to the Absolute Reality where it is not thus limited and approach this Reality with Love and Affection so that you will externalise in conduct this Reality in your daily Living.

The blessing of the Angel of Light is upon your work of the Sanctuary of the Silent Healing Power.

## BENEDICTION

O, Love of my Heart, I open my soul to Thee so that all the fragrant musk of Thy Love will scent the atmosphere that surrounds me.

O Blessed One, sing in my heart, "I shall be Thine for ever." I will laugh at all dangers for I will always hold Thy protecting Love in my constant remembrance of Thee.

In Thy Blessed Light dissolve all shadows and fears of my imagination so that in Thy Blessed Light I shall remain awake for ever.

May Thy Love shine for ever on the shrine of my Devotion and may I be able to awaken that Love in all hearts.

## SO MOTE IT BE



Lecture 2 (10th February 1948)

## **THE ATTITUDE OF JESUS**

In this communication I want to reveal the attitude taken up by Jesus in his great work for the world. It will be difficult for many of you to attain to his stature but it is not impossible for He said himself, “These things I do greater things shall ye do if ye will but believe.”

In your work in the world of trade and commerce, in your association with others you must not confuse the issue. Some will say it is impossible to be a Jesus but this is because you confuse the world of trade and commerce with the true Spiritual Life which was lived by the man of Galilee. Yet he gave to the world a way of Life which if it had been followed the world today would not be what it is, and it is so because the world did not understand him. They only made an image of him in their minds, an idea of him and carried on in their same way of destruction ever since his advent upon earth.

Now the world is trying to right itself through economic and other means but this will also fail—not until the world will accept that fundamental Reality and translate it into daily living can there ever be peace and plenty.

Jesus made a total dedication of his life to the aspiration of the discovery and embodiment of the Divine Truth and nothing else whatsoever. He did not divide his Life between the Divine and some outward aim and activity that had nothing to do with the search of the Divine Truth.

Jesus went inside himself and entered into a complete dedication to the Spiritual Life. All clinging to mental preferences fell away, neither giving them election, selection, choice, priority, advantage or precedence.

He put away all insistence on vital aims and interests and attachments. Neither did he cling to family or country. If he did, he could not succeed in doing what he did.

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Whatever he did all his energies had to proceed from the Truth, and not from mental or vital motives, only from the Divine Will and not from personal choice or the preference of the ego. He was aware that no mental theories had any fundamental importance. No beliefs in creeds or imitation of others, for He knew that the mind forms and accepts theories that support the turn of the mind in ignorance.

What was important to him was **that call** from the deepest within himself.

He knew that there was a Supreme Existence, a consciousness and bliss which was not merely a negative theory, neither was it a static or featureless Absolute, but dynamic and complete.

In the perception of this Divine Consciousness he realized not only beyond but here and the consequent acceptance of this Divine Life was His aim.

His beliefs did not belong to the mind nor was it a question of a mere mental theory. He also knew that His outlook could be supported mentally as any other, yet it was real not transitory, but of experience and by this experience greater experience was sure to follow, the Soul's faith bringing with it the mind and the Life's Devotion.

By his own experiences He knew that one who is in contact with the "higher light" and has the experiences can follow the way however difficult it may be for the lower nature to follow.

He also knew that one who was touched by it even without having the experience, but having the call, the conviction, the compulsion of the soul's devotion, can also follow. This was the basis of His teaching so that all, no matter what or who they were and what they had done in their lives, good or bad, could come into this blessed realization of the immanence of the Divine Presence within them and with this understanding all that was false would be discerned and dissolved away. His parable of the prodigal son was the evidence of this fact.

He also knew that the ways of the Divine Mind were not like the ways of the human mind.

According to the pattern of the human mind it is impossible to judge others or lay down what one shall or shall not do, for

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the Divine knows better and to admit the Divine at all, both true reason and devotion seems to be at one in attaining that implicit faith and surrender to that Divine Everlasting Presence. He knew that it was not to impose his mind and will on the Divine but to receive the Divine Will and follow it, was the true attitude to adopt. "Thy Will be done, not mine." He did not say this is my right, my want, claim or need, or requirements, and why do I not get it? But he gave himself to surrender to receive with joy whatever the Divine gave, not grieving, not revolting. (Then what you receive will be the right thing for you as it was for him.) He showed that reliance upon God, surrender and self-giving to the Divine Power was necessary and indispensable. But he also showed that reliance upon God must not be made an excuse for indolence, weakness and surrender to every whim of the mind, but it must move along with untiring aspiration and persistent discernment, the dissolving of all that comes in the way of the Divine Truth. Also that the surrender to the Divine must not be turned into an excuse for the surrender to one's own desires, to one's ego that puts on a false appearance of the Divine.

In His Life He showed that you had only to aspire to keep yourself open to the Divine and to discern that which was utterly false, so that the Divine could work in and through you doing all your work no matter in what capacity for the Divine and in the faith that it is through the Divine Force alone that you can do it, and if you remain open in this way the knowledge and realization will come to you.

Now all depends on whether you can open to the influence or not. If there is sincerity in your aspiration and a patient will to arrive at the higher consciousness in spite of all obstacles then the opening in one form or another is sure to come. It may take time according to the prepared or unprepared condition of the mind and heart.

If the mind is full of theories and the heart full of antagonisms then these must be abandoned before the true light can dawn upon you. Therefore patience is required to rid yourselves of these things otherwise the effort may be abandoned owing to

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the difficulty at the beginning. It is not easy to throw out from the mind ideas that have grown since infancy but if you look into your minds you will see what it is that hinders you from accepting that Divine Nature that is present in everyone and antagonistic to none.

So first of all concentrate on your heart and see if there is anything there that in any way separates you from anyone, any enmity, envy or jealousy, any antagonisms that hinder your acceptance of this blessed thing that alone can free you. Then call the power and the Presence of that Love of the Divine to take its abode and the work of this Divine Love will transform the consciousness.

You can also concentrate on the head and between the eyes but for many this is too difficult. When the mind becomes quiet and the concentration becomes strong and the aspiration intense then there is a beginning of experience. The more the faith is turned towards the Divine Presence the quicker can you effect a change. Success at the beginning may be only partial and chequered by many failures but this should not daunt you. Be patient and persevering.

To turn all action automatically into Devotion cannot be done by thought control only, for this is but contraction and not expansion neither is it understanding. There must be a strong aspiration in the heart which will bring about realization or feeling of the Presence, neither must you rely on your own efforts alone but on the grace and power of the Divine Presence you adore.

The cause of your failures to reach this realization is because you place too much reliance on your own mind and will, that is why some of you do not progress. If you could once get the habit of silent reliance on the power of the Divine Presence not merely calling it in to support your own efforts, most of the difficulties would diminish and eventually disappear. You must come to actually know that it is the Presence that does the work. When this is thoroughly understood and becomes the habitual thought behind all your doings a new life will open up for you.

Now all sincere aspiration has its effect and if you are sincere you will grow into the Divine Life expressing Love, Wisdom and Healing.

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To be entirely sincere means to desire the Divine Presence only, to surrender yourself more and more to the Divine Presence, to reject all personal demands and desires other than this one aspiration to offer every action in Life to the Divine Presence and do it as work given without bringing in the ego. This is the basis of the Divine Life.

The Christ Consciousness is not attained all at once but if you aspire at all times and call up always the aid of the Divine Presence that is ever-present within you with a true heart and straightforward will, you will grow more and more into this consciousness.

You will not find it easy to get rid of the personal effort at once: gradually the personal effort should be transformed into a movement of the Divine Force.

The main thing first of all is to look into your minds and see what is there—hypocrisy is the first thing that must be uprooted. This may be hard to do because the mind clings to the personality which is full of defects and pettiness. It delights itself in social inaccuracies, in vain platitudes and repetitions. Then first discern your own mind and see what it contains then you will not be so ready to condemn or criticize others.

The Divine Nature cannot manifest in a mind that is full of contradiction. Therefore discern your thoughts in the first place then you will be able to empty your mind and heart of all that is not of the Divine nature that lies hidden, buried, by your own falseness and remember that the Divine Presence forgives and holds nothing against you, so when you have cleansed your mind and heart the Presence will take its abode of its own free will for there is its dwelling place. Your personal effort will be transformed into a movement of the Divine Force, and when you feel the consciousness of this Divine presence call it in more and more to govern your effort, to take it up to transform it into something not yours, but the Presence Itself. There will be a taking up of the forces at work in the personal self by a transformation not suddenly complete but progressive until complete. And as the mental poise and quiet is established then will come peace

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and a silence that nothing can change for that which is in itself complete will be established in its own temple for it is said that “Ye are the temples of the Living God.”

It is this Presence that is established in the Sanctuary of the Silent Healing Power and as you get more and more into the understanding of the great work that is being done you will all appreciate more and more these instructions that are being given to you.

The Blessing of the Angel of Light is upon your work of the Sanctuary of the Silent Healing Power.

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O, Beloved One, through the door of my aspiration the imprisoned fragrance of Thy Omnipresence was released on the wings of Thy Love.

It spread over Infinite Space carrying Thy blessing of peace to every being, turning unhappiness into joy.

I have broken the cage of the past memories and habits that held my wings fast in the bars of my personality.

Thy Eternal Presence has revealed to me it was but a torturing cage of dreams, and now I am soaring in the Presence of Thy Love that unites me with everything.

SO MOTE IT BE.

## **YOU DO NOT STRUGGLE WHEN YOU ARE FREE**

In this communication you will find the instruction of great help in acquiring that mental state you are struggling to get. I have made it plain to you that it is necessary to observe, discern and dissolve the causes of your struggle. You do not struggle when you are free, it is only when you feel that you are imprisoned that you struggle for freedom.

You struggle with thoughts that enter into the mind when you wish your mind to be quiet, you struggle with thoughts which you feel are foreign to your true nature and you try to banish them, without result. It is necessary to observe and understand these wrong movements in you.

Some are continually aggressive, others are quarrelsome, some nag all day long, some are jealous, some envious, some selfish, some egotistical,—I can go on enumerating many more of these false movements that you are caught up with, and not even knowing that you are caught in their net.

Now to deny these things only does not get you out of the net into which you have fallen.

When you have come to be aware of these wrong movements do not be always thinking of your defects and wrong movements but think more upon what you are to be. The goal before you is the translation of the Presence within into your daily living, for in this only there is true happiness and perfect bliss and freedom.

To be always observing faults and wrong movements in yourself and others only brings depression and discourages the faith. Turn your eyes more to the coming light and less to any immediate darkness. Confidence and cheerfulness and knowing that victory is assured are the things that help. They make your progress easier and swifter.

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You must remember that the difficulties in meditation when all kinds of thoughts keep coming in is not due to hostile forces but to the ordinary nature of the human mind. All have this difficulty at first and with some it lasts longer than with others.

There are several ways of getting rid of these interruptions. One way is to look at the thoughts and observe what is the nature of the human mind as they show it, not to give any sanction but to let them run down till they come to a standstill. If you struggle against them or fear them it shows that you are just ignorant of their true nature, and thus you attach yourself to them.

Some are continually trying to banish thoughts from their minds because they believe they are evil. Most of these thoughts rise from the **Subconscious** which belongs to the world in evolution and is not evil when understood. You have had this explained to you before. When this is not understood your reactions to these thoughts overwhelm your conscious control to a certain extent. Failing to realize and recognise the Divine Power you possess you live in a world of fear and illusion created by yourselves.

These influences of the evolutionary process rise to the surface in the mortal man—mortal man thinks it evil—spiritually enlightened man transmutes them. What is above comes down and what is below comes up. Man unites them through understanding and begins his spiritual evolution. You become your own emancipator when the Presence which is within you is freed from the illusion of the sense and belief in sin.

You are all apt to react to conditions in your life in a negative way thereby harbouring fear, anxiety and doubt and in this way you lose control and it is this lack of control in your daily life that causes such thoughts to interrupt your meditation. But as you progress you grow more and more into a better understanding of yourselves.

Some worry about their thoughts. Worrying about a thought is the only evil there is, it is more deadly than the thought itself, for thoughts pass away and dissolve. When you understand that you are the Living Presence in Reality no harm can come nigh you.



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Life alone lives. Life created the body, the brain, the nervous system through which it could express Itself in the physical world, then it is Life that lives **not you**, you live because Life is living. Life is God and God is Life—the Presence—and it is this Presence that is omnipresent and is the Presence that is your Silent Partner and is the greater of the two. When you realize that it is this Presence alone that has consciousness and is your Reality then you will discern better that which is false, and when you discern that which is false you will know that which is true. I have said this many times to you but I know that the true significance has not dawned upon you, that is why I am showing you this gem of Truth in another setting.

Now, if you observe the thoughts that cross your mind and you stand back and look at them regarding them as things that come from the outside, you see **them** as passers-by crossing the mind-space with **whom** you have no connection and in **which** you take no interest. In this way after a time there comes an awareness of consciousness and mind being distinctly separate. The consciousness witnesses and watches while being perfectly undisturbed and quiet while witnessing the object of observation in the mind—those thoughts that cross and wander through mind in space.

There is a third which is the shortest and most powerful way to silence, but few can do it at the beginning: that is to detect the thoughts coming, before they enter, knowing these intruders for what they are and dissolving them away at once. If this can be done it is swift but much more difficult for beginners.

The cause of most fear in people is the preaching on all sides about sin and damnation with the result that from infancy this fear has dominated the lives of millions. There is a fear of something that they do not understand because they are ignorant of the truth about things. They accept what others say without question and their imagination runs rampant with fear and illusion.

Every educated person knows that the main facts about organic evolution are firmly established and are quite different from theological outbursts of ignorance propounded from the

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pulpit. You are not required to do violence to your reason by rejecting the assured results of modern Science. If the theology of religion is to be of any use to humanity it must be simplified spiritualised and brought up to date, at present it is encumbered by bad science, caricatured by bad economics, and the more aware you become of this the less you will be disposed to stake the existence of your faith on superstitions which are the religion of the irreligious and the science of the unscientific.

Ninety-five percent of the people are busy attempting to change effects. Something happens which they do not like and they try to change the situation. They soon find that they are simply changing one form of distress for another. The other five percent which include yourselves are engaged with the causes and you know now that in order to make any permanent change it is the cause you must seek, and you soon find that the cause is within your own control. It is the five percent that are thinking the other ninety-five percent are merely accepting and conforming to the thoughts and ideas of others. It is those only who think who can see and feel a thing before it happens.

These hostile forces are anti-Divine, not merely un-Divine—they make use of the lower nature, pervert it and fill it with distorted ideas and movements and by that means, influence man and even try to enter and possess or control him.

Free yourselves from all exaggerated self-depreciation and the habit of getting depressed by the sense of sin, difficulty or failure. These feelings do not really help. On the contrary they are an immense obstacle and hamper the progress, they belong to the religious, not to the adept in Truth.

You should look on all the defects of the nature as movements in the Subconscious which are common to all no matter who they are, the main thing is to observe them, discern them and dissolve them calmly, firmly and positively with full confidence in the Divine Presence—without weakness, fear and depression or negligence and without excitement, impatience or violence.

The rule I give you is not to let these movements depress you, to stand back from them, observe the cause and then remove

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the cause, for the cause is always within the control of the self. For all vital defects are within the control of the self through understanding.

Sometimes a wrong movement, a petty desire indulged in causes a recoil—sometimes by its satisfaction and sometimes by its disappointment. Sometimes a desire is satisfied, sometimes a false movement given its head, produces very often a worse recoil than a disappointed desire.

What is needed is for you to become more “aware” in the inner and less in the outer, even if you live there, for the more you react to the outer the more you are exposed to its touches.

The Immanent—the Presence—is not oppressed by them. It stands in Its own closeness to the Divine Omnipresent Eternal Love and Wisdom and sees the small surface movements as surface things foreign to the true Being.

My last communication to you on the attitude of Jesus should be studied with this communication, then you will more easily conquer your difficulties and the wrong movements that assail you.

The mistakes you have made in the past are probably because you are identifying yourself too much with these things that assail you and regarding them as part of your own nature. You should rather dissociate yourself from them, regarding them as movements of the Universal subconscious that try to make you the instrument of their self-expression. By this discovery you will be able to live more and more in the Presence that is Wisdom, Love and Healing, which is not troubled by these movements and automatically refuses assent to them, the soul that is turned toward the Divine Force reaches the higher plane of consciousness.

Now find that part of your being and live in it. To be able to do so is the true foundation for the Presence to work.

By standing back in the shade of the ever-present Omnipresence you find a quiet poise in yourself, although witnessing the surface struggle. You can thus call in the ever-present Presence to help deliver you.

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The Divine Presence, calm, peace, purity, force, light, joy, wideness are above waiting to descend into you. Find the quietude behind and your mind will also become quiet, for whatever the consciousness is aware of, so does the mind respond to, and through the quiet mind you can call down the descent of the purity, peace and power of the Divine Force. When you feel this peace and purity descending into you you can then call it in again and again till it begins to settle. Then you will feel the force working in you to change the movements, to transmute them and transform the consciousness.

In this working you will be aware of the Presence, that Divine Presence that is not disturbed or affected by outward conditions and effects. Once this is done it is only a question of time as the progressive unfoldment of the Divine Nature in you is translated into your daily living.

The idea of tests is not a healthy idea and should not be considered too far. Tests are applied not by the Divine but by the Forces of the lower planes, mental, vital or emotional, and physical, allowed by the Divine because it is part of the soul's training, and helps it to know itself, its powers and its limitations which it has to outgrow. The Presence is not testing you at every moment but rather helping you at every moment to rise beyond the necessity of tests and difficulties which belong to the inferior consciousness.

To be always conscious of that help will be your best safeguard against all attacks whether adverse movements generated by your own cravings and desires or those of the subconscious.

If you do not succeed as you would like to succeed do not be disappointed or doubtful, success is assured. Experiences are your stairs of progress and when rightly understood aid, your faith. I could not do better than repeat what the Centurion said to the Master Jesus: "I am also a man of authority and if I give an order it is obeyed, but you are of a different realm and if you give a command it will also be obeyed and my servant will be healed." And the Master said, "I have found no greater faith in Israel." At that moment the servant was healed. Jesus spoke the word

## YOU DO NOT STRUGGLE WHEN YOU ARE FREE

of true understanding because He knew He and the Father were one and his word did not return unto him void but completed that which it was sent forth to do. It was done in the Father's Presence by the Father's Presence.

This will aid you to understand what is possible in the Sanctuary of the Silent Healing Power.

I have shown you the mind of Jesus in my last communication now look into your own and see how near you can come to the mind of the man of Galilee.

The Blessing of the Angel of Light is upon your work in the Sanctuary of the Silent Healing Power.

## BENEDICTION

Dressed with Thy Beauty, clean and holy, Thou didst send me to play in the fields Thou hadst prepared for me.

But I played in the darkness with ignorance and lost myself in the mire of suffering. I went out clean but came back to Thee besmirched with the mud of illusion.

O, Divine Presence, wash me with Thy Love and Wisdom and make me clean and clothe me again. I lost everything while roaming in the darkness.

O, Divine Presence, Love of my heart, the tiny candle of light of my remembrance of Thee was not extinguished by the gusts of disbelief. I loved all things, only to find that I needed Thee alone.

Come with me, O Beloved—Be with me always.

## SO MOTE IT BE

## LIVING REALITY NEVER CHANGES

The Truth, Life, God, Essence, the omnipresent Presence, the Christ, the only Reality in us or whatever name you like to call it, is that part of us that is neither an idea, an image or sensation but an actual Living Reality, which is eternal, birthless and deathless.

Our ideas change, our beliefs change, our personality changes, our minds change, our bodies change—but “this” Living Reality never changes.

The revealing of this great ever-present Life is continual unfoldment through which we continually make adjustments according to how we identify ourselves with this mighty Presence. In this lies the seat of all power in mankind. How do you identify yourself with this ever-present Presence that is responsible for all creation? I want you to give considerable thought and contemplation to this the most important thing in your life. It is so big and so vast that we can neither see the beginning nor the end of It yet **it is** ever-present within us.

All manifested substance, forms, compositions, all visible things are but the expression of an interior productive cause, invisible which is the spiritual essence in all those things. The thing that you see, feel or touch is the effect, **the cause is within the thing**. There can be no separation between the cause and the effect. You cannot divide the ether of space which fills all space of which Science tells us is the basis of matter and the framework in which matter is built, and thus form comes forth through an anterior cause which is responsible for appearances. Now appearances are what the senses respond to and are generally taken for realities but it is the unfolded mind that begins to see behind appearances and there finds the cause.

The starry heavens awaken and invite us to seek that which is beyond appearances and as I have already stated herein lies

## COSMIC CONSCIOUSNESS: YOUR SILENT PARTNER

the power of mankind but few have grasped it, that is why man is today impotent in a world of effects which he finds overwhelm him and to which he succumbs because he has not yet sought deep enough for the solution, which he will eventually find within himself.

The deep faculties of man's mind are not limited to the five senses. The principles of nature are revealed through those who have developed this gift of intuition through clear thinking, not accepting what others have said and believed in the past, for this is but perpetuating the ignorance in the world. When man begins to see that most of his troubles are created by himself he will find the solution also within himself for within him lies that eternal Reality which is responsible for all creation including himself and within himself he will find also the cause of his miseries for the cause is never separate from the effect. The effect is only removed when the cause is revealed and corrected in our own minds by the Creative Power Itself for man thinks good and evil by the same power.

It is this deep intuition which has caused us to move onward and upward side by side with deep logical reasoning which enables us to see further than those who attribute their knowledge to the limited sphere of the physical senses. When we lift our consciousness in thought into the higher things of Life we are able to obtain much information that cannot be obtained by mere groping in the mud. One cannot find the secret of the lotus flower in the mud in which it grows but by understanding the spiritual cause that forever remains invisible to the senses, but can be comprehended by a deep thoughtful mind.

Truth is hidden in the words of which St. John spoke. I will repeat it again to you. "The word was in the beginning and that very Word was with God and God was that Word. . . .The same was in the beginning with God. . . .and the Word became flesh. . . ."

St. John also tells us that we cannot understand this until we can comprehend the mighty truth about ourselves—unless we become aware that we are not of blood nor of the will of the flesh nor of the will of man but born of God. No man has ever

## LIVING REALITY NEVER CHANGES

seen God but the Father is revealed in the Son, and it was this that Jesus revealed to us in his great teaching of the truth which cannot be superseded. Know ye not that I am in the father and the Father is in me and the things that ye see me do is the Father who worketh in me. The Father who ever remaineth in me, it is He who is performing his own deeds. When you have seen me you have seen the Father. Your Father and my Father—our Father which is in Heaven. Heaven is that inmost Sanctuary in ourselves where the Father ever remains waiting for our awareness of Him. This is not an idea an image or a belief It is the Living Reality and is the source of our own livingness.

This Truth must become objective as well as subjective before it means anything to us, and this is brought about by our awareness of it, so that the inner shall become the outer and the outer the inner. Now this has nothing to do with ethics which blinds the consciousness to the Truth of Life and the Ever-Presence. Ethics is eternally caught up in the relative things, but this Truth I am revealing to you can never be understood via ethics or any other things that turn your mind outwardly. Those whose minds are filled with ethics can never know that warmth, that joy of living that is attained only by the awareness of the ever-present Love and Wisdom that is always giving expression to Itself through those who identify themselves with It. It is simple, unaffected, always kind, always loving, always generous, always forgiving, does not make vain display and does not boast. It is not easily provoked and thinks no evil. It never fails when put to the test no matter in what situation. Its power lies in the fact that it is present everywhere, and It knows no opposition, and is never antagonistic, no matter how irritating others may be. There is a calmness that nothing can move for it knows Itself to be the only Reality. This goes beyond the reason of man but it does not run contrary to that reason. For we know that this must be so for the Universe to eternally exist. It must have perfect harmony at the source and that source is also within ourselves.

When one begins to know this Truth one begins to express that Truth and that is how one knows whether one has the truth



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or not. For it is the translation of this ever-Presence into our daily living that reveals what we know in our hearts. One may have an intelligent grasp of the Truth but unless one has become aware of that Reality in oneself as the Living, Loving expression of harmony, as the Source of his or her own living, they are like the man who looked into the mirror and saw a reflection of himself and immediately went away and forgot what he was like.

We all know very well that we do not act up one hundred percent to that which is real within ourselves because of our desires, cravings, etc. but as we unfold these things no longer worry us even if we may become possessive for the things of this world and for those we love etc. To become aware that we are possessive to know our cravings to know our weakness is half the battle and not to struggle with them knowing that they have no place in Reality. And as we come to know that this world of ours is but a preparatory school for our immortal existence so shall we cease to grab all for ourselves and work for the common good. Yet through our suffering caused by our own misunderstanding will come the wisdom that will guide us to freedom.

As we come to know that the only authority is the Divine Presence that dwells in each and everyone of us and is not separate and distinct to that which St. John spoke of we will then realize that it cannot be antagonistic or in opposition to Itself at any time and as we identify ourselves with this Presence so shall we become aware of all the false doctrines that cause strife, separation throughout the whole world.

It is because we have failed to realise that we are immortal is the cause of our ignorant craving for immortality and we are caught up in the fear of death, which is but an illusion in man's mind because he has not realized the eternal ever-Present Life within himself. And because of his ignorance he is exploited through his belief in death. So he tries to buy with as little as he can of his worldly goods a passport to some unknown destination from those who claim to have the sole right of admission. And because the paramount longing in the human heart is for the

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things desired unaware of that which produces all that is resident within himself he develops a sense of inward poverty, and to cover up this sense of inward poverty he surrounds himself with things, title and rank which he finds a very poor substitute, and thereby develops a sense of insecurity. So he tries to make himself secure at the expense of his brothers and all he gains is sorrow and conflict. So man creates the exploitation by which he is exploited from every side. When through an enlightened mind man begins to discern that the cause as well as the remedy is with himself and that the Truth, Life, God or whatever name we like to call it is beyond all personal allegiance, he will step out of his illusion and see how magnificently he will thrive in the recognition of his oneness with that Presence that one Life that unites us all as one family, not only on this earth but one with all inhabitants in the vast Cosmos. For surely within the one Infinite Mind all must exist and as there is no outside It, we must also be in It and of It. Then to identify ourselves with this Infinite Mind develops within ourselves the qualities of this Mind.

The comprehensiveness of the Cosmos is beyond our human conception but nevertheless it is a fact that the worlds within our visible physical senses are but a fraction of the manifested Universe and that this manifested Universe is but a speck on the horizon in that Infinite Mind that fills boundless space. We are told there is something like two thousand million millions of worlds visible to us and that this is but a fraction of the manifested Universe. Many of the suns and worlds making up that visible Universe are thousands of times larger than our sun and planets. Our earth is but a grain of sand in this panorama of worlds yet we are linked up with the same substance that same Mind the same Creative Spirit. Furthermore there are belts of invisible matter inhabited by spiritual beings that were once physical like us at one time or another. Although we are incapable at present of seeing those inhabitants they are not oblivious to our existence and many are helping and guiding us. To have this true conception of life we get beyond creeds, dogmas, ethics

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and the limited thoughts of the human mind and we soar into that which we know exists now as it did in the beginning. Some will say where is your scientific data to explain all this? There is ample proof by those who have experienced at least a modicum of its truth to make it evident that there is more in heaven and earth than man has ever dreamt of.

Physical Science has only yet groped in the dust of the earth but Cosmic Science will be the Science of the future. Science has already found out that matter dissolves into energy and we are told that this energy fills all space—commonly called “ether”. Out of this ether and in this ether all forms visible must exist.

There are far-reaching powers of the human mind that can and will in the future reveal intercourse with the inhabitants of the inner worlds. I have had that opportunity myself of this communication and what one can do all can do.

The law of gravity which unites all the worlds in the Universe is one grand system separating man from his kindred spirits in other planets and interposes an impassable barrier to his excursions to distant regions.

This is because man is only in the infancy of his being yet he is destined to a future, an eternal state of existence where the range of his faculties will be expanded. A few have expanded these faculties, and these few have been regarded by the masses with awe and sometimes they have been put to death for fear that the pet theories and religious beliefs of the blind who lead the blind would be shattered. But those who acclaimed Barabbas and put Jesus to death could not destroy that which they could not see, that which was real and eternal. So after all they did not destroy anything, nor could they keep that light from coming into the world and that light is beginning to shine brighter than ever.

A wide boundless prospect lies before us and time will reveal the numerous order of kindred beings with whom we will associate in terms of enduring love and friendship. There are other active spheres which exist superior and interior to our world system, and to which we are materially bound in our onward

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and upward progression. Yet that same Life, that same consciousness that makes us conscious and aware will be the same eternal birthless and deathless thing that will unfold the beauty of the Universe. For the whole Universe is within the consciousness of the Supreme Architect and it is the same consciousness that makes us living thinking beings now, made in the image and likeness of our Creator.

That the Infinite is revealed in the finite and that the finite reveals the Infinite being eternally linked in one whole—it is this Truth which gives us that freedom from our limited conception of things in the mortal sense. Oh, could we wing our way with the swiftness of a Seraph from sun to sun and from world to world until we have surveyed all the systems visible to the naked eye which are but a mere speck in the map of the Universe—could we at the same time contemplate the glorious landscapes and scenes of grandeur they exhibit—could we also mingle with the pure and exalted Intelligences which people those resplendent abodes and behold their humble and ardent adoration of their Almighty Maker—their benign and understanding deportment towards one another, each esteeming the other better than himself and all united in the bonds of purest affection without one haughty or discordant feeling, what indignation and astonishment would seize us on our return to this obscure corner of creation. Yet within ourselves is this grand thing and to know it in our hearts is to live it.

Some seek health for health alone.

Some seek wealth for wealth alone.

Some seek happiness for happiness itself.

Now seek this Truth and you will find all within yourself.

“I am Alpha and Omega the beginning and the end. I will give unto him that is athirst, of the fountain of the water of life freely.” Rev. 21: 6.

## SO MOTE IT BE

## **WILL POWER**

If only the world thinkers and scholars would step out of the old limited way of thinking into the new pathway they would lead mankind to a better understanding of himself through the science of Life and the Cosmos, and how much better this world would be. The habit of thinking in terms of effects and limitation has hindered man in his progression, has stilted his growth spiritually, mentally and physically, has also kept mankind in the throes of misery and ill-health and unhappiness. When we take into consideration the teachings of the great prophets and masters of all time they have directed man's thinking into wider channels of thought, but the habit of looking at things through mortal senses has blinded man to the great truth about himself, which alone can set him free.

This course of lectures is for the purpose of freeing man from his own limitations for man is only limited by the concepts he holds and believes to be true.

The secrets of the earth and all that is in it and the cause, is not altogether hidden from man and as we search we find that which will confirm our earthly existence and will also confirm in us a greater glorious foundation than that which was first supposed and taught by those who accepted the effects seen without due regard to the causes behind them, and the immediate work in this class is to show man's relation to God and the Universe.

In our last lecture we saw clearly that the whole Cosmos is one whole with no division anywhere. The appearance of separation we saw is but an illusion in man's mind. Because of the great Truth that God is the only "One" and all must exist in Him and by Him we also saw that all manifested substance, forms, compositions, all visible things were but the expression

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of an interior productive cause invisible which is the Spiritual essence and the only reality in all things.

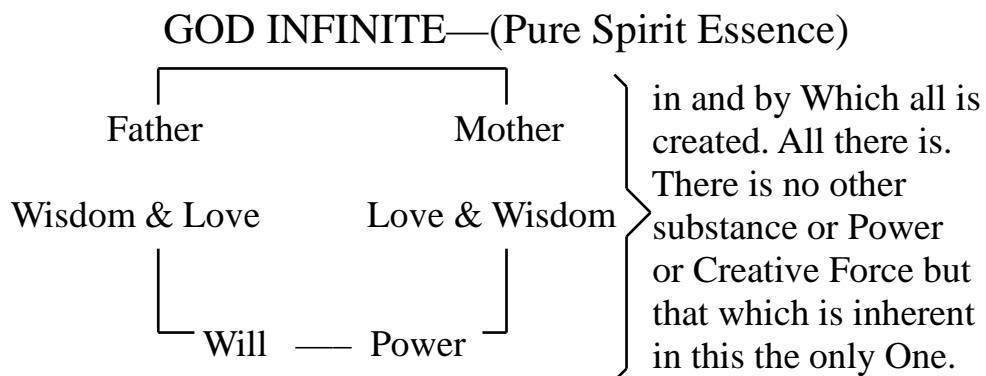
We saw that matter was energy commonly called ether of space which filled all space in which there could be no division. We also saw clearly that this ether was an expression of the Infinite Mind that filled boundless space and there was no outside It and therefore all must be in It and of It. I do not want to repeat what we have already said, because our time is little enough to explain the magnitude of the material for our consideration which is to follow and in this lesson I will use a few diagrams to reveal some fundamental things which must be grasped otherwise we will not get the benefit of this wonderful knowledge.

The Bible story of the Creation of the world is a concise explanation of its creation, but before one can read it with understanding the fundamentals must be understood, that is why those who read the story of Creation of the world and man, is at a loss to understand its significance.

We are told that Life is God and God is Life, therefore Life is not limited by body or mind but is free and omnipotent in its omnipresence and the point through which God expresses Himself through man is the point through which man expresses the Infinite, but this must be realized by man before it is possible; this is the Law of our Being.

Therefore we are forced to accept the great truth that God is **all there is**.

Now let us take a look at this diagram:



Let me explain the first part of our

## WILL POWER

diagram to you:

As God is Infinite in nature there can be no other creation but His therefore He becomes what He creates. Read your last lecture of what I said about the Word becoming flesh.

Love and Wisdom are the impersonal principles of God and are the foundation of all which He creates. These principles never change they are always the same. Mankind unfolds as he realizes these unchangeable fundamental principles. So we progress and give expression to them according to our awareness of them, not that we are separate from God in any way but we are made in His likeness and this has to be realized by us before we can express our true nature.

“Will” is the uniting and active link in all creation because without will there can be no action, and through the will of God so does His creation come forth, and there can be no other will but His and this will is situated in us as the Creative Power in ourselves, and our will becomes more powerful as we become more aware of God’s unchangeable impersonal principles—Love and Wisdom.

Now these three “Love—Power—Wisdom” are one and never separated at any time in God’s creation; and this is expressed in us as consciousness and intelligence.

Life alone has consciousness and the consciousness in us is proof of God in us and in our own consciousness is the seat of that will. A very little reflection will make us realize this to be true. The Intelligence is that active principle in Life that causes all that the conscious will desires to be expressed, and as there is no outside the Infinite Mind and no other substance, all is created in that substance. So man creates for himself his pleasure and his pains according to how he identifies himself with these unchangeable impersonal principles which underlie the whole Universe.

In this lecture I want to deal with and to show its power.

The Masters say cut out desire, this is true, because desire is the cause of all manifestation for behind desire is the will. But

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we must understand that there is pure desire—the will of God, and personal desire—the will of man, the former brings peace and happiness while the other often brings the reverse.

Now will power is that force which is the director of all mental currents not only affecting ourselves but also affecting persons and things outside ourselves.

In my training with the masters I was shown that will was the projector of all mental currents and was the basis of all mental phenomenon, and as I am permitted to reveal to you this tremendous force I am also advising you to be careful in the use of it. Let it be tempered with Love and Wisdom to guide it into constructive and beneficial avenues for yourselves and others. When used with understanding the results will astonish you and all who observe it.

The will of a strong conscious awareness reaches out far beyond the limits of the brain and influences people and things causing them to be inclined toward the desire expressed by that will. Many have worked their will upon others far removed from their immediate surroundings. This power has acted upon them as a mental influence. Call it mental telepathy, thought transference or anything you like but it is reality. A mental current projected by the will works as surely as the sun's rays affect the growth of plants and flowers and fruits in accordance with the power that individual has developed. It is not the purpose of this lecture to give you specific instruction in the active projection of this power. What I wish to do is to draw your attention to it, as a power that is inherent within you and what I want you to realize is that will is a living force that can be projected and operated at a distance. It is this force that the Creator uses in the manifestation of all His Creation.

The Creative Will underlies all Life's manifestation including the mineral, vegetable and animal kingdom and is individualized in man. It acts independently of brains and controls all life and body functions in man. This mighty force is at its greatest when directed by our Divine Consciousness, the consciousness of our Divine Nature. Herein lies the secret of all power in man. This



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Universal Power can be used by man, and we must learn to understand its laws as we learn to understand the laws of electricity to use it to our advantage. But it is just as dangerous as electricity when we fail to discern its laws and abuse its power.

Desire and will are the primary factors to our thought, they render thought powerful. The more feeling we have the stronger is the thought pregnated with the power of will. Yet many people live only in desire and feeling because they fail to define this thought. Thought is the arrow that goes forth and according to its definition, according to its complete form so will it produce.

People who are incapable of thinking are often using this power but it is dissipated, like the noise of a cracker, there is nothing to it. Thought is the arrow that goes straight to the target and the force behind it is will, but unless you begin to think for yourselves unless you give up conforming to other beliefs and desires, you will never be able to use this power of thought with any degree of success. In these lectures I want to give you the basic foundation upon which to build this power.

A child feels and desires but its thought has not formed and nothing is accomplished and the majority of people in this world have still the child-mind, they have not yet grown up.

Will—Desire is a natural force inherent in all and can be used, controlled and directed just as electricity can. The Masters have trained and cultivated this will-force to degrees that seem miraculous to the western mind. By this force they performed so-called miracles.

Many of the astonishing healings I have performed which seem to be miracles to many are performed in this way, and many of the ascended Masters who are working with the Sanctuary use this power in the many healings that take place through the Sanctuary. This accounts for the many wonderful results we get.

In the East there are hermits who remain in the mountains and develop this mental power and influence others at a distance, while in the West we see this will expressed through men of action, men of industry and in men like Roosevelt, Churchill and others as leaders of nations but even in these it is but a futile

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effort compared to those who can become aware of their Divine Nature, linking themselves with the Cosmos and who begin to think and feel the ever-present Power of Love and Wisdom which is the impersonal foundation of the Cosmos itself.

Therefore what I wish to show you in this lecture is the Source of all things and this you must identify yourselves with otherwise you will never know the omnipresent omnipotent in your own life.

The Divine Mind is the Mind of God in which all is perfect. Now the mind of man is a reflection of that Mind and not until we can comprehend this great truth can we ever be able to make that reflection real in our own lives.

In my next lecture I will prove to you that matter is not as it is seen by the senses, and why it becomes visible and how it can become invisible.

In concluding this lesson I will ask you to contemplate upon what I have to say which is the only conclusion that all great thinking minds can come to, that is that God the Infinite the Eternal “One” timeless, limitless, spaceless, birthless, deathless, the first Cause, “One,” remember, and still the only “One” has seemingly individualized Itself and created form for Its own self-expression, the only “One” expressing Itself in the many “the One in all and the all in One.”

“My word shall not return unto me void but shall accomplish that which it is sent forth to do.” In this is the completeness of man’s understanding of himself—to become aware of the unity of God in man. “The Lord thy God in the midst of thee is mighty.” Now also become aware of your relation to people and things and discern deeply your thought action, how and where it is moving, then you will be able to free it from limitation.

When your thought is caught up in greed, envy, craving, imitation, beliefs in conformity to creeds, systems etc., when you are dependent on things and people you are limited and bound. Yet freedom comes through self-reliance obtained through your awareness of your own reality, your oneness with God the Father of Love, then discerning that which is not real in the world of

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the senses which is but an illusion of shadows. Keep reading these lectures during the week for they contain much help that will dawn upon you as you get into the Spirit of this Truth.

“But though our outer man perish yet the inward man is renewed day by day.” 2 Cor. 4: 16.

“As to wisdom and knowledge forsake her not and she shall preserve thee! Love her and she shall keep thee. Exalt her and she shall promote thee. She shall bring thee to honour, when thou dost embrace her. She shall give to thy head an ornament of grace; a crown of glory shall she deliver to thee.”

Prov. 4: 6, 8-9.

SO MOTE IT BE

## **MATTER IS SPIRIT MANIFEST IN FORM**

In our last lecture we saw that Consciousness Intelligence, Substance, Love, Wisdom, Thought and Will were the essentials in Creation and were one in all and all in one, united in the manifestation. We also saw that unless we co-operated with these Principles which make up all Creation we could not express them, although they are within us—that they would not manifest fully in our lives unless we recognized their presence. We also saw clearly that all creation was within us—that we were Creation Itself including all Its attributes, the only difference being in the degree of manifestation of these attributes—for the Creator could not separate Himself from His Creation and remain absolute and Infinite. “He became what He has made.” We saw also that all must exist in the Infinite and of It and there was no possibility of separation of any kind because It was Infinite, and to be Infinite and Absolute it must occupy all space—boundless space and therefore must include all Creation.

Strange as it may seem to us, it is nevertheless true that when we begin to think of matter, when we use matter with our hands and mould it according to the image we hold in our minds we are unaware of the potential energy in that substance we call matter. Also we are unaware of the fact that we do not know what this matter is yet it contains within itself the Laws essential to its numerous and varied formations and in this lecture we will explore some vital facts pertaining to this unique and fascinating subject of creation which is essential for us to understand if we are to be able to use this substance with any degree of proficiency.

We saw that the fundamental impersonal principles underlying the Universe are Love and Wisdom, and that this Love and Wisdom was united in manifestation through “Will” the inherent power behind all manifestation. We also saw that awareness

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(an expression of consciousness) was pure thought, that kind of thought that is not uncertain, not wavering or unsteady but is complete in Itself. It is this fact that makes the Universe enduring and perfect.

If we examine ourselves we will see that we are the image and likeness of the Creative Principle and it is quite evident to the awakened consciousness that very few have realized this, even those who profess to show us the way for they are busy formulating religions of sorrows and conflict.

Life is beautiful and for all we know death is just as good, for Science shows that death is but a form of life and when we realize the truth we are willing to go or stay. John Calvin<sup>1</sup> and John Knox<sup>2</sup> had a lot to do with devising and formulating a religion of sorrow, and each died old at the age of fifty-seven. Unfortunately for them they took their selves seriously and were caught up in the net of their belief and anyone who does this cannot think clearly and will suffer sooner or later from arteriosclerosis of their thinking cells. Life is fluid and there is nothing permanent but change and if we will think with Life we will unfold into the continuity of Life, young, yet matured.

When you know the Truth you can live dangerously and carefree knowing that it is Life that lives yet those who do not know the Truth live in fear, and this fear attaches itself to everything that is said or done. With Truth nothing matters but living and knowing that the fundamental Law of Life is Love and Wisdom.

To refute untrue things said about you is an error of judgment for all wrong recoils upon the doer. It is the one who makes wrong statements about others who is to be pitied. It is better to be lied about than to lie against another, for no one can harm us except ourselves. That Presence that is ever-present is your shield.

Mind and matter are interchangeable, convertible, essentially identical, harmonious and are welded by polarities of Nature's forces. In my last lecture I promised that I would prove to you that matter is not as it is seen by the senses and why it becomes visible and how it can become invisible.

1-2. See page 127.

## MATTER IS SPIRIT MANIFEST IN FORM

Science has proved to us that matter viewed separately from energy does not exist. Chemical effects, action and reaction, electricity, magnetism, heat, light, are different modes of motion, different expressions of force transferred from one to another, electricity, magnetism, chemical affinities are reciprocal, mutual, complementary to each other and change readily into each other without loss of quality of the original force. These forces are but one force and are all convertible from the invisible to the visible, and from visible to invisible. This is the source of delusion we are under in regard to matter when we say we see or feel it.

We create in our minds a mental concept in reaction to what the senses see and feel, but there is no evidence to substantiate that matter exists at all except as a concept we ourselves create. Feeling is a resistance to motion and seeing is a reaction to light vibration, from these we create images in our minds which we believe to be true. Now this is the cause of our impotence in regard to so-called matter.

In the following diagram (see page 124) I will reveal the truth about matter, showing that matter is but spirit manifest in form. As there can only be one substance we will see how the substance changes yet nothing is lost in so doing.

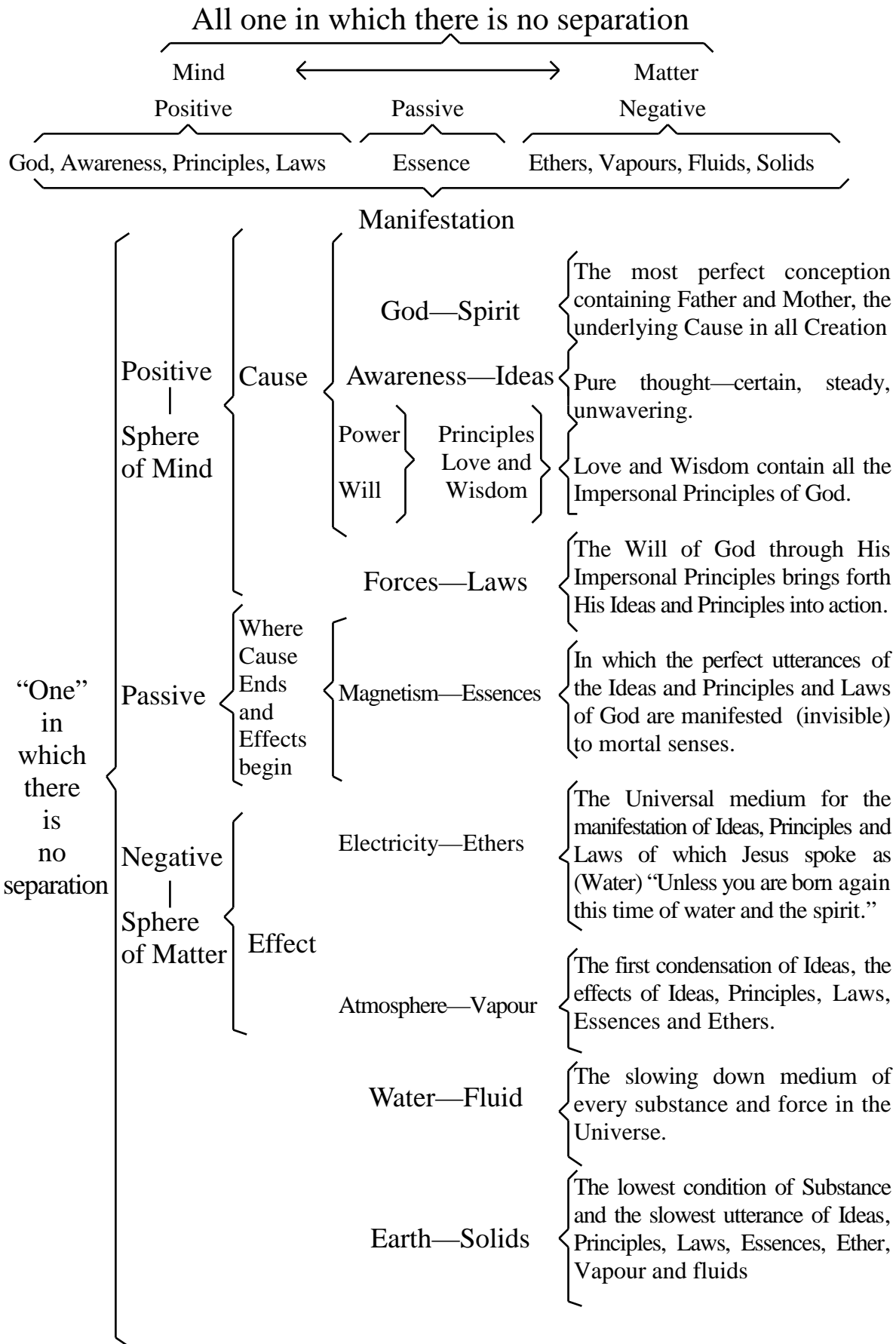
Now let me explain this diagram to you:

God is Spirit and we must worship Him in Spirit and in Truth as Jesus says. In other words we must know Him to be Spirit, the only Living Being there is and Who dwells in all His Creation. He is the Source of all Creation, Principles, Laws, Essences etc., by which all is created.

His awareness or ideas contain Love, Wisdom, Will which reveal the universality of motion, light, life, sensation, order, beauty and intelligence.

The power behind all His Creation is seen to be Will linking together His impersonal and perfect eternal Principles of Love and Wisdom.

The first exhibition of His Will is through Law and Order. This is the first manifestation of His mind in motion and the effects of the force of His Will. We call the Law of God that



## MATTER IS SPIRIT MANIFEST IN FORM

which is perfect. When we work with the Law we become the Law. This we see as the forces of Nature.

Essences—the first manifestation of mind as an all-prevailing solution which is neutral to receive the Ideas, Principles, Laws in which they become formed. The Substance is the link connecting the Ideas, Principles, Laws, Forces which represent the perfect utterances of God and in which they ever remain perfect. This substance cannot be affected by man's ideas while ignorant of his true nature, all imperfect ideas are dissolved away in the essence. Out of this Substance the ether is produced which is the Universal medium for the manifestation of Ideas, Principles and Laws. This ether is the substance that Jesus spoke of as water, the psychic substance. It is the medium through which Mind or cause ends and effects begin, the medium of exchange from one to the other. The essence enables the Ideas, Principles and Laws of God to become manifest as we see them in matter. When the Divine Consciousness holds an idea the Intelligence completes it in detail and it becomes a manifestation under which lies His eternal Principles and Laws. The outer is but the expression of the inner and the same Law is inherent in our being. Thus we are as we think because the Law has individualized Itself in us. Now in the explanation of the sphere of matter I will commence with the solids so that you can see how these solids dissolve into higher phases of itself.

In the solid substance we see the atoms when they are slowest in motion and coldest in temperature and drop into a compact body which we call solid form. This matter represents the gorgeous galaxy visible in the heavens spanning from north to north-west to south-west, the Milky Way, some of its suns are more than nineteen thousand million million miles from our sun and planets yet we belong to this belt of the visible Universe, the slowest utterance of Ideas, Principles, Laws, Essences, Ethers, Vapours and Fluids.

Fluid is that solid substance into which has been developed energy raising it up one degree, the same atom changing its vibration to a higher state. Solid Substance is porous and energy passes through it without interruption. Ether supports the gross



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substance and interpenetrates it as do all energies that are faster in motion. Fluid is the first condensation of ideas, the effect of Ideas, Principles, Laws, Essence and Ether. Man's body is a condensation of gases and vapours, everyone of which is floating around us in the atmosphere. Oxygen which we inhale continuously is a gas without which we could not assimilate any food. Hydrogen is a gas which unites with oxygen forming fluids in the body and carbon a gas which combines with oxygen and hydrogen creating growth and movement. Nitrogen is also a gas we create which clings to oxygen and neutralizes it, it acts as a powerful tissue builder with the other elements such as phosphorus, calcium, sodium, chlorine and other elements, all possible of liquidity. When we eat our food we are consuming these elements although we are not aware of it. We are also continually changing these substances back to liquids and vapours which we give off again in invisible evaporation and emanations; these emanations are as material as the body of man is material, just as material as a drop of perfume which you perceive in evaporation through the sense of smell.

These human emanations go forth continually in millions of tons daily into the soils of the Celestial Lands invisible in space to make up our spiritual homes. How true it is that we make up our spiritual homes while here on earth. Love and wisdom is beauty. Selfishness is ugliness. This is the key to our Spiritual home here and now.

Ethers—Vapours: atoms ascend one degree higher in the scale and manifest throughout all space in the increase of motion in the substance called ether. Ether is the basis of matter and the framework in which matter is built. It responds to mind and forms according to the image in the mind.

In ether there is form as well as in matter but this is invisible to the physical eye. Yet these forms are as substantial if not more so than those we see in the physical.

We see mountains, trees, rivers, real and substantial in the material Universe, nevertheless they are only images, forms originally existing in a world which we do not see and from which they are derived, forms which are as real and material, for nothing exists

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except by reason of the Spiritual manifestation that exists in the world of Spirit or Essence. What we see in the physical or material world is purely and simply effects. We move in ether and ether supports all matter in space. Ether, vapours, fluids and solids represent the sphere of matter in which man lives as human beings.

As Life is God and God is Life this eternal creation called mankind unfolds the beauty that is within. We recede into the inner realms which are more glorious and inconceivably beautiful than our mortal senses can comprehend.

“I go to prepare a place for you for where I am there shall ye be also.”

Raise your hand and take hold of this truth, the Tree of Life, and so gain your Divine Birthright. Life alone lives, I am the Life. The Beginning and the End are one—Eternal and ever-present. The greatest message that can be given to mankind is of its Divine and Eternal existence in the Infinite.

This world is still in the womb of its soul essence. The new heaven and the new earth will come into being for the germ, the seed is here now at this moment forcing its way through the darkness of the human mentality, and through humanity it will be brought into being for humanity is the vehicle the Infinite created for that purpose.

Let us then broaden our vision beyond the material sense which is but an effect, into that which is the cause of all Creation and we will find ourselves one with it. Herein lies the power of the Master and all can reach it for it is our Birthright. . . “The things I do greater things shall ye do. . .” Let us cast off all beliefs that hinder that true expression of the one Presence that lives in all.

“My Covenant I will not break nor alter the thing that is gone out of my lips.”

“In hope of eternal Life which God, that cannot lie, promised before the world began.” Titus 1: 2.

## SO MOTE IT BE

1. John Calvin (1509-64). French theological writer and reformer.
2. John Knox (1505-72). Scottish Protestant reformer and historian.

## **REALITY IS UNITED IN THE “ONE”**

Our last lecture requires a good deal of thoughtful study to master it for our subject under discussion is not one that can be understood fully all at once, for it is a continuous unfoldment of the truth that people all over the world are seeking but do not know where to find it. Many books are packed with ideas about the truth, yet they have no foundation to work upon and it is this foundation that is so essential.

Most people have a religious belief which they follow blindly without question but this is of little value to you who are seeking the deeper meaning of life.

We saw in our last lecture that matter was not what our senses revealed to us. We also saw that there was but one force in the Universe and this force was readily convertible into other forms of force without loss of the original force. We saw that matter was energy and this changed into other forms of energy and nothing was lost in doing so, and that there could not be one atom out of place in the Universe and that all acted according to law and that this law underlies all manifestation in the visible and the invisible. We also saw that the invisible made up the greater portion of the Universe and man, and was the source of the visible creation including man.

The tables showing the oneness of All from the highest to the lowest and from the lowest to the highest should be studied carefully for only when the mind can grasp these great truths is it capable of great things.

If you look into your mind you will see that you have been reacting to the external world not knowing it nor understanding it, and it is this misunderstanding that causes you to be incapable and helpless in dealing with your everyday happenings.

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The only difference between a master of nature and yourselves is the one understands the other does not. Man is only master when he becomes aware of his true spiritual birthright, and although I have explained in many ways how you can arrive at this awareness, I know that you have not yet fully grasped the great significance of it. Unless you can grasp the fundamentals of the Universal Law of that which is in the realm of the invisible as well as that which is in the realm of the visible, and unless you can understand the facts about your spiritual nature you will never understand the facts of the physical nature.

I have shown you how the Spirit is involved in its own creation. Now this involution preceded evolution and this is never lost sight of—the perpetual urge onwards of the Spirit for the self-expression in infinite varieties of form, for it is Spirit that is continually passing into manifestation and it is always the same Spirit the only One. This is the fundamental truth that whatever the variety of form, the Spirit is the only one.

Involution and evolution are one and the same thing, it shows where cause ends and effects begin, the beginning is not separate from the end, the end is in the beginning and must always be so, otherwise there could be no Universal Law. I have shown you clearly that there is only one substance and there can be no other substance and this substance is Universal Mind that fills boundless space.

The Bible says that God created heaven and earth. This is symbolical. Heaven means a higher state of consciousness and earth means a lower state of the same consciousness. Jesus made that very potent statement “the kingdom of heaven is within you”.

I gave you a table in the last lecture showing the oneness of all from the Spirit to matter, which included Ideas, Principles, Laws, Essences, Ethers, Vapours, Fluids and solids, showing that the lower included the higher otherwise there was no possibility of any creation in the concrete, that the solid form we see must be the expression of the Ideas, Principles and Laws manifesting in the form and when I revealed that the form was but the effect

## REALITY IS UNITED IN THE “ONE”

of all the others combined it brought home to you that mankind must include all of creation which is an undisputed fact.

Masters have arrived at this truth through diligent observation and study and it is this that has made them Masters, as it will make everyone, if they will take time to consider the great truth underlying all creation, that there is only One.

When the mind can grasp this Truth through understanding it becomes matured, but if you will look into your own minds you will discern whether it is a reality to you or just a belief or much less a platitude. Now this can never give you the power you are seeking for if your beliefs are born of imitation or the belief of another, all the efforts you make will not bring the desired results unless you can think it out for yourself and so prove in your own mind the great truth so as to make it your own.

The consciousness must become aware of its Source, you have often heard the word “awareness” for I have repeated it so often to you, yet the acceptance of this word or its meaning cannot give you its true value, you must become **aware yourself**. It is difficult to make you understand this because awareness must be your own experience and without it you cannot progress, and the more I show you the truth as the Masters know it and as I know it myself the more you will begin to become aware and experience this awareness yourselves. This is so far off to most people and there is no use trying to reveal this to those whose minds are filled with beliefs, superstition or platitude, because they can never understand it.

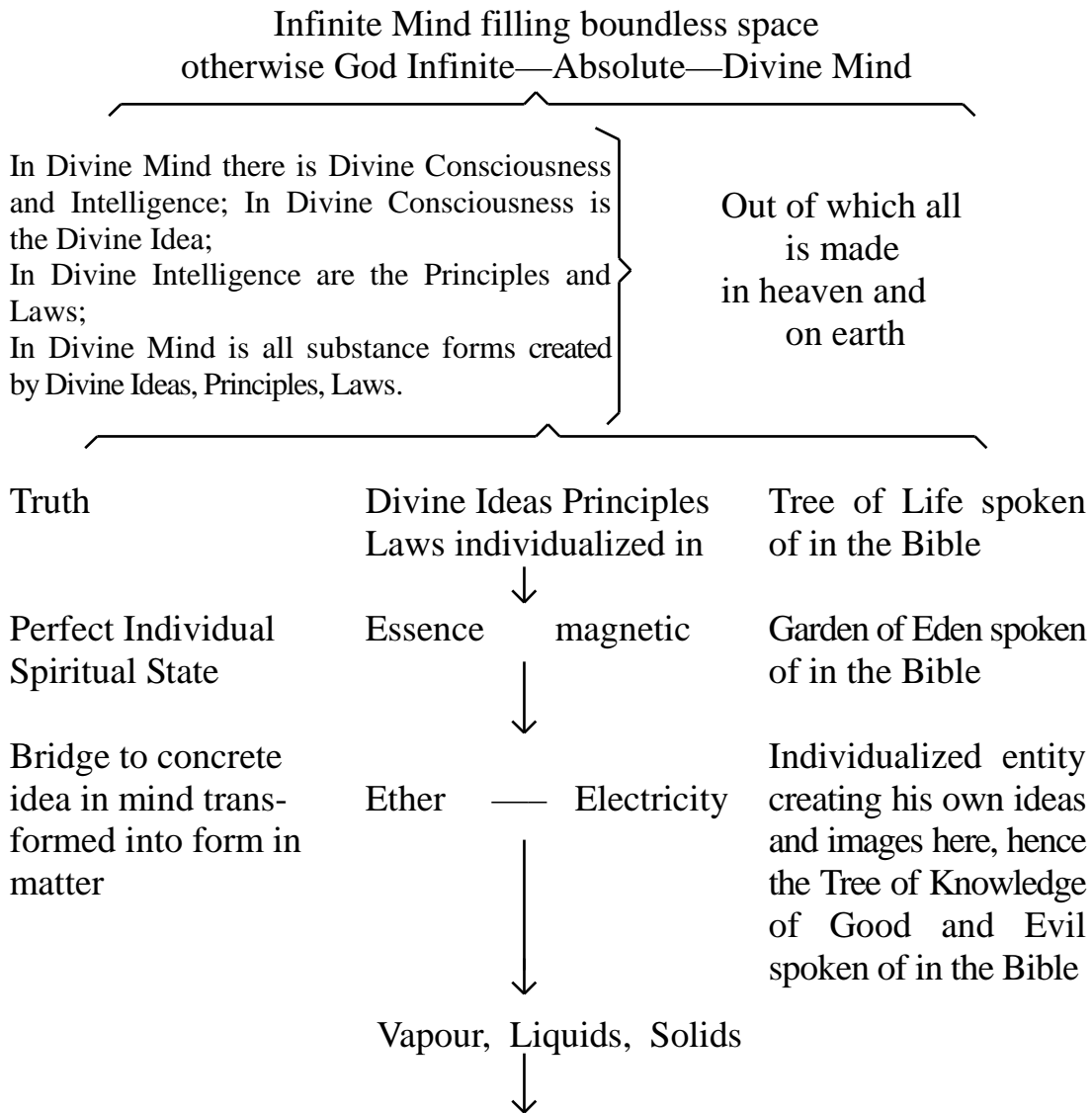
Certain cells in the brain have to be awakened for this awareness to be real in this physical plane, and my reason for teaching you the way I do is to awaken these cells so that this truth can be made yours in the physical now and not at some future time to come in your spiritual evolution.

For your enlightenment I have given you another chart of a different nature but telling the same story of Creation.

“When energy is encased in its smallest space it is then at its greatest intensity.” This formula was given to me and I had to think it out for myself to prove its truth to myself. Science

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has already proved this to be true but this formula was given long before Science had any idea of extracting atomic energy and as this knowledge is common to all I must refer you to the Science of atomic energy for further information on the subject as the space and time is not available in this lecture except for a brief explanation which I will give you ex tempore. Now let us look at the diagram:



Concrete form in the world of the senses where man sees effects only unaware of cause, hence he is limited and reacts to his limitation and creates the vicious circle by his misconceptions, he creates for himself his own hell upon earth. But by taking hold of the Tree of Life he regains his birthright through understanding.

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It is well known that matter called solids is a ponderous substance which is easy to dissolve. It is when the atom is reached that great force is encountered. The atom is an eddying whirlpool in ether having positive and negative parts, the negative part revolves round the positive the nucleus, “electron” is the name given to the negative part which revolves round its nucleus. There are many different atoms each of which is judged by the number of electrons which are revolving round the centre and according to the number of electrons—the smaller the number the higher the velocity and the larger the number the slower the velocity.

To separate the electron from its nucleus requires a tremendous force almost inconceivable to the human mind, also when they can be separated through fission or attraction they create great devastation as instanced by the atomic bomb. Now I am not an atomic scientist but my knowledge obtained of this subject was obtained from the Masters who understood the formation of matter from an inner viewpoint and not from the outer, which science is finding out today. But both will meet at the same place, one operating from within and the other operating from without.

All units of energy when separated are not lost but unite with other units of a similar nature. This is the Law of Attraction that is inherent in the formation of the Universe and as Science goes on separating the units—the smaller the unit the greater the power until point is reached and when point is reached they will find that there is no energy external to point but that all energy is behind point and the greatest potential is concentrated at point. This is the Father-Mother-God, the Cause behind all Creation and cannot be separated. This is the Divine Law in action, having all power within itself, there is no power separate from it. It is all concentrated at point and point is everywhere yet no one can tell where point is or point it out.

Now man’s consciousness is the point where the Infinite expresses himself through man and where man expresses the Infinite, but man is not aware of this, yet Jesus was, and as were all the Masters who became aware of this great Truth and could perform what is known to the world as miracles.

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The great riddle of mankind solves at point, the greatest in the smallest and the smallest in the greatest. “The greatest amongst you is the servant of all,” Jesus told his disciples. He did not mean the greatest man amongst them but that which was at point within them was the greatest, the Source of all Life, Love and Wisdom.

The ancient Sign of the Cross was known by the ancients as the symbol of creation. The perpendicular lines represent the Father or the Consciousness and the horizontal line the Mother or the Intelligence and where they meet is the manifestation, the Son of God or the Christ, the Living Life, the only Reality of which the Master was aware. There is more to the Cross than one would think of but this is not the purpose in this lecture. To those who understand the inner meaning it is the secret sign of spiritual manifestation. As man is the finite in the Infinite the great saying, “Man, Know thyself and thou shalt know thy creation,” is not a platitude to those who understand, but a living reality. For man will find within himself the glorious truth of the immanent God. For God formed man in His own image and likeness and this does not mean the body which is the temple of the Living God but that the same principles and creative power was also inherited by man by virtue of his creation, the only difference being in the degree of these principles. But as man grew into the Truth and through the unfolding of the involved Spirit of God so could he manifest power according to his awareness and understanding.

The Christ is still the only power on earth and will remain paramount and when we grasp that the Christ is not a separate entity but the Father Himself—this Jesus revealed to his disciples when he said, “Know ye not that I am in the Father and the Father is in me. . .” “It is the Father who ever remaineth in me is performing His own deeds.” I am aware that I am the Divine Idea. I told you in my last lecture that the principles of the Infinite were Love and Wisdom, therefore a Divine Idea must contain these principles and when the idea is expressed these Principles become the Laws. The law then becomes the expression of the Idea or Principle in the essence which is truth, the Tree of Life,



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the only Reality—for this is the highest manifestation of the Infinite Idea and as man is that Idea, his true state is Divine and must remain eternal and ever-present, deathless, birthless, impossible of decay. All change we see taking place is permanent in Life because Life is ever renewing itself, ever pliable, immortal and eternal, it is not static but a concentrated essence expressed in motion, therefore there can be no end. But the Divine Idea must always remain the same or the blueprint of man himself held in the mind of the great Architect of the Universe.

Ethers, vapours, fluids and solids are the bridge through which these ideas are transformed to form in matter and as ether is electricity—a force—and matter is a modification of ether matter also must be a force, therefore matter viewed separately from force does not exist.

Therefore the creation of all forms and the whole world’s conscious relations is the result of the Spirit’s one mode of action and that is thought. Let us look at it from this point of view.

1. The Creation
2. Creative thought or thinking.
3. The thought or thinking manifest in form.

The thinker is the first Cause and creates secondary causes, thought, and this cause must have an effect or manifestation. Apply this same rule to mankind and you will see that man becomes what he thinks, so when he thinks evil he creates evil in his mind and circumstances not knowing his true nature and he creates his own conditions by his thoughts and reactions through his senses. Here then is the Tree of Knowledge of Good and Evil, which we will discuss in our next lecture.

“Lo, I stand at the door and knock, if anyone hears my voice and opens the door I will come in and sup with him and he with me. The conqueror I will allow to sit beside me on my throne, as I myself have conquered and sat down beside my Father on His throne. Let anyone who has an ear listen to what the Spirit says.” Rev. 3: 20-22. (Moffatt)

SO MOTE IT BE

## **THE GARDEN OF THE SOUL OF MAN**

We saw in our last lecture the great truth of the “One” the only One. The saying “the drop is in the ocean and the ocean is in the drop” is paradoxical nevertheless true. We saw that the Divine Mind contained Consciousness and Intelligence, Ideas, Principles, Laws; these were individualized in the Essence and was the perfect expression of “Divine Mind” and this is how the Divine Mind saw it “that it was good.” One saw also that the Essence clothed itself in ether-matter carrying with it the Ideas, Principles, Laws, therefore becoming form invisible and visible. And in this ether-matter the individual entity is given free will to choose and creates Ideas to bring them forth by the same mode of action as exists in Divine Mind.

It was in this vehicle ether-matter that we saw also where error in individual consciousness was outpictured because the individual did not know the truth about himself and about the Universe.

We also saw that the physical senses responded only to vapours, liquids and solids, and although the Divine had revealed Itself in the form of man in these, as well as in the higher or inner mediums of Divine Mind, man was not aware of this. Consequently man’s senses revealed only effects without understanding the Cause which brought about misconceptions, because man did not realize the cause behind it all and he did not even recognise what the effects were. His reactions then created in his mind and circumstances, limitations and chaos.

So the one great lesson in the last lecture was to become aware of our own reality united in the “One”—that is the primary factor in all development. It is the secret of our power and brings about health and happiness in this Life here and now, and we do not have to wait for it in some future time. Therefore everything

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we see and feel is none other than Universal or Divine Mind in action. So “the drop is in the ocean and the ocean is in the drop” becomes clear to us when we realize that there is no outside Divine Mind and Divine Mind must contain and include everything—that Divine Mind must be in its Creation no matter how tiny or how big, also it must be in the Divine Mind for there cannot be any other substance, force, law or principle outside Divine Mind. Therefore Divine Mind includes all Creation including mankind as its special creation on earth.

When we speak of Divine Mind we speak of God’s perfect creation and there can be no other, for God alone lives and it is His Life that lives in us. We also saw that for the Infinite to be Infinite and Absolute, He must include all, and there cannot be anything except the Absolute. When the student grasps this fact a change takes place in the consciousness, the consciousness assumes a totally different attitude to that which it sees and feels. The consciousness in us being the ruling factor in our lives begins to create through the understanding of these fundamental Truths, very often unconsciously, just as the consciousness steeped in error and fear creates unconsciously through reaction what the senses reveal when ignorance prevails. With the result that like conditions are created in the personal life and circumstances and there can be no freedom until one becomes aware of cause and effect and this awareness can only come from understanding the Universe and man and their conscious relation.

The reason I am going over these facts from a different viewpoint is because it is the only way that you can acquire that state of consciousness that is necessary for your own freedom from fear and illusion, which leads to chaos in the mind and consequently in the personal life.

It will take time for many to free themselves from previous preconceived ideas which have no foundation in truth when they have taken hold of the mind as a tree takes root in the ground.

The tree that does not bear fruit must be rebuked so that it will die away. It was this that the Master showed when he came upon the fig tree that bore no fruit; he rebuked it, and it withered

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and died. It was not fruitful yet it took sap and energy from Life but produced nothing from it so it is the same with many beliefs today.

Now if you look into your own minds and see how many trees have taken root there and are bearing no fruit you will understand better the works and words of the Master.

The whole world's conscious relations and the creation of all form is the result of the Spirit's one mode of action and that is thought. Very few are aware of this fact and know less about its manifestation, so we will explore the following facts:

1. The Creator, Infinite and Absolute, individualized throughout His whole creation.
2. Therefore the Creator exists in all because without Him there could be no Creative Being in any of His Creations.
3. This Creative Being is the Consciousness, Intelligence and Substance in all things.
4. Consciousness thinks.
5. The thought is then created.
6. The thought or thinking takes form—Intelligence in action in the substance.
7. The effect is seen and when cause is not recognised reaction becomes negative and the vicious circle or illusion is created.

All matter and form in matter is pervaded by an invisible essence. This is the great discovery of chemical science. Now this essence is a higher state of rarified matter, it is in fact the substantial form of matter itself in which we will find our spiritual homes.

The belief that matter is dead has long since been relegated to the scrapheap as have all other similar preconceived ideas, ideas propounded by those who had no scientific knowledge upon which to base their limited and stupid assertions. Nor is matter solid as it is supposed to be by so many misinformed people. It

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is these fixtures in the mind that prevent man from unfolding his true nature, which gives him power and dominion over all things as stated in Genesis.

For Truth to become of any value, the consciousness must become aware of it and this is the difference between one who knows and one who does not know.

The Law of Growth is of the highest importance to the student who wishes to develop and all of you are here for that purpose, for without development along the right lines there is no possibility of giving true service to others. “The blind lead the blind and they all fall into the ditch.”

The main fact to remember is that Nature is natural. We may misuse and abuse Nature but it will prevail in the long run. If we drive it out through the front door it will surely return through the back door. The Law of Nature is the principle of growth and this law and vitality is inherent in the thing itself.

If we wish our work to be a success we will not force things to become that which by their own nature they are not. “He that believeth shall not make haste.”( Proverbs.)

In Proverbs 8: 22-31\* we read, “The Eternal formed me first of his creation, first of all his works in days of old; I was fashioned in the earliest ages, from the very first, when earth began; I was born when there were no abysses, when there were no fountains full of water; ere he sunk the bases of the mountains, ere the hills existed, I was born, when earth and fields were not created, nor the very first clods of the world. When he set the heavens up, I was there, when he drew the Vault o’er the abyss, when he made the clouds firm overhead, when he fixed the fountains of the deep, when he set the boundaries of the sea, when he laid foundations for the earth; I was with him then, his foster-child, I was in delight day after day, playing in his presence constantly, playing here and there over his world, finding my delight in humankind.”

If you can grasp the significance of this you will see clearly also in these lessons the same truth about yourselves. The Bible is the deepest occult Book ever to be printed but you can only

\* Moffatt’s translation

## THE GARDEN OF THE SOUL OF MAN

extract truth from it when you take truth to it, and that is why the Bible will always remain a mystery to those who cannot read it. The Bible also stresses so much upon the power of faith and the weakening effect of fear and the destructive influence of unbelief and lack of wisdom. "I wisdom have intelligence in hand, knowledge and insight I command." Prov. 8: 12.

As you follow these lectures and read them over and think about them you will grow naturally, some may think they are not progressing quickly enough, this is the mistake you make, you are not acquainted with the Law of Growth and you fancy you can hasten it by some exertion of your own from **without** and are thus led into doubt and anxiety and often employ grievously wrong methods. Some will fail to understand at first, but understanding comes with perseverance, faith and patience. Some crave for truth but if that craving is only to fulfil some immediate desire then there is no depth to receive the truth that would set one free, and many fall by the wayside. Nevertheless one who recognises what the prize is worth will do all in his power to acquire it; that one will be like the merchant who had many pearls yet when he found the one priceless pearl he sold all to acquire the one pearl of great price.

How true this is! When we find this one great pearl of wisdom we no longer need the others, for with this one pearl we can do everything and this great pearl is the Tree of Life of which the Master spoke. When we take hold of it, it would be a spring of Living Water rising up to eternal Life.

I have so often said to you, unless you understand the false you will not understand the true and this brings us to the subject of which I said I would speak to you about—the Tree of Knowledge of Good and Evil.

The Bible is a book of occult wisdom and was written for the purpose of freeing man from the illusion of death. It also shows the way of deliverance from sorrow, sickness, poverty, ignorance and uncertainty, but unfortunately for mankind this book has been made the means through which he was forced to conform to a religious belief which bound and suffocated him.

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He was not allowed to think for himself, his thinking was done for him by those who did not know the truth or if they did they purposely kept it secret from him for the purpose of control through ignorance. But that time is fast passing and people all over the world are beginning to ask questions especially the younger generation and this thinking for themselves will bring them freedom and eventually freedom to others.

In this lecture there is just time for a quick review of the facts relating to the Tree of Knowledge of Good and Evil and we will continue this discussion in the next lecture.

Now let us look at the facts revealed in the Bible.

God is the only One, there is no other. By Him and in Him all is created and there can be no other source.

“All was created by the Infinite God, the Infinite saw that it was good.”

“Man is made in the image and likeness of God and so was man created.”

This likeness with God is the Christ within man, the power that brings forth everything you need, health, happiness and excellence in Life.

The Principles incarnated in man are the principles and laws of the Infinite which man inherits as his Divine birthright.

“God saw that which he had made was very good.” Yet man sees evil—“There is nothing good or bad but thinking makes it so.”

The story in the Bible goes on to relate about a Garden of Eden. This is an allegory and this allegory has been repeated in many lands throughout the ages: “The Garden of the Hesperides”<sup>1</sup> “The Romance of a Rose”<sup>2</sup> etc. The meaning of all these stories is the same.

The Garden is the Garden of the Soul of Man; In that Garden there are two trees, one is the Tree of Life, the only Reality in man—his Divine Consciousness—the Creative Principle—Life itself. Jesus tells us this is the well of water springing up to everlasting Life to all those who realize it and through this recognition you have already passed from death across to Life.

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Now the other Tree is the Tree of Knowledge of Good and Evil. This is the intellect of man. Man unaware of the Tree of Life does not recognise the true spiritual nature of things and this causes him to have an entirely different conception of things, which becomes his misconception. He sees through the dimmed sight of his intellect, something that he does not understand so he calls it evil and that which he calls evil opposes the good. He separates everything into these two categories: good and evil, Life, death, hope-fear, faith-doubt, etc., not knowing the law of Transition. It is here where the illusion becomes a reality so he creates the error; and by doing so, outpictures it in his mind, body and circumstances. It is always the deepest thought that manifests. Thus man's conception of things brings forth his misconceptions which to him are real and therefore produces them in his own life and circumstances by the law inherent in his own being: "a man is what he thinks."

The result of this error and the way of deliverance will be discussed in our next lecture.

"As Thou Father art in me and I in Thee so may they be in us . . . .Yea, I have given them the glory Thou gavest me, that they may be one as we are one—I in Thee and them in me—that they may be made perfectly one . . . .I declare Thy name to them that the love with which Thou hast loved me may be in them and I in them." John 17: 21-23, 25. (Moffatt)

## SO MOTE IT BE

1. Hesiod (8th c. B.C.). Greek poet and author. Wrote about the legendary Garden of Hesperides. Three, four, or seven nymphs, daughters of Hesperus; they were guardians and with the aid of a watchful dragon, of the garden in which golden apples grew, in the Islands of the Blessed.
2. *Roman de la Rose*. A French Middle Ages poetic epic work ( running to 19,000 lines). The author of the first part (1230) was Guillaume de Lorris (c.1215-c.1278). Forty years later, the work was completed by Jean de Meun (c.1250-c.1305).



Lecture 9 (30th March 1948)

## THE TREE OF KNOWLEDGE OF GOOD AND EVIL

In our last lecture we saw that there were two trees in the Garden of Eden (the Garden of the Soul). One was Life itself the only living Reality and the other was man's intellect, what he thought about things. We saw that Life was always the same but man's thoughts and beliefs changed according to the change in his conceptions. And as man was not aware of the Life in him he was lost in the intellectual illusion of what the senses revealed to him. But that which the senses revealed to him was an infinitesimal part of what really exists. So he limited himself because of his limited concepts. This was the ignorance that led to his fall from his true Spiritual state to one of darkness where he found himself, and being unable to extricate himself he struggled against his self-imposed darkness because he would not discern the causes of his trouble. With the dimmed sight of the intellect he was unable to perceive the true state of things so he called his experiences evil.

It has always been shown by great thinkers, those who have been able to enter the higher levels of thought, that there is always an active phase and a passive phase in the Universe, throughout all creation, from the highest angelic beings to the human upon earth, and that 'something' which is eternal,—call it Life or any name you like for no one knows what it is, but we know **that** It is,—is behind and in all Creation.

There have been many writers of all kinds of scientific works who have made a guess at what Life is but the secret is wrapped up in the secret of the "All" which no one knoweth. And I am not going to indulge in vague speculation of what It is, **yet I know that It is** and this Life-Power is ever-present always expressing Itself in all its creations. And that which exists in this phenomenal world of ours is a manifestation of It.

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There is an indisputable Law of Logic, that whatever is evolved is the result of that which is involved as a prior interior cause. You cannot get something out of a thing unless that something is already in it.

Therefore all creation has two phases, the interior and the exterior.

I have told you before that the brain and the body is created by Life for Life's own self-expression, the brain is elongated throughout the whole body, every cell is linked up with the brain through various plexi which is also brain stuff. Now this brain which we pride ourselves on is but a transformer for the Life energy on this plane of action.

The brain cannot create, its function is merely to transform or convert the Life energy into usable forms and phases, and as matter is mind materialized and cannot exist apart from energy we see the active and passive phase of mind and energy in action. We see the law in operation with electricity. Science tells us that electricity is never created, it is simply a portion of the Universal Energy converted or transformed into usable forms and phases. This same law seems to exist in mental action through the brain.

Let us examine the action ideas have upon us. When we hold an idea in the consciousness (consciousness being the primary factor in life) it sets up an activity in the mind. As mind interpenetrates the brain so it causes certain cells to become active because the brain is the physical counterpart and must respond. So acceptance is the first process then activity and transformation takes place, creating form. The mind controls the brain with all its ramification throughout the whole body. Therefore the brain is the instrument through which physical contact is made, through the cells in the brain a definite effect is created upon corresponding parts of the body. The intensity of the idea is reflected upon the organism. Not only is this action confined to the body alone, but is transformed into active currents of thought or vibrations which reach far outside and beyond the body. I often think of man as a lighthouse with beams which reach

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far and wide, and as man thinks so does his influence reach far beyond him. If the light is weak the light-vibrations will not travel far, but if the light is powerful the beam is seen in the sky for miles around and with man it is likewise.

Mind substance interpenetrates the brain substance being mind in a passive phase, for matter is but mind materialized and is the mind's medium of expression.

Consciousness is the agent of awareness and the awareness of ideas creates impulses which are released throughout the whole organism. This shows clearly that the saying "mind over matter" is not merely a platitude to those who understand, but a real active dynamic truth which we learn often through bitter experience. So the tissue structure must change according to the idea in the mind.

It is the Life that is the dominant active principle for it contains as we have already seen—Consciousness, Intelligence, Substance, and has within it the principles and laws necessary for manifestation.

When Life individualizes itself in its own substance it carries with it all these attributes so the brain is the transformer for these attributes through the Idea held in the consciousness, "I am the Life."

If we examine ourselves we will see that this operation is identical with ourselves therefore what is manifested in us must be identical in Life for there is no other source of manifestation. Thus we see the truth which is indisputable "that whatever is evolved is the result of that which is involved as a prior interior cause."

When we understand ourselves we will understand more about our Creator for we are told we are made in His image and likeness.

Therefore the brain and nervous system being the passive phase of mind has no power of its own, it is but the vehicle for the transforming of Life energy into usable forms.

This shows clearly what the prophets meant when they said, "Take hold of this Tree of Life and it will be a well of living water rising up to eternal Life."

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To hold the perfect ideal is the beginning and the end. It is your reality, and to know this brings forth in form, life and circumstances the great truth “As a man thinketh in his heart so is he,” and with this knowledge all is possible.

Now there is a mechanism that is familiar with all the details of the physical and mental organisms but our knowledge of their functions is very limited. In fact there are even few who know where their organs are placed far less understanding the function; most people know they have a stomach, a liver and kidneys but where they are situated is very vague. But you will realize that there is a mental action that is supreme for it must have created the body as the best means through which it could express itself. By the proper understanding of the Laws of Life which are natural, we become natural when we hold off ideas, desires and emotions that cause a destructive action in our system. Knowing that life is perfect we no longer worry about a condition nor hold it to us by fearing it. We release it through understanding, then that which is in the beginning must be in the end, and what we propose is realized.

So man has to accept the Tree of Life to make it a reality in his own Life, and within man himself is proof of this.

The Tree of Knowledge of Good and Evil has taken strong root in man and Jesus knew this when he said, “If they would not listen to Moses and the Prophets neither would they be persuaded though one who rises from the dead.” Man must raise himself up through the Christ within, for the Christ is the Tree of Life, the only begotten Son who rests in the bosom of the Father. This is the Tree that has its roots in God and not the Tree that has only its roots in man’s conception of things—man’s intellect.

Now in the Bible man is warned that death will be the result of eating the fruit of this Tree of Knowledge of Good and Evil, but this warning is disregarded by Eve and she shares the forbidden fruit with Adam and they both suffer as a result.

Now it is seen that as the Garden of Eden is the Garden of the Soul. Adam and Eve are not separate personages but two

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principles of the human individuality, the active and the passive or the inner and the outer; they are also united as to be represented as a wedded pair.

Paul understood the allegory for he said, “Adam was not deceived it was Eve that was deceived.” Now here is the key. Adam and Eve are the two principles, one is capable of being deceived and is deceived and falls as the result. The other is incapable of being deceived yet is involved in the fall of the former, showing the wonderful allegory of the inner and the outer. The outer man Adam has no power of his own, but what the inner man sees so is it represented in the outer as a natural sequence. Thus in Adam we die, but in Christ we live.

Adam is the representative of the material substance, Eve is called the Mother of Life, this is the soul principle in which Life creates and produces—Adam and Eve represent the Soul and Body and Christ represents the Spirit, the Tree of Life. At the well Jesus said to the woman of Samaria, “This water I give you you will never thirst again it will be a Spring of Living Water rising up to Eternal Life.” Eve represents the psychic and Adam represents the physical, the soul is deceived and the body must suffer that deception. And since the soul is that which supports the body the deception which causes wrong thinking on the part of the intellectual man reproduces itself in the physical imperfection and in adverse external circumstances.

The Soul—the thinking entity—is the only one capable of being deceived, the body is not capable of being deceived because it has no sense or feeling, nor has it consciousness except the consciousness that the thinking entity gives it. So it must of necessity fall with the thinking entity—the soul that is ignorant of the truth of its being. It was this that Jesus and all the prophets tried to show man and because man would not understand, not that he could not understand, but he was afraid that if he let go of what he had he would lose all. Yet Jesus said in other words He that holds on to this life will lose it, but he who gives up his life will retain it. He that clings to the limitation of the senses must eventually lose all, but he who refuses to be lied to by the

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senses shall find the real—“as a man thinketh in his heart so is he.”

The story proves that the intellect is wrong because it believes in evil. It is the intellectual man and not the spiritual man who has caused all the suffering in the world. Do we not see in our midst groups of intellectuals without true Spiritual understanding—religious groups, political groups, ideological groups etc., use their power for separation which must result in the ultimate destruction of mankind.

The atmosphere of ill-health, the atmosphere of misery, mental and physical is due directly to the Tree of Knowledge of Good and Evil.

Man ignorant of the Divine Law of Creation does not look beyond secondary causes and because of his creative power he creates thoughts that are externalizing conditions in exact representation of his conception. So he becomes more and more involved in the network of conditions from which he finds no escape and because he is ignorant of the true Law of Causation he never suspects the real fact, that the originating power of all these conditions is himself. So he eats of the fruit of the Tree of Knowledge of Good and Evil.

Good and evil are relative terms, the relativity of these terms changes and is never stable. In fact what is one man's medicine is another man's poison.

Knowledge of itself is good but by thinking that evil should be studied as knowledge is deadly to the soul because of the Law of creative thought. The more one dwells on evil the more is it produced. That is why the Church has never progressed nor has it done much for humanity. Christianity has existed for 2,000 years yet look at the world today. Christianity as it is preached today must die before the teaching of Christ can live. We talk evil, we think evil. Sin is a paying business for many institutions. As long as man's mind is caught up in the net of fear and sin, the longer will he be bound by the Tree of Knowledge of Good and Evil which is his downfall.

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As long as man gives equal authority to good and evil with God as some balancing point between them he will never understand the truth of his Divine Nature. Anyone can see that this is the stupid and ignorant intellect at work and an intellect that is very much limited in most people. I am not disposing of the intellect but when it is used without reason it becomes the serpent crawling on its belly. When we discern the cause of our own foolishness and the cause of all the misery in the world we will see that it is this intellect unaware of the truth of being that is responsible for all our suffering individually and collectively.

Knowledge of this thought-action is not reached in the masses nor in the individual until such time as he or she begins to think deeply, for only by the discerning of our thought-process can we be freed from all the conditions of the body, mind and circumstances that hold us in subjection to the Tree of Knowledge of Good and Evil. It is only when we have studied this prayer and made it a reality by transforming it into our daily living can we truly understand the Master's words to us, "Know ye not that I am in the Father and the Father is in me? It is the Father who ever remaineth in me is performing His own deeds." "Loving Father this is Thy Holy Temple, Thy perfect dwelling place from which radiates Thy Love, Wisdom and Power to all Thy children. I am filled with Thy Mighty Healing Power, Thy inspired Wisdom and Divine Love and I am glorified in Thee. My eyes and ears are open whereby I see and hear, and my mind receives Thy Eternal Truths, for Thou hast proclaimed me Thy perfect instrument for Thy great and glorious work, that Thy Will, which is done in heaven, shall also be done on earth."

So the great Truth concerning man is that he is made in the image and likeness of God with mastery over everything.

Man at first is ignorant of this truth and this ignorance is his fall. By his own creative power he creates self-imposed conditions from which he suffers because he falls into the error by seeing a negative power as having a distinctive power of its own outside the Infinite but there is no outside the Infinite, for to be Infinite It must include all.

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But man at last comes to the perfect understanding of the truth of his oneness with Life and this understanding is his rising again, and enables him as he is instructed to do, to overcome and master all things.

“Return ye unto me, saith the Lord of Hosts, and I will return unto you, saith the Lord of Hosts.”

Zech. 1: 3. Mal. 3: 7.

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## **THE TREE OF LIFE**

In our last lecture we gained knowledge of great importance to us in our daily living, the knowledge of the Tree of Good and Evil and the realization of the Tree of Life. We saw clearly that the Tree of Life was real while the Tree of Knowledge of Good and Evil was speculative, that is, what we thought about things and according to our understanding so did this good and evil affect us. If we were entirely unaware of the Tree of Life, the source of all things, then we were entirely lost in the Tree of Knowledge of Good and Evil thereby eating of its fruit which was forbidden lest we die in our sin—our ignorance.

The Tree of Knowledge of Good and Evil we saw clearly was the intellect of man. There was nothing wrong with this tree except we were bidden not to eat of its fruit. If we did this would be the cause of all our troubles and we would die in that trouble—the ignorance of not being aware of the Tree of Life, the true source of things.

We were shown clearly what was meant by the allegory of Adam and Eve. Eve was the soul and Adam the body, yet the Tree of Life was the Creator of both.

This Tree of Life is represented as the Christ, “I am the Life” which explains the trinity of man—Spirit, soul and body. And unless we get a true understanding of their value to one another we will get lost in all the various cults, including religion, metaphysics, psychology and the many other things that man tries to free himself by, but fails miserably because he has not yet grasped the great truth about himself made in His image and likeness.

We also saw that the soul was the thinking entity and what the soul thought or believed so was this out pictured in the body or

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circumstances. Thus mankind is in conflict in a continuous conflict and confusion in regard to good and evil.

If his experiences were pleasant he would say this was good and if his experiences were the reverse he would say this was evil. And because he did not know that he was the creator of both, he suffered through his reaction to his experience. So he feared one and clung to the other, but what he feared came upon him so he ate of the fruit because of his ignorance.

(1)—We also saw that the great truth concerning man was that he was made in the image and likeness of God having dominion over everything. Now the point that has not dawned upon most is that God is the Creator of all things so He must have dominion over all that He creates and the only power man has is this Creative Power invested in him.

To be omnipotent must of necessity have all power centred in that omnipotence. Neither is omnipotence ever by itself, but is joined in the expression of the omniscience—the all-knowing. And it is this knowing that is seen in all Creation—the how of everything. And as man was not aware of this knowing that knows all, he was lost in his illusion of his fear of the unknown. But what man creates in fear is just as real to him as what he creates in faith. So we see the law of our Creative Being is—whatever the Consciousness is aware of the Intelligence will bring forth, and according to the intensity of the emotion attached to the Idea so is it out pictured in the body and circumstances.

(2)—As man was ignorant of this truth this ignorance was his fall. By his own creative power he creates self-imposed conditions from which he suffers, because he fears this evil which he himself creates. His intellect had not yet grown up through reason to recognise that there cannot be two opposing powers antagonistic to each other with equal power. This stupid concept can only arise in the mind that has not yet grasped the significance of the Tree of Life. There is always an inner and an outer but both are one. Mind and matter are not different things. Matter is mind in action—mind materialized—and mind and matter are complementary to each other, what affects mind affects matter and what affects matter affects mind and this is our reaction.

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Pure thought and reaction are two different things, reaction is our response to effects and pure thought is thinking from Cause. With this understanding we realize that our liberty resides in the Creative Power of our thought. We shall see the immense importance of recognizing the essence of things as distinguished from the effects caused from the misplaced order which we often first become acquainted with. If we let our thoughts dwell upon an inverted order we perpetuate that order. But if we go below the surface and then recognise the cause of this misplaced order and fix our thought on the essential of things, and see that it is logically impossible for anything to be essentially bad which is a specific expression of the Universal Good, we will then in our thought call things good. We will no longer perpetuate the inverted order of things but will help to bring about joy and liberty in its place.

The Master's teaching and works showed the natural outcome of his perfect recognition of the Divine Principles within himself. The recognition of these principles in us will bring about precisely what the Master himself predicted. He enumerated the signs which would follow those who readily believed and acted on what He really taught. He made it plain to all that He was simply making a statement of cause and effect. He never set up his power as a proof of a nature different from our own, on the contrary he said that those who learned what he taught would eventually be able to do still greater things. "The disciple when he is perfected shall be as his master."

The Master laid special stress on the perfect naturalness of all that he taught. When we realize what is accomplished by the Master we see what is potential in ourselves. And as we have reached the point where any further evolution can only result from our conscious co-operation with the principles inherent in all creation, we realize that our future progress depends on the potentialities of these Divine Principles contained in our own individuality and the use of them in our daily living.

It is impossible to separate the Father from ourselves and when we see this is an impossibility we see that we have immediate

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contact with the Father. By accepting this Divine Ideal as our own we realize the truth which the Master taught, that the Father has individualized Himself in us and this individualization is capable of recognizing itself. It is the Spirit of the Father in me who doeth the work, and this leads us to number three.

(3)—When man at last comes to the perfect understanding of the truth of his oneness with Life, this understanding is his rising again. With this understanding it is evident to all who recognise it that we must become aware of our individualization as the Tree of Life. And when the truth of Being becomes a conscious Reality then are we able to do as we are instructed to do, to overcome and master all things. “If ye have faith as a grain of mustard seed ye shall say unto this mountain ‘Remove hence to yonder place’ and it shall remove and nothing shall be impossible to you.” Matt. 17: 20.

As we focus our attention upon faith and take it into conscious consideration it appears to have a very inconsistent nature; we find that the state of mind varies with different people and under different circumstances. It moves in natural sequence, determined and affected by the kind of understanding which appears on the plane of consciousness and this determines the degree and quality of faith. “It shall be done unto you.” If your faith depends upon a platitude, a belief then “according to your belief so shall it be unto you.” But if you have grasped the mighty truth as the Masters do, you place yourself beyond the destructive attacks of doubt, worry, fear and apprehension. This places you in the position to operate according to the natural tendency of the Law to fulfil its promise of satisfactorily producing “Whatsoever you ask in my name it shall be done unto you.”

In order to thoroughly understand the relationship of faith to the Omnipotent Omniscience, we must see that there is no separation between us and the Father and that we possess the Father’s gifts and nothing can be accomplished without Him.

The weakness in most people is that they do not take this great truth into consideration, and if they did they fear they might be considered foolish, but this is the height of ignorance caused

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by eating the fruit of the Tree of Knowledge of Good and Evil—otherwise the intellect. The intellectual you will notice is one who is mostly devoid of wisdom. He is self-opinionated in his own ignorance. A little reflection will reveal this fact. The more one is steeped in the arrogance of intellectual nonsense the more difficult it is to overcome this self-imposed stupidity because of the Law of Being, and not until one becomes humble can the light of truth dawn upon the mind.

We must accept the truth that the Superior Consciousness of our mind “The Father” understands all that our personal consciousness is trying to do and transcends our personal consciousness in all things. It allows us to have the benefits of Its Supreme Consciousness provided we collaborate with It wisely and do not forget our true relationship as revealed by the Master, “I am in the Father and the Father is in me and me in you.”

The only requirement of the Creative Mind is that we include “It” in all our plans and schemes, even though Its activities are unseen and become known to us only through their results “one step at a time.”

When each step becomes for us a new experience added to the sum total of all our accumulated experiences we are content to allow the Law of Growth to take effect. But if we become anxious and fearful we violate the Law of Growth and this hinders its progress. When a seed is placed in the ground you do not continually take it up to see if it is growing. You allow the Natural Law of Growth to take effect. It is the same with the Universal Mind. Even though each step in the first instance is to the personal mind a blind operation. Nevertheless the employment of this understanding is the method whereby we may consciously increase our knowledge of the power invested in us, in the light of the fact that we are made in His image and likeness.

The Creator has ordained that He will make Himself known through our desires. Therefore we are born with an unquenchable thirst for achievement. We are endowed with the ability to unite ourselves consciously with the Creator making it possible that whatever we are aware of the Intelligence will produce,—in other

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familiar words, “Whatsoever ye ask in my name believing, the same shall be done unto you.” This is God’s gift to man, but unless man knows his relationship to God he is liable to err, and by the law inherent in himself he reverses the process. It is God’s will that man is equipped with faculties in order that he may partake of the fruits at the Divine feast.

We must learn to employ these faculties wisely and thus with the will of God intelligently play our part in His predetermined scheme of Creation, consciously co-operating with the Creative Power, and thereby successfully fulfilling our own Spiritual and material needs.

Our desires then should be that God’s scheme of creation should work through us individually and to do this efficiently and effectively we must continue to employ the faculties God has given us. So we learn through doing, and to be happy in your doing is the key to further advancement.

So we have to be both passive and active. Passive when we depend upon the all-pervading Intelligence, and active to keep on keeping on, refusing to turn away or give up, or to be dominated by fear, worry or apprehension.

To see the Creative Principle acting freely, uniting with our “free will” in bringing from the unseen to the seen, is thus proving that “Faith is the substance of all things hoped for, the evidence of things not seen.” Heb. 11: 1.

Now because there are varying degrees of faith there are different degrees of understanding and consequently corresponding degrees of success and failure.

The natural tendency of the personal mind is to reduce all new ideas to the terms of its own past experiences with the result that by our past experiences we argue the possibility or the impossibility of accomplishing the new idea. This deprives us of the use of the Creative Law. Consequently we appreciate the need for greater wisdom and understanding.

“Whosoever of you is defective in wisdom let him ask God who gives to all men without question or reproach and the gift will be his. Only let him ask in faith with never a doubt for the doubtful

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man is like the surge of the sea whirled and swayed by the wind, that man need not imagine he will get anything from the Lord double-minded creature that he is wavering at every turn.”

James 1: 5-8. (Moffatt)

Now you can see that the Tree of Life is your salvation. This is the Spring of Living Water that rises up to Eternal Life, and the only creative power in man.

“The Eternal shepherds me, I lack for nothing; he makes me lie in meadows green, he leads me to refreshing streams, he revives life in me.

“He guides me by true paths, as he himself is true. My road may run through a glen of gloom but I fear no harm, for thou art beside me; thy club, thy staff—they give me courage.

“Thou art my host, spreading a feast for me, while my foes have to look on! Thou hast poured oil upon my head, my cup is brimming over; yes, and all through my life Goodness and Kindness wait on me, the Eternal’s guest within his household evermore.”

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